



# Regional ICM training 2023-2025

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)

Date	Topic	Host Venue	Organiser
24 <sup>th</sup> Jan 2023	<b>Hands on Trauma Study Day</b> Please note this is a face to face session	Colchester Hospital	Dr Ryan Perry (ST7 ICM) <a href="mailto:r.perry1@doctors.org.uk">r.perry1@doctors.org.uk</a>
31 <sup>st</sup> Jan 2023	<b>FFICM Exam Prep</b>	Ipswich	Paul Mallett <a href="mailto:Paul.Mallett2@nhs.net">Paul.Mallett2@nhs.net</a>
10 <sup>th</sup> Mar 2023	<b>Transplant/GI/Liver</b> <ul style="list-style-type: none"> <li>Acute liver failure</li> <li>Chronic liver failure &amp; critical care admission &amp; support</li> <li>Liver transplant – indications, post-operative care</li> <li>Intestinal failure</li> <li>Management of UGI bleed</li> <li>Severe acute pancreatitis</li> </ul>	Addenbrookes	Stephen Ford <a href="mailto:stephen.ford1@addenbrookes.nhs.uk">stephen.ford1@addenbrookes.nhs.uk</a>  If you would like to enrol on this course, you may do so through this link ( <a href="https://heeoeb.bridgeapp.com/learner/training/2db9d970/sessions/6309/enroll">https://heeoeb.bridgeapp.com/learner/training/2db9d970/sessions/6309/enroll</a> )
19 <sup>th</sup> April 2023	<b>Paediatrics</b> <ul style="list-style-type: none"> <li>Physiological differences between children and adults + implications</li> <li>Paediatric emergencies – top 5 – DGH management</li> <li>Referral &amp; transfer to PICU</li> <li>Ethical considerations in PICU</li> </ul>	PICU Addenbrookes <b>Virtual</b>	Shruti Agrawal <a href="mailto:Shruti.agrawal@addenbrookes.nhs.uk">Shruti.agrawal@addenbrookes.nhs.uk</a>  If you would like to enrol on this course, you may do so through this link ( <a href="https://heeoeb.bridgeapp.com/learner/training/7d339163/sessions/6359/enroll">https://heeoeb.bridgeapp.com/learner/training/7d339163/sessions/6359/enroll</a> )
6 <sup>th</sup> June 2023	<b>Specialist Cardiac</b> <ul style="list-style-type: none"> <li>Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation</li> <li>Management of Pulmonary HTN, including impact on critical illness</li> <li>Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency &amp; elective)</li> <li>Mechanical assist devices to support circulation</li> <li>Post-operative critical care following major cardiac surgery including transplant</li> <li>Management of the cardiac transplant patient in the district general ICU</li> </ul>	Papworth <b>Virtual and F2F</b>	Hilary Shanahan <a href="mailto:hshanahan@nhs.net">hshanahan@nhs.net</a>  If you would like to enrol on this course, you may do so through this link ( <a href="https://heeoeb.bridgeapp.com/learner/training/8b9f1a99/sessions/6513/enroll">https://heeoeb.bridgeapp.com/learner/training/8b9f1a99/sessions/6513/enroll</a> )





