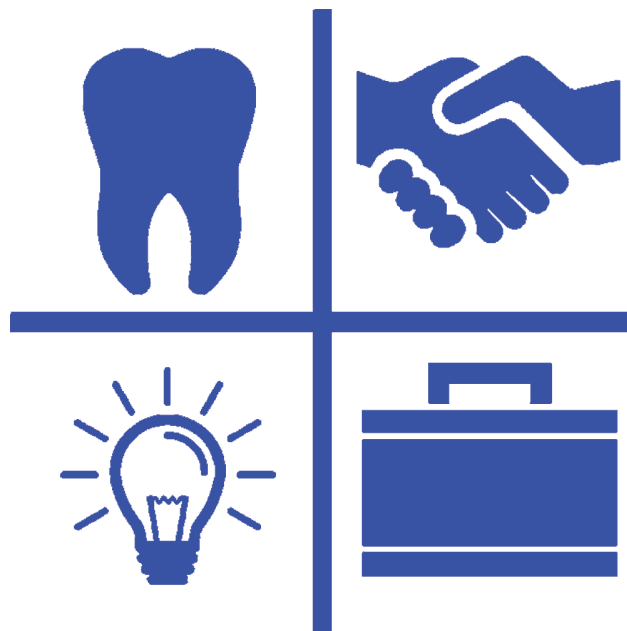


Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Autumn Term Programme 2021-2022





Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Lincoln County Hospital Postgraduate Medical and Dental Education Centre

Greetwell Road, Lincoln LN2 5QY

Tel: 01522 573874

Kings Mill Hospital Education Centre

Mansfield Road, Sutton-in-Ashfield, NG17 4JL

Tel: 01623 622515

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Associate Dental Dean for Regional Trainee Support	Fleur Kellett
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Regional Faculty Support Administrator	Peta Wright, Kapil Nandha
Postgraduate Centre Manager	David Powell
	Sue Elliott
Scheme Administrator	Jennifer Thomas
	Kalawatee Ramsewak
Training Programme Director	Jonathan Farmer BDS, DPDS, MMedSci Clin.ed., MCGDent, PgDip Endodontology, FGDP Dip Practice Appraisal Castle Dental Care, 19 Burton Road, Lincoln LN1 3JY 0774 8965706 jonathan.farmer@hee.nhs.uk



Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

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Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Lincoln County Hospital Postgraduate Medical and Dental



Jennifer Thomas

Lincoln County Hospital is the main hospital for Lincolnshire. It is now host to a medical school and this is meaning a large building project and a complete new education centre. This will be completed February/March time 2022. As a consequence study days will be held virtually prior to the this project being finished, except hands on days which are held at Kings Mill.



Location and Map



Lincoln County Hospital is located on Greetwell Road opposite the prison. There is parking available in patient/visitor car parks. These work by automatic photographing on entry and there are pay terminals located outside the main entrance and elsewhere.



Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Kings Mill Hospital Education Centre



Sue Elliott



Kalawatee
Ramsewak

Kings Mill Hospital is located just outside Mansfield. King's Mill Hospital is an acute general district hospital serving the population of north Nottinghamshire and parts of Derbyshire and Lincolnshire. It is managed by the Sherwood Forest Hospitals NHS Foundation Trust.



Location



Use car park number 9 which is just after the education centre ideally.



Autumn Term

Venues and Subjects

Friday 3rd September	Initial Skills Session A Initial Skills Session B	<i>Kings Mill Education Centre</i>
Tuesday 7th September	Scheme Induction Session A Scheme Induction Session B	<i>Virtual Teams Meeting invitations will be sent out</i>
Friday 10th September	Regional Induction - Welcome and Introduction Using the Dental ePortfolio Introduction to the GDC The NHS Business Services Authority	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 1st October	Health and Safety	<i>Virtual link will be sent out</i>
Thursday 14th October	Restorative half day	<i>Virtual link to be sent</i>
Friday 15th October	Restorative Hands on session A Restorative Hands on session B	<i>Kings Mill Education Centre</i>
Friday 22nd October	Treatment Planning	<i>Virtual link to be sent out</i>
Thursday 28th October	Oral Surgery Group A	<i>The Royal Derby Hospital</i>
Friday 29th October	Oral Surgery Group B	<i>The Royal Derby Hospital</i>
Tuesday 9th November	Endodontics Group A	<i>Kings Mill Education Centre</i>

