



Joint Dental Foundation and Core Dental Foundation Training Scheme

Year One Programme 2024-2026





Joint Dental Foundation and Core Dental Foundation Training Scheme

Addenbrookes Postgraduate Medical Centre (PGMC)

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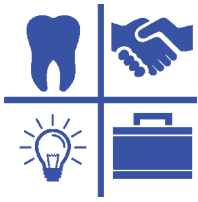
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Joint Dental Foundation and Core Dental Foundation Training Scheme

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Joint Dental Foundation and Core Dental Foundation Training Scheme

Addenbrookes Postgraduate Medical Centre (PGMC)



Addenbrookes is a very large campus and the two main venues we use are the Deakin Centre (Postgraduate Learning Centre) and the Cambridge Medical School- both are a stones throw away from each other. The campus itself is well reknowned internationally and we are extremely lucky to be able to use the facilities along with Addenbrookes and Cambridge University. Our Scheme Adminstrator, Janice Phillips is always there to help you with your study days and to make sure it runs well. The year has been put together with 30 study days on key topics, all by experts in the field and often also within this location. This is your chance to gain further knowledge and ask the questions you need to get the most of this year. This learning is all focused on you and what you wish to get out of it for your personal development so use the opportunity well. Your attendance and CPD is counted towards satisfactory completion of the DFT programme

Location and Parking



Addenbrookes is a very large campus and the closest parking to the lecture venue is Car Park 1. This can be costly so you may find it easier to take the train and the very regular shuttle buses to the campus. Alternatively there are very close park and rides to get into Addenbrookes. A detailed map will be sent to you with each study day so you can check the location



Year One

Venues and Subjects

Thursday 5th September	Regional Induction - Welcome and Introduction The Role of the Lead Employer in DFT The Role of the GDC Using the Dental ePortfolio	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Monday 9th September	Clinical Skills Refresher	<i>Dental Care Centre, Bedford</i>
Friday 13th September	Scheme Induction Team working in practice	<i>Addenbrookes</i>
Friday 27th September	NHS Rules and Regulations Organisation	<i>Addenbrookes</i>
Friday 4th October	Radiography Oral Medicine	<i>Addenbrookes</i>
Friday 11th October	Clinical Photography Audit and Presentation skills	<i>Addenbrookes</i>
Friday 18th October	Medicolegal issues in Dentistry	<i>Learning and Education Centre, Bedford Hospital</i>
Friday 25th October	Endodontics 1	<i>EndoMishra, Baldock</i>
Thursday 30th October	Communication skills	<i>Addenbrookes</i>

Friday 15th November	Periodontics Mindfulness	<i>Addenbrookes</i>
Friday 29th November	DCT/DFT Oral Cancer Symposium	<i>Hilton Cambridge City Centre</i>
Friday 20th December	Early Stage Review	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 10th January	Dental Emergencies and Pain Management	<i>Addenbrookes</i>
Friday 31st January	JDFCT 2 Audit Research in Dentistry	<i>Addenbrookes</i>
Friday 7th February	Endodontics 2	<i>EndoMishra, Baldock</i>
Friday 14th February	Health and Safety Indirect Restorations	<i>Addenbrookes</i>
Friday 28th February	Treatment planning	<i>Addenbrookes</i>
Friday 21st March	Milestone 1	<i>Addenbrookes</i>
Friday 11th April	Restorative 1	<i>Online</i>
Friday 16th May	Paediatric Dentistry Anxiety Management	<i>Addenbrookes</i>

Important Dates and Deadlines

Start of Autumn Term

Monday, 2 September 2024

Regional Induction	Thursday, 5 September 2024
DCT Induction	Friday, 6 September 2024
Clinical Refresher DFT	Monday, 9 September 2024
DFT Scheme Induction	Friday, 13 September 2024
Early Stage Review	Friday, 20 December 2024
Milestone 1	Friday, 21 March 2025
Milestone 2 APLAN opens	Friday, 25 April 2025
Milestone 2 APLAN closes	Friday, 30 May 2025
Milestone 2 Presentation	Friday, 27 June 2025
Dental Showcase DFT/DCT	Friday, 11 July 2025
IRCP	Friday, 25 July 2025



Thursday 5th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

DCT study day 3 - Topics TBC

CPD Hrs = 3

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean

This session aims to introduce and orientate delegates to the Dental Foundation Training year.



