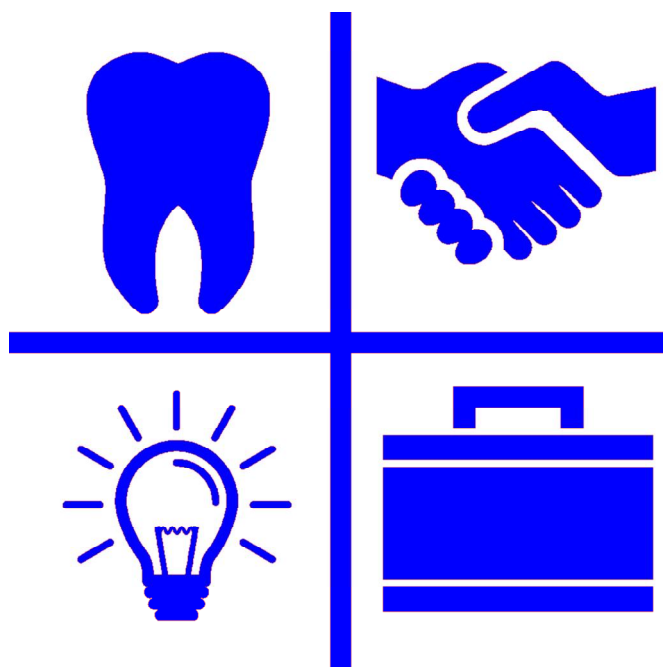


Ipswich Dental Foundation Training Scheme

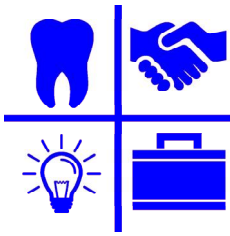
Summer Term Programme 2018 - 2019



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Ipswich Postgraduate Medical and
Dental Education Centre



Ipswich Dental Foundation Training Scheme

Postgraduate Medical and Dental Education Centre

Ipswich Hospital NHS Trust, Heath Road,
Ipswich. IP4 5PD

☎ 01473 702561 📠 01473 702503

Postgraduate Dental Dean	Maria Ross Russell BDS LDS RCS
Postgraduate Dental Tutor	Jason Stokes BDS (Hons), MFGDP(UK)
Postgraduate Centre Manager	Mary Burgess
Dental Administrator	Katie Winearls
Regional Advisor Dental Foundation Training	Peter Cranfield PhD, BDS, DIC, DGDGP(UK) PgCert
Regional Dental Education Facilitator	Liz Hope
Regional Dental Administrator	Patti Bradshaw
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Summer Term

Venues and Subjects



Friday 26th April

Practice Exchange Visits



Scheme Practices

Friday 3rd May

Rotary Endodontics



Ipswich Hospital Postgraduate Medical Education Centre

Friday 10th May

Practice Exchange Visits



Scheme Practices

Friday 17th May

British Dental Association Conference: this is not a formal DFT event. FD attendance will need to come from annual leave



NEC Birmingham

Friday 24th May

Practice Exchange Presentations

The Business of Dentistry



Ipswich Hospital Postgraduate Medical Education Centre

Friday 31st May

Clinical Day in Practice



Scheme Practices

Friday 7th June

Clinical Day in Practice



Scheme Practices

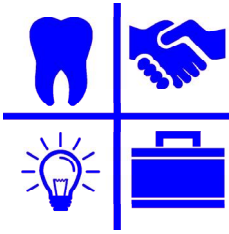
Friday 14th June

Dealing with Tooth Surface Loss

Leadership Skills



Ipswich Hospital Postgraduate Medical Education Centre



Summer Term

Venues and Subjects

Friday 21st June

Statistics

The Missing Session



Ipswich Hospital Postgraduate Medical Education Centre

Friday 28th June

Clinical Day in Practice



Scheme Practices

Friday 5th July

Case Presentations



Ipswich Hospital Postgraduate Medical Education Centre

During each day some time will be set aside for problem solving and journal review