Friday 12th November	Endodontics Group B	<i>Kings Mill Education Centre</i>
Friday 19th November	Audit/QM	<i>Virtual link to be sent out</i>
Friday 26th November	Medicolegal (Ethics and Complaints Handling)	<i>Virtual link to be sent out</i>
Friday 3rd December	Periodontology	<i>Virtual link to be sent out</i>
Friday 10th December	Medical Emergencies	<i>Venue</i>
Friday 17th December	Milestone 1	<i>Virtual links will be sent out</i>

Important Dates and Deadlines

Early Stage Review	Friday, 22nd October 2021
Milestone 1 Presentation	Friday, 17 December 2021
PSQ	Friday, 28th January 2022
MSF	Friday, 31st December 2021
Milestone 2 Presentation	Friday, 11th February 2022
Audit Report	Friday, 13th May 2022
eLiFT	Friday, 1 April 2022
Milestone 3 Presentation	Friday, 17th June 2022



Friday 3rd September

Kings Mill Education Centre

Morning Session

09.30

Initial Skills Session A

CPD Hrs = 3

Jonathan Farmer

TPD Lincolnshire & Nottinghamshire Scheme

- To give Foundation Dentists the opportunity to revisit many straightforward clinical techniques and processes and to refresh the skills learned at dental school, before starting in practice.
- To give all Foundation Dentists and opportunity for peer review of operative technique
- To identify those Foundation Dentists who may need additional support at the start of the training year.

Objectives

- To refresh and optimise skills in cavity and crown planning, design, preparation, and caries removal by practical experience
- To gain experience in placement, carving and finishing of amalgam and composite resin restorations.
- To identify through experience and peer review areas of experiential or learning need across a wide range of techniques.

Learning Content

- Be able to prepare cavities and indirect restoration preparations and gain experience of caries removal.
- Be able to use amalgam and composite materials

GDC Outcomes: A C

12.30

Lunch



Friday 3rd September

Kings Mill Education Centre

Afternoon Session

13.30

Initial Skills Session B

CPD Hrs = 3

Jonathan Farmer

TPD Lincolnshire & Nottinghamshire Scheme

- To give Foundation Dentists the opportunity to revisit many straightforward clinical techniques and processes and to refresh the skills learned at dental school, before starting in practice.
- To give all Foundation Dentists and opportunity for peer review of operative technique
- To identify those Foundation Dentists who may need additional support at the start of the training year.

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- To identify through experience and peer review areas of experiential or learning need across a wide range of techniques.

Learning Content

- Be able to prepare cavities and indirect restoration preparations and gain experience of caries removal.
- Be able to use amalgam and composite materials

GDC Outcomes: A C



Tuesday 7th September

Virtual Teams Meeting invitations will be sent out

Morning Session

09.30

Scheme Induction Session A

CPD Hrs = 3

Jonathan Farmer

TPD Lincolnshire & Nottinghamshire Scheme

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year.*

GDC Outcomes: A C

12.30

Lunch



Tuesday 7th September

Virtual Teams Meeting invitations will be sent out

Afternoon Session

13.30

Scheme Induction Session B

CPD Hrs = 3

Jonathan Farmer

TPD Lincolnshire & Nottinghamshire Scheme

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B C D



Friday 10th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

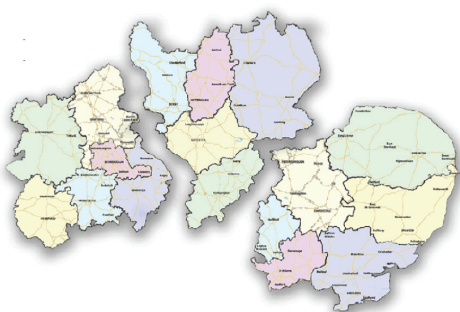
09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 6

Deborah Manger

Regional Deputy Postgraduate Dental Dean, Early Years



This session is a welcome to all the new Foundation Dentists in the Midlands and East Region and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager, APlan and the HEE-M&E website.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations.

