



Regional ICM training 2022-2025

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)

Date	Topic	Host Venue	Organiser
25 th Nov 2022 (cancelled)	Neuro & Trauma <ul style="list-style-type: none"> Management of traumatic brain injury SAH Medical neurology requiring specialist critical care Stroke & Critical Care Neuroimaging Trauma Severity Assessment & Major Trauma pathways Recognition & management of spinal cord injury Major incidents & management of mass casualties 	NCCU Addenbrookes	Virginia Newcombe Vfjn2@cam.ac.uk TO BE RESCHEDULED
24 th January 2022	Hands on Trauma Study Day Please note this is a face to face session	Colchester Hospital	Dr Ryan Perry (ST7 ICM) r.perry1@doctors.org.uk
31 st Jan 2023	FFICM Exam Prep	Ipswich	Paul Mallett Paul.Mallett2@nhs.net
10 th Mar 2023	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	Addenbrookes	Stephen Ford stephen.ford1@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link https://heeo.ebridgeapp.com/learner/training/2db9d970/sessions/6309/enroll
19 th April 2023	Paediatrics <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management Referral & transfer to PICU Ethical considerations in PICU 	PICU Addenbrookes	Shruti Agrawal Shruti.agrawal@addenbrookes.nhs.uk If you would like to enrol on this course, you may do so through this link https://heeo.ebridgeapp.com/learner/training/7d339163/sessions/6359/enroll
June 2023	Specialist Cardiac <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant Management of the cardiac transplant patient in the district general ICU 	Papworth	Hilary Shanahan hshanahan@nhs.net
July 2023	Simulation	TBC	TBC (Trying to find a host site)
Sept 2023	Education / Research / QI <ul style="list-style-type: none"> Statistics, RCTs and principles of research Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED 	James Paget, Great Yarmouth	Karl Blenk Karl.blenk@jpaget.nhs.uk



	<ul style="list-style-type: none"> • LEAN in healthcare. Implementing and sustaining QI. 		
25/09/2023	<p>Infection</p> <ul style="list-style-type: none"> • Common presenting infections to ICU • Nosocomial infections • Immunosuppression & impact on critical illness • Infections in the immunocompromised host • Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis • Antibiotic resistance • Antimicrobial treatment of common infections / spectrum of activity including resistant strains • Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy) 	Peterborough	<p>Coralie Carle Coralie.carle@nhs.net</p>
3 rd October 2023 (1300-1730)	<p>EoE 3rd Regional ICM Trainee Prize Meeting</p> <p>Zoom meeting with breakout rooms for the various categories. Abstracts invited for the following categories: Case Reports, Research, Audit, Surveys, QI. Abstract deadline: Sept 19th at 5pm)</p>	Region	
Nov/Dec 2023	<p>Perioperative Medicine and Surgical Patients in ICU</p> <ul style="list-style-type: none"> • Risk stratification / indications for post operative critical care admission • CPEX • Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> ▪ general principles ▪ vascular ▪ UGI ▪ Lower GI • NELA • Abdominal compartment syndrome • Emergency laparostomy – role within the management of the acute surgical abdomen • Peritonitis - differential and management 	Chelmsford	<p>Aung Lwin Aung.Lwin2@meht.nhs.uk</p>
Jan/Feb 2024	<p>FFICM topics</p>	Lister	<p>Kate Flavin Kate.flavin@nhs.net</p>
March 2024	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> • Management of traumatic brain injury • SAH • Medical neurology requiring specialist critical care • Stroke & Critical Care • Neuroimaging • Trauma Severity Assessment & Major Trauma pathways • Recognition & management of spinal cord injury • Major incidents & management of mass casualties 	NCCU Addenbrookes	<p>Virginia Newcombe virginia.newcombe@addenbrookes.nhs.uk</p>
April 2024	<p>General ICU</p> <ul style="list-style-type: none"> • Identifying the critically ill patient: <ul style="list-style-type: none"> ▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR ▪ Predictors of critical illness & scoring systems ▪ Outreach vs MET • Management of shock • Post cardiac arrest syndrome & Prognostication following cardiac arrest • Principles of nutrition in the critically ill patient • Fluid therapy in ICU 	Bedford	<p>Abhay.Vaidya@bedfordhospital.nhs.uk</p>



	<ul style="list-style-type: none"> • Pain, agitation & delirium • Prevention of stress ulceration • Care bundles in intensive care – VAP, Stress ulcer, VTE • End of life care <ul style="list-style-type: none"> ▪ Palliative care within ICU ▪ Organ Donation ▪ Brainstem death testing • Coroner’s inquest 		
May/June 2024	Respiratory <ul style="list-style-type: none"> • Ventilatory support & modes - with clinical correlation / examples / troubleshooting • ARDS • ECMO – what is it, referral, transition from DGH to tertiary • COPD & Non-invasive ventilation • Pulmonary fibrosis 	Queen Elizabeth, King’s Lynn	Gayathri Wijewardena Gayathri.wijewardena@gehkl.nhs.uk
July/August 2024	Simulation 2	Colchester General Hospital	Stephen Cole Stephen.cole@esneft.nhs.uk
Sept/Oct 2024	Medicine & ICU <ul style="list-style-type: none"> • Electrolyte disturbances in the ICU • Thyroid emergencies & critical care • Management of DKA / HONK • Haematological malignancy & critical care • Rhabdomyolysis • Renal disease presenting to ICU • Recognition / assessment / management AKI • RRT in critical care – modes / evidence base • Overdose & poisoning – principles of management / management of specific poisons • Rheumatological presentations to the critical care unit. 	West Suffolk	Wasim Huda Wasim.Huda@wsh.nhs.uk
Nov/Dec 2024	Obstetrics <ul style="list-style-type: none"> • Physiological changes in pregnancy including physiology of labour • Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism. 	Norfolk and Norwich	Jemma Looker JEMMA.LOOKER@nnuh.nhs.uk
Jan/Feb 2025	FFICM topics:	Ipswich	Paul Mallett Paul.Mallett2@nhs.net
March 2025	Transplant/GI/Liver <ul style="list-style-type: none"> • Acute liver failure • Chronic liver failure & critical care admission & support • Liver transplant – indications, post-operative care • Intestinal failure • Management of UGI bleed • Severe acute pancreatitis 	Addenbrookes	James Varley james.varley@addenbrookes.nhs.uk