



Regional ICM teaching Jan 2025-Dec 2028

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)
(2-year rolling programme)

Date	Topic	Host	Notes
Jan/Feb 25	Obstetrics <ul style="list-style-type: none"> Physiological changes in pregnancy including physiology of labour Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism 	NNUH Virtual	Organiser: Dr Jemma Looker Email: JEMMA.LOOKER@nnuh.nhs.uk Enrol:
March/ April 25	FFICM Topics	Ipswich Face to face	Organiser: Dr Paul Mallett Email: Paul.Mallett2@nhs.net Enrol:
May 25	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	JVF, CUH	Organiser: Dr Stephen Ford Email: stephen.ford6@nhs.net Enrol:
June/ July 25	Paediatrics <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management Referral & transfer to PICU Ethical considerations in PICU 	PICU, CUH Virtual	Organiser: Dr Shruti Agrawal Email: shruti.agrawal1@nhs.net Enrol:





<p>1st July 25</p>	<p>Simulation 1</p>	<p>Colchester Face to Face</p>	<p>Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk Enrol: https://heeo.ebridgeapp.com/learner/training/3795471b/sessions/12682/enroll</p>
<p>Oct 25</p>	<p>Specialist Cardiac</p> <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant Management of the cardiac transplant patient in the district general ICU 	<p>RPH Virtual</p>	<p>Organiser: Dr Jagan Murugachandran Email: jagan.murugachandran@nhs.net Enrol:</p>
<p>28th Nov 25</p>	<p>Infection</p> <ul style="list-style-type: none"> Common presenting infections to ICU Nosocomial infections Immunosuppression & impact on critical illness Infections in the immunocompromised host Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis Antibiotic resistance Antimicrobial treatment of common infections Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy) 	<p>PCH Virtual</p>	<p>Organiser: Dr Henry Nash Email: henry.nash@nhs.net Enrol: https://heeo.ebridgeapp.com/learner/training/6a3c6c8e/sessions/12865/enroll</p>
<p>Jan 26</p>	<p>Perioperative Medicine in ICU & Surgical Patients in ICU</p>	<p>Broomfield Hospital Virtual</p>	<p>Organiser: Dr Aung Lwin Email: Aung.Lwin2@meht.nhs.uk</p>





	<ul style="list-style-type: none"> • Risk stratification / indications for postoperative critical care admission • CPEX • Peri-operative management of the high risksurgical patient ▪ Lower GI / Upper GI • NELA • ICU Management of Burns • Postoperative Management of Major surgicalpatients 		Enrol:
Feb 26	FFICM Topics	Lister Face to Face	Organiser: Dr Anil Kambli Email: anil.kambli@nhs.net Enrol:
March/ April 26	General ICU <ul style="list-style-type: none"> • Identifying the critically ill patient: <ul style="list-style-type: none"> ▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR ▪ Predictors of critical illness & scoringsystems ▪ Outreach vs MET • Management of shock • Post cardiac arrest syndrome & Prognostication following cardiac arrest • Principles of nutrition in the critically illpatient • Fluid therapy in ICU • Pain, agitation & delirium • Prevention of stress ulceration • Care bundles in intensive care – VAP, Stressulcer, VTE • End of life care <ul style="list-style-type: none"> ▪ Palliative care within ICU ▪ Organ Donation ▪ Brainstem death testing ▪ Coroner’s inquest 	Bedford Virtual	Organiser: Dr Abhay Vaidya Email: Abhay.Vaidya@bedfordhospital.nhs.uk Enrol:





<p>May/ June 26</p>	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> • Management of traumatic brain injury • SAH • Medical neurology requiring specialist criticalcare • Stroke & Critical Care • Neuroimaging • Trauma Severity Assessment & MajorTrauma pathways • Recognition & management of spinal cordinjury <p>Major incidents & management of masscasualties</p>	<p>NCCU, CUH Virtual</p>	<p>Organiser: Dr Virginia Newcombe Email: Virginia.newcombe@nhs.net</p> <p>Enrol:</p>
<p>Sept 26</p>	<p>Simulation 2</p>	<p>Colchester Face to Face</p>	<p>Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk</p> <p>Enrol:</p>
<p>Oct 2026</p>	<p>Medicine & ICU</p> <ul style="list-style-type: none"> • Electrolyte disturbances in the ICU • Thyroid emergencies & critical care • Management of DKA / HONK • Haematological malignancy & critical care • Rhabdomyolysis • Renal disease presenting to ICU • Recognition / assessment / managementAKI • RRT in critical care – modes / evidence base • Overdose & poisoning – principles of management / management of specificpoisons <p>Rheumatological presentations to the criticalcare unit.</p>	<p>West Suffolk Virtual</p>	<p>Organiser: Dr Claire Malcolm Email: claire.malcolm@wsh.nhs.uk</p> <p>Enrol:</p>
<p>Nov/ Dec 26</p>	<p>Education / Research / QI</p> <ul style="list-style-type: none"> • Statistics, RCTs and principles of research • Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real lifesituation in ED • LEAN in healthcare. Implementing andsustaining QI. 	<p>James Paget Virtual</p>	<p>Organiser: Dr James Garvey Email: james.garvey@jpaget.nhs.uk</p> <p>Enrol:</p>





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<p>Jan 28</p>	<p>Perioperative Medicine in ICU & Surgical Patients in ICU</p> <ul style="list-style-type: none"> Risk stratification / indications for postoperative critical care admission CPEX Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> Lower GI / Upper GI NELA ICU Management of Burns <p>Postoperative Management of Major surgical patients</p>	<p>Broomfield Hospital Virtual</p>	<p>Organiser: Dr Aung Lwin Email: Aung.Lwin2@meht.nhs.uk</p> <p>Enrol:</p>





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<p>March/ April 28</p>	<p>General ICU</p> <ul style="list-style-type: none"> • Identifying the critically ill patient: <ul style="list-style-type: none"> ▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR ▪ Predictors of critical illness & scoring systems ▪ Outreach vs MET • Management of shock • Post cardiac arrest syndrome & Prognostication following cardiac arrest • Principles of nutrition in the critically ill patient • Fluid therapy in ICU • Pain, agitation & delirium • Prevention of stress ulceration • Care bundles in intensive care – VAP, Stressulcer, VTE • End of life care <ul style="list-style-type: none"> ▪ Palliative care within ICU ▪ Organ Donation ▪ Brainstem death testing • Coroner's inquest 	<p>Bedford Virtual</p>	<p>Organiser: Dr Abhay Vaidya Email: Abhay.Vaidya@bedfordhospital.nhs.uk Enrol:</p>
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