Objectives

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Explain how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Discuss the RCP processes involved in the satisfactory completion of DFT.

Learning Content

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Recognise how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Explain the RCP processes involved in the satisfactory completion of DFT.

GDC Outcomes: A B C D





Thursday 5th September

Virtual Remote Learning Platform - Links to be confirmed.

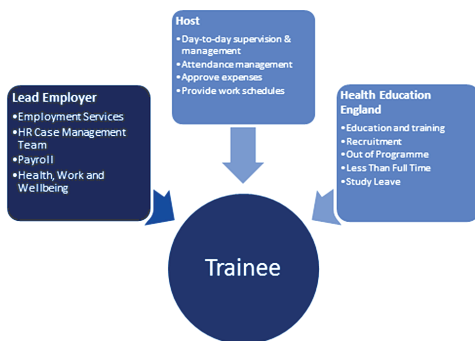
14.00

The Role of the Lead Employer in DFT

Anne Potter and Rebecca Jones

Lead Employer, St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



14.20

The Role of the GDC

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

15.20

Break





Thursday 5th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

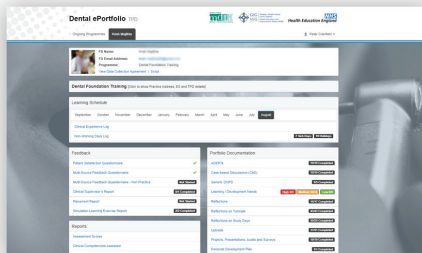
15.35

Using the Dental ePortfolio

CPD Hrs = 1

Peter Cranfield

Associate Dean, Trainign Programme Director



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

16.35

End



Monday 9th September

Dental Care Centre, Bedford

Morning Session

09.30

Clinical Skills Refresher

CPD Hrs = 3

Eva King, ESs

TPD, Clinical Supervisors



Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors

Objectives

- *Be able to evidence the systematic and accurate removal of simulated dental caries.*
- *Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.*
- *To have practised cutting a full crown preparation.*

Learning Content

- *Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel*
- *Knowledge of any requirements for targeted support by the ES.*

GDC Outcomes: C D

12.30

End



Friday 13th September

Addenbrookes

Day Session

09.30

Scheme Induction

CPD Hrs = 3

Eva King

TPD



A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other. In this session we shall look at how Dental Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well. The programme for the term and for the year can be discussed. We shall also look at the mechanisms for making claims for expense

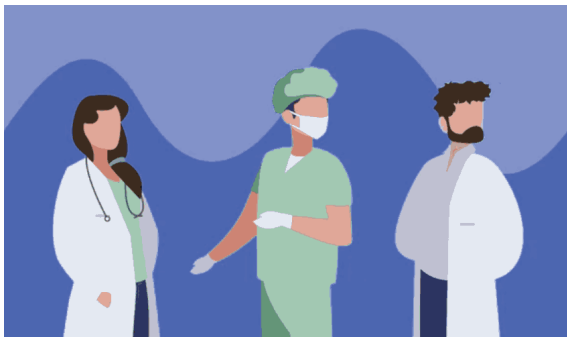
13.30

Team working in practice

CPD Hrs = 3

Eva King

TPD, ESs



Educational Supervisors are very important to FDs and viceversa. What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice? Today we shall have a chance to develop and practise team communication skills in practical ways.

Objectives

- *To introduce and orientate delegates to the programme*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills*

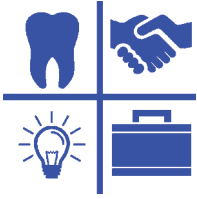
Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year*
- *Have a knowledge of their peer group and EoE personnel together with an enhanced ability to work as a team.*

GDC Outcomes: A B C D

16.30

End



Friday 27th September

Addenbrookes

Morning Session

09.30

NHS Rules and Regulations

CPD Hrs = 3

Uday Patel

ES

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services

Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services

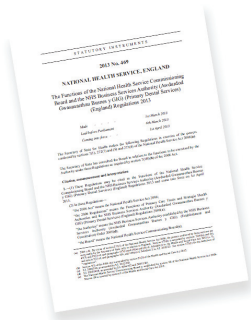
Learning Content

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care
- Be able to perform within the structure of NHS GDS contracts.

