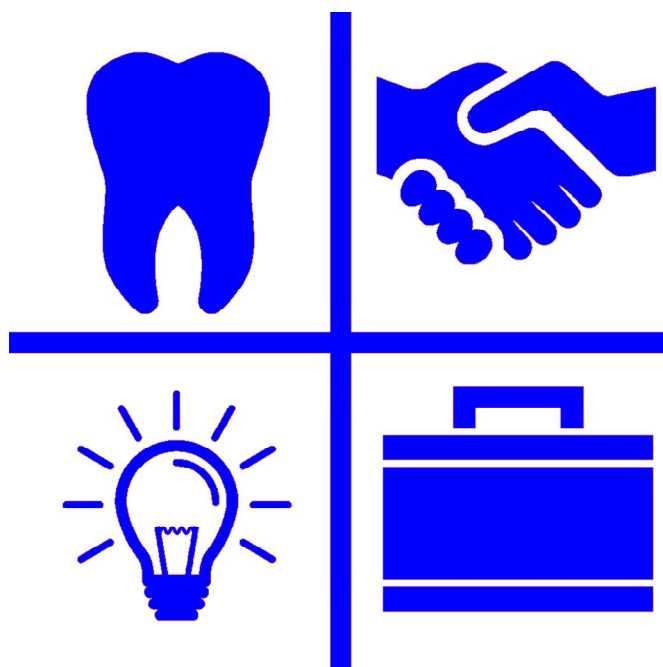


Ipswich Dental Foundation Training Scheme

Spring Term Programme 2019



Developing people
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Ipswich Postgraduate Medical and
Dental Education Centre





Ipswich Dental Foundation Training Scheme

Postgraduate Medical and Dental Education Centre

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Spring Term

Venues and Subjects



Friday 4th January

Mid-year Visits



Scheme Practices

Friday 11th January

Mid-year Visits



Scheme Practices

Friday 18th January

Mid-year Visits



Scheme Practices

Friday 25th January

Mid-year Visits



Scheme Practices

Friday 1st February

Mid-year Visits



Scheme Practices

Friday 8th February

Advanced Treatment Planning

Clinical Photography



Ipswich Hospital Postgraduate Medical Education Centre

Friday 15th February

Clinical Day



Scheme Practices

Friday 22nd February

Prosthetics



Ipswich Hospital Postgraduate Medical Education Centre

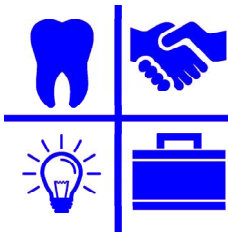
Friday 1st March

Oral Medicine

The Impact of Complex Medical Histories



Ipswich Hospital Postgraduate Medical Education Centre



Spring Term

Venues and Subjects

Friday 8th March

Clinical Day



Scheme Practices

Friday 15th March

Advanced Composites



Ipswich Hospital Postgraduate Medical Education Centre

Thursday 28th March

Regional DFT Conference

Day 1—Finance, Performer Role, The Future of the NHS

Stoke by Nayland, Leavenheath, Colchester



Friday 29th March

Regional DFT Conference

Day 2—Career Planning

Stoke by Nayland, Leavenheath, Colchester



Friday 5th April*

Audit Presentation

Foundation Skills Presentation

Ipswich Hospital Postgraduate Medical Education Centre



During each day some time will be set aside for problem solving and journal review

*Important Dates and Deadlines

Audit Project Completion & Presentation

Friday 5th April 2019

Foundation Skills Completion & Presentation

Friday 5th April 2019

Trainers Meeting (and attendance required from 12.45pm)

Friday 5th April 2019



Morning Session

CPD = 3 Hrs

09.30 **Advanced Treatment Planning**

Nick Barker

Educational Supervisor & LPN Chair

Aims & Objectives:

For participants to understand the importance of evidence gathering, analysis & logical planning in the treatment of complex clinical dental cases.

