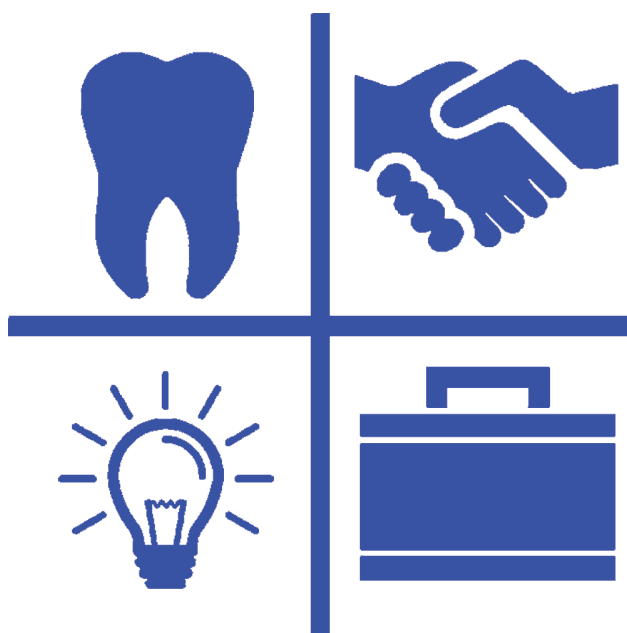


Hertfordshire and West Essex Dental Foundation Training Scheme

Autumn Term Programme 2023-2024





Hertfordshire and West Essex Dental Foundation Training Scheme

Lister Hospital Postgraduate Centre Name

PG CeLister Hospital, Corey's Mill Lane, Stevenage, SG1 4AGntre Address

Tel: 01438 284923

East of England Region

Regional Postgraduate Dental Dean

Malcolm Brady

Associate Postgraduate Dental Dean, Early Years

Jason Stokes

Regional Dental Account Manager

Patti Bradshaw

Regional Dental Faculty Support Officer

Peta Wright

Postgraduate Centre Manager

Scheme Administrator

Janice Bentham

Training Programme Director

Peter Russell

BDS PG Cert Dent Ed

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Hertfordshire and West Essex Dental Foundation Training Scheme

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Hertfordshire and West Essex Dental Foundation Training Scheme

Lister Hospital Postgraduate Centre Name



Based at the education centre at Lister Hospital in Stevenage, the Hertfordshire and West Essex DFT scheme.

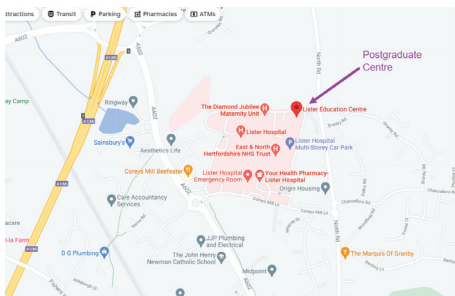
This year is your year. It is about you changing yourself from being an individual, competitive student into a team playing professional: it is about your immersion in the world of general dental practice and learning 'how to work' through extensive wide-ranging clinical experience and often difficult and challenging situations within the NHS. It is about building a bed rock for you to fly into your new practice future.

You will be expected to contribute, debate, challenge and justify your reasoning. You will present to a wide variety of audiences during the year. The study days are your days and the more you participate, the more you will gain.

As your Training Programme Director, I will endeavour to help you, advise you and cajole you, to attain the success you seek and need, to move forward in your next career stages. I have been an SHO in Oral surgery, a GDP for longer than I'd like to say and involved in dental training of nurses and Dentists for some years.

This year is unique and special in your career. Grab it with both hands and make it work for you

Location



The Postgraduate centre is towards the back of the Lister Hospital Site. Parking is on site in a multi storey car park with cashless options. Currently approx £10 per day.

There is catering on site too but in the main hospital building.

There is a coffee machine in the Postgrad centre. Tea, biccies and (sometimes) cake will be provided.