GDC Outcomes: A B C D





Friday 10th September

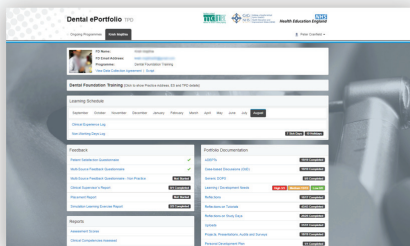
Virtual Remote Learning Platform - Links to be confirmed.

0.00

Using the Dental ePortfolio

Peter Cranfield

TPD & Regional Advisor for Projects & Innovation



The Dental ePortfolio is an online record of your progress and and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

10.50

Break

11.00

Introduction to the GDC

Elena Scherbatykh

Policy Manager · General Dental Council



The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

12.00

Lunch



Friday 10th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

12.30

The NHS Business Services Authority

Speaker role

The NHS BSA support those essential providers of services to the NHS, dental providers and performers. They are responsible for processing all the claims we make in practice for the treatment that we provide for our patients; a total of over 43.6 million dental claims per year.

Our access to the BSA is often through the Compass portal, where we can see and update information about ourselves as dental performers and our dental claims.

Today's webinar will give us insight into the work of the BSA and requirements of the NHS Dental Regulations which direct and control our dental care provision.

The day will be completed by a short session from Deborah Manger.



Friday 1st October

Virtual link will be sent out

Day Session

09.30

Health and Safety

CPD Hrs = 6

Jane Bonehill

The speaker has over 35 years of experience in the dental world. Author of 'H

For participants to increase their understanding and knowledge relating to health and safety in their workplace.

Objectives

- *Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.*
- *State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.*
- *Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances.*

Learning Content

- *Define the key principles and legal requirements that relate to health and safety in the workplace.*
- *Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.*
- *Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made.*

GDC Outcomes: A B D



Thursday 14th October

Virtual link to be sent

Morning Session

09.30

Restorative half day

CPD Hrs = 3

Saquib Aziz

Speaker is an ES with a particular interest in restorative dentistry and delivering

To assist Foundation Dentists in choosing which equipment and techniques to employ when restoring teeth.

Objectives

- *Evaluate the different restorative materials available, the nature of their composition and how this may impact on material selection choice when restoring teeth, alongside application of the knowledge of the anatomy of teeth.*
- *Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a life-like final restoration.*
-

Learning Content

- *Critique from improved knowledge and ability, when to use which technique for restorations.*
-

GDC Outcomes: A C



Friday 15th October

Kings Mill Education Centre

Morning Session

09.30

Restorative Hands on session A

CPD Hrs = 3

Saquib Aziz

Speaker is an ES with a particular interest in restorative dentistry and delivering

To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including: temporisation, Anterior veneers, Onlays, Adhesive bridgework, Full coverage crowns – adhesive/bonded and conventional

Objectives

- *Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.*
- *Identify appropriate use of material choice for each type of preparation.*
- *Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.*

Learning Content

- *FDs will be able to evaluate and critique their own preparations when they return to their training practices.*
- *To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.*
- *Assess material selection for different types of indirect preparations.*

GDC Outcomes: A C

12.30

Lunch



Friday 15th October

Kings Mill Education Centre

Afternoon Session

13.30

Restorative Hands on session B

CPD Hrs = 3

Saquib Aziz

Speaker is an ES with a particular interest in restorative dentistry and delivering

To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including: temporisation, Anterior veneers, Onlays, Adhesive bridgework, Full coverage crowns – adhesive/bonded and conventional

Objectives

- *Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.*
- *Identify appropriate use of material choice for each type of preparation.*
- *Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.*

Learning Content

- *FDs will be able to evaluate and critique their own preparations when they return to their training practices.*
- *To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.*
- *Assess material selection for different types of indirect preparations.*