GDC Outcomes: A B D

12.30

Lunch





Friday 27th September

Addenbrookes

Afternoon Session

13.30

Organisation

CPD Hrs = 3

Eva King, JDFCTs

TPD, Peers

This session aims to provide a range of skills to enhance professional and personal organisation

Objectives

- Describe the importance of effective organisation
- Explain hints and tips for overcoming common barriers to professional and personal organisation
- Demonstrate strategies to maximise efficiency.

Learning Content

- Describe the importance of effective organisation
- Employ tools for overcoming common barriers to professional and personal organisation
- Apply strategies to maximise professional efficiency.

GDC Outcomes: A B C D



16.30

End



Friday 4th October

Addenbrookes

Morning Session

09.30

Radiography

CPD Hrs = 3

Jeremy Norris

ES

This session is to provide a refresher on how to justify, report and grade dental radiographs. We shall refresh theory in relation to everyday practice for dental radiography. We shall also try to understand the range of holders and views and shall share solutions for dealing with common issues.

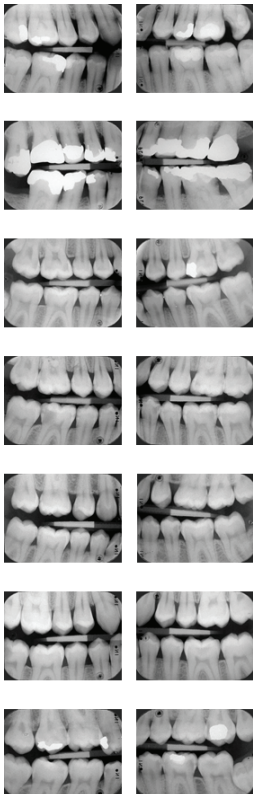
Objectives

- To be able to justify, report and grade your radiographs
- To gain hints and tips for overcoming common issues
- To be able to justify, assess and report on dental

Learning Content

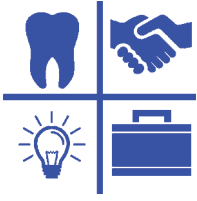
- To be able to justify, assess and report on dental radiographs
- To have processes to overcome common issues in Radiography
- To understand and choose the appropriate views for dental radiographs and their uses

GDC Outcomes: A B D



12.30

Lunch



Friday 4th October

Addenbrookes

Afternoon Session

13.30

Oral Medicine

CPD Hrs = 3

Stephanie Agar

ES

Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including postoperative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.



Objectives

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'
- Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.
- Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment

Learning Content

- Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.
- Recognise local and national support services and resources in the care of mouth cancer.
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.

GDC Outcomes: A B C D

16.30

End



Friday 11th October

Addenbrookes

Morning Session

09.30

Clinical Photography

CPD Hrs = 3

Peter Cranfield

Associate Dean, TPD

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow*

GDC Outcomes: A C



12.30

Lunch



Friday 11th October

Addenbrookes

Afternoon Session

13.30

Audit and Presentation skills

CPD Hrs = 3

Peter Cranfield

Associate Dean, TPD

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- *Explain in more detail the work required to complete the eLift projects*
- *Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set*

Learning Content

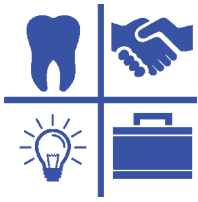
- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations.*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements*
- *identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LiFT and Milestones.*

GDC Outcomes: A B C D

16.30

End





Friday 18th October

Learning and Education Centre, Bedford Hospital

Day Session

09.30

Medicolegal issues in Dentistry

CPD Hrs = 6

Shaam Shamsi

TPD Midlands Region

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints, record keeping and consent, that may arise alongside ethical dilemmas.