<p>14<sup>th</sup> July 2023 <b>Postponed</b></p>	<p><b>Neuro &amp; Trauma</b></p> <ul style="list-style-type: none"> <li>• Management of traumatic brain injury</li> <li>• SAH</li> <li>• Medical neurology requiring specialist critical care</li> <li>• Stroke &amp; Critical Care</li> <li>• Neuroimaging</li> <li>• Trauma Severity Assessment &amp; Major Trauma pathways</li> <li>• Recognition &amp; management of spinal cord injury</li> </ul> <p>Major incidents &amp; management of mass casualties</p>	<p>NCCU Addenbrookes</p>	<p>Virginia Newcombe <a href="mailto:Virginia.newcombe@nhs.net">Virginia.newcombe@nhs.net</a></p> <p>If you would like to enrol on this course, you may do so through this link: <a href="https://heeoie.bridgeapp.com/learner/training/eed69dca/sessions/6587/enroll">https://heeoie.bridgeapp.com/learner/training/eed69dca/sessions/6587/enroll</a>)</p>
<p>25<sup>th</sup> September 2023</p>	<p><b>Infection</b></p> <ul style="list-style-type: none"> <li>• Common presenting infections to ICU</li> <li>• Nosocomial infections</li> <li>• Immunosuppression &amp; impact on critical illness</li> <li>• Infections in the immunocompromised host</li> <li>• Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis</li> <li>• Antibiotic resistance</li> <li>• Antimicrobial treatment of common infections / spectrum of activity including resistant strains</li> <li>• Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy)</li> </ul>	<p>Peterborough <b>Virtual</b></p>	<p>Henry Nash <a href="mailto:henry.nash@nhs.net">henry.nash@nhs.net</a></p> <p>Daniel Walter <a href="mailto:daniel.walter@nhs.net">daniel.walter@nhs.net</a></p> <p>If you would like to enrol on this course, you may do so through this link: <a href="https://heeoie.bridgeapp.com/learner/training/6a3c6c8e/sessions/6177/enroll">https://heeoie.bridgeapp.com/learner/training/6a3c6c8e/sessions/6177/enroll</a>)</p>
<p>3<sup>rd</sup> October 2023 <b>Postponed</b></p>	<p><b>Education / Research / QI</b></p> <ul style="list-style-type: none"> <li>• Statistics, RCTs and principles of research</li> <li>• Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED</li> <li>• LEAN in healthcare. Implementing and sustaining QI.</li> </ul>	<p>James Paget, Great Yarmouth <b>Virtual</b></p>	<p>If you would like to enrol on this course, you may do so through this link: <a href="https://heeoie.bridgeapp.com/learner/training/9f1d9623/sessions/6528/enroll">https://heeoie.bridgeapp.com/learner/training/9f1d9623/sessions/6528/enroll</a>)</p>
<p>15<sup>th</sup> November 2023</p>	<p><b>Simulation</b></p> <p>Simulation + Skills Teaching:</p> <ul style="list-style-type: none"> <li>• FONA</li> <li>• Chest Drain Insertion</li> <li>• CVC and Arterial Line Insertion</li> <li>• External Pacing and Cardioversion</li> <li>• Lumbar Puncture</li> <li>• Ascitic Drain Insertion</li> </ul>	<p>Luton and Dunstable Hospital <b>F2F</b></p>	<p>Adam Robinow <a href="mailto:a.robinow@doctors.net.uk">a.robinow@doctors.net.uk</a> Nitesh Rathod <a href="mailto:nitesh.rathod@nhs.net">nitesh.rathod@nhs.net</a></p> <p>If you would like to enrol on this course, you may do so through this link: <a href="https://heeoie.bridgeapp.com/learner/training/f0bdc32f/enroll">https://heeoie.bridgeapp.com/learner/training/f0bdc32f/enroll</a></p>
<p>24<sup>th</sup> November 2023</p>	<p><b>Perioperative Medicine and Surgical Patients in ICU</b></p> <ul style="list-style-type: none"> <li>• Risk stratification / indications for post operative critical care admission</li> <li>• CPEX</li> <li>• Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> <li>▪ Lower GI / Upper GI</li> </ul> </li> <li>• NELA</li> <li>• ICU Management of Burns</li> <li>• Postoperative Management of Major surgical patients</li> </ul>	<p>Chelmsford <b>Virtual</b></p>	<p>Aung Lwin <a href="mailto:Aung.Lwin2@meht.nhs.uk">Aung.Lwin2@meht.nhs.uk</a></p> <p>If you would like to enrol on this course, you may do so through this link: <a href="https://heeoie.bridgeapp.com/learner/training/6033b35b/enroll">https://heeoie.bridgeapp.com/learner/training/6033b35b/enroll</a></p>





