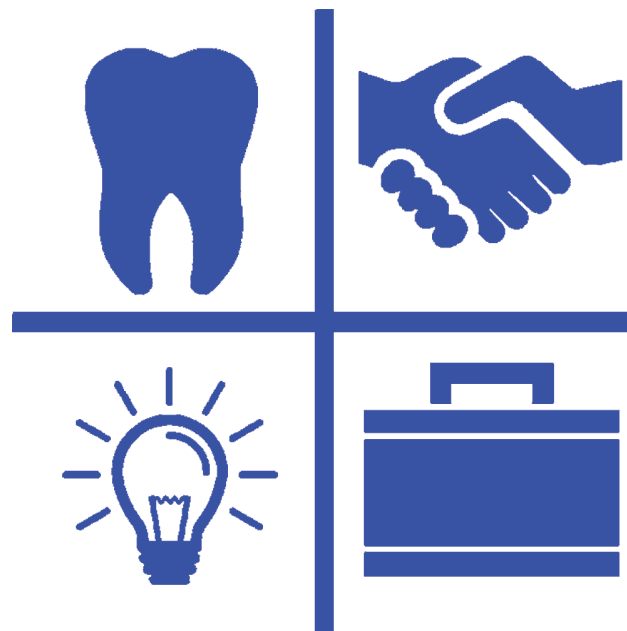


Joint Dental Foundation and Core Dental Foundation Training Scheme



Autumn Term Programme 2023-2024





Joint Dental Foundation and Core Dental Foundation Training Scheme

The Postgraduate Medical Centre (PGMC)

Deakin Centre, Level 1, 111 Hills Road, Cambridge, CB2 0QQ

Tel: 01223 256562

East of England Region

Regional Postgraduate Dental Dean	Malcolm Brady
Regional Deputy Postgraduate Dental Dean, Early Years	Jason Stokes
Regional Dental Account Manager	Patti Bradshaw
Regional Dental Faculty Support Officer	Alice Missenden
Postgraduate Centre Manager	Jonathan Northrop (Cambridge)
Scheme Administrator	Janice Philips (DFT Cambridge)
Training Programme Director	Eva King (DFT) , Liz Gruber (DCT)



Joint Dental Foundation and Core Dental Foundation Training Scheme

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Joint Dental Foundation and Core Dental Foundation Training Scheme

The Postgraduate Medical Centre (PGMC)



The Deakin Learning Centre is a friendly and inclusive learning environment designed to provide a range of high quality community services combined with excellent education and training provision.

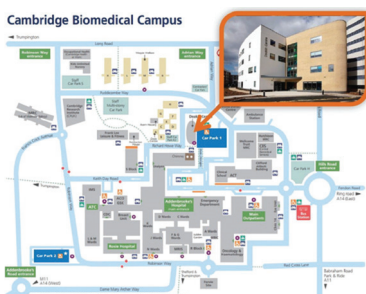
We are situated to the south of the historic city of Cambridge, at the heart of Addenbrookes Hospital Biomedical Campus.



We offer a range of programmes and services in our innovative, world-class facility.

The Postgraduate Medical Centre is situated on the first floor of the Deakin Centre and provides the infrastructure and support to facilitate education, training and continuing development of health professionals.

Location and Map



The biomedical Campus is well served by the following public transport methods: Bus/ Train and Guided Busway from the Trumpington Park and Ride Facility

It also houses 2 multi-story car parks, one adjacent to the Deakin Centre.



Autumn Term

Venues and Subjects

Friday 1st September	Regional Induction - Welcome and Introduction Role of the Lead Employer, Role of the GDC Using the Dental Eportfolio Scheme Introduction- ES Induction	<i>PGMC, Cambridge</i>
Friday 15th September	Clinical Skills Refresher Nuts and Bolts of DFT Relationships in the Training Practice	<i>NSK, Stevenage</i>
Friday 29th September	NHS Rules and Regulations Consent, Records and Complaints	<i>PGMC, Cambridge</i>
Friday 6th October	Clinical Photography Presentations Skills and Audit	<i>PGMC, Cambridge.</i>
Friday 20th October	Endodontics 1	<i>EndoMishra, Baldock</i>
Friday 27th October	Radiology Oral Medicine	<i>PGMC, Cambridge</i>
Monday 6th November	Communication Skills	<i>PGMC, Cambridge</i>
Friday 8th December	Periodontology Mindfulness and Wellbeing	<i>PGMC, Cambridge</i>
Friday 15th December	Online Learning	<i>Virtual</i>

Friday 22nd December

Early Stage Review Individual Meetings

Virtual Remote Learning Platform - Links to be confirmed.

