



Book your place on the Mental Health Update Study Day Live Course for Health Education England - East of England

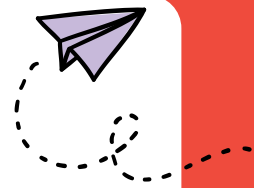
Join us for a highly engaging and interactive online course, from the comfort of your home (or practice)! We'll cover the latest changes in evidence and guidelines relevant to Primary Care. Our presenter will host the course live from our TV Studio, run interactive polls and Q&A sessions and offer practical tools to help you change your practice straightaway.

COURSE DETAILS

DATE: Thursday 9th February 2023

TIME: 10:00 to 16:00

CLICK HERE TO BOOK!



What we will cover

- New narratives for key mental health disorders
- Therapies and drug dilemmas
- A practical guide to the new NICE guidelines for depression
- Microskills such as behavioural activation and self-compassion
- Children and adolescents
- Neurodiversity including autism and ADHD
- OCD and body dysmorphic disorder
- Primary care management of psychosis
- Eating disorders
- Strategies for repeat attenders with unexplained or persistent physical symptoms
- Practical self-care skills for our own wellbeing as clinicians in challenging times

What you can expect on the day

- **Learning to suit all styles** - Varied, dynamic teaching.
- **Interaction** - Interact with the presenter and ask questions.
- **Flexibility** - tune into the live-hosted event and/or to re-watch on demand, at any time, for 12 months after

What will I get

- 5 CPD hours of interactive & practice-changing online learning, with downloadable certificate
- 12 months access to the extended on demand course
- 12 months access to the online written resources with hundreds of articles

Online Written Resources

Hundreds of articles, all in one place, **covering more than 97% of the RCGP curriculum** - like an online encyclopedia for primary care professionals.

- Continually updated to provide a reliable source of information.
- Fully searchable with fast and reliable answers to real problems during consultations.
- A handy online resource to support you with your PUNS and DENS.
- Packed with ready-made protocols to standardise practice within surgeries and PCNs.