Objectives

- List the regulations and requirements regarding record keeping and dealing with complaints.
- Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.
- To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice
- Describe the processes of the GDCs regulation of the profession

Learning Content

- Produce effective patient records within dental practice
- Implement appropriate complaint handling in general dental practice.
- Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team

GDC Outcomes: A B C D



16.30

End

This session is joint with other DFT schemes



Friday 25th October

EndoMishra, Baldock

Day Session

09.30

Endodontics 1

CPD Hrs = 6

Shashi Mishra

Specialist Endodontist

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth

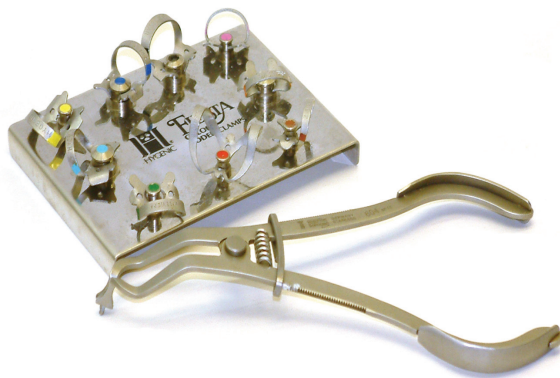
Objectives

- Review current concepts in the prevention of apical and pulpal pathology
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems
- Demonstrate greater skill in the treatment of endodontically involved teeth
- Evaluate how to restore the endodontically treated tooth

GDC Outcomes: A B C D



16.30

End



Thursday 30th October

Addenbrookes

Day Session

09.30

Communication skills

CPD Hrs = 6

Cascade

Educational Theatre Company

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues

Objectives

- *Raise awareness of the importance of communication skills*
- *Evaluate and assess clinician and patient interactions.*
- *Identify successful strategies to improve communication*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening.*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B D



16.30

End



Friday 15th November

Addenbrookes

Morning Session

09.30

Periodontics

CPD Hrs = 3

Raj Wadwani

ES

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice

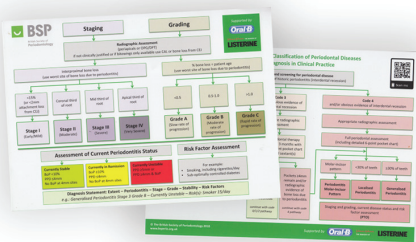
Objectives

- Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.
- Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.

Learning Content

- Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients
- Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services

GDC Outcomes: A C



12.30

Lunch



Friday 15th November

Addenbrookes

Afternoon Session

13.30

Mindfulness

CPD Hrs = 3

Nicola Bretherton

Mindcoach



This session will introduce mindfulness, mindful practices, and other techniques that attendees can use and integrate into their daily life to support wellbeing and personal resilience.

Objectives

- *Introduce Mindfulness, mindful practices, and other techniques that attendees can use to support wellbeing and personal resilience.*
- *Facilitate interactive activities; allowing attendees to personally experience techniques that can be used to support wellbeing and personal resilience.*
- *Support attendees to explore ways they could integrate chosen techniques and learning into daily life for themselves and their team*

Learning Content

- *Describe Mindfulness, mindful practices, and other techniques that support wellbeing and personal resilience*
- *Use mindful practices, and other techniques to support their own wellbeing and personal resilience.*
- *Integrate chosen techniques and learning into their daily life for themselves and their team*

GDC Outcomes: A B D

16.30

End



Friday 29th November

Hilton Cambridge City Centre

Day Session

09.30

DCT/DFT Oral Cancer Symposium

CPD Hrs = 6

Various



The aim of this day is to bring together the whole dental team from primary, secondary and tertiary care to update our knowledge on the current management of oral cancer, post cancer rehabilitation as well as hearing personal stories from those living with oral and other cancers.

Objectives

- *Provide an overview of Oral Cancer, how to recognise it, refer it and how it is treated in secondary care.*
- *Demonstrate the importance of support of the patient in primary care.*
- *Share insights of the life of a cancer patient, how to deliver bad news and how dental teams can support the patient*
- *Discuss the management of a cancer patient on polypharmacy, chemotherapy and bisphosphonates.*

Learning Content

- *Explain the mechanism of oral cancer, it's management and the role dental teams can play in identifying and referring appropriately.*
- *Describe the surgical and medical management of oral cancer patients*
- *Define the challenges of all patients living with cancer in order to address their dental needs*

GDC Outcomes: A B C D

16.30

End



Friday 20th December

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Early Stage Review

CPD Hrs = 0.5

Eva King

TPD

An individual confidential one to one meeting to assess each FD's progress into the program and the practice. It is an early session to identify any issues that may need to be addressed to ensure a successful completion to the training year. A timetable will be issued closer to the event

16.30

End



Friday 10th January

Addenbrookes

Day Session

09.30

Dental Emergencies and Pain Management

CPD Hrs = 6

Kemal Kemal

CDS GDP



This session aims to help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies and be aware the role the entire team play in this respect.

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental pain of various causes and tooth fracture*
- *Describe the clinical assessment, special investigations and immediate management of acute dental trauma*

Learning Content

- *Demonstrate appropriate history taking, special tests, diagnosis, and treatment planning for dental emergencies*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment*
- *Describe how to competently manage commonly occurring dental emergencies, including trauma*

GDC Outcomes: A C

16.30

End



Friday 31st January

Addenbrookes

Morning Session

09.30

JDFCT 2 Audit

CPD Hrs = 3

JDFCT2

Various

In this session you will be able to hear from your peers about the audits they have conducted in practice. You will contribute towards peer marking





Friday 31st January

Addenbrookes

Afternoon Session

13.30

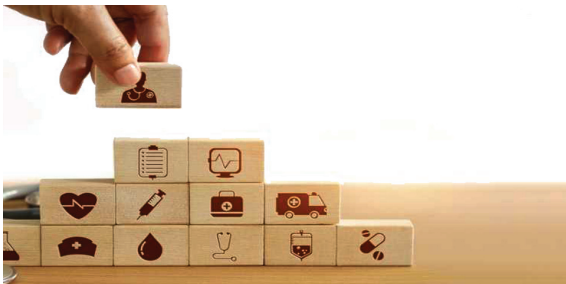
Research in Dentistry

CPD Hrs = 3

Eva King

TPD

This session will introduce to research via Good Clinical Practice and provide a brief overview of international standards for conducting research.



16.30

End

This day is joint with JDFCT 2



Friday 7th February

EndoMishra, Baldock

Day Session

9.3

Endodontics 2

CPD Hrs = 6

Shashi Mishra

Endodontic Specialist

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C

16.3

End



Friday 14th February

Addenbrookes

Morning Session

09.30

Health and Safety

CPD Hrs = 3

Jignesh Panchal

GDP

For participants to increase their understanding and knowledge relating to health and safety in their workplace.

Objectives

- *Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents*
- *State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment*
- *Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances*

Learning Content

- *Define the key principles and legal requirements that relate to health and safety in the workplace.*
- *Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments*
- *"Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made*

GDC Outcomes: A B D



12.30

Lunch



Friday 14th February

Addenbrookes

Afternoon Session

09.30

Indirect Restorations

CPD Hrs = 3

Jignesh Panchal

GDP



To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including temporisation: of Anterior veneers, Onlays, Adhesive bridgework, Full coverage crowns – adhesive/bonded and conventional

Objectives

- *Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved*
- *Identify appropriate use of material choice for each type of preparation.*
- *Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries*

Learning Content

- *Evaluate and critique their own preparations when they return to their training practices*
- *To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment*
- *Assess material selection for different types of indirect preparations*

GDC Outcomes: A C

16.30

End



Friday 28th February

Addenbrookes

Day Session

09.30

Treatment planning

CPD Hrs = 6

Jignesh Panchal

GDP

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner*

GDC Outcomes: A B C D



16.30

End



Friday 21st March

Addenbrookes

Morning Session

09.30

Milestone 1

CPD Hrs = 3

JDFCT 1

Peers

This session enables Foundation Dentists to present their Milestone 1 Case. The Foundation Dentists will receive constructive feedback from fellow professionals.

Objectives

- *Effectively present the case of a patient with dental trauma or a dental emergency to fellow dental professionals.*
- *Demonstrate how to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision.*
- *Demonstrate how to constructively offer feedback related to a case of a patient with dental trauma or a dental emergency.*

Learning Content

- *Direct reflection and feedback into professional development.*
- *Demonstrate the provision of patient care through use of reflection, analysis and planning.*
- *Demonstrate how to deliver constructive feedback to fellow professionals*

GDC Outcomes: A C D



13.00

Lunch



Friday 11th April

Online

Day Session

09.30

Restorative 1

CPD Hrs = 6

Amardip Kalsi

Consultant in Restorative Dentistry

To assist Foundation Dentists in choosing which equipment and techniques to employ when directly restoring anterior teeth.