Important Dates and Deadlines

Practice Multi Source Feedback (MSF1)	Friday, 15 December 2023
E-LfH and SCRIPT completed	Friday, 15 December 2023
Early Stage Review	Friday, 22 December 2023



Friday 1st September

PGMC, Cambridge

Morning Session

09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 0.5

Malcolm Brady, Jason Stokes

Regional Postgraduate Dental Dean, Associate Postgraduate Dental Dean

This session is a welcome to all the new Foundation Dentists and Dental Therapists in the East of England and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist or Dental Therapist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.



Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations. CP process involved in the satisfactory completion of Dental Foundation Training.

GDC Outcomes: A B C D





Friday 1st September

PGMC, Cambridge

10.00

Role of the Lead Employer, Role of the GDC

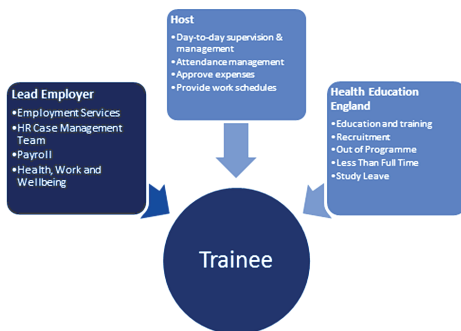
CPD Hrs = 2

Gemma Lasikiewicz, Olivia Butler and Anika Declan

Lead Employer St Helens and Knowsley Trust, Engagement Officer

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone

The General Dental Council are an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.



Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D





Friday 1st September

PGMC, Cambridge

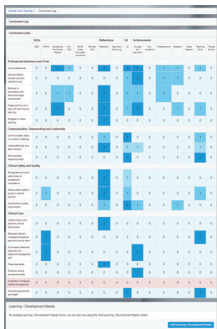
12.00

Using the Dental Eportfolio

CPD Hrs = 0.75

Peter Cranfield

Associate Dean, TPD



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

13.00

Lunch



Friday 1st September

PGMC, Cambridge

Afternoon Session

14.00

Scheme Introduction- ES Induction

CPD Hrs = 1

Eva King

TPD

A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other.



17.30

End



Friday 15th September

NSK, Stevenage

Day Session

09.00

Clinical Skills Refresher

CPD Hrs = 3

Eva King, Educational Supervisors

TPD

Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.



Objectives

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- To have practised cutting a full crown preparation.

Learning Content

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the ES.

GDC Outcomes: C D

12.00

Lunch

You will be required to bring lunch and bring instruments and materials to this session from your practice.

A list of the required items will be provided at the start of the term,



Friday 15th September

NSK, Stevenage

Afternoon Session

13.00

Nuts and Bolts of DFT

CPD Hrs = 0.5

Eva King

TPD & Associate Dean

In this session we shall look at how Dental Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well.

13.30

Relationships in the Training Practice

CPD Hrs = 3

Eva King, ES

TPD



Educational Supervisors are very important to FDs and vice-versa. What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice? Today we shall have a chance to develop and practise team communication skills in practical ways. We shall spend some time considering monitoring within general practice. This is always a difficult area and sharing experiences can be very helpful.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and East of England personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B C D

16.30

End



Friday 29th September

PGMC, Cambridge

Morning Session

09.30

NHS Rules and Regulations

CPD Hrs = 3

Mr Uday Patel

Training Programme Director

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

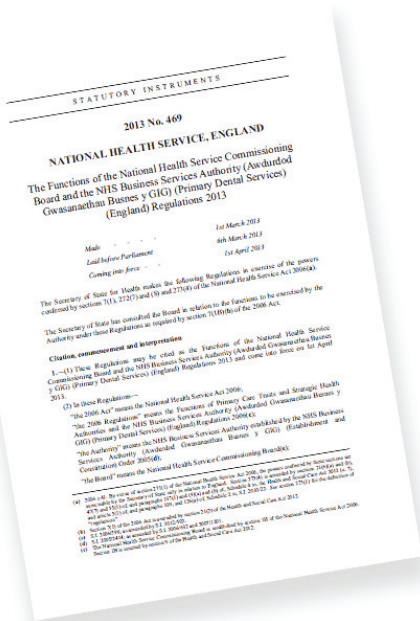
Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services.