*Important Dates and Deadlines

Practice Exchange Presentation

Friday 24th May 2019

Case Presentation

Friday 5th July 2019

Educational Supervisor Meeting (and attendance required from 9.30 am)

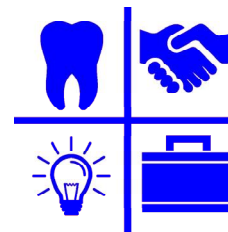
Friday 5th July 2019

Final Review of Competency Progression (FRCP)

Friday 12th July 2019 (TBC)

Friday 26th April

Foundation Practices



On 26th April or 10th May Foundation Dentists will attend THREE other Ipswich DFT Practices.

FDs will need to pre-arrange these visits with the Practice - to suit the Practice & Educational Supervisor

Each Practice only has to accept a maximum of 4 FD visits. This should help produce a range of visits across the Scheme. Each FD cannot visit their own Practice (or a Practice in the same group or corporate structure). This caveat is to maximise the variety of practicing environments the FDs are exposed to.

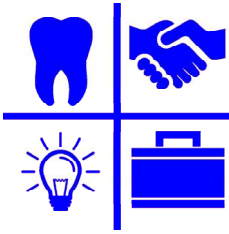
The FDs will need to assess the strengths and weaknesses of each Practice. On 11th May they will present a 10 minute PowerPoint presentation of the Practice they feel is the best fit with their own skills. This presentation should include:

- **A description of the Practice (including pictures and/or video where applicable). This should include the location, facilities, building suitability, infrastructure, local population data, business model, team structure, etc***
- **A brief description of what a performer role there would entail (including contractual information, job specification, role specifics etc)**
- **Which surgery best fits the FDs skillset and why they would make a good team member at that particular surgery**

***Please discuss the range of parameters that should be assessed at the practice visits with your ES**

If an FD does not make a detailed examination of the practice they visit, or behaves in an inappropriate manner—their conduct will be highlighted to Jason Stokes.

DFT Competency Framework elements covered: Communication 14 Professionalism 17,18 Management & Leadership 19, 21



Friday 3rd May

Ipswich PGME

Morning & Afternoon Sessions

CPD = 6 Hrs

09.30

Advanced & Rotary Endodontics



This is the standard of RCT you might be able to achieve after this course!

THINGS TO BRING

1. Several extracted, pre-extripated teeth
2. Extracted previously RCT'd teeth

Shashi Mishra

Endodontist Specialist

Endodontist Specialist Shashi Mishra will seek to expand on the practical endodontic session held in our first term.

He will demonstrate the theory and use of modern rotary endodontic systems. Shashi will also aim to help you with more complex problems such as repeat endo' and removal of fractured instruments.

Objectives

This session will enable the Foundation Dentist to begin using rotary endodontic systems with confidence. It will also seek to arm the Foundation Dentists with extra skills to deal with less common endodontic stumbling blocks such as fracture instruments.

Learning Outcomes

Following this session delegates will be able to:

- Treatment plan more complex endodontic procedures
- Safely use rotary endodontic systems
- Assess and attempt to remove fractured endodontic instruments

DFT Competency Framework elements covered: Clinical 2, 10



Clinical Day in Practice

Case Study: suggested layout

Case Selection:

The case that is chosen should demonstrate aspects of care, which involve different clinical disciplines. It is not necessary to concentrate on excessively complex or unusual cases, but entrants should choose a case that is appropriate to their skills at this point in their career development. A background of routine treatment, where a specific problem has been highlighted and managed, is what the panel are looking for in the case that is chosen.

Format:

A 10 minute PowerPoint Presentation making full use of any visual images available (clinical photographs, radiographs etc)

Introduction

Presenting Complaint and History of PC

Patient Requests / Expectations

History (Social, medical and previous dental)

Examination

- (a) Extra Oral;
- (b) Intra Oral -

- Soft tissues
- Teeth
- Periodontal (minimum BPE)
- Special Tests—Vitality, Radiographs, Diet Sheets, Study Models, Photos, etc.

