



## Regional ICM teaching Jan 2025-Dec 2028

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)  
(2-year rolling programme)

Date	Topic	Host	Notes
11 Mar 25	<b>FFICM Topics</b>	Ipswich Face to face	Organiser: Dr Anil Kambli Email: <a href="mailto:anil.kambli@nhs.net">anil.kambli@nhs.net</a>  Enrol: <a href="https://heeo.ebridgeapp.com/learner/training/f97c2951/sessions/13043/enroll">https://heeo.ebridgeapp.com/learner/training/f97c2951/sessions/13043/enroll</a>
14 <sup>th</sup> Mar 25	<b>Obstetrics</b> <ul style="list-style-type: none"> <li>Physiological changes in pregnancy including physiology of labour</li> <li>Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism</li> </ul>	NNUH Virtual	Organiser: Dr Jemma Looker Email: <a href="mailto:JEMMA.LOOKER@nnuh.nhs.uk">JEMMA.LOOKER@nnuh.nhs.uk</a>  Enrol: <a href="https://heeo.ebridgeapp.com/learner/training/11a3298a/sessions/13057/enroll">https://heeo.ebridgeapp.com/learner/training/11a3298a/sessions/13057/enroll</a>
20 <sup>th</sup> May 25	<b>Transplant/GI/Liver</b> <ul style="list-style-type: none"> <li>Acute liver failure</li> <li>Chronic liver failure &amp; critical care admission &amp; support</li> <li>Liver transplant – indications, post-operative care</li> <li>Intestinal failure</li> <li>Management of UGI bleed</li> <li>Severe acute pancreatitis</li> </ul>	JVF, CUH	Organiser: Dr Stephen Ford Email: <a href="mailto:stephen.ford6@nhs.net">stephen.ford6@nhs.net</a>  Enrol: <a href="https://heeo.ebridgeapp.com/learner/training/06ccbad3/sessions/13176/enroll">https://heeo.ebridgeapp.com/learner/training/06ccbad3/sessions/13176/enroll</a>





<p><b>1st July 25</b></p>	<p><b>Simulation 1</b></p>	<p>Colchester Face to Face</p>	<p>Organiser: Dr Stephen Cole Email: <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a> Enrol: <a href="https://heeo.ebridgeapp.com/learner/training/3795471b/sessions/12682/enroll">https://heeo.ebridgeapp.com/learner/training/3795471b/sessions/12682/enroll</a></p>
<p><b>16th July 25</b></p>	<p><b>Paediatrics</b></p> <ul style="list-style-type: none"> <li>Physiological differences between children and adults + implications</li> <li>Paediatric emergencies – top 5 – DGH management</li> <li>Referral &amp; transfer to PICU</li> <li>Ethical considerations in PICU</li> </ul>	<p>PICU, CUH Virtual</p>	<p>Organiser: Dr Shruti Agrawal Email: <a href="mailto:shruti.agrawal1@nhs.net">shruti.agrawal1@nhs.net</a>  Enrol: <a href="https://heeo.ebridgeapp.com/learner/training/eab5cfa8/sessions/13025/enroll">https://heeo.ebridgeapp.com/learner/training/eab5cfa8/sessions/13025/enroll</a></p>
<p><b>Oct 25</b></p>	<p><b>Specialist Cardiac</b></p> <ul style="list-style-type: none"> <li>Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation</li> <li>Management of Pulmonary HTN, including impact on critical illness</li> <li>Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency &amp; elective)</li> <li>Mechanical assist devices to support circulation</li> <li>Post-operative critical care following major cardiac surgery including transplant</li> <li>Management of the cardiac transplant patient in the district general ICU</li> </ul>	<p>RPH Virtual</p>	<p>Organiser: Dr Jagan Murugachandran Email: <a href="mailto:jagan.murugachandran@nhs.net">jagan.murugachandran@nhs.net</a>  Enrol:</p>
<p><b>28th Nov 25</b></p>	<p><b>Infection</b></p> <ul style="list-style-type: none"> <li>Common presenting infections to ICU</li> <li>Nosocomial infections</li> <li>Immunosuppression &amp; impact on critical illness</li> <li>Infections in the immunocompromised host</li> </ul>	<p>PCH Virtual</p>	<p>Organiser: Dr Henry Nash Email: <a href="mailto:henry.nash@nhs.net">henry.nash@nhs.net</a></p>





