



Regional ICM teaching Jan 2025-Dec 2028

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)
(2-year rolling programme)

Date	Topic	Host	Notes
11 Mar 25	FFICM Topics	Ipswich Face to face	Organiser: Dr Anil Kambli Email: anil.kambli@nhs.net Enrol: https://heeo.ebridgeapp.com/learner/training/f97c2951/sessions/13043/enroll
14 th Mar 25	Obstetrics <ul style="list-style-type: none"> Physiological changes in pregnancy including physiology of labour Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism 	NNUH Virtual	Organiser: Dr Jemma Looker Email: JEMMA.LOOKER@nnuh.nhs.uk Enrol: https://heeo.ebridgeapp.com/learner/training/11a3298a/sessions/13057/enroll
20 th May 25	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	JVF, CUH	Organiser: Dr Stephen Ford Email: stephen.ford6@nhs.net Enrol: https://heeo.ebridgeapp.com/learner/training/06ccbad3/sessions/13176/enroll





<p>1st July 25</p>	<p>Simulation 1</p>	<p>Colchester Face to Face</p>	<p>Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk Enrol: https://heeo.ebridgeapp.com/learner/training/3795471b/sessions/12682/enroll</p>
<p>16th July 25</p>	<p>Paediatrics</p> <ul style="list-style-type: none"> • Physiological differences between children and adults + implications • Paediatric emergencies – top 5 – DGH management • Referral & transfer to PICU • Ethical considerations in PICU 	<p>PICU, CUH Virtual</p>	<p>Organiser: Dr Shruti Agrawal Email: shruti.agrawal1@nhs.net Enrol: https://heeo.ebridgeapp.com/learner/training/eab5cfa8/sessions/13025/enroll</p>
<p>14th Oct 25</p>	<p>Specialist Cardiac</p> <ul style="list-style-type: none"> • Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation • Management of Pulmonary HTN, including impact on critical illness • Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) • Mechanical assist devices to support circulation • Post-operative critical care following major cardiac surgery including transplant • Management of the cardiac transplant patient in the district general ICU 	<p>RPH Virtual</p>	<p>Organiser: Dr Jagan Murugachandran Email: jagan.murugachandran@nhs.net Enrol:</p>
<p>28th Nov 25</p>	<p>Infection</p> <ul style="list-style-type: none"> • Common presenting infections to ICU • Nosocomial infections • Immunosuppression & impact on critical illness • Infections in the immunocompromised host 	<p>PCH Virtual</p>	<p>Organiser: Dr Henry Nash Email: henry.nash@nhs.net</p>





	<ul style="list-style-type: none"> • Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis • Antibiotic resistance • Antimicrobial treatment of common infections • Sepsis – recognition / management / evidence based guidelines (care bundles /early goal directed therapy) 		<p>Enrol: https://heeo.ebridgeapp.com/learner/training/6a3c6c8e/sessions/12865/enroll</p>
Jan 26	<p>Perioperative Medicine in ICU & Surgical Patients in ICU</p> <ul style="list-style-type: none"> • Risk stratification / indications for postoperative critical care admission • CPEX • Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> ▪ Lower GI / Upper GI • NELA • ICU Management of Burns • Postoperative Management of Major surgical patients 	Broomfield Hospital Virtual	<p>Organiser: Dr Thomas Medici Email: thomas.medici1@nhs.net</p> <p>Enrol:</p>
Feb 26	<p>FFICM Topics</p>	Lister Face to Face	<p>Organiser: Dr Anil Kambli Email: anil.kambli@nhs.net</p> <p>Enrol:</p>
March/ April 26	<p>General ICU</p> <ul style="list-style-type: none"> • Identifying the critically ill patient: <ul style="list-style-type: none"> ▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR ▪ Predictors of critical illness & scoring systems ▪ Outreach vs MET • Management of shock • Post cardiac arrest syndrome & Prognostication following cardiac arrest 	Bedford Virtual	<p>Organiser: Dr Abhay Vaidya Email: Abhay.Vaidya@bedfordhospital.nhs.uk</p> <p>Enrol:</p>