Reminder

You will need to produce & present your completed Powerpoint Presentation on 5th July 2019

Diagnosis (es) (Provisional and Definitive)

Treatment Plan (Provisional and Definitive)

Discussion of Treatment Plan including headings for:

Options, Patient Input, Discussion - reasons, philosophy

Treatment Description (short)

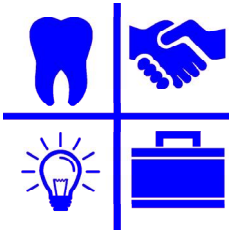
Prognosis

Discussion (and reflection)

Conclusion

Addenda:

Medical history form, diet sheets, periodontal charts, Lab forms, copies of anonymised clinical notes and radiographs, and most important, the patient consent form.



Friday 17th May

Foundation Practices

Clinical Day in Practice

The British Dental Association Conference is scheduled for 17th & 18th May 2019.

This is **not a formal DFT event**. However, FDs could gain a broad range of networking and professional experiences that could boost their future careers.

If FDs wish to attend on the Friday 17th May the time will need to come from annual leave. FDs will also need to fund their own T&S. However, shared transportation to the NEC could significantly reduce costs.

British Dental Conference &

**dentistry
show**

In collaboration with

BDA
British Dental Association

The 2018 event covered a range of topics including:

- **Aesthetics**
- **Business**
- **CPD for Therapists & Hygienists**
- **CPD for Dental Nurses**
- **Core CPD**
- **CPD specifically for Young Dentists**

If you are interested in attending please approve this with your Training Practice and register your interest at:

<http://www.thedentistryshow.co.uk/register-your-interest-in-the-dentistry-show-2016>



Morning Session

CPD = 3 Hrs

09.30 **Presentation of FD Scheme Practice Visits** FD Group

On 26th April or 10th May FDs will attend three other Ipswich Training Practices. They need to assess the strengths and weaknesses of each practice. Today they will present a 10-20 minute presentation (including photos & video) of the 3 practices visited and a more in-depth analysis of the one practice they feel is the best fit with their own skills.

FDs will need to give a potted description of the practice—a brief description of what a role there would entail—and why they would make a good team member at the surgery. They will also need to provide an overview of the business model of the practice and its likely future.

It will be expected that FDs will have looked at a range of factors associated with the practice and its environment. Local demographics, transport links, deprivation, recent trends etc should all feature in the presentation.

Aims

This session will give the whole group a greater understanding of the variety of Dental Practices in our region.

Learning Objectives

This session will enable us all to grasp how Dental Practices use a variety of approaches to meet the needs of their local populations.

It will give FDs a chance to view a Practice as a potential future workplace in a non threatening way—it will help equip learners with workplace appraisal skills.



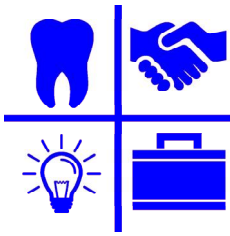
Learning Outcome

Following the session delegates will be able to:

- *assess the strengths and weaknesses of a range of General Dental Practices*
- *compare a practice's strengths to their own skills and abilities*
- *differentiate between a variety of potential career opportunities*

**DFT Competency Framework elements covered: Communication 14 Professionalism 17,18
Management & Leadership 19, 21**

GDC Development Outcome: A,B,C



Friday 24th May

Ipswich PGME

Afternoon Session

CPD = 3 Hrs

14.00

The Business of Dentistry

Mark Wilkins

Dental Entrepreneur

Mark Wilkins is a practice owner from Nottingham. He has been a keen observer of the dental market since his qualification in 1992.

Aims

To make the FD learners aware of the changing dental “market place” and the needs and expectations of their future employers. Mark will offer feedback on the FD presentations from the morning session.



Objectives

The speaker will:

- Define the changing face of the dental market.
- Explain how to be an effective team member.
- Describe performer contractual obligations.
- Discuss the common pit falls and problems with being a dental performer.

