

Regional ICM training 2023-2025

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)

Date	Topic	Host Venue	Organiser
24 th Jan 2023	Hands on Trauma Study Day Please note this is a face to face session	Colchester Hospital	Dr Ryan Perry (ST7 ICM) r.perry1@doctors.org.uk
31 st Jan 2023	FFICM Exam Prep	Ipswich	Paul Mallett Paul.Mallett2@nhs.net
10 th Mar 2023	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	Addenbrookes	Stephen Ford stephen.ford1@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link (https://heeo.ebridgeapp.com/learner/training/2db9d970/sessions/6309/enroll)
19 th April 2023	Paediatrics <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management Referral & transfer to PICU Ethical considerations in PICU 	PICU Addenbrookes Virtual	Shruti Agrawal Shruti.agrawal@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link (https://heeo.ebridgeapp.com/learner/training/7d339163/sessions/6359/enroll)
6 th June 2023	Specialist Cardiac <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant Management of the cardiac transplant patient in the district general ICU 	Papworth Virtual and F2F	Hilary Shanahan hshanahan@nhs.net If you would like to enrol on this course, you may do so through this link (https://heeo.ebridgeapp.com/learner/training/8b9f1a99/sessions/6513/enroll)



14 th July 2023 Postponed	Neuro & Trauma <ul style="list-style-type: none"> Management of traumatic brain injury SAH Medical neurology requiring specialist critical care Stroke & Critical Care Neuroimaging Trauma Severity Assessment & Major Trauma pathways Recognition & management of spinal cord injury Major incidents & management of mass casualties	NCCU Addenbrookes	Virginia Newcombe Virginia.newcombe@nhs.net If you would like to enrol on this course, you may do so through this link: (https://heeoie.bridgeapp.com/learner/training/eed69dca/sessions/6587/enroll)
25 th September 2023	Infection <ul style="list-style-type: none"> Common presenting infections to ICU Nosocomial infections Immunosuppression & impact on critical illness Infections in the immunocompromised host Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis Antibiotic resistance Antimicrobial treatment of common infections / spectrum of activity including resistant strains Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy) 	Peterborough Virtual	Henry Nash henry.nash@nhs.net Daniel Walter daniel.walter@nhs.net If you would like to enrol on this course, you may do so through this link: (https://heeoie.bridgeapp.com/learner/training/6a3c6c8e/sessions/6177/enroll)
3 rd October 2023 Postponed	Education / Research / QI <ul style="list-style-type: none"> Statistics, RCTs and principles of research Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED LEAN in healthcare. Implementing and sustaining QI. 	James Paget, Great Yarmouth Virtual	If you would like to enrol on this course, you may do so through this link: (https://heeoie.bridgeapp.com/learner/training/9f1d9623/sessions/6528/enroll)
15 th November 2023	Simulation Simulation + Skills Teaching: <ul style="list-style-type: none"> FONA Chest Drain Insertion CVC and Arterial Line Insertion External Pacing and Cardioversion Lumbar Puncture Ascitic Drain Insertion 	Luton and Dunstable Hospital F2F	Adam Robinow a.robinow@doctors.net.uk Nitesh Rathod nitesh.rathod@nhs.net If you would like to enrol on this course, you may do so through this link: https://heeoie.bridgeapp.com/learner/training/f0bdc32f/enroll
24 th November 2023	Perioperative Medicine and Surgical Patients in ICU <ul style="list-style-type: none"> Risk stratification / indications for post operative critical care admission CPEX Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> Lower GI / Upper GI NELA ICU Management of Burns Postoperative Management of Major surgical patients 	Chelmsford Virtual	Aung Lwin Aung.Lwin2@meht.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeoie.bridgeapp.com/learner/training/6033b35b/enroll



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6 th Feb 2024	FFICM topics The Exam Practice Day is specifically designed for ICM trainees in Stage 2 who are preparing for their FICM exam.	Lister F2F	Anil Kambli anil.kambli@nhs.net If you would like to enrol on this course, you may do so through this link: (https://heeo.ebridgeapp.com/learner/training/f97c2951/enroll)
12 th April 2024	General ICU <ul style="list-style-type: none"> Identifying the critically ill patient: <ul style="list-style-type: none"> Who will benefit – ethical considerations, limitation of care/TEPS, DNAR Predictors of critical illness & scoring systems Outreach vs MET Management of shock Post cardiac arrest syndrome & Prognostication following cardiac arrest Principles of nutrition in the critically ill patient Fluid therapy in ICU Pain, agitation & delirium Prevention of stress ulceration Care bundles in intensive care – VAP, Stressulcer, VTE End of life care <ul style="list-style-type: none"> Palliative care within ICU Organ Donation Brainstem death testing Coroner's inquest 	Bedford Virtual	Abhay.Vaidya@bedfordhospital.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/cd694845/enroll
Rescheduled to 4 th June from 23 th May 2024	Respiratory <ul style="list-style-type: none"> Ventilatory support & modes - with clinical correlation / examples / troubleshooting ARDS ECMO – what is it, referral, transition from DGH to tertiary COPD & Non-invasive ventilation Pulmonary fibrosis 	Queen Elizabeth, King's Lynn Virtual	Gayathri Wijewardena Gayathri.wijewardena@qehkl.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/126a8a8d/enroll





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June 2024	Neuro & Trauma <ul style="list-style-type: none"> • Management of traumatic brain injury • SAH • Medical neurology requiring specialist criticalcare • Stroke & Critical Care • Neuroimaging • Trauma Severity Assessment & MajorTrauma pathways • Recognition & management of spinal cordinjury • Major incidents & management of masscasualties 	NCCU Addenbrookes Virtual	Virginia Newcombe Virginia.newcombe@nhs.net
22 nd July 2024	Simulation 2	Colchester General Hospital F2F	Stephen Cole Stephen.cole@esneft.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/37571e55/enroll
Sept/Oct 2024	Medicine & ICU <ul style="list-style-type: none"> • Electrolyte disturbances in the ICU • Thyroid emergencies & critical care • Management of DKA / HONK • Haematological malignancy & critical care • Rhabdomyolysis • Renal disease presenting to ICU • Recognition / assessment / management AKI • RRT in critical care – modes / evidence base • Overdose & poisoning – principles of management / management of specific poisons • Rheumatological presentations to the critical care unit. 	West Suffolk Virtual	Claire Malcolm claire.malcolm@wsh.nhs.uk
8 th Nov 2024	Education / Research / QI <ul style="list-style-type: none"> • Statistics, RCTs and principles of research • Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED • LEAN in healthcare. Implementing and sustaining QI. 	James Paget, Great Yarmouth Virtual	James Garvey james.garvey@jpaget.nhs.uk If you would like to enrol on this course, you may do so through this link: https://heeo.ebridgeapp.com/learner/training/9f1d9623/sessions/10471/enroll
Nov/Dec 2024	Obstetrics <ul style="list-style-type: none"> • Physiological changes in pregnancy including physiology of labour • Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism. 	Norfolk and Norwich Virtual	Jemma Looker JEMMA.LOOKER@nnuh.nhs.uk
Jan/Feb 2025	FFICM topics	Ipswich F2F	Paul Mallett Paul.Mallett2@nhs.net





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March 2025	Transplant/GI/Liver <ul style="list-style-type: none">• Acute liver failure• Chronic liver failure & critical care admission & support• Liver transplant – indications, post-operative care• Intestinal failure• Management of UGI bleed• Severe acute pancreatitis	Addenbrookes Virtual	James Varley james.varley@addenbrookes.nhs.uk
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