Objectives

- *Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.*
- *Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a life-like final restoration.*
- *Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations using a phantom head: class IV restoration and a direct composite veneer.*

Learning Content

- *Critique from improved knowledge and ability, when to use which technique for direct anterior restorations*
- *To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional and aesthetic restoration.*

GDC Outcomes: A C





Friday 16th May

Addenbrookes

Morning Session

09.30

Paediatric Dentistry

CPD Hrs = 3

Julia Hallam- Seagrave

Specialist Special Care

The aim of this session is to review current best practice in the dental management of paediatric patient

Objectives

- *Assess and list our responsibilities in relation to paediatric management within in general dental practice.*
- *Describe current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current*
- *Demonstrate the use of stainless-steel crowns to help develop the skills to use the Hall technique in a reliable manner*

Learning Content

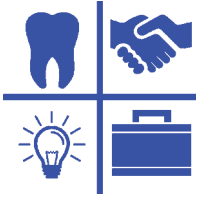
- *Learning Content*
Describe our responsibilities in providing safeguarding for children within a general dental environmen
- *List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios*
- *Recognise when a stainless-steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality*

GDC Outcomes: A C



12.30

Lunch



Friday 16th May

Addenbrookes

Afternoon Session

13.30

Anxiety Management

CPD Hrs = 3

Thomas O Connor

CDS dentist



To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam

Objectives

- *Define the current standards in conscious sedation in relation to primary dental care*
- *Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia*
- *Describe when to refer*

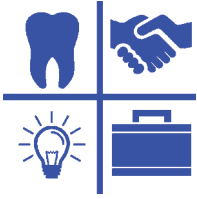
Learning Content

- *List the current standards/guidance in conscious sedation in primary dental care*
- *Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring*
- *Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.*

GDC Outcomes: A B C

16.30

End



Educational Supervisors and Foundation Dentists Pairs



**Swarupini Thayaparan
Pavit Sehmi**



Zara Shah

Queen Mary University of London



Lily Donovan

University of Central Lancashire

Pair A

Darrell House Dental Practice, 85 West Street, Dunstable. LU6 1SE



Rustom Moopen



Devanshi Arora

University of Birmingham



Saram Bin Rashid

University of Manchester

Pair B

Panshanger Dental Practice, 55 Moors Walk, Welwyn Garden City. AL7 2AX



Joanna Krupska



Lizzie Beard

University of Dundee



Jeanne-Marie Gruszecki

University of Plymouth

Pair C

Clock House Dentistry, 2 High Street, Linton. CB21 4HS



Joint Dental Foundation and Core Scheme Buddy ES Pairings 2024-2026

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Zara Shah	Swarupini Thayaparan Pavit Sehmi	Rustom Moopen
Lily Donovan	Swarupini Thayaparan Pavit Sehmi	Rustom Moopen
Devanshi Arora	Rustom Moopen	Joanna Krupska
Saram Bin- Rashid	Rustom Moopen	Joanna Krupska
Lizzie Beard	Joanna Krupska	Swarupini Thayaparan Pavit Sehmi
Jeanne Marie Gruszecki	Joanna Krupska	Swarupini Thayaparan Pavit Sehmi



Core Placements and Educational Supervisors

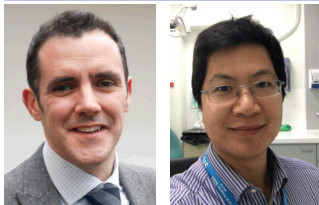


Mr Val Sharma
Mr Khem Maharaj

Rotation	Pair	Names
1st Sept 2024 - 30th Apr 2025	A	Zara Shah Lily Donovan
1st May 2025 - 31st Dec 2025	B	Devanshi Arora Saram- Bin Rashid
1st Jan 2026 - 31st Aug 2026	C	Lizzie Beard Jeanne- Marie Gruszecki

Luton and Dunstable University Hospital

Oral and Maxillofacial Centre, Lewsey Road, Luton, Beds LU4 0DZ



Mr Christopher Fowell
Mr Chang-Bon Man

Rotation	Pair	Names
1st Sept 2024 - 30th Apr 2025	B	Devanshi Arora Saram- Bin Rashid
1st May 2025 - 31st Dec 2025	C	Lizzie Beard Jeanne- Marie Gruszecki
1st Jan 2026 - 31st Aug 2026	A	Zara Shah Lily Donovan

Addenbrookes Hospital, Cambridge

Oral and maxillofacial Surgery, Cambridge Biomedical Campus, Hills Road, Cambridge. CB2 0QQ



Steve Davies

Rotation	Pair	Names
1st Sept 2024 - 30th Apr 2025	C	Lizzie Beard Jeanne- Marie Gruszecki
1st May 2025 - 31st Dec 2025	A	Zara Shah Lily Donovan
1st Jan 2026 - 31st Aug 2026	B	Devanshi Arora Saram- Bin Rashid

CDS Dental Care Centre and Liverpool Rd Dental Clinic

Dental Care Centre , Bedford Health Village North, 3 Kimbolton Rd, Bedford, MK40 2NT and 9 Mersey Place, Luton, LU1 1HH



Core Study Days Year One

Friday 6th September

Regional Induction - A welcome from your TPD and the Dean plus introduction to many clinical topics.

Addenbrookes



Saturday 7th September

Regional Induction - A guide to the ePortfolio plus practical skills sessions

Addenbrookes



Friday 29th November

Regional Oral Cancer Symposium

Hilton City Centre Cambridge



Thursday 5th December

DCT study day 1 - Topics TBC

tbc



Thursday 13th March

DCT study day 2 - Topics TBC

tbc



Thursday 15th May

DCT study day 3 - Topics TBC

Tbc



Friday 11th July

Regional DFT/DCT Showcase

Tbc





List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://e-lfh.org.uk)

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

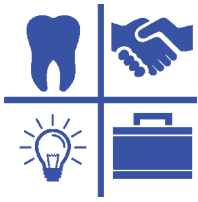
[East of England elfh Hub\(e-lfh.org.uk\)](http://EastofEnglandelfhHub(e-lfh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins



Milestones and APLAN

2024-2026

Introduction

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 6th December 2024 - Submissions close: 10th January 2025

Milestone 3

Submissions open: 25th April 2025 - Submissions close: 30th May 2025

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the East of England Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

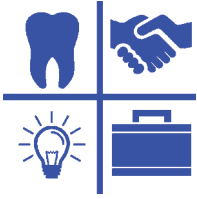
The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Lead Employer

2024-2026

Mersey and West Lancashire Teaching Hospitals NHS Trust

Phone 0151 478 7777

Generic email Lead.Employer@sthk.nhs.uk

Lead Employer website <https://leademployer.merseywestlancs.nhs.uk/>

Dental Foundation Hub <https://leademployer.merseywestlancs.nhs.uk/dental-foundation-colleagues>

ESR Enquiries: - 0151 676 5323 (login details, forgotten password etc)

ESR.LeadEmployer@sthk.nhs.uk

Electronic Submission of Expenses: - 0151 676 5323 (Expenses for Business miles and Home to work mileage submitted via e-expenses only)

e-expenses@sthk.nhs.uk

Health Work and Wellbeing: - 0151 430 1985 (copies of certificates/immunisations etc)

hwwb.recruitment@sthk.nhs.uk

Pay Enquiries: - 0151 290 4658 (tax only, other pay queries will be addressed by the helpdesk)

leademployerpayroll@sthk.nhs.uk

Pensions enquiries: 0151 430 1115

Leademployer.Pension@sthk.nhs.uk



Problem Solving and Support

Joint Dental Foundation and Core 2024-2026

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. However, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day; contact your TPD by email or phone early on if you have a problem or concern. Early resolution of an issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The training group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of study days. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If there are problems relating to your work in the practice, you should also contact the Lead Employer for support. They will help not only with employment issues but also with wellbeing and health support pathways.

Additionally there is further support that can be obtained from the Regional Professional Support and Wellbeing unit. You can self-refer, but please ensure (if you feel able) that you share relevant information about your referral with your Educational Supervisor

Contacts for Support

Training Programme Director

Eva King
07894353178
eva.king1@nhs.net

Lead Employer Health Work and Wellbeing

0151 430 1985
hwwb.recruitment@sthk.nhs.uk

Professional Support and Wellbeing Unit

<https://heeoee.hee.nhs.uk/psw/psw-eeo>



Claiming Travel and Subsistence

2024-2026

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk .

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will need to ensure that your insurance covers business use (Class 1).

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Practice Equipment List

2024-2026

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.