	<ul style="list-style-type: none"> Principles of nutrition in the critically ill patient Fluid therapy in ICU Pain, agitation & delirium Prevention of stress ulceration Care bundles in intensive care – VAP, Stressulcer, VTE End of life care <ul style="list-style-type: none"> Palliative care within ICU Organ Donation Brainstem death testing Coroner's inquest 		
May/ June 26	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> Management of traumatic brain injury SAH Medical neurology requiring specialist critical care Stroke & Critical Care Neuroimaging Trauma Severity Assessment & Major Trauma pathways Recognition & management of spinal cord injury <p>Major incidents & management of mass casualties</p>	NCCU, CUH Virtual	<p>Organiser: Dr Virginia Newcombe Email: virginia.newcombe@nhs.net</p> <p>Enrol:</p>
Sept 26	Simulation 2	Colchester Face to Face	<p>Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk</p> <p>Enrol:</p>
Oct 2026	<p>Medicine & ICU</p> <ul style="list-style-type: none"> Electrolyte disturbances in the ICU Thyroid emergencies & critical care Management of DKA / HONK Haematological malignancy & critical care Rhabdomyolysis Renal disease presenting to ICU Recognition / assessment / management AKI RRT in critical care – modes / evidence base Overdose & poisoning – principles of management / management of specific poisons <p>Rheumatological presentations to the critical care unit.</p>	West Suffolk Virtual	<p>Organiser: Dr Claire Malcolm Email: claire.malcolm@wsh.nhs.uk</p> <p>Enrol:</p>





Nov/ Dec 26	<p>Education / Research / QI</p> <ul style="list-style-type: none"> Statistics, RCTs and principles of research Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real lifesituation in ED LEAN in healthcare. Implementing and sustaining QI. 	James Paget Virtual	<p>Organiser: Dr James Garvey Email: james.garvey@jpaget.nhs.uk</p> <p>Enrol:</p>
Jan/ Feb 27	<p>Obstetrics</p> <ul style="list-style-type: none"> Physiological changes in pregnancy including physiology of labour <p>Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism</p>	NNUH Virtual	<p>Organiser: Dr Jemma Looker Email: JEMMA.LOOKER@nnuh.nhs.uk</p> <p>Enrol:</p>
March/ April 27	FFICM Topics	Ipswich Face to face	<p>Organiser: Dr Paul Mallett Email: Paul.Mallett2@nhs.net</p> <p>Enrol:</p>
May 27	<p>Transplant/GI/Liver</p> <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed <p>Severe acute pancreatitis</p>	JVF, CUH	<p>Organiser: Dr Stephen Ford Email: stephen.ford1@addenbrookes.nhs.uk</p> <p>Enrol:</p>
June/ July 27	<p>Paediatrics</p> <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management Referral & transfer to PICU <p>Ethical considerations in PICU</p>	PICU, CUH Virtual	<p>Organiser: Dr Shruti Agrawal Email: Shruti.agrawal@addenbrookes.nhs.uk</p> <p>Enrol:</p>





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<p>Oct 27</p>	<p>Specialist Cardiac</p> <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant <p>Management of the cardiac transplant patient in the district general ICU</p>	<p>RPH Virtual</p>	<p>Organiser: Dr Jagan Murugachandran Email: jagan.murugachandran@nhs.net Enrol:</p>
<p>Nov/ Dec 27</p>	<p>Infection</p> <ul style="list-style-type: none"> Common presenting infections to ICU Nosocomial infections Immunosuppression & impact on critical illness Infections in the immunocompromised host Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis Antibiotic resistance Antimicrobial treatment of common infections <p>Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy)</p>	<p>PCH Virtual</p>	<p>Organiser: Dr Henry Nash Email: henry.nash@nhs.net Enrol:</p>
<p>Jan 28</p>	<p>Perioperative Medicine in ICU & Surgical Patients in ICU</p> <ul style="list-style-type: none"> Risk stratification / indications for postoperative critical care admission CPEX 	<p>Broomfield Hospital Virtual</p>	<p>Organiser: Dr Aung Lwin Email: Aung.Lwin2@meht.nhs.uk</p>





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May/ June 28	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> • Management of traumatic brain injury • SAH • Medical neurology requiring specialist criticalcare • Stroke & Critical Care • Neuroimaging • Trauma Severity Assessment & MajorTrauma pathways • Recognition & management of spinal cordinjury <p>Major incidents & management of masscasualties</p>	NCCU, CUH Virtual	<p>Organiser: Dr Virginia Newcombe Email: Virginia.newcombe@nhs.net</p> <p>Enrol:</p>





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