	<ul style="list-style-type: none"> <li>• Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis</li> <li>• Antibiotic resistance</li> <li>• Antimicrobial treatment of common infections</li> <li>• Sepsis – recognition / management / evidence based guidelines (care bundles /early goal directed therapy)</li> </ul>		<p>Enrol:  <a href="https://heeo.ebridgeapp.com/learner/training/6a3c6c8e/sessions/12865/enroll">https://heeo.ebridgeapp.com/learner/training/6a3c6c8e/sessions/12865/enroll</a></p>
Jan 26	<p><b>Perioperative Medicine in ICU &amp; Surgical Patients in ICU</b></p> <ul style="list-style-type: none"> <li>• Risk stratification / indications for postoperative critical care admission</li> <li>• CPEX</li> <li>• Peri-operative management of the high risk surgical patient             <ul style="list-style-type: none"> <li>▪ Lower GI / Upper GI</li> </ul> </li> <li>• NELA</li> <li>• ICU Management of Burns</li> <li>• Postoperative Management of Major surgical patients</li> </ul>	Broomfield Hospital Virtual	<p>Organiser: Dr Aung Lwin            Email: <a href="mailto:Aung.Lwin2@meht.nhs.uk">Aung.Lwin2@meht.nhs.uk</a></p> <p>Enrol:</p>
Feb 26	<p><b>FFICM Topics</b></p>	Lister Face to Face	<p>Organiser: Dr Anil Kambli            Email: <a href="mailto:anil.kambli@nhs.net">anil.kambli@nhs.net</a></p> <p>Enrol:</p>
March/ April 26	<p><b>General ICU</b></p> <ul style="list-style-type: none"> <li>• Identifying the critically ill patient:             <ul style="list-style-type: none"> <li>▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR</li> <li>▪ Predictors of critical illness &amp; scoring systems</li> <li>▪ Outreach vs MET</li> </ul> </li> <li>• Management of shock</li> <li>• Post cardiac arrest syndrome &amp; Prognostication following cardiac arrest</li> </ul>	Bedford Virtual	<p>Organiser: Dr Abhay Vaidya            Email: <a href="mailto:Abhay.Vaidya@bedfordhospital.nhs.uk">Abhay.Vaidya@bedfordhospital.nhs.uk</a></p> <p>Enrol:</p>





	<ul style="list-style-type: none"> <li>Principles of nutrition in the critically ill patient</li> <li>Fluid therapy in ICU</li> <li>Pain, agitation &amp; delirium</li> <li>Prevention of stress ulceration</li> <li>Care bundles in intensive care – VAP, Stressulcer, VTE</li> <li>End of life care             <ul style="list-style-type: none"> <li>Palliative care within ICU</li> <li>Organ Donation</li> <li>Brainstem death testing</li> <li>Coroner's inquest</li> </ul> </li> </ul>		
<b>May/ June 26</b>	<p><b>Neuro &amp; Trauma</b></p> <ul style="list-style-type: none"> <li>Management of traumatic brain injury</li> <li>SAH</li> <li>Medical neurology requiring specialist critical care</li> <li>Stroke &amp; Critical Care</li> <li>Neuroimaging</li> <li>Trauma Severity Assessment &amp; Major Trauma pathways</li> <li>Recognition &amp; management of spinal cord injury</li> </ul> <p>Major incidents &amp; management of mass casualties</p>	NCCU, CUH Virtual	<p>Organiser: Dr Virginia Newcombe Email: <a href="mailto:virginia.newcombe@nhs.net">virginia.newcombe@nhs.net</a></p> <p>Enrol:</p>
<b>Sept 26</b>	<p><b>Simulation 2</b></p>	Colchester Face to Face	<p>Organiser: Dr Stephen Cole Email: <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a></p> <p>Enrol:</p>
<b>Oct 2026</b>	<p><b>Medicine &amp; ICU</b></p> <ul style="list-style-type: none"> <li>Electrolyte disturbances in the ICU</li> <li>Thyroid emergencies &amp; critical care</li> <li>Management of DKA / HONK</li> <li>Haematological malignancy &amp; critical care</li> <li>Rhabdomyolysis</li> <li>Renal disease presenting to ICU</li> <li>Recognition / assessment / management AKI</li> <li>RRT in critical care – modes / evidence base</li> <li>Overdose &amp; poisoning – principles of management / management of specific poisons</li> </ul> <p>Rheumatological presentations to the critical care unit.</p>	West Suffolk Virtual	<p>Organiser: Dr Claire Malcolm Email: <a href="mailto:claire.malcolm@wsh.nhs.uk">claire.malcolm@wsh.nhs.uk</a></p> <p>Enrol:</p>





