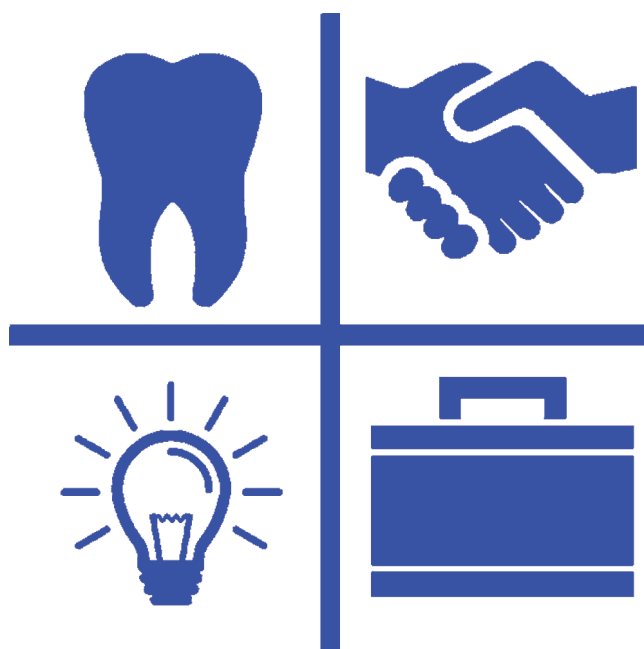


# Hertfordshire and West Essex Dental Foundation Training Scheme



**Spring and Summer Term Programme 2022-2023**





# Hertfordshire and West Essex Dental Foundation Training Scheme

## The Lister Postgraduate Learning Centre

Lister Hospital, Corey's Mill Lane, Stevenage, SG1 4AG

Tel: 01438 284923

## East of England Region

Regional Postgraduate Dental Dean

**Malcolm Brady**

Regional Dental Account Manager

**Patti Bradshaw**

Regional Dental Faculty Support Officer

**Peta Wright**

Regional Dental Faculty Support Officer

**Charlene Wright**

Postgraduate Centre Manager

Scheme Administrator

**Janice Bentham**

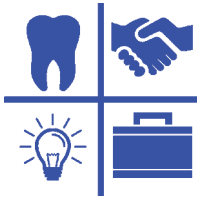
Training Programme Director

**Peter Russell**

BDS PG Cert Dent Ed

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# Hertfordshire and West Essex Dental Foundation Training Scheme

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# Spring and Summer Term

## Venues and Subjects

<b>Friday 17th February 2023</b>	Milestone 2 Presentation	<i>Lister PGMC</i>
<b>17th March 2023</b>	Denture Masterclass Part 1	<i>Online</i>
<b>Tuesday 21st March 2023</b>	Practical Oral Surgery (Hands on Porcine tissue)	<i>Luton &amp; Dunstable Hospital COMET centre</i>
<b>Friday 24th March 2023</b>	Denture Masterclass Part 2	<i>Online</i>
<b>Friday 31st March 2023</b>	Endodontics Part 2 (Hands on)	<i>Endomistra Baldock</i>
<b>Thursday 20th April</b>	Composites (Hands On)	<i>Kettering Skills Centre</i>
<b>Friday 21st April</b>	Dementia awareness in the dental setting Occlusion	<i>Lister PGMC</i>
<b>Friday 5th May</b>	Advanced restorations and Tooth Wear	<i>Lister PGMC</i>
<b>Friday 12th May</b>	Implants Restorative De-Brief	<i>Lister PGMC</i>
<b>Thursday 25th May</b>	Beyond Foundation Day 1	<i>Bedford Raleigh Centre</i>
<b>Friday 25th May</b>	Beyond Foundation Day 2	<i>Bedford Lecture Theatre</i>

<b>Friday 2nd June</b>	Audit Presentations	<i>Lister PGMC</i>
<b>Friday 23rd June</b>	Milestone 3 Presentations	<i>Lister PGMC</i>
<b>Friday 30th June</b>	Personality Profiling and Behaviour Change	<i>Online</i>
<b>Friday 7th July</b>	Regional Showcase Day	<i>Radisson Blu Stansted</i>

## Important Dates and Deadlines

MS2 Submission APLAN	Friday, 13 January 2023
MS2 Marking APLAN	Friday, 27 January 2023
IRCP	Wednesday, 22 February 2023
e-LiFT APLAN	Friday, 7 April 2023
e LiFt Submission APLAN	1st May 2023
e LiFt Re-submission	14th May 2023
Audit complete	31st May 2023
MS3 Submission APLAN	2nd June 2023
MS3 Marking APLAN	16th June 2023
FRCP	12th July 2023



# Friday 17th February 2023

Lister PGMC

## Day Session

09.30

### Milestone 2 Presentation

CPD Hrs = 6

#### Peter Russell & 2 ESs

Scheme Training Programme Director + 2 ESs

*This session will be used for Foundation Dentists to present their Milestone 2 Endodontic Case.*



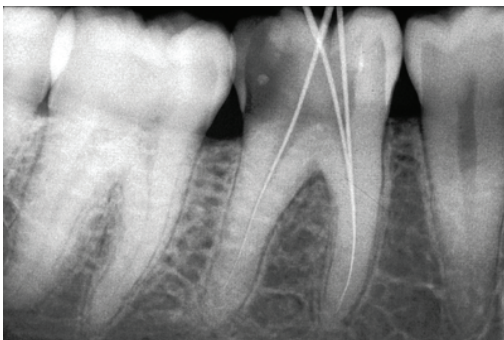
#### Objectives

- *Knowledge and experience of the power of self and peer reflection in personal development.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

#### Learning Content

- *Assess and treatment plan appropriately.*
- *Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.*

#### GDC Outcomes: A C



16.30

End



17th March 2023

Online

## Afternoon Session

13.30

### Denture Masterclass Part 1

CPD Hrs = 6

#### Dr Upen Patel

Clinical Lecturer Birmingham Dental Hospital

*o provide a solid set of principles in complete denture fabrication focusing on correct diagnosis, impressions, bite registration trial insertion and definitive insertion with aftercare.*

#### Objectives

- *Define the principles of provision of complete dentures in a general dental practice setting.*
- *Identify the methods of obtaining and interpreting diagnostic casts and gathering relevant information in formulating a diagnosis, prognosis and treatment plan for patients requiring complete dentures.*
- *Describe the planning, design prescription and delivery of effective complete prostheses, including communication with the dental laboratory team, to provide effective patient care.*

#### Learning Content

- *Describe the planning, design prescription and delivery of effective complete prostheses, including communication with the dental laboratory team, to provide effective patient care.*
- *Can demonstrate how to take excellent impressions for complete dentures and their importance (based on the initial diagnosis of each edentulous case).*
- *Perform accurately inter-arch relationship records and know when to take a facebow record, including assessment of tooth shape and size.*

#### GDC Outcomes: A C



16.30

End



# Tuesday 21st March 2023

Luton & Dunstable Hospital COMET centre

## Morning Session

09.00

Practical Oral Surgery (Hands on Porcine tissue)

CPD Hrs = 4

### Mr Rob Bunyan

Consultant OMFS L& D Hospital

*Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.*

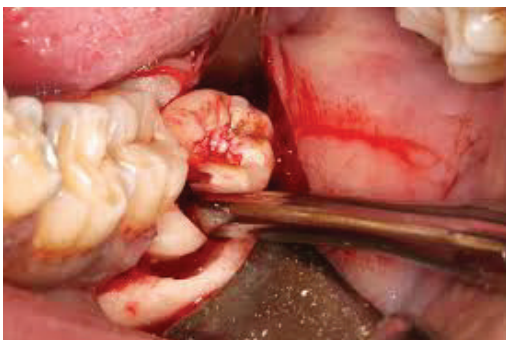
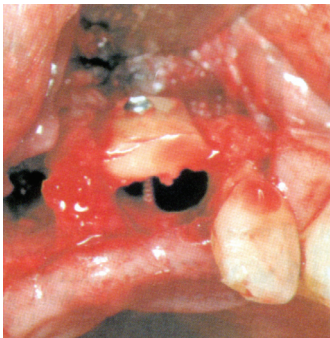
### Objectives

- *Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients.*

### Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

**GDC Outcomes: A C**







Friday 24th March 2023

Online

## Afternoon Session

09.30

### Denture Masterclass Part 2

CPD Hrs = 3

#### Dr Upen Patel

Clinical Lecturer Birmingham Dental Hospital

*To provide a solid set of principles in partial denture fabrication focusing on correct diagnosis, impressions, bite registration trial insertion and definitive insertion with aftercare.*

#### Objectives

- *Define the principles of provision of partial dentures in a general dental practice setting.*
- *Identify the methods of obtaining and interpreting diagnostic casts and gathering relevant information in formulating a diagnosis, prognosis and treatment plan for patients requiring partial dentures.*
- *Describe the planning, designing prescription and delivery of effective partial prostheses, including communication with the dental laboratory team, to provide effective patient care.*

#### Learning Content

- *Demonstrate how to take excellent impressions for partial dentures and their importance (based on the initial diagnosis of each case) as well as evaluate any issues.*
- *Recognise how to undertake partial denture design in a predictable and methodical manner.*
- 

**GDC Outcomes: A C**



16.30

End



# Friday 31st March 2023

Endomistra Baldock

## Day Session

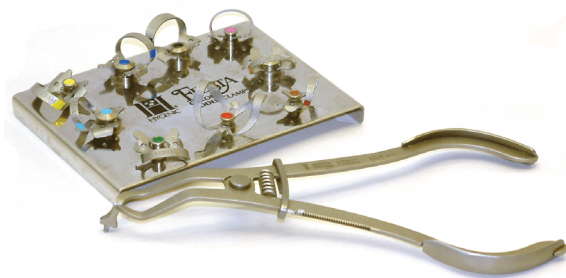
09.30

### Endodontics Part 2 (Hands on)

CPD Hrs = 6

#### Shashi Mishra

Specialist Endodontist



*The second hands on session to help take your current experience and hone the skills. We will also aim to address the issues and problems you have so far experienced.*

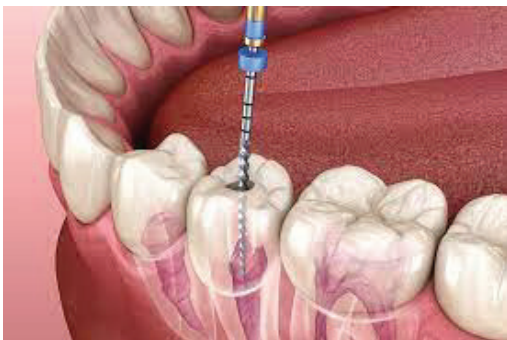
#### Objectives

- To develop knowledge and skills in endodontic assessment
- To develop knowledge and skills in endodontic treatment planning
- To develop knowledge and skills using proprietary rotary and reciprocating canal preparation techniques.

#### Learning Content

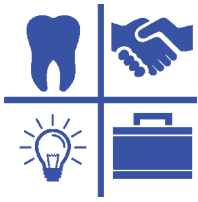
- To be able to make an accurate endodontic diagnosis and understand the role of endodontic assessment in relation to overall patient management and treatment planning
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Understand the tests and procedures required to successfully establish prognosis prior to initiating endodontics

**GDC Outcomes: A C**



16:30

End



# Thursday 20th April

Kettering Skills Centre

## Morning Session

09.30

Composites (Hands On)

CPD Hrs = 3

**Anneke Whelan & Anil Patel**

ESs and General Practitioners



*To assist Foundation Dentists in choosing which equipment and techniques to employ when directly restoring anterior teeth. Including colour matching*

### Objectives

- Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.
- Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a lifelike final restoration.
- Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations using extracted teeth: class IV restoration and a direct composite veneer

**GDC Outcomes: A B C D**



12.30

Lunch

Please bring suitable extracted anterior teeth.



# Friday 21st April

Lister PGMC

## Morning Session

09.30

**Dementia awareness in the dental setting**

CPD Hrs = 3

**Zahra Nasir**

DCT 2 Special Care Dentist CDS-CIC



*A session to aid the recognition of Dementia patients as they may present themselves in a dental setting. There will be examples of the types of presentation and the special adaptations required for these patients both in our behaviour and treatment planning.*

12.30

Lunch



Friday 21st April

Lister PGMC

## Afternoon Session

13.30

Occlusion

CPD Hrs = 3

### Paul Jackson

Beds ES

*To build on the undergraduate knowledge and understanding of occlusion (and toothwear).*

#### Objectives

- *Define the ideal of the static and dynamic dentition.*
- *"Understanding of simple occlusal adjustment and realignment. To review current methods for restoring and replacing teeth in clinical practice. To be able to recognise tooth surface loss and its causes."*



#### Learning Content

- *Implementation of the use of a conformative or reorganised approach for restoration of the dentition. Demonstrate knowledge of tooth surface loss, its diagnosis, aetiology and treatment.*
- *Define the vocabulary used in the study of occlusion and recognise the concepts of occlusion and its importance in dental care.*
- *Identify how and when to use a facebow, carry out a comprehensive examination of the articulatory system, record RCP and recognise the relationship between these areas and the principles involved in occlusion. Implement the prescription of splint therapy – why, when and how.*

#### GDC Outcomes: A C

16.30

End



Friday 5th May

Lister PGMC

## Day Session

09.30

### Advanced restorations and Tooth Wear

CPD Hrs = 6

#### Prof Andrew Eder

Emeritus Professor of Restorative Dentistry and Dental Education

*To build on the undergraduate knowledge and understanding of tooth wear and advanced restorative techniques.*

#### Objectives

- *To review current methods for restoring and replacing teeth in clinical practice*
- *To be able to recognise and diagnose tooth surface loss and its causes*

#### Learning Content

- *A better knowledge of tooth surface loss, its diagnose, aetiology and treatment*
- *Understanding of advanced restorative techniques in relation to the provision of dental care in practice*

#### GDC Outcomes: A C D



16:30

End



Friday 12th May

Lister PGMC

## Morning Session

09.30

Implants

CPD Hrs = 3

### Dr Minesh Patel

Associate Prof Implant Dentistry Warwick University, Herts ES

*To evaluate when the provision of dental implants may be appropriate, when patients should be referred and what things a GDP should be doing regarding maintenance and monitoring of dental implants.*

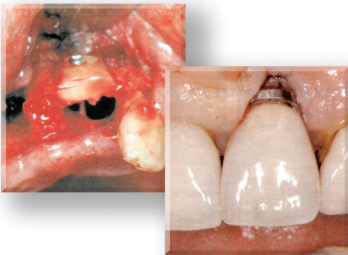
#### Objectives

- *Define aspects of implant dentistry sufficient to identify suitable cases for referral, give patients basic information and recognise failures.*
- *Examination and discussion of current National guidelines relating to the provision of dental implants and local arrangements for NHS provision*
- *Exploration and revision of the role of the dental practitioner in offering treatment options, including those unavailable on the NHS.*

#### Learning Content

- *Be able to define the indication and contraindications for the provision of dental implants for patients*
- *Recognise the role, responsibilities and expected actions of the General Dental Practitioner in the management and monitoring of implants.*
- *Clearly describe the processes, both biological and procedural, involved in the planning, placing and care of dental implants.*

#### GDC Outcomes: A C D



12.30

Lunch



Friday 12th May

Lister PGMC

## Morning Session

13:30

### Restorative De-Brief

CPD Hrs = 6

#### Peter Russell

Scheme TPD

*A de-brief of the results and feedback recieved from the Restorative day held in Dec 2022 and the excersises performed in your surgeries.*

#### Objectives

- *To understand the techniques used to perform releiable restorations*
- *To be able to appraise our own work and alter our techniques with feedback*
- *To share our outcomes with our peers*

#### Learning Content

- *To learn how peer appraisal can improve outcomes*
- *To understand the weaker aspects of our work and improve itntent*

#### GDC Outcomes: A C D



You will need the photos and case returns for the case you sent for assessment.





# Thursday 25th May

Bedford Raleigh Centre

## Morning Session

09.30

Beyond Foundation Day 1

CPD Hrs = 6

### Various Legal, Accountancy and Financial experts



*Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.*

#### Objectives

- *Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.*
- *Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.*
- *Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.*

#### Learning Content

- *Describe the requirements for financial record keeping and management at an individual and practice level.*
- *Define the HMRC requirements for general dental practitioners at both a personal and practice level.*
- *Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.*

#### GDC Outcomes: A B C D



16.30

End

**A joint session with Bedfordshire and Cambridgeshire Schemes. There is an opportunity for a social event after this session.**



Friday 25th May

Bedford Lecture Theatre

## Day Session

09.30

Beyond Foundation Day 2

CPD Hrs = 6

### Accountancy and Wellbeing Assistance



FlamingoTalk.com

*Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.*

#### Objectives

- *To learn about challenges of life and the effects they may have on our health.*
- *To understand the effects of many common pathways of stress reduction.*
- *Getting good advice on accounting, insurance and contracts is essential and the speakers on this day are all experts in their fields.*

#### Learning Content

- *Improve their knowledge of practice accounts in particular profit and loss accounts and balance sheets*
- *Understand the current tax system as it applies to the newly qualified GDP*
- *Understand areas of financial planning including loans, savings, pensions, equipment and practice purchases*
- *Understand that professionalism covers more than dental practice.*

#### GDC Outcomes: A B C D



15:30

End



# Friday 2nd June

Lister PGMC

## Day Session

09.30

### Audit Presentations

CPD Hrs = 6

#### Peter Russell

Scheme TPD

*To understand fully the role and structure of audit in general dental practice by completing a 2 cycle audit and its subsequent presentation to your peers.*

#### Objectives

- *Exploration of the structure, role and effectiveness of Audit in the provision of clinical care.*
- *Learn about the methods of carrying out Audit in general dental practice and how these can be effectively implemented.*
- *Discuss fully the roles of Audit and research and how these each play a different part in the delivery of effective dental care and help to provide total quality management of this delivery process.*



#### Learning Content

- *The ability to plan and implement an audit (of at least two cycles) within general dental practice, together with a report on its management, and outcome.*
- *An ability to analyse critically processes involved in the management of general dental practice.*
- *An understanding of the concepts of effective quality management of the delivery of effective dental care within general dental practice*

#### GDC Outcomes: A C

16.30

End



# Friday 23rd June

Lister PGMC

## Day Session

09.30

### Milestone 3 Presentations

CPD Hrs = 6

#### Peter Russell & 2 ESs

Scheme TPD

*This session will be used for Foundation Dentists to present their Milestone 3 case.*



#### Objectives

- *To enhance self-assessment, reflection and feedback amongst participants.*
- *Provide an opportunity to learn how best to approach work in the future.*
- *Reflect on a wide range of complex clinical care plans.*

#### Learning Content

- *Assess and treatment plan appropriately.*
- *Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.*

#### GDC Outcomes: A B C D



16.30

End



Friday 30th June

Online

## Day Session

09.30

### Personality Profiling and Behaviour Change

CPD Hrs = 6

#### Cascade



*The aims of the day are: to communicate more efficiently, to understand better how others think and feel, and to be more aware as to how people make decisions.*

#### Objectives

- *To understand different personality including your own*
- *To realise how your personality may influence you interactions with others*
- *To recognize the importance and implications of managing different sorts of people*
- *To explore your communication skill*

#### Learning Content

- *Greater self-awareness*
- *Improved communication with patients and the dental team*
- *Strategies to manage different types of patients more effectively*

#### GDC Outcomes: A B



16.30

End

Please complete the pre- course questionnaire.



# Friday 7th July

Radisson Blu Stansted

## Day Session

09.30

Regional Showcase Day

CPD Hrs = 6

**TBC**