Learning Outcomes

By the end of the session delegates will be able to:

- *Recognise the changing and evolving dental market.*
- *Describe their role and responsibilities as a performer.*
- *Summarize the obligations they have within their practice setting.*



Mark will also be present for this mornings session. He will offer feedback concerning the FD presentations and help guide the FDs in their future career goals.

DFT Competency Framework elements covered: Management & Leadership 19, 21



Morning Session

CPD = 3 Hrs

09.30 Dealing with Tooth Surface Lose

Major James (Jim) Scott

Education Supervisor-Joint Medical Group



Non-cariou tooth surface loss or tooth wear is becoming an increasingly significant factor affecting the long-term health of the dentition. The adverse effects of tooth wear are becoming increasingly apparent both in young persons and, as more people retain their teeth, into old age. This situation challenges the preventive and restorative skills of dental practitioners.

During this hands-on session Jim will explore modern management techniques for tooth surface loss.

Aims

This session will give the whole group a greater understanding of the variety of Dental Practices in our region.

Learning Objectives

The speaker will:

- review the aetiology of Tooth Surface Loss (TSL)
- review BSRD guidelines for treatment of TSL
- explain the limitations of adhesive treatments
- describe the requirements for consenting for this treatment
- demonstrate the use of adhesive dentistry in the first line treatment of mild to moderate TSL



Learning Outcome

Following the session delegates will be able to:

- describe the aetiology of Tooth Surface Loss (TSL)
- describe the BSRD guidelines for treatment of TSL
- explain the limitations of adhesive treatments
- describe the requirements for consenting for this treatment
- demonstrate the use of adhesive dentistry in the first line treatment of mild to moderate TSL

DFT Competency Framework elements covered: Communication 14 Professionalism 17,18 Management & Leadership 19, 21

GDC Development Outcome: A,B,C



Friday 14th June

Ipswich PGME

Afternoon Session

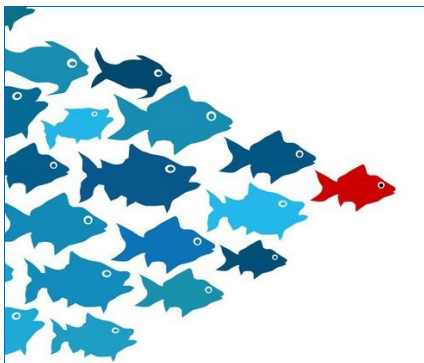
CPD = 3 Hrs

14.00 **Leadership Skills**

Major James (Jim) Scott

Education Supervisor-Joint Medical Group

Maj. Jim Scott is the Senior Dental Officer at the Merville Barracks (Colchester). He is an officer in the Joint Medical Group providing dental care to members of our armed forces.



Aims

To demonstrate to FDs the importance of learning techniques and skills from other professional spheres. The session will aim to illustrate the wide range of transferable techniques that can be applied to the dental workplace. This session will enhance the leadership abilities of the FDs and help equip them for a broader role in their post DFT lives.

Objectives

The speaker will:

- Describe military standards and values and their application in leadership
- Explain the concept of mission command
- Demonstrate how this can be applied to leadership in the dental setting



Learning Outcomes

By the end of the session delegates will be able to:

- Describe military standards and values and their application in leadership
- Explain the concept of mission command
- Demonstrate how this can be applied to leadership in the dental setting

DFT Competency Framework elements covered: Communication 12,13,14 Professionalism 17,18 Management & Leadership 19, 22

GDC Development Outcome: A,B,C,D



Morning Session

CPD = 3 Hrs

09.30 **Fundamental Statistics** Simon Bunting

GDP & DFT ES



Simon is an experienced GDP and a long standing DFT Educational Supervisor. In this extremely personal session he will illustrate some of the more important statistics a GDP should be aware of.

Aims

This session will explore the potential effect of these statistics upon our lives and careers. The session will also seek to discuss management strategies to help minimise the effects of one statistic in particular.