Autumn Term

Venues and Subjects

Friday 1st September	Regional Induction - Welcome and Introduction	
		<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 8th September	Scheme Induction am: FD's only pm: FDs and ESs	
		<i>Lister PGMC</i>
Thursday 14th September	Clinical Skills Refresher	
		<i>NSK SkillsCentre Stevenage</i>
Friday 22nd September	Radiography: A practical update	
	NHS Rules & Regs	
		<i>Bedford PGMC</i>
Friday 29th September	Photography	
	Oral cancer and Medicine	
		<i>Bedford PGMC</i>
Friday 5th October	Endodontics 1- Hands On	
		<i>EndoMishra Baldock</i>
Friday 6th October	Self study and Online Learning	
		<i>Online platforms</i>
Friday 13th October	Periodontics	
	Pain Management and Dental Emergencies	
		<i>Bedford PGMC</i>
Friday 20th October	Consent, Records and Complaints	
		<i>Bedford PGMC</i>
Thursday 26th October	Early Stage Review Individual meetings	
		<i>Online: Appointments to follow</i>

Friday 27th October	Projects & Presentations	<i>Bedford PGMC</i>
Thursday 3rd November	Communication	<i>Bedford PGMC</i>
Friday 11th November	Paediatric Dentistry Orthodontics	<i>Lister PGMC</i>
Friday 17th November	Oral Surgery Planning Treatment Planning In Practice	<i>Lister PGMC</i>
Friday 24th November	Self Study and online learning	<i>Online platforms</i>
Friday 1st December	Restorative Dentistry Theory	<i>Bedford PGMC</i>
Friday 8th December	Health & Safety in Practice	<i>Bedford PGMC</i>
Friday 15th December	Milestone 1 presentation	<i>Lister PGMC</i>

Important Dates and Deadlines

Early Stage Review	Thursday 26th October 2023
1st MSF	Thursday 26th October 2023
2nd MSF	Friday 8th December 2023
Milestone 1 Presentation	Friday 15th December 2023
PSQ	Friday 22nd December 2023
e-LfH & Script completed	Sunday 31st December 2023

MS2 Submission APLAN	Monday 15th January 2024
MS2 Marking APLAN	Monday 29th January 2024
IRCP	Friday 16th February 2024
Audit complete	Friday 31st May 2024
MS3 Submission APLAN	Monday 3rd June 2024
MS3 Marking APLAN	Monday 16th June 2024
FRCP	Friday 26th July 2024



Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 4hrs

Dean, Mr Malcolm Brady, Dr Peter Cranfield et al

Regional Postgraduate Dental Dean, East of England and others



This session is a welcome to all the new Foundation Dentists in the East of England and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations. CP process involved in the satisfactory completion of Dental Foundation Training.

GDC Outcomes: A B C D



No Break

Add Break

Add Pictures

Add Callouts



Friday 8th September

Lister PGMC

Day Session

09.30

Scheme Induction am: FD's only pm: FDs
and ESs

CPD Hrs = 6



Scheme Training Programme Director

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *"Be able to demonstrate an understanding of learning styles and reflection. "*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B C D



16.30

End



Thursday 14th September

NSK SkillsCentre Stevenage

Day Session

09.30

Clinical Skills Refresher

CPD Hrs = 6

NSK Skills Centre Stevenage

TPD and 3 ESs

This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

Objectives

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- To have practised cutting a full crown preparation.

Learning Content

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the ES.

GDC Outcomes: C D



16.30

End



Friday 22nd September

Bedford PGMC

Morning session

09:30

Radiography: A practical update

CPD Hrs = 3

Jeremy Norris

Beds ES and GDP

We shall refresh theory in relation to everyday practice of

Objectives

- dental radiography. We shall also try try to understand the
- range of holders and views and share solutions for common issues

Learning Content

- To be able to justify, assess and report on dental radiographs
- "To understand and choose the appropriate views for dental radiographs and their uses."
- To have processes to overcome common issues in radiography

GDC Outcomes: A B D



12:30

Lunch

Please bring your practice film holders with you.

Peter Russell

TPD



Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- *Explain how and when to claim for NHS treatment that has been provided to patients.*
- *Define the rules regarding provision of NHS dental care.*
- *"Have the ability to talk confidently about what can be provided through NHS dental services."*

Learning Content

- *"List the structures and content of NHS treatment bands and associated NHS banding charges."*
- *Apply the rules regarding provision of NHS dental care.*
- *Be able to perform within the structure of NHS GDS contracts.*

GDC Outcomes: A B D



Friday 29th September

Bedford PGMC

Morning Session

09.30

Photography

CPD Hrs = 3 hrs

Peter Cranfield

TPD Bedfordshire

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*

GDC Outcomes: A C



12:30

Lunch

Bring Practice Photography Kit (If possible)

13:30

Oral cancer and Medicine

CPD Hrs = 3 hrs

Stephanie Agar

Senior Dental Officer CDS-CIC



Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including post-operative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.

Objectives

- *Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'*
- *Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.*
- *Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.*

Learning Content

- *Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.*
- *"Recognise local and national support services and resources in the care of mouth cancer."*
- *Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.*

GDC Outcomes: A B C D



16:30

End



Friday 5th October

EndoMishra Baldock

Day Session

09.30

Endodontics 1- Hands On

CPD Hrs = 6

Shashi Mishra

Specialist Endodontist



To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

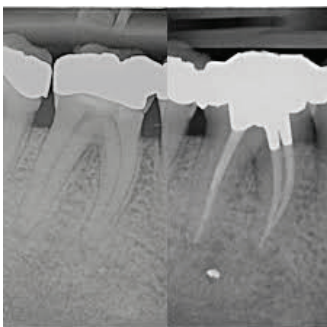
Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C



16.30

End



Friday 6th October

Online platforms

Day Session

09:30

Self study and Online Learning

CPD Hrs = 6

Online learning and project work

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- *Explain in more detail the work required to complete the e-Lift projects.*
- *Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.*

Learning Content

- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations.*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements.*
- *Identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LIFT and Milestones.*

GDC Outcomes: A B C D



16:30

End



Friday 13th October

Bedford PGMC

Morning Session

09:30

Periodontics

CPD Hrs = 3

Sabina Wadwhani

ES Bedfordshire

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice.

Objectives

- Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.
- Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.

Learning Content

- Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients
- "Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services."

GDC Outcomes: A C



12:30

Lunch

13:30

Pain Management and Dental Emergencies

CPD Hrs = 3hrs

Victor Gehani

GDP and Clinical Tutor



To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies, causes and types of pain and be aware the role the entire team play in this respect.

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental trauma and pain.*
- *Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately.*

Learning Content

- *Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma.*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.*

GDC Outcomes: A C



16:30

End



Friday 20th October

Bedford PGMC

Morning Session

09:30

Consent, Records and Complaints

CPD Hrs = 6

Shaam Shamsi

TPD and Medicolegal expert

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints that may arise alongside ethical dilemmas.

Objectives

- List the regulations and requirements regarding record keeping and dealing with complaints
- Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.
- To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice
- Describe the processes of the GDCs regulation of the profession.

Learning Content

- Produce effective patient records within dental practice.
- Implement appropriate complaints handling in general dental practice.
- Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team

GDC Outcomes: A B D



16:30

End

Joint Session with Bedfordshire



Thursday 26th October

Online: Appointments to follow

Day Session

09:30

Early Stage Review Individual meetings

CPD Hrs = 0

Peter Russell

TPD



An individual confidential one to one meeting to assess the FD progress into the program and the practice.

It is an early session to identify any issues that may need to be addressed to ensure a successful completion to the training year.

16:30

End



Friday 27th October

Bedford PGMC

Day Session

09.30

Projects & Presentations

CPD Hrs = 6

End

Empty

Empty

Objectives

- Empty
- There will be practical exercises to complete in small groups.
-
-

Learning Content

- To understand fully the process and requirements of the DFT projects.
- To be better acquainted with Presentation skills and have a more confident approach to PowerPoint presentations.
- To be better prepared for the submission of DFT projects.

GDC Outcomes: A B C D



16:30

End

Joint Session with Bedfordshire



Thursday 3rd November

Bedford PGMC

Day Session

09:30

Communication

CPD Hrs = 6

Cascade

Specialist Presenters

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*
- *"Identify successful strategies to improve communication."*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *"Differentiate the importance of non-verbal communication and active listening."*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B D



16:30

End



Friday 11th November

Lister PGMC

Morning Session

09:30

Paediatric Dentistry

CPD Hrs = 4

Michael Cranfield

Specialist in Paediatric Care and Medical Director CDS-CIC



The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises).

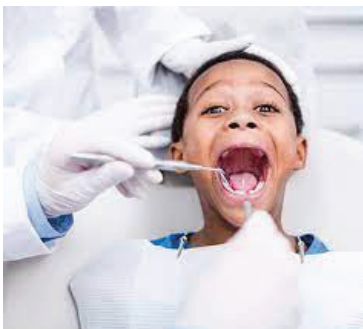
Objectives

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma. Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- "List current treatment protocols in managing symptomatic/ asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios."
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.

GDC Outcomes: A C



13:30

Lunch



Friday 11th November

Lister PGMC

Afternoon Session

14:00

Orthodontics

CPD Hrs = 3

Michael Cranfield

Specialist in Paediatric Care and Medical Director CDS-CIC



This session will use case-based studies to discuss current concepts around orthodontic assessment and treatments.

Objectives

- *Identify how to conduct a thorough orthodontic assessment in general dental practice.*
- *Explain appropriate times to refer to secondary care or specialist practice.*
- *Explore current guidance documents relating to orthodontics.*

Learning Content

- *"Improved knowledge of how to carry out an orthodontic assessment in general dental practice."*
- *Recognise when to follow appropriate referral pathways.*

GDC Outcomes: A C



16:30

End



Friday 17th November

Lister PGMC

Morning Session

09:30

Oral Surgery Planning

CPD Hrs = 3

Preeya & Nilesh Sakerchand

Bedfordshire Ess



Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

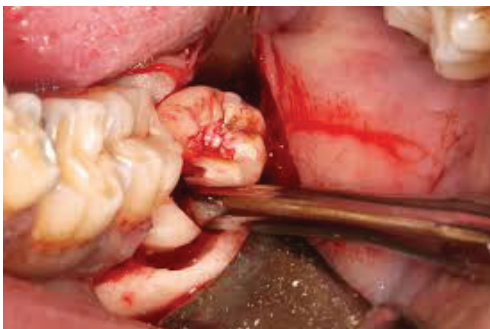
Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*

GDC Outcomes: A C



12:30

Lunch

13:30

Treatment Planning In Practice

CPD Hrs = 3

Kalpana Patel

ES Hertfordshire

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs.



Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A C



16:30

End



Friday 24th November

Online platforms

Day Session

09:30

Self Study and online learning

CPD Hrs = 6



To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- *Explain in more detail the work required to complete the e-Lift projects.*
- *Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.*

Learning Content

- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations.*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements.*
- *Identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LIFT and Milestones.*

GDC Outcomes: A B C D

16:30

End



Friday 1st December

Bedford PGMC

Day Session

09.30

Restorative Dentistry Theory

CPD Hrs = 6

Victor Gehani

Bedfordshire GDP & ES



To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including temporisation: of Anterior veneers, Onlays, Adhesive bridgework, Full coverage crowns – adhesive/bonded and conventional

Objectives

- Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.
- Identify appropriate use of material choice for each type of preparation.
- Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.

Learning Content

- Evaluate and critique their own preparations when they return to their training practices.
- To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.
- Assess material selection for different types of indirect preparations



GDC Outcomes: A C

16:30

End

Joint with Bedfordshire



Friday 8th December

Bedford PGMC

Morning Session

10:00

Health & Safety in Practice

CPD Hrs = 5hrs

Sukhvinder Singh Atthi

Clinical lecturer BDH

For participants to increase their understanding and knowledge relating to health and safety in their workplace.

Objectives

- Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.
- State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.
- "Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances."

Learning Content

- Define the key principles and legal requirements that relate to health and safety in the workplace.
- Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.
- "Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made."

GDC Outcomes: A B D

15:00

End

Joint with Bedfordshire





Friday 15th December

Lister PGMC

Day Session

09.30

Milestone 1 presentation

CPD Hrs = 6

Peter Russell + 2 ESs

TPD

This session will be used for Foundation Dentists to present their Milestone 1 case.

Objectives

- *Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.*

Learning Content

- *Knowledge and experience of the power of self and peer reflection in personal development.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

GDC Outcomes: A C D



16.30

End



Calendar 2023-2024

Friday 1st September

Start of Autumn Term
Regional Induction Day – virtual learning 9.00am

Friday 8th September

Study day at Lister Hospital. am. FDs only – pm. FDs and ESs present

Thursday 14th September

Clinical Skills day NSK Stevenage

Friday 22nd September

Radiography, Rules & Regs Bedford

Friday 29th September

Photography and Oral Medicine & Cancer, Bedford

OCTOBER

MSF 1 and ESR

Friday 5th October

Endodontics, Baldock

Friday 13th October

Periodontics and Emergencies and Pain Management

Friday 20th October

Record keeping, Complaints, and Consent (with Bedford) in Bedford

Thursday 26th October

Early stage reviews Online

Friday 27th October

Projects & Presentations, Bedford

NOVEMBER

Thursday 2nd November

Communications, Bedford

Friday 10th November

Paeds & Ortho

Friday 17th November

Oral Surgery Planning and Treatment Planning

DECEMBER

Buddy ES practice Visits, ADEPT+ CBD + MSF2

Friday 1st December

Practical Restorations - Bedford

Friday 8th December

Health & Safety Bedford

Friday 16th December

Milestone 1 Presentations Last day of Autumn Term

ALL e- Learning Complete.

1st January 2024

Practice Visits – virtual or in person.

Jan 6th - Feb 25th 2024

Practice Swaps

January 2024

Milestone 2 – APLAN submission closes

Monday 15th January 2024

Milestone 2 - APLAN review submission closes

Monday 29th January 2024

Milestone 2 Presentations

Friday 9th February 2024

IRCP

Friday 16th February 2024

EASTER - No Study Day

Friday 31st March 2024

Audit complete

31st May 2024

Milestone 3 – APLAN submission closes	Friday 3rd June
Milestone 3 - APLAN review submission closes	Friday 16th June
Milestone 3 Presentation Day	Friday 26th June 2024
Showcase Day regional Meeting	Friday 12th July 2024
FRCP	Friday 26th July
End of DFT Year	31st August 2024



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Sabina Wadhvani**

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Dona Sherief

Kings

01438 351556



Kalpana Patel
Riya Patel

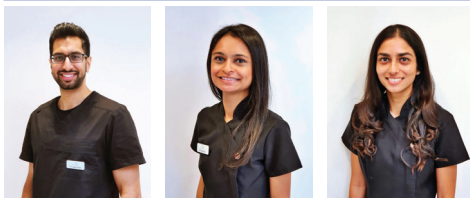
Chrysalis Dental Practice, 161 – 163 Leavesden Road, North Watford, Herts. WD24 5EP



Nehaal Rathore

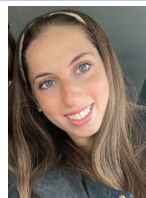
Queen Mary

01923 222877



Jayen Patel
Puja Patel
Ashini Patel

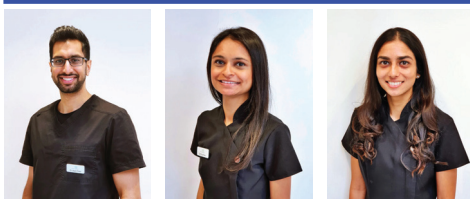
Birchwood Dental, 7 Birchwood Avenue, Hatfield, Herts. AL10 0PL



Nina Rosenfield

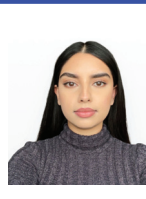
Queen Mary

01707 263270



Jayen Patel
Puja Patel
Ashini Patel

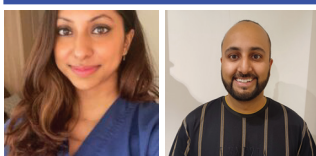
Birchwood Dental, 7 Birchwood Avenue, Hatfield, Herts. AL10 0PL



Anika Aris

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Swetha Sabaratnam
Namdeep Brar

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Bindi Shah

Ashwell Dental Surgery 44 High Street Ashwell Hertfordshire SG7 5NR



Manuella Onanuga

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Ehsan Kani-Zabihi
Sean Barlow

Together Dental Broxbourne 1 The Precinct, High Road Broxbourne Hertfordshire EN10 7HY

01992 478 578



Afnan Chaudhary

Queens University Belfast



Neil Kotecha

Cassio Road Dental Practice 102 Cassio Road Watford Hertfordshire WD18 0QL

01923 231 803



Muskaan Ali

kings



Hertfordshire and West Essex Scheme Buddy ES Pairings 2023-2024

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Kaamilah Shitta-Bey	Amir Patel	Lomas Patel/ Sabina Wadhwani
Manuella Onanuga	Bindi Shah	Ashini / Jayen / Puja Patel
Ellie Wells	Beejal Patel	Swetha Sabaratnam / Namdeep Brar
Demi Bains	Dan Lee / Anneke Whelan	Bindi Shah
Dhulaxy Manokumar	Pritesh Vithlani	Lomas Patel / Ash Mehta
Nehaal Rathore	Kalpana / Riya Patel	Neil Kotecha
Afnan Chaudhary	Ehsan Kani-Zabihi / Sean Barlow	Anneke Whelan / Dan Lee
Muskaan Ali	Neil Kotecha	Kalpana / Riya Patel
Rozhin Aghaei	Lomas Patel / Ash Mehta	Pritesh Vithlani
Nina Rosenfield	Ashini / Jayen / Puja Patel	Dan Lee / Anneke Whelan
Tanushri Arnapala	Swetha Sabaratnam / Namdeep Brar	Beejal Patel
Anika Aris	Ashini / Jayen / Puja Patel	Lomas Patel/ Sabina Wadhwani
Dona Sherief	Lomas Patel/ Sabina Wadhwani	Amir Patel



Online Learning

2023-2024

List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://East of England elfh Hub(e-lfh.org.uk))

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules

Course Sections

Statutory and Mandatory Training (SMT) **Completion by Early Stage Review**

Conflict Resolution Level 1	40 mins
Data Security Awareness Level 1	70 mins
Equality and Diversity and Human Rights Level 1	20 mins
Fire Safety Level 1	30 mins
Moving and Handling Level 1	40 mins
Preventing Radicalisation - Basic Prevent Awareness	35 mins
Safeguarding Adults Level 1	40 mins
Safeguarding Adults Level 2	40 mins
Safeguarding Children Level 1	30 mins
Safeguarding Children Level 2	35 mins

Mental Capacity Act (MCA) **Completion by IRCP**

Mental Capacity Act as Part of Human Rights	20 mins
Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins

Deprivation of Liberty	20 mins
Relationship Between the MCA and the MHA	20 mins
Mental Capacity Act and Young People aged 16 or 17	20 mins
Research Involving People Who Lack Capacity	20 mins
Mental Capacity Act and Adult Safeguarding	20 mins
Settling Disputes and Disagreements	20 mins

Alcohol and Tobacco Brief Interventions **Completion by IRCP**

Introduction to treating and preventing ill health	15 mins
Very Brief Advice on Smoking	15 mins
Alcohol Brief Advice	15 mins
Bringing It Together - Multiple Risk Factors	15 mins
Assessment	10 mins

Making Every Contact Count (MECC) **Completion by IRCP**

What is MECC and why is it important	30 mins
How to have a MECC conversation	30 mins
Signposting	15 mins
Five Ways to Wellbeing	30 mins
Assessment	10 mins

HEE Rubber Dam Placement video **Completion by IRCP**

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://EastofEnglandelfhHub(e-lfh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules **Completion by FRCP**

Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins
Special Patient Groups	60 mins
Utilising the BNF	60 mins
Medical Emergencies	60 mins
Periprocedural Prescribing	60 mins
Dental Infection	60 mins
Pain, Ulceration, and Inflammation	60 mins
Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins

List of Supplementary E-Learning

Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the web-page and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient	Assessment Methods and Techniques
Good Practice	Health Promotion and Disease Prevention
Patient Assessment	Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry	Medical Emergencies In Dentistry
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3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain	Mediators of Central Pain
Dental Local Anaesthesia	Dental Local Anaesthetic Technique
Management of Dental Pain	Non-Pharmacological Anxiety Management
Intravenous Sedation	Inhalation Sedation
Dental General Anaesthesia	

4 Periodontal Disease and Management

Aetiology of Periodontal Disease	
Periodontal Diagnosis and Determination of Prognosis	Periodontal Treatment Options
Patient Education and self-Performed Plaque Control	Non-Surgical Periodontal Therapy
Surgical Periodontal Therapy	

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment	Exodontia
Surgical Dentistry	Advanced Trauma Life Support (ATLS)
Management of Un-Erupted, Impacted, Ectopic and Supernumerary Teeth	Management of Benign Soft Tissue lesions

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies	Odontogenic Infections
Management of Oral Mucosal Diseases	Craniofacial Pain Disorders
Neoplastic and Non Neoplastic Disease of the Head and Neck	

7 Management of the Developing Dentition

Orthodontic Indices	Assessment for interceptive Treatment
Space Maintenance	Simple Removable Appliances
Oral Habits and Occlusal Trauma in the Mixed Dentition	
Emergency Care and Management of Orthodontal Problems	
Contemporary Orthodontics Normal Facial Growth and Dental Development	
Abnormalities of Facial Growth and Dental Development	

8 Restoration of Teeth

Caries
Crowns
Aesthetic Dentistry
Tooth Surface Loss
Dental Trauma

Restoration of Permanent Teeth
Restoration of Deciduous Teeth
Dental Biomaterials
Endodontics

9 Replacement of Teeth

Bridgework
Complete Dentures
Implantology

Occlusion
Partial Dentures
Miscellaneous

10 Communication

Patient and the Family
Other Professionals

Teamworking

11 Professionalism

Ethics
The Clinical Team and Peers

Self

12 Management and Leadership

The Need for Effective leadership and Management
Risk Management
Change Management
Healthcare Systems
Management and Leadership

Quality in Healthcare
Self-Management
Managing a Business
Professional Practice

13 Sustainable Dentistry

Introduction to Sustainable Dentistry

Measuring carbon in Healthcare



Milestones and APLAN

2023-2024

Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 1st December 2023 - Submissions close: 5th January 2024

Milestone 3

Submissions open: 19th April 2024 - Submissions close: 24th May 2024

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Hertfordshire and West Essex 2023-2024

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further wide ranging support that can be obtained from the Associate Dean for Regional Trainee Support. Here is a web address support:

<https://heeoe.hee.nhs.uk/dental/trainee-support>

Contacts for Support

Training Programme Director

Peter Russell

Phone: 07411793026

Email: peter.russell@hee.nhs.uk

Regional Trainee Support

Email: Support.eoe@hee.nhs.uk



Claiming Travel and Subsistence

2023-2024

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk.

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will probably need to ensure that your insurance covers business use.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Audit Project

2023-2024

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2023-2024

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmal account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.