



Regional ICM training 2023-2025

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)

Date	Topic	Host Venue	Organiser
24 th Jan 2023	Hands on Trauma Study Day Please note this is a face to face session	Colchester Hospital	Dr Ryan Perry (ST7 ICM) r.perry1@doctors.org.uk
31 st Jan 2023	FFICM Exam Prep	Ipswich	Paul Mallett Paul.Mallett2@nhs.net
10 th Mar 2023	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	Addenbrookes	Stephen Ford stephen.ford1@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link (https://heeo.ebridgeapp.com/learner/training/2db9d970/sessions/6309/enroll)
19 th April 2023	Paediatrics <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management Referral & transfer to PICU Ethical considerations in PICU 	PICU Addenbrookes Virtual	Shruti Agrawal Shruti.agrawal@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link (https://heeo.ebridgeapp.com/learner/training/7d339163/sessions/6359/enroll)
6 th June 2023	Specialist Cardiac <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant Management of the cardiac transplant patient in the district general ICU 	Papworth Virtual and F2F	Hilary Shanahan hshanahan@nhs.net If you would like to enrol on this course, you may do so through this link (https://heeo.ebridgeapp.com/learner/training/8b9f1a99/sessions/6513/enroll)





<p>14th July 2023 Postponed</p>	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> • Management of traumatic brain injury • SAH • Medical neurology requiring specialist critical care • Stroke & Critical Care • Neuroimaging • Trauma Severity Assessment & Major Trauma pathways • Recognition & management of spinal cord injury <p>Major incidents & management of mass casualties</p>	<p>NCCU Addenbrookes</p>	<p>Virginia Newcombe Virginia.newcombe@nhs.net</p> <p>If you would like to enrol on this course, you may do so through this link: https://heeoebriidgeapp.com/learner/training/eed69dca/sessions/6587/enroll)</p>
<p>25th September 2023</p>	<p>Infection</p> <ul style="list-style-type: none"> • Common presenting infections to ICU • Nosocomial infections • Immunosuppression & impact on critical illness • Infections in the immunocompromised host • Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis • Antibiotic resistance • Antimicrobial treatment of common infections / spectrum of activity including resistant strains • Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy) 	<p>Peterborough Virtual</p>	<p>Henry Nash henry.nash@nhs.net</p> <p>Daniel Walter daniel.walter@nhs.net</p> <p>If you would like to enrol on this course, you may do so through this link: https://heeoebriidgeapp.com/learner/training/6a3c6c8e/sessions/6177/enroll)</p>
<p>3rd October 2023 Postponed</p>	<p>Education / Research / QI</p> <ul style="list-style-type: none"> • Statistics, RCTs and principles of research • Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED • LEAN in healthcare. Implementing and sustaining QI. 	<p>James Paget, Great Yarmouth Virtual</p>	<p>If you would like to enrol on this course, you may do so through this link: https://heeoebriidgeapp.com/learner/training/9f1d9623/sessions/6528/enroll)</p>
<p>15th November 2023</p>	<p>Simulation</p> <p>Simulation + Skills Teaching:</p> <ul style="list-style-type: none"> • FONA • Chest Drain Insertion • CVC and Arterial Line Insertion • External Pacing and Cardioversion • Lumbar Puncture • Ascitic Drain Insertion 	<p>Luton and Dunstable Hospital F2F</p>	<p>Adam Robinow a.robinow@doctors.net.uk Nitesh Rathod nitesh.rathod@nhs.net</p> <p>If you would like to enrol on this course, you may do so through this link: https://heeoebriidgeapp.com/learner/training/f0bdc32f/enroll</p>
<p>24th November 2023</p>	<p>Perioperative Medicine and Surgical Patients in ICU</p> <ul style="list-style-type: none"> • Risk stratification / indications for post operative critical care admission • CPEX • Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> ▪ Lower GI / Upper GI • NELA • ICU Management of Burns • Postoperative Management of Major surgical patients 	<p>Chelmsford Virtual</p>	<p>Aung Lwin Aung.Lwin2@meht.nhs.uk</p> <p>If you would like to enrol on this course, you may do so through this link: https://heeoebriidgeapp.com/learner/training/6033b35b/enroll</p>





