

GP Curriculum

Learning outcomes that could be delivered in secondary care – Palliative Medicine, Ipswich

Learning Outcomes	Professional Competency Area	Suggested Learning Activities	Demonstrate Achievement
Develop an understanding of the principles of pain assessment, including the ability to take a detailed pain history and identify the various types of pain, taking into account the perspectives of individual patients, actively involving those patients in the management of their pain	<ul style="list-style-type: none"> • Communication skills • Practising Holistically • Data gathering and interpretation 	Admission clerkings, Case discussions, ward rounds	CBD Mini CEX Log entries
Develop an understanding of the pharmacological management of pain, being able to introduce and titrate various oral formulations as well as converting to patches or to a syringe driver	<ul style="list-style-type: none"> • Clinical Management • Making diagnoses and decisions 	Case discussions, day to day practice, tutorials, e-learning	CBD Log entries
Develop an understanding of the use of non-pharmacological approaches to pain management – Radiotherapy, Surgery, Physiotherapy, TENS, heat/cold, positioning, nerve blocks, etc	<ul style="list-style-type: none"> • Clinical Management • Making diagnoses and decisions 	Case discussions, multidisciplinary practice, tutorials	CBD Log entries
Be able to set up a syringe driver and develop a familiarity with the variety and combination of preparations that can be used in a syringe driver for various indications	<ul style="list-style-type: none"> • Clinical management • Making diagnoses and decisions 	Day to day practice Hands on experience	CBD Mini CEX DOP Log entries
Recognise and manage emergencies in palliative care, including <ul style="list-style-type: none"> • Major haemorrhage • Hypercalcaemia • Superior vena cava obstruction • Spinal cord compression • Bone fractures • Anxiety/panic • Seizures 	<ul style="list-style-type: none"> • Data Gathering and interpretation • Clinical management • Making diagnoses and decisions • Working with colleagues and in teams 	Day to day practice Tutorials	CBD Mini CEX Log entries

Recognise and manage appropriately other common symptoms including breathlessness, constipation, vomiting and anorexia	<ul style="list-style-type: none"> • Communication skills • Practising holistically • Data gathering and interpretation • Clinical management • Making diagnoses and decisions 	Day to day practice Tutorials	CBD Mini CEX Log entries
Develop the ability to communicate effectively including identifying patient concerns and expectations; breaking bad news; broaching the cessation of active treatment; dealing with family members; responding to requests for euthanasia; dealing with the expression of hopelessness; and explaining the process of dying	<ul style="list-style-type: none"> • Communication skills • Practising holistically 	Case discussions Tutorials Observation and practice	CBD Mini CEX Log entries
Develop a knowledge of the social benefits and services available to patients and their families	<ul style="list-style-type: none"> • Practising holistically • Community orientation 	Tutorial	CBD Log entries
Develop an understanding of the grieving process and how patients and their families can be helped through a bereavement	<ul style="list-style-type: none"> • Practising holistically • Community orientation 	Case discussions Tutorial	CBD Log entries
Develop an understanding of the use of the Gold Standard Framework as well as advance planning documentation	<ul style="list-style-type: none"> • Practising holistically • Clinical management • Making diagnoses and decisions • Working with colleagues and in teams 	Case discussion Multidisciplinary meetings	CBD Log entries
Develop an understanding of the ethical principles underpinning end of life care, such as mental capacity, consent and agreement, doctrine of double effect etc	<ul style="list-style-type: none"> • Ethical principles 	Case discussions Tutorial	CBD Log entries
Be able to recognise and sensitively deal with the dying phase and support both the patient and the family through the process, providing appropriate after care	<ul style="list-style-type: none"> • Communication skills • Practising holistically • Data gathering and interpretation • Clinical management 	Tutorial Day to day practice	CBD Log entries

	<ul style="list-style-type: none"> • Making diagnose and decisions 		
Be able to recognise and sensitively deal with religious and spiritual issues during palliative care and at the end of life	<ul style="list-style-type: none"> • Practising holistically 	Tutorial Day to day practice	CBD Log entries
Apply the principles of palliative care to non-cancer patients eg COPD, heart failure, multiple sclerosis, Parkinsons, MND etc	<ul style="list-style-type: none"> • Communication skills • Practising holistically • Data gathering and interpretation • Clinical management • Making diagnoses and decisions 	Patient assessment Tutorials	CBD Log entries