



## Regional ICM teaching Jan 2025-Dec 2028

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)  
(2-year rolling programme)

| Date               | Topic  | Host                    | Notes   |
|--------------------|--|-------------------------|---|
| Feb 25             | <b>Obstetrics</b> <ul style="list-style-type: none"> <li>Physiological changes in pregnancy including physiology of labour</li> <li>Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism</li> </ul>   | NNUH<br>Virtual         | Organiser: Dr Jemma Looker<br>Email: <a href="mailto:JEMMA.LOOKER@nnuh.nhs.uk">JEMMA.LOOKER@nnuh.nhs.uk</a><br><br>Enrol:                       |
| March/<br>April 25 | <b>FFICM Topics</b>  | Ipswich<br>Face to face | Organiser: Dr Paul Mallett<br>Email: <a href="mailto:Paul.Mallett2@nhs.net">Paul.Mallett2@nhs.net</a><br><br>Enrol:                             |
| May 25             | <b>Transplant/GI/Liver</b> <ul style="list-style-type: none"> <li>Acute liver failure</li> <li>Chronic liver failure &amp; critical care admission &amp; support</li> <li>Liver transplant – indications, post-operative care</li> <li>Intestinal failure</li> <li>Management of UGI bleed</li> <li>Severe acute pancreatitis</li> </ul> | JVF, CUH                | Organiser: Dr Stephen Ford<br>Email: <a href="mailto:stephen.ford1@addenbrookes.nhs.uk">stephen.ford1@addenbrookes.nhs.uk</a><br><br>Enrol:     |
| June/ July<br>25   | <b>Paediatrics</b> <ul style="list-style-type: none"> <li>Physiological differences between children and adults + implications</li> <li>Paediatric emergencies – top 5 – DGH management</li> <li>Referral &amp; transfer to PICU</li> <li>Ethical considerations in PICU</li> </ul>  | PICU, CUH<br>Virtual    | Organiser: Dr Shruti Agrawal<br>Email: <a href="mailto:Shruti.agrawal@addenbrookes.nhs.uk">Shruti.agrawal@addenbrookes.nhs.uk</a><br><br>Enrol: |





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| <p><b>1st July<br/>25</b></p> | <p><b>Simulation 1</b></p>  | <p>Colchester<br/>Face to Face</p>     | <p>Organiser: Dr Stephen Cole<br/>Email: <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a><br/>Enrol:<br/><a href="https://heeo.ebridgeapp.com/learner/training/3795471b/sessions/12682/enroll">https://heeo.ebridgeapp.com/learner/training/3795471b/sessions/12682/enroll</a></p> |
| <p><b>Oct 25</b></p>          | <p><b>Specialist Cardiac</b></p> <ul style="list-style-type: none"> <li>Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation</li> <li>Management of Pulmonary HTN, including impact on critical illness</li> <li>Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency &amp; elective)</li> <li>Mechanical assist devices to support circulation</li> <li>Post-operative critical care following major cardiac surgery including transplant</li> <li>Management of the cardiac transplant patient in the district general ICU</li> </ul> | <p>RPH<br/>Virtual</p>                 | <p>Organiser: Dr Jagan Murugachandran<br/>Email: <a href="mailto:jagan.murugachandran@nhs.net">jagan.murugachandran@nhs.net</a><br/>Enrol:</p>   |
| <p><b>28th Nov 25</b></p>     | <p><b>Infection</b></p> <ul style="list-style-type: none"> <li>Common presenting infections to ICU</li> <li>Nosocomial infections</li> <li>Immunosuppression &amp; impact on critical illness</li> <li>Infections in the immunocompromised host</li> <li>Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis</li> <li>Antibiotic resistance</li> <li>Antimicrobial treatment of common infections</li> <li>Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy)</li> </ul>  | <p>PCH<br/>Virtual</p>                 | <p>Organiser: Dr Henry Nash<br/>Email: <a href="mailto:henry.nash@nhs.net">henry.nash@nhs.net</a><br/>Enrol:<br/><a href="https://heeo.ebridgeapp.com/learner/training/6a3c6c8e/sessions/12865/enroll">https://heeo.ebridgeapp.com/learner/training/6a3c6c8e/sessions/12865/enroll</a></p>                   |
| <p><b>Jan 26</b></p>          | <p><b>Perioperative Medicine in ICU &amp; Surgical Patients in ICU</b></p>  | <p>Broomfield Hospital<br/>Virtual</p> | <p>Organiser: Dr Aung Lwin<br/>Email: <a href="mailto:Aung.Lwin2@meht.nhs.uk">Aung.Lwin2@meht.nhs.uk</a></p>   |