<b>Nov/ Dec 26</b>	<p><b>Education / Research / QI</b></p> <ul style="list-style-type: none"> <li>Statistics, RCTs and principles of research</li> <li>Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real lifesituation in ED</li> <li>LEAN in healthcare. Implementing and sustaining QI.</li> </ul>	James Paget Virtual	<p>Organiser: Dr James Garvey Email: <a href="mailto:james.garvey@jpaget.nhs.uk">james.garvey@jpaget.nhs.uk</a></p> <p>Enrol:</p>
<b>Jan/ Feb 27</b>	<p><b>Obstetrics</b></p> <ul style="list-style-type: none"> <li>Physiological changes in pregnancy including physiology of labour</li> </ul> <p>Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism</p>	NNUH Virtual	<p>Organiser: Dr Jemma Looker Email: <a href="mailto:JEMMA.LOOKER@nnuh.nhs.uk">JEMMA.LOOKER@nnuh.nhs.uk</a></p> <p>Enrol:</p>
<b>March/ April 27</b>	<b>FFICM Topics</b>	Ipswich Face to face	<p>Organiser: Dr Paul Mallett Email: <a href="mailto:Paul.Mallett2@nhs.net">Paul.Mallett2@nhs.net</a></p> <p>Enrol:</p>
<b>May 27</b>	<p><b>Transplant/GI/Liver</b></p> <ul style="list-style-type: none"> <li>Acute liver failure</li> <li>Chronic liver failure &amp; critical care admission &amp; support</li> <li>Liver transplant – indications, post-operative care</li> <li>Intestinal failure</li> <li>Management of UGI bleed</li> </ul> <p>Severe acute pancreatitis</p>	JVF, CUH	<p>Organiser: Dr Stephen Ford Email: <a href="mailto:stephen.ford1@addenbrookes.nhs.uk">stephen.ford1@addenbrookes.nhs.uk</a></p> <p>Enrol:</p>
<b>June/ July 27</b>	<p><b>Paediatrics</b></p> <ul style="list-style-type: none"> <li>Physiological differences between children and adults + implications</li> <li>Paediatric emergencies – top 5 – DGH management</li> <li>Referral &amp; transfer to PICU</li> </ul> <p>Ethical considerations in PICU</p>	PICU, CUH Virtual	<p>Organiser: Dr Shruti Agrawal Email: <a href="mailto:Shruti.agrawal@addenbrookes.nhs.uk">Shruti.agrawal@addenbrookes.nhs.uk</a></p> <p>Enrol:</p>





<p><b>Sept 27</b></p>	<p><b>Simulation 1</b></p>	<p>Colchester Face to Face</p>	<p>Organiser: Dr Stephen Cole Email: <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a>  Enrol:</p>
<p><b>Oct 27</b></p>	<p><b>Specialist Cardiac</b></p> <ul style="list-style-type: none"> <li>Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation</li> <li>Management of Pulmonary HTN, including impact on critical illness</li> <li>Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency &amp; elective)</li> <li>Mechanical assist devices to support circulation</li> <li>Post-operative critical care following major cardiac surgery including transplant</li> </ul> <p>Management of the cardiac transplant patient in the district general ICU</p>	<p>RPH Virtual</p>	<p>Organiser: Dr Jagan Murugachandran Email: <a href="mailto:jagan.murugachandran@nhs.net">jagan.murugachandran@nhs.net</a>  Enrol:</p>
<p><b>Nov/ Dec 27</b></p>	<p><b>Infection</b></p> <ul style="list-style-type: none"> <li>Common presenting infections to ICU</li> <li>Nosocomial infections</li> <li>Immunosuppression &amp; impact on critical illness</li> <li>Infections in the immunocompromised host</li> <li>Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis</li> <li>Antibiotic resistance</li> <li>Antimicrobial treatment of common infections</li> </ul> <p>Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy)</p>	<p>PCH Virtual</p>	<p>Organiser: Dr Henry Nash Email: <a href="mailto:henry.nash@nhs.net">henry.nash@nhs.net</a>  Enrol:</p>
<p><b>Jan 28</b></p>	<p><b>Perioperative Medicine in ICU &amp; Surgical Patients in ICU</b></p> <ul style="list-style-type: none"> <li>Risk stratification / indications for postoperative critical care admission</li> <li>CPEX</li> </ul>	<p>Broomfield Hospital Virtual</p>	<p>Organiser: Dr Aung Lwin Email: <a href="mailto:Aung.Lwin2@meht.nhs.uk">Aung.Lwin2@meht.nhs.uk</a></p>