The speaker will:

- *Demonstrate effective history taking.*
- *Define effective treatment planning.*
- *Explain outcome monitoring.*



Learning Outcomes:

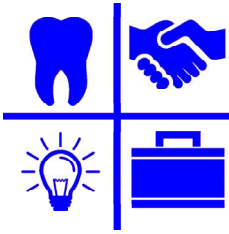
Following this session delegates will be able to:

- Implement effective history taking & examination procedures
- Construct an accurate diagnosis
- Design an effective treatment plan
- Stage treatments appropriately
- Monitor treatment plan outcomes

THINGS TO REMEMBER

1. Details of a complex case you have encountered. Please bring all artefacts—notes, models, radiographs, photographs etc

DFT Competency Framework elements covered: Clinical 1,2
GDC Development Outcome: A, C,



Friday 8th February

Ipswich PGME

Afternoon Session

CPD = 3 Hrs

14.00 Clinical Photography

Des Stott

Educational Supervisor



Aims & Objectives:

This session will demonstrate clinical photography, its uses in General Dental Practice and what can be achieved with the equipment to hand.

The speaker will:

- *Explain the fundamental principals behind photography.*
- *Describe the equipment required to achieve high quality clinical images.*
- *Demonstrate the techniques required to obtain useful clinical photographs.*

Learning Outcomes:

Following this session delegates will be able to:

- Describe the principals underpinning clinical photography.
- Describe the equipment required to achieve high quality clinical images.
- Demonstrate the techniques required to obtain useful clinical photographs.,

DFT Competency Framework elements covered: Clinical 1,2 ,3 Communication 12

GDC Development Outcome: A,C



Foundation Skills Reminder: due 5th April

How many topics do I complete?

You are required to complete a further 12 topics by **5th April 2019**. Note that you can choose which topics, with the proviso that your choice must contain at least one topic from every module. Your work will be assessed and graded in December. Please refer to the information on the assessment sheet.

WRITING THE FOUNDATION SKILLS & LINKING THE EVIDENCE

Please refer to each module where you will find the topic areas to cover. It is down to you to put together your own brief factual account and include your chosen piece of evidence that supports your write up. Do make reference to best practice, legislation, professional regulation and guidance. The first part of your write up will be a factual account on the topic. This will need to be brief and to the point. You are then expected to reflect on your account and this should be more detailed. Reflective writing is about your own thoughts and feeling about the topic at hand and so it is personal to you. The majority of your write up must be in this reflective style. Then finally you may mention some plans to progress or improve.

Where do I write my piece of writing? Each module has included within it a page long text box. You are limited to this single text box on one page of writing. This will mean you will need to write concisely and to the point. A large volume of work is discouraged. As a guide for each topic, the word count can range from 250-300 words per topic. Please use Ariel font size 11 with 1.5 line spacing of paragraphs.

How many items of evidence should I use? Again think quality of evidence not quantity. Approximately 10 pieces of evidence per Module is desirable to put forward in December for the assessment, and the same for the second submission in March. You will find that fewer items of evidence can still enable you to demonstrate achievement in the variety of topics. One example of an item you can use in such a way is an anonymous clinical record.

What can I use as evidence? You can use a variety of items. Suggestions are made for each module. It is important to remember that the evidence will have arisen from your training practice and you must seek advice or gain permission to use material when it is appropriate to do so. Be mindful that there may be issues surrounding consent, confidentiality or copyright that may prevent you from using some evidence. You may wish to redact certain pieces of evidence, so you can use them to illustrate your practices without breaching confidentiality.

When thinking about evidence to include, think about:

- quality not quantity – don't include blank forms or blank templates!
- cross referencing - if a piece of evidence is used more than once, refer to the section it has been used previously instead of reproducing it again.
- photos - are a particularly good way to capture your evidence. You are encouraged to use suitable images within your write up to substantiate your points.
- anonymous entries – remove sensitive information.
- variety – use a wide range of evidence items to illustrate your practice.

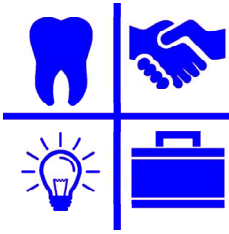
ASSESSMENT FOR SATISFACTORY COMPLETION

A well written and presented foundation skills project that is personalised will serve as a reflective portfolio that you will need to present to meet satisfactory completion requirements. Please become familiar with the assessment framework provided.

