

GP Open Day and Awards

8 June 2016, 1:30pm onwards

Newmarket Racecourse

Rowley Mile, Newmarket, Suffolk, CB8 0TF

Network and celebrate general practice in the east of England

Awards will be presented to:

- **Best performance in the CSA and AKT exams**
 - **The best WPBA performance**
 - **GP Educator of the Year**
 - **The Trainee Teacher of the Year**
 - **The Trainee Leader of the Year**
- **Promoting GP as a Career Competition**
 - **Poster Competition**

**The GP School welcome all trainees and GP
educators in the east of England**

GP School Open Day and Celebration of Success

8 June 2016

Agenda

13:30 Arrival, Tea and Coffee

13:50 Welcome John Howard & Vijay Nayar

14:00 Opportunities for Academic Fellows Amanda Howe, Ahmed Rashid & Rachel Wakelin

14:15 NHS Leadership Sabira Mohammad

14:30 Out of Programme Experience – Global Health Fellowship Geeta Sharma

14:45 Post CCT GP Fellows Antoinette Hadida Savvas

15:00 Clinical Commissioning Fellows Shah Arghandawi & Mazhar Kiani

15:15 The Importance of GP Academic Careers Jonathan Mant

15:30 Afternoon Tea and Networking

16:15 Prize giving John Howard & Vijay Nayar

17:00 CLOSE

WIFI Access – select 'Free Jockey Club' and enter your name and email address to connect

GP School Open Day and Awards 2016

OPPORTUNITIES FOR ACADEMIC FELLOWS

Professor Amanda Howe

Professor Amanda Howe (MA MEd MD FRCGP) is President Elect of the World Organization of Family Doctors (WONCA - www.globalfamilydoctor.com), having previously held office as Chair of their Working Party On Women and Family Medicine, and Chair of the Organisational Equity Committee. From 2009-2015 she was also an Officer of the U.K. Royal College of General Practitioners, serving as Honorary Secretary then Vice Chair of Council. Her professorial appointment is at the Norwich Medical School in the University of East Anglia, one of the newer medical schools in the U.K.; and she also still sees patients in a primary care N.H.S. clinic.



Her passion is to make family medicine a recognised and respected component of every healthcare system and medical school. Apart from championing family medicine, medical education reform, and professionalism as a core attribute of good doctors, she has particular clinical and research interests in quality of care, the effective use of education as an intervention to improve care, mental health problems, and patient and public empowerment in health care settings. She was awarded Queen's Honours as Officer of the British Empire in January 2016 for services to primary care.



Dr Ahmed Rashid

Ahmed is an ST4 on the Cambridge VTS. He has combined his clinical training with an academic clinical fellowship at the University of Cambridge. In 2014, he was selected to take part in the National Medical Director's Clinical Fellow scheme and spent a year on secondment at the National Institute of Health and Care Excellence. He has served on the RCGP AiT committee and is a clinical supervisor to a group of Cambridge MB/PhD students. He writes a regular column in the BJGP and has written for several other journals and magazines, including The BMJ. He is due to complete his training in summer 2016.

Dr Rachel Wakelin

Doctor Rachel Wakelin (BM BSc) is a new qualified general practitioner having recently completing an Academic Clinical Fellowship post. Her fellowship involved clinical training, within the Cambridge General Practice Vocational Scheme, and the completion of an MSc in health research, at the University of East Anglia. Prior to this she finished foundation training in the Wessex Deanery and studied Medicine, with an intercalated BSc, at the University of Southampton.

Dr Wakelin developed an interest in academic work during her intercalated BSc where she undertook a laboratory research project in the Cancer Sciences Division. She was able to develop further skills in



teaching and research during her Academic Fellowship and has recently submitted a Dissertation on tongue-tie in breastfeeding. This year she has presented her findings at the regional Society of Academic Primary Care and the national Academic Clinical Fellows Conferences; she received an award for an outstanding presentation. Dr Wakelin has now been accepted onto the Health Education East of England GP Fellowship Programme. She is working part-time in clinical practice alongside teaching, communication skills and professionalism, at the University of Cambridge. She will go on to complete the Postgraduate Certificate in Medical Education.

NHS LEADERSHIP



Dr Sabira Mohammad

Dr Mohammad graduated in 2006 from Kings College in London. Completed Foundation training in East London and Essex Hospitals and then went on to complete Core Medical Training at QEII Hospital in Welwyn Garden City. She is currently a 2nd year GP trainee, coming to the end of a two year career break.

During her time out of training, she joined the NHS Graduate Management Scheme. As recognition of her commitment to combining clinical/managerial roles, she was recognised as a HSJ Rising Star in 2014.

Following 20 months of experience within Clinical Commissioning Groups (her last post being as Assistant Director for Urgent Care), she is now working as a Divisional General Manager for Specialist Surgery at the Royal National Orthopaedic Hospital in Stanmore. In her current role she looks after 4 services (Spinal Surgery, Foot & Ankle, Upper Limb and Peripheral Nerve Injury). She still does the occasional shift as a Registrar in A&E at the Lister hospital, and is currently discussing her return to GP training with her Training Programme Director.

OUT OF PROGRAMME EXPERIENCE: GLOBAL HEALTH FELLOWSHIP

Dr Geeta Sharma

My name is Geetali Sharma and I am a GPST3 currently on the Watford VTS scheme. A brief background of me prior to this is that my FY1 and FY2 years were conducted at Addenbrooke's and Bedford Hospital respectively, after having completed my MBBS training at Barts and The London School of Medicine and Dentistry.

I was fortunate enough to have embarked on an Out of Programme Experience in South Africa last year, which was an enlightening period in testing my character, strengths and limitations both as a doctor and person. I am looking forward to achieving my CCT and thinking about broader horizons in relation to global health, whilst (hopefully) maintaining roots in Hertfordshire.



My passions include teaching and performing Kathak, a North Indian Classical Dance form. I have also recently taken up yoga with a view to maintaining holistic health – I need to practice what I preach! I also enjoy travelling, reading and above all, cricket!



POST CCT GP FELLOWS



Dr Antoinette Hadida Savvas

Antoinette qualified from Manchester University in 1998 and completed basic medical training before moving into a career in General Practice. She stayed in Manchester working part time in a large inner city practice and was the drug lead in the shared care clinic.

In summer of 2013 her family relocated to East Anglia due to her husband's work commitments. This coincided with her third pregnancy so she took an extended maternity leave. The fellowship scheme has helped her re-establish her working life, she is currently working in Petersfield medical practice in central

Cambridge and also out of hours for urgent care Cambridge. The educational component of her scheme is based at the Judge Business School.

CLINICAL COMMISSIONING FELLOWS

Dr Shah Arghandawi

I am a current GP ST4 working in Essex. My medical training was done at Bart's and the London.

I completed an intercalated BSc with lab research in aspects of arthritis.

In the past I was an Academic FY2 - being involved in different stages of clinical trials in London.

My GP training has included working in the following specialities: General Medicine, Paediatrics, ENT and Ophthalmology.



Dr Mazhar Kiani

Dr Kiani is a current GPST4 Commissioning Fellow.

He holds a Special Interest in quality improvement and Innovation.

His current project is developing a GP fellowship scheme in Bedford.



THE IMPORTANCE OF GP ACADEMIC CAREERS

Professor Jonathan Mant

Jonathan Mant is professor of primary care research and head of the primary care unit in the Department of Public Health & Primary Care of the University of Cambridge. He is an honorary consultant for Public Health England and the Addenbrooke's Hospital and is an NIHR Senior Investigator.

He trained in public health medicine in the Oxford Region, and was clinical lecturer in public health medicine at the University of Oxford 1991-1997, before moving to the University of Birmingham as a senior lecturer in Primary Care Clinical Sciences in 1997. In 2008 he took up his chair in Cambridge.

His research interests focus on the prevention and management of cardiovascular disease, particularly stroke, in community settings. He is currently leading two programme grants, one funded by the Stroke Association/BHF exploring the potential role of a polypill in the secondary prevention of stroke, and the other funded by NIHR which aims to develop and evaluate primary care services for stroke.



And The NOMINEES Are.....

GP Trainee Teacher

Balpreet Bering

Elizabeth Hornung

Rebecca Farndale

Christopher Hamilton Jessop

Joanna Albans

D
Michael Beard
WPBA

r
CSA
Joanna Sheldon
Claire Giles
Sarah
Hickman
Suzie Surti

Judith Somers

Heslam **Poster**

Kevin Brinkhurst

Mohammad Al-Dahan

Vivien Fowler

GP Educator

Ahmed Rashid

Sara Luck

Clare Singh

Sara Garrod

Debra Spraggins

Mark Jones

AKT

Lou Cowan

William Ridsdill Smith

Sundeeep Grewal

Michael Jones

GP Trainee Leader

Colchester TPDs



Thank you all very much for attending our GP School Open Day and Awards Event!!

We feel that this has been a great success and we hope that you have enjoyed yourselves.

We will be posting the featured presentations and photographs from the day on our website - https://heeoee.hee.nhs.uk/general_practice_home

For any further information about leadership opportunities please go to - <https://eoeleadership.hee.nhs.uk/>