<p>6th Feb 2024</p>	<p>FFICM topics The Exam Practice Day is specifically designed for ICM trainees in Stage 2 who are preparing for their FICM exam.</p>	<p>Lister F2F</p>	<p>Anil Kambli anil.kambli@nhs.net If you would like to enrol on this course, you may do so through this link: (https://heeo.ebridgeapp.com/learner/training/f97c2951/enroll)</p>
<p>12th April 2024</p>	<p>General ICU</p> <ul style="list-style-type: none"> • Identifying the critically ill patient: <ul style="list-style-type: none"> ▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR ▪ Predictors of critical illness & scoring systems ▪ Outreach vs MET • Management of shock • Post cardiac arrest syndrome & Prognostication following cardiac arrest • Principles of nutrition in the critically ill patient • Fluid therapy in ICU • Pain, agitation & delirium • Prevention of stress ulceration • Care bundles in intensive care – VAP, Stressulcer, VTE • End of life care <ul style="list-style-type: none"> ▪ Palliative care within ICU ▪ Organ Donation ▪ Brainstem death testing • Coroner's inquest 	<p>Bedford Virtual</p>	<p>Abhay.Vaidya@bedfordhospital.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/cd694845/enroll</p>
<p>Rescheduled to 4th June from 23th May 2024</p>	<p>Respiratory</p> <ul style="list-style-type: none"> • Ventilatory support & modes - with clinical correlation / examples / troubleshooting • ARDS • ECMO – what is it, referral, transition from DGH to tertiary • COPD & Non-invasive ventilation • Pulmonary fibrosis 	<p>Queen Elizabeth, King's Lynn Virtual</p>	<p>Gayathri Wijewardena Gayathri.wijewardena@qehkl.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/126a8a8d/enroll</p>





June 2024	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> • Management of traumatic brain injury • SAH • Medical neurology requiring specialist criticalcare • Stroke & Critical Care • Neuroimaging • Trauma Severity Assessment & MajorTrauma pathways • Recognition & management of spinal cordinjury • Major incidents & management of masscasualties 	<p>NCCU Addenbrookes Virtual</p>	<p>Virginia Newcombe Virginia.newcombe@nhs.net</p>
22 nd July 2024	<p>Simulation 2</p>	<p>Colchester General Hospital F2F</p>	<p>Stephen Cole Stephen.cole@esneft.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/37571e55/enroll</p>
10 th Sept 2024	<p>Medicine & ICU</p> <ul style="list-style-type: none"> • Electrolyte disturbances in the ICU • Thyroid emergencies & critical care • Management of DKA / HONK • Haematological malignancy & critical care • Rhabdomyolysis • Renal disease presenting to ICU • Recognition / assessment / management AKI • RRT in critical care – modes / evidence base • Overdose & poisoning – principles of management / management of specific poisons • Rheumatological presentations to the critical care unit. 	<p>West Suffolk Virtual</p>	<p>Claire Malcolm claire.malcolm@wsh.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/f261ae54/enroll</p>
8 th Nov 2024	<p>Education / Research / QI</p> <ul style="list-style-type: none"> • Statistics, RCTs and principles of research • Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED • LEAN in healthcare. Implementing and sustaining QI. 	<p>James Paget, Great Yarmouth Virtual</p>	<p>James Garvey james.garvey@jpaget.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/9f1d9623/sessions/10471/enroll</p>
Nov/Dec 2024	<p>Obstetrics</p> <ul style="list-style-type: none"> • Physiological changes in pregnancy including physiology of labour • Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism. 	<p>Norfolk and Norwich Virtual</p>	<p>Jemma Looker JEMMA.LOOKER@nnuh.nhs.uk</p>
Jan/Feb 2025	<p>FFICM topics</p>	<p>Ipswich F2F</p>	<p>Paul Mallett Paul.Mallett2@nhs.net</p>





East of England

School of Anaesthesia and Intensive Care Medicine

NHS

England

March 2025	Transplant/GI/Liver <ul style="list-style-type: none">• Acute liver failure• Chronic liver failure & critical care admission & support• Liver transplant – indications, post-operative care• Intestinal failure• Management of UGI bleed• Severe acute pancreatitis	Addenbrookes Virtual	James Varley james.varley@addenbrookes.nhs.uk
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