One assessor will mark one topic of your work. Attainment of average scores of 3 or 4 per topic is expected and essential for satisfactory completion. Scores below are unacceptable and you will then be given an opportunity to redo the work and meet the acceptable mark

PRESENTATION

Bring a digital version of your Foundation Skills on a tablet or laptop. Please ensure you have a fully charged device that can survive several hours of use.



Friday 22nd February

Ipswich PGME

Morning & Afternoon Sessions

CPD = 6 Hrs

09.30

Prosthetics

Mark Davis

Educational Supervisor & General Dental Practitioner

During this session Mark will aim to explore various aspects of Full & Partial Denture Planning & Provision. This will include:



- anatomy & tooth suitability
- patient selection
- treatment planning
- denture design, impression taking & bite registration
- lab liaison
- Maintenance
- modifications & additions
- when to remake

Coupled with this - Mark will aim to discuss common denture problems & solutions.

Objectives

This speaker will:

- demonstrate efficient patient examination and selection
- Describe effective partial and full denture design
- Demonstrate the principles and theory of good impression techniques



Learning Outcomes

Following this session Foundation Dentists will be able to:

- take successful impressions
- record the bite accurately
- set up the occlusion in full & partial dentures

DFT Competency Framework elements covered: Clinical 1, 2, 11

GDC Development Outcome: C

Friday 1st March

Ipswich PGME



Morning Sessions

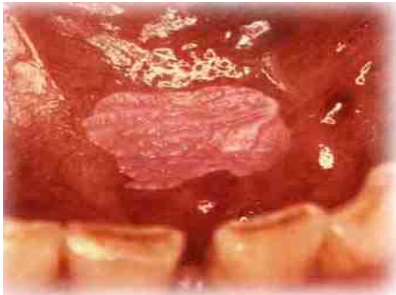
CPD = 3 Hrs

09.30 **Oral Medicine**

Roddy McMillan

Consultant and Honorary Clinical Teaching Fellow in Oral Medicine

Roddy McMillan is consultant and honorary clinical teaching fellow in oral medicine and facial pain at the Eastman Dental Hospital.



Oral Medicine

Objectives

Roddy will describe the potentially serious issues that can be associated with inappropriate or late diagnosis of oro-mucosal lesions. He will differentiate between conditions that require immediate response and those that are more routine in nature.

The speaker will:

- Describe normal anatomy
- Identify the pathology behind common oro-mucosal lesions
- Recognise the importance of timely and accurate referrals



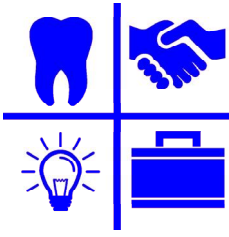
Learning outcomes

By the end of this session learners will be able to:

- *Recognise changes to normal anatomy*
- *Identify the pathology behind common oro-mucosal lesions*
- *Recognise the importance of timely and accurate referrals*

DFT Competency Framework elements covered: Clinical 1, 2, 3, 8 Communication 12,13,14

GDC Development Outcome: A, B, C



Afternoon Sessions

CPD = 3 Hrs

14.00 **Complex Medical Histories**

Roddy McMillan

Consultant and Honorary Clinical Teaching Fellow in Oral Medicine

Complex Medical Histories

The increasing age demographic of many dental patients means that complex medical histories and poly-pharmacy are common place. This needs to be carefully considered prior to the provision of dental treatment.

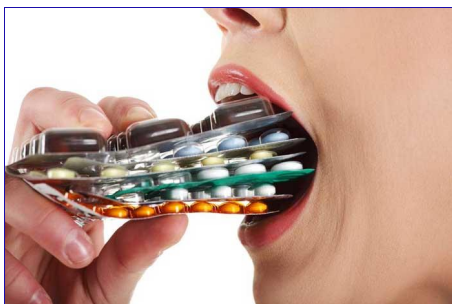


Objectives

Roddy will describe the impact of various medical problems on the provision of dental care. He will categorise a range of conditions and their impact on our patient interactions.

The speaker will:

- Identify medical issues that have the most impact on potential dental treatment
- Describe how to take a thorough history to enable an accurate diagnosis in cases of facial pain.
- Explain how to refer patients appropriately.