	<ul style="list-style-type: none"> <li>• Peri-operative management of the high risksurgical patient</li> <li>▪ Lower GI / Upper GI</li> <li>• NELA</li> <li>• ICU Management of Burns</li> </ul> <p>Postoperative Management of Major surgicalpatients</p>		Enrol:
<b>Feb 28</b>	<b>FFICM Topics</b>	Lister Face to Face	<p>Organiser: Dr Anil Kambli Email: <a href="mailto:anil.kambli@nhs.net">anil.kambli@nhs.net</a></p> <p>Enrol:</p>
<b>March/ April 28</b>	<p><b>General ICU</b></p> <ul style="list-style-type: none"> <li>• Identifying the critically ill patient: <ul style="list-style-type: none"> <li>▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR</li> <li>▪ Predictors of critical illness &amp; scoringsystems</li> <li>▪ Outreach vs MET</li> </ul> </li> <li>• Management of shock</li> <li>• Post cardiac arrest syndrome &amp; Prognostication following cardiac arrest</li> <li>• Principles of nutrition in the critically illpatient</li> <li>• Fluid therapy in ICU</li> <li>• Pain, agitation &amp; delirium</li> <li>• Prevention of stress ulceration</li> <li>• Care bundles in intensive care – VAP, Stressulcer, VTE</li> <li>• End of life care <ul style="list-style-type: none"> <li>▪ Palliative care within ICU</li> <li>▪ Organ Donation</li> <li>▪ Brainstem death testing</li> </ul> </li> <li>• Coroner's inquest</li> </ul>	Bedford Virtual	<p>Organiser: Dr Abhay Vaidya Email: <a href="mailto:Abhay.Vaidya@bedfordhospital.nhs.uk">Abhay.Vaidya@bedfordhospital.nhs.uk</a></p> <p>Enrol:</p>
<b>May/ June 28</b>	<p><b>Neuro &amp; Trauma</b></p> <ul style="list-style-type: none"> <li>• Management of traumatic brain injury</li> <li>• SAH</li> <li>• Medical neurology requiring specialist criticalcare</li> <li>• Stroke &amp; Critical Care</li> <li>• Neuroimaging</li> <li>• Trauma Severity Assessment &amp; MajorTrauma pathways</li> <li>• Recognition &amp; management of spinal cordinjury</li> </ul> <p>Major incidents &amp; management of masscasualties</p>	NCCU, CUH Virtual	<p>Organiser: Dr Virginia Newcombe Email: <a href="mailto:Virginia.newcombe@nhs.net">Virginia.newcombe@nhs.net</a></p> <p>Enrol:</p>





Sept 28	<b>Simulation 2</b>	Colchester Face to Face	Organiser: Dr Stephen Cole Email: <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a> Enrol:
Oct 2028	<b>Medicine &amp; ICU</b> <ul style="list-style-type: none"> <li>• Electrolyte disturbances in the ICU</li> <li>• Thyroid emergencies &amp; critical care</li> <li>• Management of DKA / HONK</li> <li>• Haematological malignancy &amp; critical care</li> <li>• Rhabdomyolysis</li> <li>• Renal disease presenting to ICU</li> <li>• Recognition / assessment / management AKI</li> <li>• RRT in critical care – modes / evidence base</li> <li>• Overdose &amp; poisoning – principles of management / management of specific poisons</li> </ul> Rheumatological presentations to the critical care unit.	West Suffolk Virtual	Organiser: Dr Claire Malcolm Email: <a href="mailto:claire.malcolm@wsh.nhs.uk">claire.malcolm@wsh.nhs.uk</a>  Enrol:
Nov/ Dec 28	<b>Education / Research / QI</b> <ul style="list-style-type: none"> <li>• Statistics, RCTs and principles of research</li> <li>• Consent, duty of care, mental capacity and the Mental Health Act.</li> </ul> Anatomy of a real life situation in ED LEAN in healthcare. Implementing and sustaining QI.	James Paget Virtual	Organiser: Dr James Garvey Email: <a href="mailto:james.garvey@jpaget.nhs.uk">james.garvey@jpaget.nhs.uk</a>  Enrol:

