



Joint Dental Foundation and Core Dental Foundation Training Scheme

Year Two Programme 2023-2025





Joint Dental Foundation and Core Dental Foundation Training Scheme

Addenbrookes Postgraduate Medical Centre (PGMC)

Deakin Centre, Level 1, 111 Hills Road, Cambridge, CB2 0QQ

Tel: 01223 256562

East of England Region

Regional Postgraduate Dental Dean

Malcolm Brady

Associate Postgraduate Dental Dean, Early Years

Jason Stokes

Regional Dental Account Manager

Patti Bradshaw

Regional Dental Faculty Support Officer

Charlene Wright

Postgraduate Centre Manager

Jonathan Northrop

Scheme Administrator

Janice Phillips

Training Programme Director (Foundation)

Eva King

BDS

07894 353178

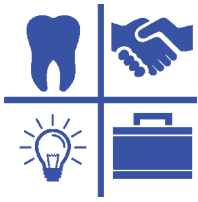
eva.king1@nhs.net

Training Programme Director (Core)

Liz Gruber

BDS MB BS

liz.gruber@nhs.net



Joint Dental Foundation and Core Dental Foundation Training Scheme

Index to Year Two Programme

East of England Region	2
Index	3
List of Study Days for Year Two	4
Details of Study Days	6
ESs and FDs of Joint Dental Foundation and Core Scheme	22
Core Placements and ESs of Joint Dental Foundation and Core Scheme	23
Core Study Days for Year Two.	24



Year Two

Venues and Subjects

Friday 27th September	Milestone 2 Presentations Organisation for Teamworking	<i>Addenbrookes</i>
Mon 18th Oct - Fri 22nd Nov	Practice Exchanges	<i>JDFCT Practices</i>
Friday 29th November	Oral Cancer Symposium	<i>Hilton Cambridge City Centre</i>
Friday 6th December	Implants Practice Visit Reports	<i>Addenbrookes</i>
Friday 14th February	Health and Safety Indirect Restorations	<i>Addenbrookes</i>
Friday 28th March	Oral Cancer Audit Presentations	<i>Addenbrookes</i>
Friday 11th April	Milestone 3	<i>Addenbrookes</i>
Thursday 22nd May	Beyond Foundation - Day One	<i>Bedford</i>
Friday 23rd May	Beyond Foundation - Day Two	<i>Bedford</i>
Friday May tbc	Restorative Hands On	<i>GC Newport Pagnell</i>
Friday 13th June	Oral Surgery	<i>Addenbrookes</i>

Important Dates and Deadlines

Audit Presentation	Friday, 28 March 2025
Milestone 3 Presentation	Friday, 11 April 2025
FRCP	Friday, 25 July 2025



Friday 27th September

Addenbrookes

Morning Session

09.30

Milestone 2 Presentations

CPD Hrs = 3

Foundation Dentists



This session enables Foundation Dentists to present their Milestone 2 - Endodontic Case. The Foundation Dentists will receive constructive feedback from fellow professionals.

Objectives

- *Effectively present the case of a patient with dental trauma or a dental emergency to fellow dental professionals.*
- *Demonstrate how to use the endodontic case to reflect on clinical skills and treatment outcome.*
- *Demonstrate how to constructively offer feedback related to a case of a patient with dental trauma or a dental emergency.*

Learning Content

- *Direct reflection and feedback into professional development.*
- *Demonstrate the provision of patient care through use of reflection, analysis and planning.*
- *Demonstrate how to deliver constructive feedback to fellow professionals*

GDC Outcomes: A C D

12.30

Lunch



Friday 27th September

Addenbrookes

Afternoon Session

13.30

Organisation for Teamworking

Uday Patel

Educational Supervisor

This session aims to provide a range of skills to enhance professional and personal organisation within a multiprofessional dental team.

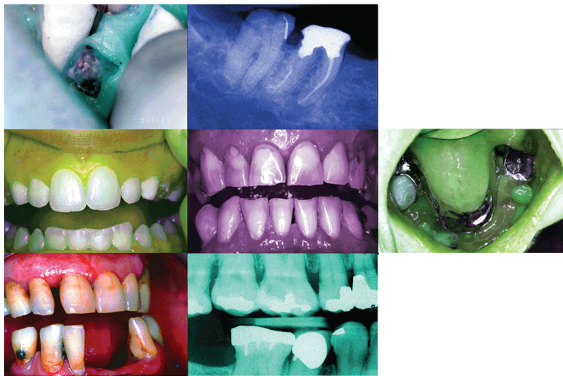
Objectives

- Describe the importance of effective organisation and strategies to maximise efficiency.
- Explain hints and tips for overcoming common barriers to professional and personal organisation within the team
- Understand the methods and rules for planning and prescription of clinical work and patient management within a multi-skilled team

Learning Content

- Describe the importance of effective organisation.
- Employ tools for overcoming common barriers to professional and personal organisation.
- Demonstrate planning and prescription of clinical work and patient management within a multi-skilled team

GDC Outcomes: A B C D



16.30

End



Mon 18th Oct - Fri 22nd Nov

JDFCT Practices

Practice Exchanges

CPD Hrs = 6

The Aim of the sessions is for you to see and experience different modalities of providing dental care and to learn how to assess the merits of different systems. During these weeks, everyone in the group will visit two different Training Practices, and will also have the opportunity to share their own practice with members of the group. You must arrange half day visits for yourself to the practices of two Group members.

There are report forms for you to complete when you have been visited and when you are the visitor. There is a session later for you to give a presentation about your visits to the rest of the group.

Objectives

- *View and experience dental care provision in a wide range of situations*
- *Explore and evaluate different systems of healthcare delivery.*
- *Evaluate alternative methods of management and organisation.*

Learning Content

- *Describe different systems for dental care provision.*
- *Identify systems of effective management.*
- *Explain how local demographic conditions can lead and inform practice management and organisation.*

GDC Outcomes: A B D





Friday 29th November

Hilton Cambridge City Centre

Day Session

09.30

Oral Cancer Symposium

CPD Hrs = 6

Various



The aim of this day is to bring together the whole dental team from primary, secondary and tertiary care to update our knowledge on the current management of oral cancer, post cancer rehabilitation as well as hearing personal stories from those living with oral and other cancers.

Objectives

- *Provide an overview of Oral Cancer, how to recognise it, refer it and how it is treated in secondary care.*
- *Demonstrate the importance of support of the patient in primary care*
- *Share insights of the life of a cancer patient, how to deliver bad news and how dental teams can support the patient*
- *Discuss the management of a cancer patient on polypharmacy, chemotherapy and bisphosphonates.*

Learning Content

- *Explain the mechanism of oral cancer, it's management and the role dental teams can play in identifying and referring appropriately*
- *Describe the surgical and medical management of oral cancer patient*
- *Define the challenges of all patients living with cancer in order to address their dental needs*

GDC Outcomes: A B C D

1630

End



Friday 6th December

Addenbrookes

Morning Session

09.30

Implants

CPD Hrs = 3

Eva King and Educational Supervisors

Training Programme Director, Clinical Supervisors

To examine when the provision of dental implants may be appropriate, when patients should be referred and what things a GDP should be doing regarding maintenance and monitoring of dental implants.

Objectives

- *Define aspects of implant dentistry sufficient to identify suitable cases for referral, give patients basic information and recognise failures.*
- *Examination and discussion of current National guidelines relating to the provision of dental implants and local arrangements for NHS provision.*
- *Exploration and revision of the role of the dental practitioner in offering treatment options, including those unavailable on the NHS*

Learning Content

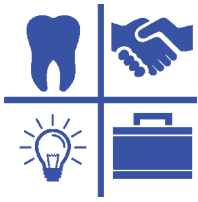
- *Be able to define the indication and contraindications for the provision of dental implants for patients.*
- *Recognise the role, responsibilities and expected actions of the General Dental Practitioner in the management and monitoring of implants.*
- *Clearly describe the processes, both biological and procedural, involved in the planning, placing and care of dental implants.*

GDC Outcomes: A C



12.30

Lunch



Friday 6th December

Addenbrookes

Afternoon Session

13.30

Practice Visit Reports

CPD Hrs = 3

Foundation Dentists

The Aim of the session is for FDs to share reports and knowledge gained from practice exchanges