GDC Outcomes: A B C D



Friday 22nd October

Virtual link to be sent out

Morning Session

09.30

Treatment Planning

CPD Hrs = 3

Nick Barker

Nick Barker is a highly experienced GDP who has obtained his FFGDP and ha

To be able to provide a comprehensive treatment plan that the patient understands and that meets the patient's needs.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D



Thursday 28th October

The Royal Derby Hospital

Day Session

09.30

Oral Surgery Group A

CPD Hrs = 6

Rajashree Sreenivasan

Registered Specialist in Oral Surgery with 20+ years experience

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- *Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients.*

Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A C



Friday 29th October

The Royal Derby Hospital

Day Session

09.30

Oral Surgery Group B

CPD Hrs = 6

Rajashree Sreenivasan

Registered Specialist in Oral Surgery with 20+ years experience

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- *Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients.*

Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A C



Tuesday 9th November

Kings Mill Education Centre

Day Session

09.30

Endodontics Group A

CPD Hrs = 6

Phil Mullens

Phil has a special interest in endodontics and has presented on this topic for se

To give Foundation Dentists greater confidence, knowledge and technical ability in the diagnosis and treatment of apical and pulpal pathology. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

Objectives

- *Review current concepts in the prevention of apical and pulpal pathology.*
- *Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.*
- *Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.*

Learning Content

- *Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.*
- *Demonstrate greater skill in the treatment of endodontically involved teeth.*
- *Evaluate how to restore the endodontically treated tooth.*

GDC Outcomes: A C



Friday 12th November

Kings Mill Education Centre

Day Session

09.30

Endodontics Group B

CPD Hrs = 6

Phil Mullens

Phil has a special interest in endodontics and has presented on this topic for se

To give Foundation Dentists greater confidence, knowledge and technical ability in the diagnosis and treatment of apical and pulpal pathology. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

Objectives

- *Review current concepts in the prevention of apical and pulpal pathology.*
- *Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.*
- *Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.*

Learning Content

- *Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.*
- *Demonstrate greater skill in the treatment of endodontically involved teeth.*
- *Evaluate how to restore the endodontically treated tooth.*

GDC Outcomes: A C



Friday 19th November

Virtual link to be sent out

Morning Session

09.30

Audit/QM

CPD Hrs = 3

Jonathan Farmer

TPD Lincolnshire & Nottinghamshire

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- *Explain in more detail the work required to complete the e-Lift projects.*
- *Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.*

Learning Content

- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations.*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements.*
- *Identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LiFT and Milestones.*

GDC Outcomes: A B C D



Friday 26th November

Virtual link to be sent out

Day Session

09.30

Medicolegal (Ethics and Complaints Handling)

CPD Hrs = 6

Bryan Harvey

Bryan is a senior advisor at DDU and has presented on this subject for more than 10 years.

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints that may arise alongside ethical dilemmas.

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints.*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice.*
- *Describe the processes of the GDCs regulation of the profession.*

Learning Content

- *Produce effective patient records within dental practice.*
- *Implement appropriate complaints handling in general dental practice.*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team.*

GDC Outcomes: A B D



Friday 3rd December

Virtual link to be sent out

Day Session

09.30

Periodontology

CPD Hrs = 6

Shazad Saleem

Shazad developed the 'Healthy Gums Do Matter' programme and has been ins

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice.

Objectives

- *Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.*
- *Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.*

Learning Content

- *Demonstrate an understanding of the aetiology, diagnosis and classification of periodontal disease and be able to explain this to patients.*
- *Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.*
- *Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services.*

GDC Outcomes: A C



Friday 10th December

Day Session

09.30

Medical Emergencies

CPD Hrs = 6

Phil Jeevon

Phil is renowned speaker on the subject of medical emergencies and their man

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- *Explain how and when to claim for NHS treatment that has been provided to patients.*
- *Define the rules regarding provision of NHS dental care.*
- *Have the ability to talk confidently about what can be provided through NHS dental services.*

Learning Content

- *List the structures and content of NHS treatment bands and associated NHS banding charges.*
- *Apply the rules regarding provision of NHS dental care.*
- *Be able to perform within the structure of NHS GDS contracts.*

GDC Outcomes: A B D



Friday 17th December

Virtual links will be sent out

Day Session

09.30

Milestone 1

CPD Hrs = 6

Jonathan Farmer

TPD Lincolnshire & Nottinghamshire Scheme

To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies and be aware the role the entire team play in this respect.