Learning Objectives:

The speaker will:

- Describe the importance of risk awareness.
- Explain the impact of poor risk management.

Learning outcomes

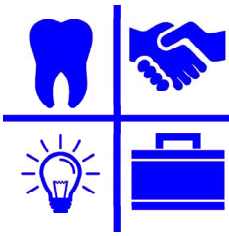
This session will enable FDs to:

- *Recognise some of the risks associated with General Dental Practice.*
- *Identify problems that can effect themselves and the people around them.*
- *Formulate potential solutions.*



DFT Competency Framework elements covered: Professionalism 17

GDC Development Outcome: D



Friday 21st June

Ipswich PGME

Afternoon Session

CPD = 3 Hrs

12.00

The Missing Session Ipswich FD Scheme

DFT TPD



This session will seek to cover some of the topics that we have not had chance to explore over the rest of the day release scheme sessions. Each FD will present a 10 minute educational session on their desired topic. Each FD will:

- Choose a topic that they feel should have been covered in more detail during the day release scheme.
- Liaise with other scheme members to make sure there is no repetition of the topic they have chosen (first come—first served!)
- Produce a 15 minute educational session that will help to fill the identified educational need.

The aim of this session is to find out which topics the FDs would like to cover in more detail.

Learning Objectives

The speakers will:

- Describe the educational needs of the 2017-2018 Foundation Dental intake.
- Take the opportunity to present the learning they require in the format they find most useful.
- Have an opportunity to improve their presentation and communication skills.

The Learning Outcomes

Following this session: delegates will be able to:

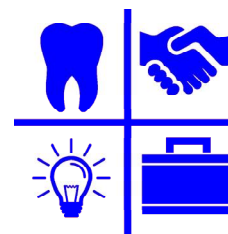
- *Recognise the learning needs of their peer group.*
- *Assess the learning required by their peers.*

DFT Competency Framework elements covered: Communication 14, Professionalism 17

GDC Development Outcome: A,C

Friday 28th June

Foundation Practices



Clinical Day in Practice

Reminders

DFT ePDP—all relevant sections will need to be completed by Friday 28th June. If you have any queries about this—please contact Jason. If the Portfolio is not completed by this date—the Final Review of Competency Progression (FRCP) cannot be completed. Completion of the ePDP is not the only factor that will ensure a successful FRCP process but it is a necessary part of the process.

Case Presentation—The case presentation PowerPoint needs to be completed and uploaded on the morning of 5th July. If you have any concerns about the functioning of your presentation—please bring it on your own device.

The presentation each FD needs to give on 5th July needs to be in PowerPoint format—and last approximately 10-15 minutes. Following each presentation there will be about 5 minutes of questioning and feedback from the ES Group to allow discussion of any points that may arise from the content of the presentations, and help to clarify each FD's treatment philosophy. Completion of a satisfactory Case Presentation also contributes to the FRCP process.

Missed Sessions—all missed sessions will need to be made up with a course agreed by Jason Stokes. Proof of attendance needs to be lodged with Katie Winearls. Failure to comply with this requirement will interfere with the FRCP process.



Friday 5th July

Ipswich PGME

Morning & Afternoon Sessions

CPD = 6 Hrs

Case Presentations

Ipswich FDs & ESs

During this session the FDs will present their case presentations that they have been working on over the year.

The presentation needs to be in PowerPoint format—and last approximately 5 minutes. Following each presentation there will be about 5 minutes of questioning and feedback from the group.

The aim of this session is to help highlight any weaknesses or discrepancies in each of the presentations, and help to clarify each FDs treatment philosophy.

In previous years your TPD and the ESs have been generous enough to contribute to a small cash prize for the best presentation!

Learning Objectives

- This session will enable the FDs to gain experience in group presentation.
- This session will help the FDs structure their examination, diagnostic and treatment planning skills
- This session will offer the FDs an opportunity to seek wide ranging peer review—and alter their clinical practice in light of the feedback they will receive.