Learning outcomes

By the end of this session learners will be able to:

- *Identify medical issues that have the most impact on potential dental treatment*
- *Take a thorough history to enable an accurate diagnosis in cases of facial pain.*
- *Refer patients appropriately.*

DFT Competency Framework elements covered: Clinical 1, 2, 3, 8 Communication 12,13,14

GDC Development Outcome: A,B, C

Friday 8th March

Normal Clinical Day



5th April: Each FD must complete a clinical audit within their practice. The audit can be based on any reasonable topic. It would be desirable for the Trainers to closely assist the FD with this task:

- *YOUR TOPIC MUST BE APPROVED BY JASON STOKES.*
- *THERE MUST BE AT LEAST TWO CYCLES OF THE AUDIT.*

What is clinical audit?

Clinical audit is the process of systematic critical analysis of the quality of dental care delivered to patients. The aim of clinical audit is to identify areas for service development. Its purpose is to encourage dentists to assess all aspects of patient care and consider it routine to aim to constant improvement. Clinical audit is also an essential tool within the clinical governance regime and it is therefore important to get to understand the practical application of this technique.

The audit cycle

Step 1: The first task is to select a topic for audit. As a trainee, as well as identifying an area that requires auditing, it will be important to select a topic that interests you. As you are learning how to conduct an audit, alongside developing many other skills, you will find that you spend a fair amount of your time carrying out your first audit. The topic should be novel (not another radiographic audit!) and approved by Jason Stokes.

Step 2: Next you need to define the criteria and standards for your audit. As the purpose of audit is to monitor different aspects of patient care against agreed standards, defining these carefully is a crucial step. The criteria for the audit will be defined by means of a specific statement of what should be happening in practice. The standard will be defined in terms of a defined level of acceptable performance (determined by Guidance, Legislation or current evidence basis).

Step 3: The next stage is to set rules for data collection. Data can be collected in a variety of ways. For example it can be collected prospectively (as it is happening) or retrospectively (looking back over existing data). The sample size should also be large enough to ensure it is representative of the area or topic being studied. Ideally, data collection should be randomised, that is a random sample taken, to avoid any bias.

For example: concerning taking standard Grade 1 radiographs, the data collection rule could be to use the next 50 radiographs taken over 1 week (prospective). Alternatively the data collection rule could be to use a random sample of 50 radiographs taken from patient charts (retrospective).

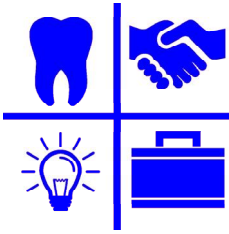
Step 4: Once the data collection rules have been determined the data must then be collected. This can be done from the appropriate sources and may include reviewing dental records or developing and administering questionnaires or data collection sheets.

Step 5: The data now has to be analysed and compared to the standard set. This will allow you to reflect on the results. You will be able to see if you are achieving the set standard or if your attainments are higher or lower. You will also be able to identify and reflect on any departure from best practice.

Step 6: Once the data analysis and reflection is completed you will then need to agree what changes need to be made and to implement these. The findings of your audit will allow you to identify a problem but you also have to decide what needs to be done to put it right. You need to determine how you are going to solve the problem, who is going to do it and when this is going to be done in order to maximise success. Change will then need to be implemented and put into practice.

Step 7: Finally, the implementation of change as a result of audit must be monitored. The audit should be repeated, a suitable length of time after to allow for further reflection on the results of the change that has been made. It may then be necessary to make further changes. This repeat cycle will ensure the changes have been implemented, monitored and that standards have improved, to meet or beat the required standard set.

Finally: Produce a 10 minute PowerPoint presentation to deliver to the Scheme—5th April 2019



Friday 15th March

Ipswich PGME

Morning & Afternoon Sessions

CPD = 6 Hrs

09.30

Posterior Composite Techniques

Anup Ladva

GDP & DFT ES

Neel Panchal

GDP

A single day hands-on course designed to give delegates the skills and knowledge to place highly aesthetic, long term and functional posterior composite restorations in a predictable, efficient format. The course is designed to allow candidates to improve their scientific and technical knowledge needed to place composite restorations in their clinical workplace.

- Case Assessment
- Shade Selection
- Cavity Preparation
- Predictable Aesthetic Bonding
- Posterior Composite form & function

Aims & Objectives

The speakers will:

- Describe the importance of direct composite in modern day dentistry.
- Explain how composite can be used restoratively with respect to function and aesthetics.
- Demonstrate how to manipulate composite in order to achieve excellent functional and aesthetic outcomes.
- Evaluate your 'hand skills' and technical ability with composite.

Learning Outcomes

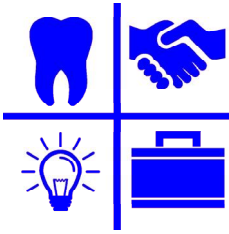
Following this session delegates will be able to:

- *Formulate successful patient treatments utilising composite as a restorative material.*
- *Describe efficient cavity preparation and composite bonding.*
- *Demonstrate the efficient use of composite as a direct restorative material.*



DFT Competency Framework elements covered: Clinical 1, 2, 10

GDC Development Outcome: C



Thursday 28th & Friday 29th March

Stoke by Nayland



Now take the leap and escape the hustle and bustle of day-to-day life for just a few short days (or longer if you wish). We are sure you'll experience something truly unique in the form of our 80 contemporary hotel rooms, two 18-hole championship golf courses, a 2 AA Rosette restaurant, nine well-appointed function rooms, five Country Lodges, a luxurious spa and high-tech gym. And our location – within 300 acres of rolling countryside in a designated Area of Outstanding Natural Beauty (AONB) – is a truly spectacular sight.

But don't take our word for it, visit us at Stoke by Nayland Hotel, Golf & Spa, located just outside Colchester, and experience everything that we are for yourself. We look forward to welcoming you.



The specific timetable for this event will be published in the near future. The Conference will focus on Career options and post FD professional development.

The Conference will employ a range of speakers to illustrate the range of opportunities available to dental graduates and the best ways to get the most out of your career progression.

**DFT Competency Framework elements covered: Professional
17 & Management/Leadership 19, 21**

GDC Development Outcome: B, C, D



Morning & Afternoon Sessions

CPD = 6 Hrs

09.30 Clinical Audit Presentations

Each FD must complete a clinical audit within their practice. The audit can be based on any reasonable topic. It would be desirable for the Trainers to closely assist the FD with this task.

- **YOUR TOPIC MUST BE APPROVED BY JASON STOKES.**
- **THERE MUST BE TWO CYCLES OF THE AUDIT.**

Aims & Objectives

This session will give the whole group a greater understanding of Clinical Audit. It will enable us all to grasp how others have approached Audit in their own surgeries—and offer constructive feedback to improve their future efforts.

It will also give the FDs a chance to test their PowerPoint and presentation skills prior to the end of the Summer Term when they will present their Case Presentation in a similar fashion.

Learning Outcomes

Following the session the FDs will: be able to

- Design and implement their own Clinical Audits.
- Meet their ethical and contractual guidelines for Clinical Governance (as it relates to the provision of Clinical Audits).
- Improve their own performance by reflecting in a structured manner using the tool of clinical audit.

01.45 Foundation Skills Project Presentation

Objectives

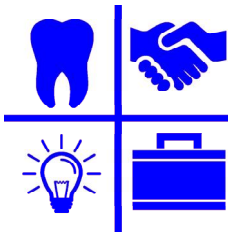
This session will assess your work on the Foundation Skills Project. The project is your own work to demonstrate sound knowledge in broad topic areas, and essential skills that are required by you as a dentist working in primary dental care. The Scheme Educational Supervisors will assess the final 12 topics (plus any topics that needed improvement from the previous assessment).