<p>6<sup>th</sup> Feb 2024</p>	<p><b>FFICM topics</b> The Exam Practice Day is specifically designed for ICM trainees in Stage 2 who are preparing for their FICM exam.</p>	<p>Lister <b>F2F</b></p>	<p>Anil Kambli <a href="mailto:anil.kambli@nhs.net">anil.kambli@nhs.net</a></p> <p>If you would like to enrol on this course, you may do so through this link: (<a href="https://heeo.ebridgeapp.com/learner/training/f97c2951/enroll">https://heeo.ebridgeapp.com/learner/training/f97c2951/enroll</a> )</p>
<p>12<sup>th</sup> April 2024</p>	<p><b>General ICU</b></p> <ul style="list-style-type: none"> <li>• Identifying the critically ill patient: <ul style="list-style-type: none"> <li>▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR</li> <li>▪ Predictors of critical illness &amp; scoring systems</li> <li>▪ Outreach vs MET</li> </ul> </li> <li>• Management of shock</li> <li>• Post cardiac arrest syndrome &amp; Prognostication following cardiac arrest</li> <li>• Principles of nutrition in the critically ill patient</li> <li>• Fluid therapy in ICU</li> <li>• Pain, agitation &amp; delirium</li> <li>• Prevention of stress ulceration</li> <li>• Care bundles in intensive care – VAP, Stressulcer, VTE</li> <li>• End of life care <ul style="list-style-type: none"> <li>▪ Palliative care within ICU</li> <li>▪ Organ Donation</li> <li>▪ Brainstem death testing</li> </ul> </li> <li>• Coroner's inquest</li> </ul>	<p>Bedford <b>Virtual</b></p>	<p><a href="mailto:Abhay.Vaidya@bedfordhospital.nhs.uk">Abhay.Vaidya@bedfordhospital.nhs.uk</a></p> <p>If you would like to enrol on this course, you may do so through this link: <a href="https://heeo.ebridgeapp.com/learner/raining/cd694845/enroll">https://heeo.ebridgeapp.com/learner/raining/cd694845/enroll</a></p>
<p>Rescheduled to <b>4<sup>th</sup> June</b> from 23<sup>th</sup> May <b>2024</b></p>	<p><b>Respiratory</b></p> <ul style="list-style-type: none"> <li>• Ventilatory support &amp; modes - with clinical correlation / examples / troubleshooting</li> <li>• ARDS</li> <li>• ECMO – what is it, referral, transition from DGH to tertiary</li> <li>• COPD &amp; Non-invasive ventilation</li> <li>• Pulmonary fibrosis</li> </ul>	<p>Queen Elizabeth, King's Lynn <b>Virtual</b></p>	<p>Gayathri Wijewardena</p> <p><a href="mailto:Gayathri.wijewardena@qehkl.nhs.uk">Gayathri.wijewardena@qehkl.nhs.uk</a></p> <p>If you would like to enrol on this course, you may do so through this link: <a href="https://heeo.ebridgeapp.com/learner/raining/126a8a8d/enroll">https://heeo.ebridgeapp.com/learner/raining/126a8a8d/enroll</a></p>





