

GP Trainer Nuts and Bolts - CBDs

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CBDs – a little quiz....

Q. What does CBD stand for?

R. Case Based Discussion

CBDs – a little quiz.....

Q. What is a CBD?

R. Structured interview designed to assess the trainee's professional judgement in clinical cases. It is not a debrief or a ward round/end of the bed discussion.

They are done in both hospital and GP.

CBDs – a little quiz....

Q. How long should CBDs typically last?

R. 30 minutes, to include discussion and feedback to the trainee as well as completing the 'paperwork' on eportfolio

CBDs – a little quiz.....

Q. Who can do CBDs?

R. GP trainers, Associate Trainers, OOH clinical supervisors, hospital clinical supervisors who are ST4 and above and have met the GMC assessor requirements

CBDs – a little quiz....

Q. What type of consultations should be included?

R. Wide variety and different contexts eg patients seen at the surgery, home visits, OOH.

And, in theory, if the patient has been discussed at a debrief, then you can't do a CBD on them.....

CBDs – a little quiz.....

Q. Are there particular patient groups that should definitely be included in the selection of cases discussed?

R. Yes, the patient groups are:

- Children
- Mental health
- Cancer and palliative care
- Older adults

CBDs – a little quiz.....

Q. How many does the trainee need to do?

R. ST1 and ST2 – 3 in each ESR review period
ST3 – 6 in each ESR review period

Pro rata for LTFT trainees

These are minimum numbers.....

CBDs – a little quiz.....

Q What is the process for doing a CBD?

R. In ST1 and 2, the trainee selects 2 cases and gives the supervisor the relevant clinical entries and records, anonymised, a week before the CBD is due. The supervisor then selects one of these cases and prepares their questions in advance of the meeting

In ST3, the trainee selects 4 cases and the supervisor will then choose 1-2 of these

CBDs – a little quiz.....

Q. What is the process, continued?

R. The discussion is centred on the actual case and should not develop into hypothetical events – so it differs from a tutorial in that respect.

Your questions should also be designed to elicit competence and not be a test of knowledge

CBDs – a little quiz.....

Q. What is the process, continued some more?

R. You aren't expected to cover every competency, usually around 3-4 – compare this to hospital CBDs!

Can be helpful to ask the trainee to complete a cover sheet outlining which competencies they feel they have demonstrated with this case. Can help them to ensure they present their cases strategically.

CBDs – a little quiz....

Q. How many performance criteria are there?

R. 10.... Can check what is meant by these criteria on the CBD form and there is a summary on the RCGP website

- And now we're going to look at the eportfolio and then do a CBD