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|                            | <ul style="list-style-type: none"> <li>• Risk stratification / indications for postoperative critical care admission</li> <li>• CPEX</li> <li>• Peri-operative management of the high risksurgical patient</li> <li>▪ Lower GI / Upper GI</li> <li>• NELA</li> <li>• ICU Management of Burns</li> <li>• Postoperative Management of Major surgicalpatients</li> </ul>   |                        | Enrol:  |
| <b>Feb 26</b>              | <b>FFICM Topics</b>   | Lister<br>Face to Face | Organiser: Dr Anil Kambli<br>Email: <a href="mailto:anil.kambli@nhs.net">anil.kambli@nhs.net</a><br><br>Enrol:                                  |
| <b>March/<br/>April 26</b> | <b>General ICU</b> <ul style="list-style-type: none"> <li>• Identifying the critically ill patient:             <ul style="list-style-type: none"> <li>▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR</li> <li>▪ Predictors of critical illness &amp; scoringsystems</li> <li>▪ Outreach vs MET</li> </ul> </li> <li>• Management of shock</li> <li>• Post cardiac arrest syndrome &amp; Prognostication following cardiac arrest</li> <li>• Principles of nutrition in the critically illpatient</li> <li>• Fluid therapy in ICU</li> <li>• Pain, agitation &amp; delirium</li> <li>• Prevention of stress ulceration</li> <li>• Care bundles in intensive care – VAP, Stressulcer, VTE</li> <li>• End of life care             <ul style="list-style-type: none"> <li>▪ Palliative care within ICU</li> <li>▪ Organ Donation</li> <li>▪ Brainstem death testing</li> <li>▪ Coroner's inquest</li> </ul> </li> </ul> | Bedford<br>Virtual     | Organiser: Dr Abhay Vaidya<br>Email: <a href="mailto:Abhay.Vaidya@bedfordhospital.nhs.uk">Abhay.Vaidya@bedfordhospital.nhs.uk</a><br><br>Enrol: |





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| <p><b>May/ June 26</b></p> | <p><b>Neuro &amp; Trauma</b></p> <ul style="list-style-type: none"> <li>• Management of traumatic brain injury</li> <li>• SAH</li> <li>• Medical neurology requiring specialist criticalcare</li> <li>• Stroke &amp; Critical Care</li> <li>• Neuroimaging</li> <li>• Trauma Severity Assessment &amp; MajorTrauma pathways</li> <li>• Recognition &amp; management of spinal cordinjury</li> </ul> <p>Major incidents &amp; management of masscasualties</p>   | <p>NCCU, CUH<br/>Virtual</p>       | <p>Organiser: Dr Virginia Newcombe<br/>Email: <a href="mailto:Virginia.newcombe@nhs.net">Virginia.newcombe@nhs.net</a></p> <p>Enrol:</p> |
| <p><b>Sept 26</b></p>      | <p><b>Simulation 2</b></p>  | <p>Colchester<br/>Face to Face</p> | <p>Organiser: Dr Stephen Cole<br/>Email: <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a></p> <p>Enrol:</p>    |
| <p><b>Oct 2026</b></p>     | <p><b>Medicine &amp; ICU</b></p> <ul style="list-style-type: none"> <li>• Electrolyte disturbances in the ICU</li> <li>• Thyroid emergencies &amp; critical care</li> <li>• Management of DKA / HONK</li> <li>• Haematological malignancy &amp; critical care</li> <li>• Rhabdomyolysis</li> <li>• Renal disease presenting to ICU</li> <li>• Recognition / assessment / managementAKI</li> <li>• RRT in critical care – modes / evidence base</li> <li>• Overdose &amp; poisoning – principles of management / management of specificpoisons</li> </ul> <p>Rheumatological presentations to the criticalcare unit.</p> | <p>West Suffolk<br/>Virtual</p>    | <p>Organiser: Dr Claire Malcolm<br/>Email: <a href="mailto:claire.malcolm@wsh.nhs.uk">claire.malcolm@wsh.nhs.uk</a></p> <p>Enrol:</p>    |
| <p><b>Nov/ Dec 26</b></p>  | <p><b>Education / Research / QI</b></p> <ul style="list-style-type: none"> <li>• Statistics, RCTs and principles of research</li> <li>• Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real lifestituation in ED</li> <li>• LEAN in healthcare. Implementing andsustaining QI.</li> </ul>   | <p>James Paget<br/>Virtual</p>     | <p>Organiser: Dr James Garvey<br/>Email: <a href="mailto:james.garvey@jpaget.nhs.uk">james.garvey@jpaget.nhs.uk</a></p> <p>Enrol:</p>    |





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| <b>Jan/ Feb 27</b>     | <b>Obstetrics</b> <ul style="list-style-type: none"> <li>Physiological changes in pregnancy including physiology of labour</li> </ul> Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism   | NNUH<br>Virtual            | Organiser: Dr Jemma Looker<br>Email: <a href="mailto:JEMMA.LOOKER@nnuh.nhs.uk">JEMMA.LOOKER@nnuh.nhs.uk</a><br><br>Enrol:                       |
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