Learning Content

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Be able to perform within the structure of NHS GDS contracts.

GDC Outcomes: A B D



12.30

Lunch



Friday 29th September

PGMC, Cambridge

Afternoon Session

13.30

Consent, Records and Complaints

CPD Hrs = 3

Uday Patel

Training Programme Director

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints, record keeping and consent, that may arise alongside ethical dilemmas.

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints.*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice*
- *Describe the processes of the GDCs regulation of the profession.*

Learning Content

- *Produce effective patient records within dental practice*
- *Implement appropriate complaint handling in general dental practice.*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team*

GDC Outcomes: A B C D



16.30

End



Friday 6th October

PGMC, Cambridge.

Morning Session

09.30

Clinical Photography

CPD Hrs = 3

Peter Cranfield

Associate Postgraduate Dean, TPD

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*

GDC Outcomes: A C



12.30

Lunch

You will need to bring your practice camera and accessories to this session



Friday 6th October

PGMC, Cambridge.

Afternoon Session

13.30

Presentations Skills and Audit

CPD Hrs = 3

Peter Cranfield

Associate Postgraduate Dean, TPD

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.
- Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.

Learning Content

- Design and produce a clinical audit to a satisfactory standard of work to meet expectations.
- Foundation Dentists will be able to recognise the workload involved regarding coursework elements.
- identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LiFT and Milestones.

GDC Outcomes: A B C D

16.30

End





Friday 20th October

EndoMishra,Baldock

Day Session

09.30

Endodontics 1

CPD Hrs = 6

Shashi Mishra

Specialist Endodontist

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

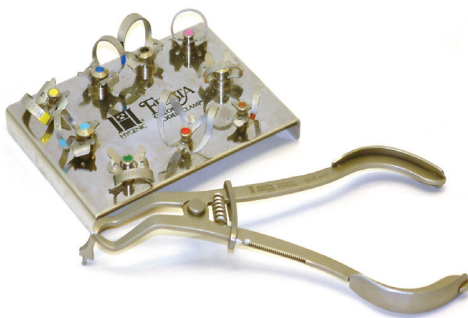
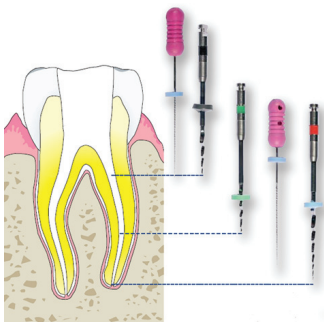
Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C



16.30

End



Friday 27th October

PGMC, Cambridge

Morning Session

09.30

Radiology

CPD Hrs = 3

Jeremy Norris

Educational Supervisor

This session is to provide a refresher on how to justify, report and grade dental radiographs. We shall refresh theory in relation to everyday practice for dental radiography. We shall also try to understand the range of holders and views and shall share solutions for dealing with common issues.

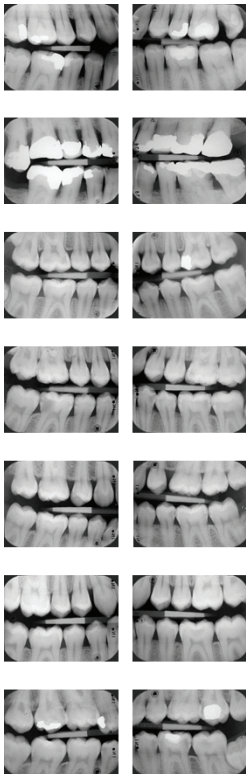
Objectives

- To be able to justify, report and grade your radiographs.
- To gain hints and tips for overcoming common issues
- To be able to justify, assess and report on dental

Learning Content

- To be able to justify, assess and report on dental radiographs
- To have processes to overcome common issues in Radiography
- To understand and choose the appropriate views for dental radiographs and their uses.

GDC Outcomes: A B D



12.30

Lunch

You will need to bring anonymised examples of radiographs you have taken. Details to be provided.



Friday 27th October

PGMC, Cambridge

Afternoon Session

13.30

Oral Medicine

CPD Hrs = 3

Stephanie Agar

Educational Supervisor

Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including postoperative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.