Objectives

- *To learn about dental care provision in a wide range of situations.*
- *Explore and evaluate different systems of healthcare delivery.*
- *Evaluate alternative methods of management and organisation*

Learning Content

- *Describe different systems for dental care provision.*
- *Be able to identify systems of effective management.*
- *Understand how local demographic conditions can lead and inform practice management and organisation*

GDC Outcomes: A B C D



16.30

End



Friday 14th February

Addenbrookes

Morning Session

09.30

Health and Safety

CPD Hrs = 3

Jignesh Panchal

General Dental Practitioner

This session aims to increase the understanding and knowledge relating of Foundation Dentists to health and safety in their workplace

Objectives

- Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety.
- Identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.
- Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances.

Learning Content

- Define the key principles and legal requirements that relate to health and safety in the workplace.
- Explain their own roles with respect to health and safety in their training practice environments.
- Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made.

GDC Outcomes: A B D



12.30

Lunch



Friday 14th February

Addenbrookes

Afternoon Session

13.30

Indirect Restorations

CPD Hrs = 3

Jignesh Panchal

General Dental Practitioner



Demonstrate how to deliver constructive feedback to fellow professionals.

Objectives

- *Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.*
- *Identify appropriate use of material choice for each type of preparation.*
- *Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries*

Learning Content

- *Evaluate and critique their own preparations when they return to their training practices.*
- *To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.*
- *Assess material selection for different types of indirect preparations*

GDC Outcomes: A C

16.30

End



Friday 28th March

Addenbrookes

Morning Session

09.30

Oral Cancer

CPD Hrs = 3

Stephanie Agar

Educational Supervisor

This session aims to identify the common presentations of oral pre-malignant and malignant disease and to understand the referral pathways and timings to best manage the patient. There will be discussions about the management and impact of diagnosis on the patients both during the initial referral point and the necessary aftercare and support required.

Objectives

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'
- Demonstrate how to identify oral premalignant and malignant conditions
- Describe how to identify when specialist advice is necessary and the appropriate referral pathways

Learning Content

- Demonstrate how to identify oral premalignant and malignant conditions.
- Recognise local and national support services and resources in the care of mouth cancer
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions.

GDC Outcomes: A B C D



12.30

Lunch



Friday 28th March

Addenbrookes

Afternoon Session

13.30

Audit Presentations

CPD Hrs = 3

Foundation Dentists



The aim of the session is to review the outcomes of the audits of the members of the DFT group and to reflect upon what has been gained from the process.

Objectives

- Learn about different methods of approaching clinical audit and its effect upon clinical performance
- Gain experience in offering constructive feedback to improve and enhance outcomes.
- Gain experience in presentation skills

Learning Content

- Design and implementation of clinical audits.
- Meeting ethical and contractual guidelines for clinical governance (as it relates to the provision of clinical audits).
- Improvement of performance by reflecting in a structured manner using the tool of clinical audit.

GDC Outcomes: A B C D

16.30

End



Friday 11th April

Addenbrookes

Day Session

09.30

Milestone 3

CPD Hrs = 6

Foundation Dentists



This session enables Foundation Dentists to present their Milestone 3 - complex case. The Foundation Dentists will receive constructive feedback from fellow professionals.

Objectives

- *Effectively present the case of a patient requiring complex clinical care to fellow dental professionals*
- *Demonstrate how to use the complex case to reflect on clinical skills and treatment outcomes.*
- *Demonstrate how to constructively offer feedback related to a case of a patient with dental trauma or a dental emergency.*

Learning Content

- *Direct reflection and feedback into professional development.*
- *Demonstrate the provision of patient care through use of reflection, analysis and planning.*
- *Demonstrate how to deliver constructive feedback to fellow professionals.*

GDC Outcomes: A C D

16.30

End



Thursday 22nd May

Bedford

Day Session

09.30

Beyond Foundation - Day One

CPD Hrs = 6

Various



Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice

Objectives

- *Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.*
- *Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.*
- *Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.*

Learning Content

- *Describe the requirements for financial record keeping and management at an individual and practice level.*
- *Define the HMRC requirements for general dental practitioners at both a personal and practice level.*
- *Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.*



GDC Outcomes: B

16.30

End



Friday 23rd May

Bedford

Day Session

09.30

Beyond Foundation - Day Two

CPD Hrs = 6

Various



Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice

Objectives

- *Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.*
- *Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.*
- *Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.*

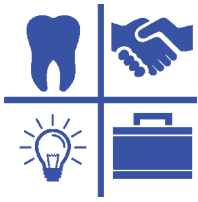
Learning Content

- *Describe the requirements for financial record keeping and management at an individual and practice level.*
- *Define the HMRC requirements for general dental practitioners at both a personal and practice level.*
- *Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.*

GDC Outcomes: B

16.30

End



Friday May tbc

GC Newport Pagnell

Day Session

09.30

Restorative Hands On

CPD Hrs = 6

Amiras Chokshi

Educational Supervisor



To assist Foundation Dentists in choosing which equipment and techniques to employ when directly restoring anterior teeth.

Objectives

- *Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.*
- *Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a life-like final restoration.*
- *Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations using a phantom head: class IV restoration and a direct composite veneer.*

Learning Content

- *Critique from improved knowledge and ability, when to use which technique for direct anterior restorations.*
- *To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional and aesthetic restoration.*

GDC Outcomes: A B C D

16.30

End



Friday 13th June

Addenbrookes

Morning Session

09.30

Oral Surgery

CPD Hrs = 6

TBC

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A C



16.30

End



Friday 11th July

TBC

Morning Session

09.30

Enhancing Excellence - Quality
Improvement Symposium

CPD Hrs = 6

Various - TBC

A symposium for multi-professional trainees at all levels (foundation to ST4) to provide learning and explore the progress of quality improvement initiatives and Patient outcomes achieved in East of England.

Utilising the skills and strengths of a diverse peer group, examples of best practice will be cascaded in a series of professional paper presentations highlighting quality and sustainability. The peer group will be able to reflect upon the demonstrated case studies and integrate lessons learned into future performance, both within and outside the NHS.



Educational Supervisors and Foundation Dentists Pairs



Isha Patel
Rhea Sangam



Shreya Patel



Yasmeen Mohajer

Pair A

Hitchin Dental, Rear of 84/85 Bancroft, Hitchin, SG5 1NQ



Vikash Dave



Amicia Crewe- Read



Stephanie Lim

Pair B

Hitchin Dental, Rear of 84/85 Bancroft, Hitchin, SG5 1NQ



Vanesha Patel



Hamish Jones



Anushka Shah

Pair C

Luton Dental Care, 1a Peel Street, Luton, LU1 2QR



Core Placements and Educational Supervisors



Derek Arx
Khem Maharaj

Rotation	Pair	Names
1st Sept 2023 - 30th Apr 2024	A	Shreya Patel Yasmeen Mohajer
1st May 2024 - 31st Dec 2024	B	Amicia Crewe- Read Stephanie Lim
1st Jan 2025 - 31st Aug 2025	C	Amicia Crewe- Read Stephanie Lim

Luton and Dunstable Hospital



Mr Christopher Fowell

Rotation	Pair	Names
1st Sept 2023 - 30th Apr 2024	B	Amicia Crewe- Read Stephanie Lim
1st May 2024 - 31st Dec 2024	C	Amicia Crewe- Read Stephanie Lim
1st Jan 2025 - 31st Aug 2025	A	Shreya Patel Yasmeen Mohajer

Addenbrookes Hospital

Placement Address

Rotation	Pair	Names
1st Sept 2023 - 30th Apr 2024	C	Amicia Crewe- Read Stephanie Lim
1st May 2024 - 31st Dec 2024	A	Shreya Patel Yasmeen Mohajer
1st Jan 2025 - 31st Aug 2025	B	Amicia Crewe- Read Stephanie Lim

Philippa Warner
Elise Morgan

Community Dental Services Bedfordshire



Core Study Days Year Two

Friday 29th November

Oral Cancer Symposium

Venue



Thursday 5th December

TBC

tbc



Thursday 13th March

TBC

tbc



Thursday 15th May

TBC

tbc

