



Regional ICM training 2022-2025

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)

Date	Topic	Host Venue	Organiser
25 th Nov 2022 (cancelled)	Neuro & Trauma <ul style="list-style-type: none"> Management of traumatic brain injury SAH Medical neurology requiring specialist critical care Stroke & Critical Care Neuroimaging Trauma Severity Assessment & Major Trauma pathways Recognition & management of spinal cord injury Major incidents & management of mass casualties 	NCCU Addenbrookes	Virginia Newcombe Vfn2@cam.ac.uk TO BE RESCHEDULED
24 th January 2022	Hands on Trauma Study Day Please note this is a face to face session	Colchester Hospital	Dr Ryan Perry (ST7 ICM) r.perry1@doctors.org.uk
31 st Jan 2023	FFICM Exam Prep	Ipswich	Paul Mallett Paul.Mallett2@nhs.net
10 th Mar 2023	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	Addenbrookes	Stephen Ford stephen.ford1@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link https://heeoeb.bridgeapp.com/learner/training/2db9d970/sessions/6309/enroll
19 th April 2023	Paediatrics <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management Referral & transfer to PICU Ethical considerations in PICU 	PICU Addenbrookes	Shruti Agrawal Shruti.agrawal@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link https://heeoeb.bridgeapp.com/learner/training/7d339163/sessions/6359/enroll
6 th June 2023	Specialist Cardiac <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant Management of the cardiac transplant patient in the district general ICU 	Papworth	Hilary Shanahan hshanahan@nhs.net If you would like to enrol on this course, you may do so through this link https://heeoeb.bridgeapp.com/learner/training/8b9f1a99/sessions/6513/enroll
July 2023	Simulation	TBC	TBC (Trying to find a host site)
25 th September 2023	Infection <ul style="list-style-type: none"> Common presenting infections to ICU Nosocomial infections Immunosuppression & impact on critical illness 	Peterborough	Coralie Carle Coralie.carle@nhs.net If you would like to enrol on this course, you may do so through this link



	<ul style="list-style-type: none"> Infections in the immunocompromised host Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis Antibiotic resistance Antimicrobial treatment of common infections / spectrum of activity including resistant strains Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy) 		https://heeo.ebridgeapp.com/learner/training/6a3c6c8e/sessions/6177/enroll
3 rd October 2023	<p>Education / Research / QI</p> <ul style="list-style-type: none"> Statistics, RCTs and principles of research Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED LEAN in healthcare. Implementing and sustaining QI. 	James Paget, Great Yarmouth	<p>Karl Blenk Karl.blenk@jpaget.nhs.uk</p> <p>If you would like to enrol on this course, you may do so through this link https://heeo.ebridgeapp.com/learner/training/9f1d9623/sessions/6528/enroll</p>
TBC	<p>EoE 3rd Regional ICM Trainee Prize Meeting</p> <p>Zoom meeting with breakout rooms for the various categories. Abstracts invited for the following categories: Case Reports, Research, Audit, Surveys, QI. Abstract deadline: Sept 19th at 5pm)</p>	Region	
Nov/Dec 2023	<p>Perioperative Medicine and Surgical Patients in ICU</p> <ul style="list-style-type: none"> Risk stratification / indications for post operative critical care admission CPEX Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> general principles vascular UGI Lower GI NELA Abdominal compartment syndrome Emergency laparostomy – role within the management of the acute surgical abdomen Peritonitis - differential and management 	Chelmsford	<p>Aung Lwin Aung.Lwin2@meht.nhs.uk</p>
Jan/Feb 2024	FFICM topics	Lister	<p>Kate Flavin Kate.flavin@nhs.net</p>
March 2024	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> Management of traumatic brain injury SAH Medical neurology requiring specialist critical care Stroke & Critical Care Neuroimaging Trauma Severity Assessment & Major Trauma pathways Recognition & management of spinal cord injury Major incidents & management of mass casualties 	NCCU Addenbrookes	<p>Virginia Newcombe virginia.newcombe@addenbrookes.nhs.uk</p>
April 2024	<p>General ICU</p> <ul style="list-style-type: none"> Identifying the critically ill patient: <ul style="list-style-type: none"> Who will benefit – ethical considerations, limitation of care/TEPS, DNAR Predictors of critical illness & scoring systems Outreach vs MET Management of shock Post cardiac arrest syndrome & Prognostication following cardiac arrest 	Bedford	<p>Abhay.Vaidya@bedfordhospital.nhs.uk</p>



	<ul style="list-style-type: none"> Principles of nutrition in the critically ill patient Fluid therapy in ICU Pain, agitation & delirium Prevention of stress ulceration Care bundles in intensive care – VAP, Stress ulcer, VTE End of life care <ul style="list-style-type: none"> Palliative care within ICU Organ Donation Brainstem death testing Coroner’s inquest 		
May/June 2024	<p>Respiratory</p> <ul style="list-style-type: none"> Ventilatory support & modes - with clinical correlation / examples / troubleshooting ARDS ECMO – what is it, referral, transition from DGH to tertiary COPD & Non-invasive ventilation Pulmonary fibrosis 	Queen Elizabeth, King’s Lynn	Gayathri Wijewardena Gayathri.wijewardena@qehkl.nhs.uk
July/August 2024	<p>Simulation 2</p>	Colchester General Hospital	Stephen Cole Stephen.cole@esneft.nhs.uk
Sept/Oct 2024	<p>Medicine & ICU</p> <ul style="list-style-type: none"> Electrolyte disturbances in the ICU Thyroid emergencies & critical care Management of DKA / HONK Haematological malignancy & critical care Rhabdomyolysis Renal disease presenting to ICU Recognition / assessment / management AKI RRT in critical care – modes / evidence base Overdose & poisoning – principles of management / management of specific poisons Rheumatological presentations to the critical care unit. 	West Suffolk	Wasim Huda Wasim.Huda@wsh.nhs.uk
Nov/Dec 2024	<p>Obstetrics</p> <ul style="list-style-type: none"> Physiological changes in pregnancy including physiology of labour Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism. 	Norfolk and Norwich	Jemma Looker JEMMA.LOOKER@nnuh.nhs.uk
Jan/Feb 2025	<p>FFICM topics:</p>	Ipswich	Paul Mallett Paul.Mallett2@nhs.net
March 2025	<p>Transplant/GI/Liver</p> <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	Addenbrookes	James Varley james.varley@addenbrookes.nhs.uk