Objectives

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'
- Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.
- Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.

Learning Content

- Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.
- Recognise local and national support services and resources in the care of mouth cancer.
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.

GDC Outcomes: A B C D

16.30

End





Monday 6th November

PGMC, Cambridge

Day Session

09.45

Communication Skills

CPD Hrs = 6

Carol Brooking & Kit Maher

Cascade Training

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening.*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B C D





Friday 8th December

PGMC, Cambridge

Morning Session

09.30

Periodontology

CPD Hrs = 3

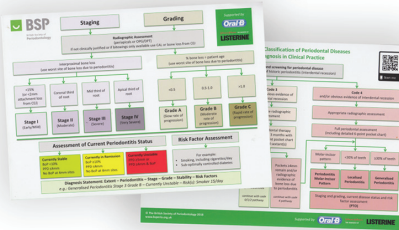
Raj Wadhvani

Educational Supervisor

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice.

Objectives

- Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.
- Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.



Learning Content

- Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients
- Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services.

GDC Outcomes: A C

12.30

Lunch



Friday 8th December

PGMC, Cambridge

Afternoon Session

13.30

Mindfulness and Wellbeing

CPD Hrs = 3

Nicola Bretherton

Coach and Mind Mentor

This session will introduce mindfulness, mindful practices, and other techniques that attendees can use and integrate into their daily life to support wellbeing and personal resilience.

Objectives

- *Introduce Mindfulness, mindful practices, and other techniques that attendees can use to support wellbeing and personal resilience.*
- *Facilitate interactive activities; allowing attendees to personally experience techniques that can be used to support wellbeing and personal resilience.*
- *Support attendees to explore ways they could integrate chosen techniques and learning into daily life for themselves and their team.*



Learning Content

- *Describe Mindfulness, mindful practices, and other techniques that support wellbeing and personal resilience.*
- *Use mindful practices, and other techniques to support their own wellbeing and personal resilience.*
- *Integrate chosen techniques and learning into their daily life for themselves and their team.*

GDC Outcomes: A B D

16.30

End



Friday 15th December

Virtual

Day Session

09.30

Online Learning

CPD Hrs = 6

MSF, E learning and SCRIPT, ESR

Online

Mandatory e learning and tasks for Early Stage Review



16.30

End



Friday 22nd December

Virtual Remote Learning Platform - Links to be confirmed.

Early Stage Review Individual Meetings

CPD Hrs =

Eva King

TPD

An individual confidential one to one meeting to assess the FD progress into the program and the practice.

It is an early session to identify any issues that may need to be addressed to ensure a successful completion to the training year.



Calendar 2023-2024

Friday 1st September	Start of the Autumn Term Study day- Cambridge ES PM Session
Friday 15th September	Study day- Stevenage ES all day
Friday 29th September	Study day- Cambridge
Friday 6th October	Study day- Cambridge
Friday 20th October	Study day- Baldock
Friday 27th October	Study day- Cambridge
Monday 6th November	Study day- Cambridge
Friday 8th December	Study day- Cambridge
Friday 15th December	Remote self study
Friday 22nd December	Remote meetings



Educational Supervisors and Foundation Dentists



Isha Patel
Rhea Sangam

Hitchin Dental, Rear of 84/85 Bancroft, Hitchin, SG5 1NQ



Shreya Patel

UJ01a



Isha Patel
Rhea Sangam

Hitchin Dental, Rear of 84/85 Bancroft, Hitchin, SG5 1NQ



Yasmeen Mohajer

UJ01b



Vikash Dave

Hitchin Dental, Rear of 84/85 Bancroft, Hitchin, SG5 1NQ



Amicia Crewe- Read

UJ02a



Vikash Dave

Hitchin Dental, Rear of 84/85 Bancroft, Hitchin, SG5 1NQ



Stephanie Lim

UJ02b



Vanesha Patel

Luton Dental Care, 1a Peel Street, Luton, LU1 2QR



Hamish Jones

UJ03a



Vanesha Patel

Luton Dental Care, 1a Peel Street, Luton, LU1 2QR



Anushka Shah

UJ03b



Joint Dental Foundation and Core Scheme Buddy ES Pairings 2023-2024

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Shreya Patel	Isha Patel and Rhea Sangam	Vikash Dave
Yasmeen Mohajer	Isha Patel and Rhea Sangam	Vikash Dave
Amicia Crewe- Read	Vikash Dave	Vanesha Patel
Stephanie Lim	Vikash Dave	Vanesha Patel
Hamish Jones	Vanesha Patel	Isha Patel and Rhea Sangam
Anushka Shah	Vanesha Patel	Isha Patel and Rhea Sangam