<p>28<sup>th</sup> June 2024</p> <p><b>PP</b></p>	<p><b>Neuro &amp; Trauma</b></p> <ul style="list-style-type: none"> <li>• Management of traumatic brain injury</li> <li>• SAH</li> <li>• Medical neurology requiring specialist criticalcare</li> <li>• Stroke &amp; Critical Care</li> <li>• Neuroimaging</li> <li>• Trauma Severity Assessment &amp; MajorTrauma pathways</li> <li>• Recognition &amp; management of spinal cordinjury</li> <li>• Major incidents &amp; management of masscasualties</li> </ul>	<p>NCCU Addenbrookes <b>Virtual</b></p>	<p>Virginia Newcombe <a href="mailto:Virginia.newcombe@nhs.net">Virginia.newcombe@nhs.net</a> If you would like to enrol on this course, you may do so through this link: <a href="https://heeo.ebridgeapp.com/learner/training/eed69dca/sessions/10653/enroll">https://heeo.ebridgeapp.com/learner/training/eed69dca/sessions/10653/enroll</a> !</p>
<p>22<sup>nd</sup> July 2024</p>	<p><b>Simulation 2</b></p>	<p>Colchester General Hospital <b>F2F</b></p>	<p>Stephen Cole <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a> If you would like to enrol on this course, you may do so through this link: <a href="https://heeo.ebridgeapp.com/learner/training/37571e55/enroll">https://heeo.ebridgeapp.com/learner/training/37571e55/enroll</a></p>
<p>10<sup>th</sup> Sept 2024</p>	<p><b>Medicine &amp; ICU</b></p> <ul style="list-style-type: none"> <li>• Electrolyte disturbances in the ICU</li> <li>• Thyroid emergencies &amp; critical care</li> <li>• Management of DKA / HONK</li> <li>• Haematological malignancy &amp; critical care</li> <li>• Rhabdomyolysis</li> <li>• Renal disease presenting to ICU</li> <li>• Recognition / assessment / management AKI</li> <li>• RRT in critical care – modes / evidence base</li> <li>• Overdose &amp; poisoning – principles of management / management of specific poisons</li> <li>• Rheumatological presentations to the critical care unit.</li> </ul>	<p>West Suffolk <b>Virtual</b></p>	<p>Claire Malcolm <a href="mailto:claire.malcolm@wsh.nhs.uk">claire.malcolm@wsh.nhs.uk</a>  If you would like to enrol on this course, you may do so through this link: <a href="https://heeo.ebridgeapp.com/learner/training/f261ae54/enroll">https://heeo.ebridgeapp.com/learner/training/f261ae54/enroll</a></p>
<p>8<sup>th</sup> Nov 2024</p>	<p><b>Education / Research / QI</b></p> <ul style="list-style-type: none"> <li>• Statistics, RCTs and principles of research</li> <li>• Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED</li> <li>• LEAN in healthcare. Implementing and sustaining QI.</li> </ul>	<p>James Paget, Great Yarmouth <b>Virtual</b></p>	<p>James Garvey <a href="mailto:james.garvey@jpaget.nhs.uk">james.garvey@jpaget.nhs.uk</a>  If you would like to enrol on this course, you may do so through this link: (<a href="https://heeo.ebridgeapp.com/learner/training/9f1d9623/sessions/10471/enroll">https://heeo.ebridgeapp.com/learner/training/9f1d9623/sessions/10471/enroll</a>)</p>
<p>Nov/Dec 2024</p>	<p><b>Obstetrics</b></p> <ul style="list-style-type: none"> <li>• Physiological changes in pregnancy including physiology of labour</li> <li>• Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism.</li> </ul>	<p>Norfolk and Norwich <b>Virtual</b></p>	<p>Jemma Looker <a href="mailto:JEMMA.LOOKER@nnuh.nhs.uk">JEMMA.LOOKER@nnuh.nhs.uk</a></p>
<p>Jan/Feb 2025</p>	<p><b>FFICM topics</b></p>	<p>Ipswich <b>F2F</b></p>	<p>Paul Mallett <a href="mailto:Paul.Mallett2@nhs.net">Paul.Mallett2@nhs.net</a></p>





East of England

School of Anaesthesia and Intensive Care Medicine

**NHS**

**England**

March 2025	<b>Transplant/GI/Liver</b> <ul style="list-style-type: none"><li>• Acute liver failure</li><li>• Chronic liver failure &amp; critical care admission &amp; support</li><li>• Liver transplant – indications, post-operative care</li><li>• Intestinal failure</li><li>• Management of UGI bleed</li><li>• Severe acute pancreatitis</li></ul>	Addenbrookes <b>Virtual</b>	James Varley <a href="mailto:james.varley@addenbrookes.nhs.uk">james.varley@addenbrookes.nhs.uk</a>
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