DFT Competency Framework elements covered: Management & Leadership 19, 20, 22

GDC Development Outcome: A,B, C, D

The Trainers Meeting will be held at lunchtime today 12.45pm

This is the last day of term each FD will need to bring at least one ES



PML Evidence

Sessional Content for e-Portfolio

	Treatment Planning	Clinical Photography	Prosthetics	Oral Medicine	Complex Medical	Advanced Composites	Clinical Audit	Foundation Skills	DFT Conference
Professionalism									
Appraisal								✓	
Clinical audit and peer review							✓	✓	
Confidentiality							✓	✓	
Ethical behaviour							✓	✓	✓
Critical evaluation	✓		✓	✓	✓	✓	✓	✓	✓
Decision making	✓		✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice								✓	✓
Whistleblowing								✓	✓
Management of difficult patients					✓				
Patient safety	✓			✓	✓		✓	✓	
Self-awareness	✓						✓	✓	✓
Professionalism and Management									
Basic Life Support training								✓	
Consent	✓		✓	✓	✓	✓		✓	
Equality & Diversity								✓	
GDC Standards								✓	
NHS complaints procedure								✓	
Referring patients	✓		✓	✓	✓			✓	
Management									
COSHH regulations								✓	
Dental equipment selection, care and maintenance								✓	
Data Protection							✓	✓	
Employment contracts/associate agreements for dentists								✓	✓
Employment Law basics								✓	✓
Finance								✓	✓
Health & Safety requirements in dentistry								✓	
Infection control procedures								✓	
NHS prescribing								✓	
NHS Rules & Regulations in Dentistry								✓	✓
Prescribing, directing, taking, processing and interpreting radiographs	✓							✓	
Range and scope of NHS dental care								✓	✓
Record keeping	✓							✓	
Use of emergency drugs								✓	
Information Governance							✓	✓	
Safeguarding Children and Adults								✓	
Leadership									
Facilitating learning in others							✓	✓	
Quality management and improvement							✓	✓	
Role model							✓	✓	
Teamwork			✓	✓	✓	✓	✓	✓	✓

Speakers

Spring Term 2018 - 2019



Roddy McMillan

Eastman Dental Hospital

256 Gray's Inn Road

London

WC1X 8LD

☎ 0203 456 1158



Des Stott

Kinnersley House

56 High Street

Needham Market

Suffolk

IP6 8AP

☎ 01449 7200699



Nick Barker

Bromley Road Dental Surgery,

13A Bromley Rd,

Colchester

CO4 3JE

☎ 01206 870678



Mark Davis

Capel Dental Surgery

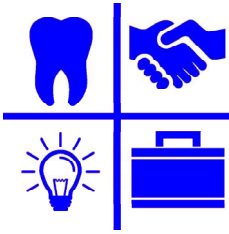
63 Thornley Road

Capel St Mary

Ipswich, IP9 2LL

☎ 01473 311130





Speakers

Spring Term 2018 - 2019

Anup Ladva

Braintree Dental Studio

4 The Square

Notley Green

Great Notley

Braintree

CM77 7WT

☎ 01376 569090



Neel Panchal

TW13 Dental

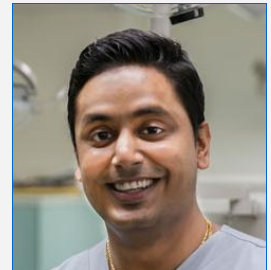
160a Twickenham Road

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Middlesex

TW13 6HD

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Calendar 2018 -2019



2019

Spring Term

Friday 4th January

Midyear Visits

Friday 11th January

Midyear Visits

Friday 18th January

Midyear Visits

Friday 25th January

Midyear Visits

Friday 1st February

Midyear Visits

Friday 8th February

Treatment Planning/Clinical Photography

Friday 15th February

No Study Day - FDs work in practice

Friday 22nd February

Prosthetics (Ipswich PGME)

Friday 1st March

Oral Medicine/Complex Medical Histories (Ipswich PGME)

Friday 8th March

No Study Day - FDs work in practice

Friday 15th March

Advanced Composites (Ipswich PGME)

Friday 22nd March

No Study Day - FDs work in practice

Thursday 28th to Friday 29th March

Regional DFT Conference (Stoke by Nayland)

Friday 5th April

Audit & Foundation Skills (Ipswich PGME)
ESs present from 12.45pm—ES Meeting over lunchtime

Summer Term

Friday 3rd May

First Day of Summer Term

Friday 5th July

Case Presentations

ESs present all day from 9.30am

Last Day of Summer Term