# Host vs Hero Leadership

## Reflection document

### Case

*You are a junior doctor working in a District General Hospital and note that the majority of foundation year doctors are unable to attend their weekly teaching due to being busy with jobs on the wards. You notice that the 20 doctors affected are upset by this and wish to find a solution.*

### How might someone who sees themselves as a hero leader approach the situation?

### What problems may a hero approach have in our scenario?

### Can you think of any advantages to a hero approach in this scenario?

### How might a host leader approach this scenario?

### Recalling the roles a host leader can take, how might they choose to manage this situation?

### Can you think of any problems you may have in tackling this problem as a host?