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental trauma.*
- *Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately.*

Learning Content

- *Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma.*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.*

GDC Outcomes: A C

12.30

Lunch



Calendar 2021-2022

Friday 3/9/21	Initial Skills Session
Tuesday 7/9/21	Scheme Induction
Friday 10/9/21	Regional Induction
Friday 1/10/21	Health & Safety
Thursday 14/10/21	Restorative Session
Friday 15/10/21	Restorative Hands on
Friday 22/10/21	Treatment Planning
Thursday 28/10/21	Oral Surgery
Friday 29/10/21	Oral Surgery
Tuesday 9/11/21	Endodontics
Friday 12/11/21	Endodontics
Friday 19/11/21	Audit/Quality Management
Friday 26/11/21	Medico-Legal
Friday 3/12/21	Periodontology
Friday 10/12/21	Medical Emergencies
Friday 17/12/21	Milestone 1

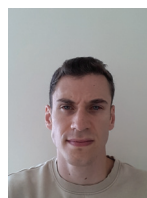


Educational Supervisors and Foundation Dentists



Saquib Aziz
Michael Armstrong

Bridgford Dental Practice, 74 Bridgford Road, Nottingham NG2 6 AX



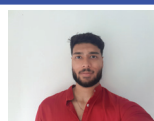
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Peter Butcher
Claire Simpson

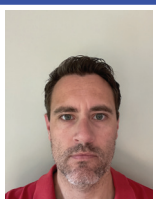
The Maltings Dental Practice, Commercial Road, Grantham, NG31 6DE



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Emma Kindon

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Kamal Missan

Hilton Dental Clinic, 1 Hilton Crescent, West Bridgford, NG2 6HT



Haidee Creber

Liverpool Dental School

01159 232907



Amit Parmar

Sherwood House Dental Practice, 150 Ashby Road, Loughborough, LE11 3AG



Jake Morris

Birmingham Dental School

01509 212093



**Maria Jose Padilla
Ogbemudia Adeghe**

Treeline Dental Care, 86a Southgate, Sleaford, NG34 7RL



Osemegbe Ehikioya

Leeds Dental Institute

01529 266888



Lincolnshire and Nottinghamshire Scheme Buddy ES Pairings 2021-2022

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Mohammed Saleem	Peter Butcher	Claire Simpson
Shivani Mistry	Claire Simpson	Peter Butcher
Mulki Ali	Catriona Peterson/Lewis Hamill	Anna Vila-Burguet/Navjit Jandu
Sasha Kiddy	Anna Vila-Burguet/Navjit Jandu	Catriona Peterson/Lewis Hamill
Tracy Dinh	Mohammed Saleem/Farooq Waseem	Israr Rasaq/Imran Rafiq
Jawaad Aziz	Israr Rasaq/Imran Rafiq	Mohammed Saleem/Farooq Waseem
Sarah-Maurena Kouassi	Paul Moore	Nilesh Dayaram/Vinay Mehta
Emma Kindon	Nilesh Dayaram/Vinay Mehta	Paul Moore
Jake Morris	Amit Parmar	Chandan Sharma
Jesvin Xavi	Chandan Sharma	Amit Parmar
Oliver Ryder	Squib Aziz/Michael Armstrong	Mayur Patel/Vitesh Patel
Aimee Rowe	Mayur Patel/Vitesh Patel	Squib Aziz/Michael Armstrong
Osemegbe Ehikioya	Maria Padilla/Ogbemudia Adeghe	Kamal Missan
Haidee Creber	Kamal Missan	Maria Padilla/Ogbemudia Adeghe
Martine Morcos	Graham Wilkinson	Riten Patel
Ajay Jumbu	Riten Patel	Graham Wilkinson



Online Learning

2021-2022

List of Mandatory E-Learning

As part of your Foundation training year within Midlands and East you will undertake a number of online e_Learning modules. All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules

Course Sections

Statutory and Mandatory Training (SMT) **Completion Date 19-09-2021**

Conflict Resolution Level 1	40 mins
Data Security Awareness Level 1	70 mins
Equality and Diversity and Human Rights Level 1	20 mins
Fire Safety Level 1	30 mins
Moving and Handling Level 1	40 mins
Preventing Radicalisation - Basic Prevent Awareness	35 mins
Safeguarding Adults Level 1	40 mins
Safeguarding Adults Level 2	40 mins
Safeguarding Children Level 1	30 mins
Safeguarding Children Level 2	35 mins

Mental Capacity Act (MCA) **Completion Date 03-10-2021**

Mental Capacity Act as Part of Human Rights	20 mins
Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins
Deprivation of Liberty	20 mins
Relationship Between the MCA and the MHA	20 mins
Mental Capacity Act and Young People aged 16 or 17	20 mins
Research Involving People Who Lack Capacity	20 mins
Mental Capacity Act and Adult Safeguarding	20 mins
Settling Disputes and Disagreements	20 mins

Alcohol and Tobacco Brief Interventions **Completion Date 17-10-2021**

Introduction to treating and preventing ill health	15 mins
Very Brief Advice on Smoking	15 mins
Alcohol Brief Advice	15 mins
Bringing It Together - Multiple Risk Factors	15 mins
Assessment	10 mins

Making Every Contact Count (MECC) **Completion Date 31-10-2021**

What is MECC and why is it important	30 mins
How to have a MECC conversation	30 mins
Signposting	15 mins
Five Ways to Wellbeing	30 mins
Assessment	10 mins

HEE Rubber Dam Placement video **Completion Date 13-11-2021**

Using your login details for e_Learning for Health you can access this module by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

e-Learning for Healthcare - Coronavirus programme **Completion Date 13-11-2021**

This programme has been specifically developed and is regularly updated in response to the Covid-19 situation and can be located link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download a completion certificates for your CPD records.

Modules **Completion Date 05-12-2021**

Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins
Special Patient Groups	60 mins
Utilising the BNF	60 mins
Medical Emergencies	60 mins
Periprocedural Prescribing	60 mins
Dental Infection	60 mins
Pain, Ulceration, and Inflammation	60 mins
Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins

BDA & Cancer Research UK Oral Cancer Recognition Toolkit

https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

Module Completion Date 19-12-2021

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the web-page and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient

Good Practice

Patient Assessment

Assessment Methods and Techniques

Health Promotion and Disease Prevention

Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry

Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain

Dental Local Anaesthesia

Management of Dental Pain

Intravenous Sedation

Dental General Anaesthesia

Mediators of Central Pain

Dental Local Anaesthetic Technique

Non-Pharmacological Anxiety Management

Inhalation Sedation

4 Periodontal Disease and Management

Aetiology of Periodontal Disease

Periodontal Diagnosis and Determination of Prognosis

Patient Education and self-Performed Plaque Control

Surgical Periodontal Therapy

Periodontal Treatment Options

Non-Surgical Periodontal Therapy

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment

Surgical Dentistry

Exodontia

Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic and Supernumerary Teeth

Management of Benign Soft Tissue lesions

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies

Odontogenic Infections

Management of Oral Mucosal Diseases

Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices

Assessment for interceptive Treatment

Space Maintenance

Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

Emergency Care and Management of Orthodontal Problems

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries

Restoration of Permanent Teeth

Crowns

Restoration of Deciduous Teeth

Aesthetic Dentistry

Dental Biomaterials

Tooth Surface Loss

Endodontics

Dental Trauma

9 Replacement of Teeth

Bridgework

Occlusion

Complete Dentures

Partial Dentures

Implantology

Miscellaneous

10 Communication

Patient and the Family

Teamworking

Other Professionals

11 Professionalism

Ethics

Self

The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management

Quality in Healthcare

Risk Management

Self-Management

Change Management

Managing a Business

Healthcare Systems

Professional Practice

Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry

Measuring carbon in Healthcare



e-LIFT Project

2021-2022

Project 'e-LiFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four units underpinned by evidence of their own work completed in the training practice. The units are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each unit, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the units will entail reflective writing amounting to 1000 - 1250 words, each unit supported by 4- 6 pieces of evidence. Units 1 to 4 are to be completed by April 2022.