Learning Outcomes

Following this session the participants will be able to:

- *Formulate a Case Presentation that meets the expectation of their professional peer group.*
- *Describe complex clinical concepts to their peer group.*

**END OF YEAR ES
MEETING TO START AT 12.45 pm**

Reminder: You will need to produce & present your completed Powerpoint Presentation with you today.

DFT Competency Framework elements covered: Communication 14, Professionalism 17

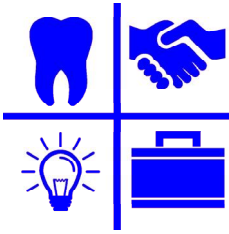
GDC Development Outcome: A,B,C

PML Evidence

Sessional Content for e-Portfolio



	Rotary Endodontics	Practice Exchange	Business of Dentistry	Tooth Surface Loss	Leadership	The Missing Session	Statistics	Case Presentation
Professionalism								
Appraisal		✓						✓
Clinical audit and peer review		✓						✓
Confidentiality							✓	✓
Ethical behaviour			✓		✓		✓	
Critical evaluation	✓	✓	✓	✓	✓	✓		✓
Decision making	✓	✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice								
Whistleblowing							✓	
Management of difficult patients							✓	✓
Patient safety							✓	✓
Self-awareness		✓			✓	✓	✓	✓
Professionalism and Management								
Basic Life Support training								
Consent	✓			✓				✓
Equality & Diversity								
GDC Standards								
NHS complaints procedure								
Referring patients	✓			✓			✓	✓
Management								
COSHH regulations		✓						
Dental equipment selection, care and maintenance		✓						
Data Protection								
Employment contracts/associate agreements for dentists		✓	✓					
Employment Law basics								
Finance		✓	✓					
Health & Safety requirements in dentistry		✓						
Infection control procedures		✓						
NHS prescribing		✓	✓					✓
NHS Rules & Regulations in Dentistry		✓	✓					✓
Prescribing, directing, taking, processing and interpreting radiographs	✓			✓				✓
Range and scope of NHS dental care		✓	✓					✓
Record keeping								✓
Use of emergency drugs								
Information Governance		✓						
Safeguarding Children and Adults								
Leadership								
Facilitating learning in others		✓			✓	✓	✓	✓
Quality management and improvement	✓	✓	✓	✓	✓	✓	✓	✓
Role model					✓	✓	✓	✓
Teamwork	✓	✓	✓	✓	✓	✓	✓	✓

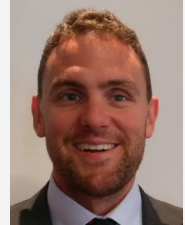


Speakers

Summer Term 2018 - 2019

Maj. Jim Scott SDO

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Dental Centre Colchester
DPHC Dental (East), Roman Way
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CO2 7UT
☎ 01206 815252



Mark Wilkins

Smilestyle Dental Centre
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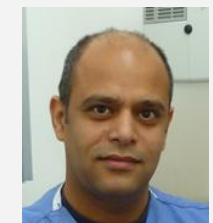
Simon Bunting

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Shashi Mishra

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Hertfordshire
SG3 6DJ
☎ 01438 813766



Calendar Summer 2019



Summer Term

Friday 26th April	Scheme Practice Exchange Visits
Friday 3rd May	Rotary Endodontics
Friday 10th May	Scheme Practice Exchange Visits
Friday 17th May	BDA Conference—NEC Birmingham (this is not a formal DFT event. FD attendance will need to come from annual leave & FDs will need to fund their own T&S)
Friday 24th May	Practice Exchange Visit Presentations The Business of Dentistry
Friday 31st May	Clinical Day in Practice
Friday 7th June	Clinical Day in Practice
Friday 14th June	Dealing with Tooth Surface Loss Leadership Skills
Friday 21st June	Statistics The Missing Session
Friday 28th June	Clinical Day in Practice
Friday 5th July	Last Day of Summer Term Case Presentations ESs present all day from 9.30am (ES Meeting at 12.45pm)