Online Learning

2023-2024

List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://e-lfh.org.uk)

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-Ifh.org.uk\)](http://EastofEnglandelfhHub(e-Ifh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient Assessment Methods and Techniques
Good Practice Health Promotion and Disease Prevention
Patient Assessment Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain Mediators of Central Pain
Dental Local Anaesthesia Dental Local Anaesthetic Technique
Management of Dental Pain Non-Pharmacological Anxiety Management
Intravenous Sedation Inhalation Sedation
Dental General Anaesthesia

4 Periodontal Disease and Management

Aetiology of Periodontal Disease
Periodontal Diagnosis and Determination of Prognosis Periodontal Treatment Options
Patient Education and self-Performed Plaque Control Non-Surgical Periodontal Therapy
Surgical Periodontal Therapy

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment Exodontia
Surgical Dentistry Advanced Trauma Life Support (ATLS)
Management of Un-Erupted, Impacted, Ectopic Management of Benign Soft Tissue lesions
and Supernumerary Teeth

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies Odontogenic Infections
Management of Oral Mucosal Diseases Craniofacial Pain Disorders
Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices Assessment for interceptive Treatment
Space Maintenance Simple Removable Appliances
Oral Habits and Occlusal Trauma in the Mixed Dentition
Emergency Care and Management of Orthodontal Problems
Contemporary Orthodontics Normal Facial Growth and Dental Development
Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries Restoration of Permanent Teeth
Crowns Restoration of Deciduous Teeth
Aesthetic Dentistry Dental Biomaterials
Tooth Surface Loss Endodontics
Dental Trauma

9 Replacement of Teeth

Bridgework Occlusion
Complete Dentures Partial Dentures
Implantology Miscellaneous

10 Communication

Patient and the Family Teamworking
Other Professionals

11 Professionalism

Ethics Self
The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management Quality in Healthcare
Risk Management Self-Management
Change Management Managing a Business
Healthcare Systems Professional Practice
Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry Measuring carbon in Healthcare



Milestones and APLAN

2023-2024

Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 19th April 2024 - Submissions close: 24th May 2024

Milestone 3

Submissions open: TBC April 2025 - Submissions close: TBC May 2025

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Joint Dental Foundation and Core 2023-2024

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further support that can be obtained from the Regional Trainee Support.

Contacts for Support

Training Programme Director

Eva King (DFT) , Liz Gruber (DCT)

Phone:

Email:

Regional Deputy Postgraduate Dental Dean, Early Years

Email: Support.eoe@hee.nhs.uk



Claiming Travel and Subsistence

2023-2024

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk .

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will probably need to ensure that your insurance covers business use.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Audit Project

2023-2024

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2023-2024

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.



DCT Rotations

2023-2024

JDFCT Rotations 2023-25

	Pair 1	Pair 2	Pair 3
1 Sep 23 - 30 Apr 24	Luton/Bedford Hospital	Addenbrookes Hospital	CDS Luton / Bedford
1 May 24 - 31 Dec 24	CDS Luton / Bedford	Luton/Bedford Hospital	Addenbrookes Hospital
1 Jan 25 - 31 Aug 25	Addenbrookes Hospital	CDS Luton / Bedford	Luton/Bedford Hospital

Luton and Dunstable University Hospital

Luton and Dunstable University Hospital, Oral and Maxillofacial Centre, Lewsey Road, Luton, Beds LU4 0DZ

Bedford Hospital

Bedford Hospital South Wing, Kempston Road, Bedford. MK42 9DJ

Addenbrookes Hospital

Addenbrookes Hospital, Cambridge, Oral and maxillofacial Surgery, Cambridge Biomedical Campus, Hills Road, Cambridge. CB2 0QQ

CDS Dental Care Centre

Dental Care Centre , Bedford Health Village North, 3 Kimbolton Rd, Bedford, MK40 2NT

CDS Liverpool Road Dental Clinic

Liverpool Road Clinic, 9 Mersey Place, Luton, LU1 1HH