FDs will be given guidance documents and templates. Work for each unit will be assessed by external Educational Supervisors.

Here is a link to the HEE website for full details and module downloads:

<https://heeoee.hee.nhs.uk/node/2567>



Milestones and APLAN

2021-2022

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and East region. Your Milestone Two and Milestone Three cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are

Milestone 2: Deadline for case uploads **14th Jan 2022.**
 Deadline for remote feedback **28th Jan 2022.**

Milestone 3: Deadline for case uploads **20th May 2022**
 Deadline for remote feedback **3rd June 2022**

There is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the share-point for FDs that covers the milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Lincolnshire and Nottinghamshire 2021-2022

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further wide ranging support that can be obtained from the Associate Dean for Regional Trainee Support. Here is a web address support:

<https://heeoe.hee.nhs.uk/dental/trainee-support>

Contacts for Support

Training Programme Director

Jonathan Farmer

Phone: 0774 8965706

Email: jonathan.farmer@hee.nhs.uk

Regional Deputy Postgraduate Dental Dean, Early Years Deborah Manger

Email: please use - DFT.ME@hee.nhs.uk

Associate Dental Dean for Regional Trainee Support Fleur Kellett

Email: DentalTraineeSupport.ME@hee.nhs.uk



Claiming Travel and Subsistence

2021-2022

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dft handbook/FD_Handbook/The_Scheme/T_-_S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



Audit Project

2021-2022

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Audit topic

When choosing your audit topic please be aware that you must not choose a topic that should be covered by the normal clinical governance processes of the practice, including radiograph quality, record keeping and infection control. If you are not sure about the suitability of a topic you should discuss this with your TPD before you start.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2021-2022

Practice Specifications

Electronic records
Digital radiography
Internet access
Infection control

Full computer based clinical records and appointment management system.

Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmal account

Specification for FD Room

Size
Ventilation

Minimum floor area 9m².

Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair

Turbines
Contra-angle handpieces
Straight handpiece
Ultrasonic scaler
X-ray set
Amalgam mixer
Light cure lamp
Stool for dentist
Stool for nurse
Handwash sink
Telephone
Workstation
Clinical records and appointment management software.
Internet access.

Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Minimum of 3.

Minimum of 3.

Minimum of 1.

Magnetostrictive or piezo.

Rectangular collimation. Isolation switch outside the controlled area.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders

Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit

Latex free.

Conservation

Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics

Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions

Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery

Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics	<i>Full range of prosthetic instruments including shade and mould guides.</i>
Endodontics	<i>Full range of stainless-steel hand files and NiTi rotary files.</i>

Materials and Disposables for FD Room

Respirator	<i>Fit tested FFP3 mask or powered hood for FD use.</i>
Type II R Fluid Resistant Surgical Masks	
Gloves	<i>Latex free.</i>
Bibs	
Aprons	
Gowns	
Paper and cotton goods	
Safe Sharps System	<i>Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.</i>
Waste containers	<i>For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.</i>
Disposable 3 in 1 syringe tips	
Conservation	<i>Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.</i>
Prosthetics	<i>Full range of prosthetic materials including impression compound and greenstick.</i>
Endodontics	<i>Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.</i>

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera	<i>SLR or equivalent with lens, ring flash, retractors, and mirrors.</i>
Conservation	<i>Face bow and semi-adjustable articulator.</i>
Prosthetics	<i>Surveyor.</i>
Endodontics	<i>Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.</i>
Clinical Digital Thermometer	
Digital Communication	<i>Computer or tablet with MS Teams including webcam, speakers, and microphone.</i>



Useful Links

2021-2022

National DFT Handbook

National policies and information: <http://www.copdend.org/dfthandbook/index.html>

Postgraduate Virtual Learning Environment

Repository of eLearning resources: <https://pgvle.co.uk/login/index.php>