

Hadleigh Boxford Group Practice

ST1 and ST2 General Practice Placement Profile

Location

Hadleigh Boxford Group Practice is a large rural practice covering an area of approximately 240 square miles in the beautiful Suffolk Countryside and Area of Outstanding Beauty. Our main Health Centre is situated close to the River Brett in the picturesque market town of Hadleigh.

Hadleigh is an ancient market town and civil parish in South Suffolk, East Anglia, situated between the larger towns of Sudbury and Ipswich. The headquarters of Babergh District Council are located in the town, which at the 2011 census had a population of 8,253.

Hadleigh was one of the East Anglian towns that derived its prosperity from its wool and cloth industries. It has a 15th-century timber-framed Guildhall and many fine examples of timber and brick listed buildings, some with highly detailed 17th century plasterwork or "pargeting". Most of these buildings can be found in the High Street, Angel Street, Benton Street and the immediate surrounding area.

Our branch surgery is in the quaint village of Boxford, five miles from the Health Centre and is served by one GP at any one time with a dispensary and some nursing services.

The Practice

Hadleigh Health Centre was purpose built in 2003 and is both comfortable and well equipped, with large consulting and nursing rooms, a conference suite, a relaxing staff room, a free staff car park and a busy and high performing hybrid Pharmacy, owned by the Partners. The GP Practice shares the building with several other NHS and non-NHS providers including district nursing, podiatry, audiology, ENT, paediatrics, dermatology, health visiting, school nursing, psychological and mental health services, physiotherapy, midwifery, ultrasound, chemotherapy and Suffolk Health and Leisure. These services provide a very rich, holistic and valuable learning experience for our registrars.

There are nine Partners and one salaried doctor, working a total of 66 sessions Monday to Friday. We provide extended hours to our patients from Monday to Thursday in the way of a 0700 clinic with our main operating and clinical hours between 0800 and 1830. We don't provide any out of hours support, instead commission Care UK to provide all out of hours, weekends and bank holidays GP and Nursing care. Our medical, nursing and pharmacy teams work closely together in a flexible and responsive manner.

We have an experienced and highly professional nursing team led by a Senior Nurse Practitioner providing phlebotomy, travel, Long Term Conditions, Care Homes, nurse triage, treatments, minor surgery, immunisations and vaccinations, dopplers etc.

We operate a paperless office and use SystmOne to record our clinical activity and run our appointment system, utilising patient partner and online booking, with good IT support and a Notes Summariser.

The Patients

Our current list size is 15,186 (as of January, 2017) with 24% of our patients being over 66 years of age. We serve 3 residential homes in Hadleigh and one nursing home, which we have proudly been awarded recognition from The General Practice Awards in winning the 'Innovators of the Year Award 2013' for Quality Community Health and Care Homes Partnership work.

Our Practice has been rated best in our region by our patients, scoring 96% in the Friends and Family Test and we pride ourselves on providing an excellent and accommodating service to our patients. We have a dynamic Patient Participation Group (PPG) which meets regularly throughout the year, with committed patients/residents wanting to make a difference to their local healthcare services and facilities. Most of our patients receive a face to face consultation for at least 10 minutes either in the surgery or within their home and are seen on the day. Approximately 45% of our patients are entitled to dispensing services and our Pharmacy operates a home delivery service if required.

Training and Teaching

Our trainers (Dr Ruth Nabarro and Dr Bryan Anglim) are committed and enthusiastic to receive Registrar trainees and see this as a valuable and important part of their role, investing much time and effort in the development of our trainees. Both are certified trainers and teachers and look forward to working with you.

We successfully continue to achieve a high pass rate for supporting and guiding Trainees through their Clinical Skills Assessment (CSA) and receive very favourable feedback as illustrated:

[GP Training at Hadleigh Health Centre: A Trainee's Story](#)

"I am an International Medical graduate having obtained my primary medical qualification from Nigeria and moved to Suffolk when I commenced training to become a general practitioner.

Unfortunately I hit some obstacle in my training when I failed to pass the Clinical skill Examination (CSA) within the training period and needed to have my training extended by three months. I had passed the knowledge test (AKT) at my first attempt but narrowly failed the CSA by a mark at my first attempt scoring 74 marks. My score at the second attempt was worse and I opted to change practice during the extension despite my then trainer wanting me to stay with them. I was convinced I had made the right choice following a meeting with Dr Anglim, my trainer at Hadleigh Health Centre prior to commencing the extension. He showed good insight into my training needs in identifying my consultation style as area that needed improving rather than my knowledge base and that sit in sessions with my trainer would be most helpful in fine tuning my consultation skills. So he arranged for me to have several sit in sessions rather than tutorial or video sessions as suggested by my previous trainer.

On starting my extension at HHC, I quickly settled in due to the friendly and supportive staff. The support was immense from the admin staff, the reception team to the nursing team and even more so from the GPs. I felt a member of the team from the start and this obviously was very important in getting me settled as there was no cooling period. I had my first sit in surgery the first morning of my extension and then spent the afternoon meeting members of the team.

Dr Anglim stuck to his strategy for getting me through the CSA examination and I had regular sit in sessions with a trainer lasting an entire surgery. This was quite challenging initially, leaving me exhausted and at times wary of going to work in the mornings by the second and third week but I knew it was what I needed to succeed at the examination and by the fourth week, I started to enjoy the exercise as I had gotten used to having someone sit in observing me for an entire surgery!

This feeling was carried into the examination few weeks later and needless to say I passed and if I may add 'passed well' according to my trainers and my programme directors. This may not have been the case if not for the hard work put into my training by my trainer and other GP trainers at Hadleigh Health Centre. Thanks guys!

I would definitely recommend training at Hadleigh Health Centre for the great work they are doing for their trainees."

Support Staff

The Practice employs 39 staff in total, equal to 25.91 WTE (excluding the Pharmacy employed staff). The Practice is managed by both our Business Manager (David Parke) and Practice Manager (Tracey Squirrell) who would be delighted to have an informal telephone conversation and/or show you around our Practice, if interested in being placed with us. We look forward to meeting you.

We have an excellent relationship with our Clinical Commissioning Group (CCG) and Local Medical Council (LMC) and work closely together.

We have a friendly and supportive ethos and culture within the Practice and strive for balancing an environment of fun and professionalism.

Partners: *Dr Liz Cope (Senior Partner), Dr Peter Irwin, Dr Chris Cullen, Dr Matthew Glason, Dr Ruth Nabarro, Dr Carrie Everitt, Dr Gillian Croot, Dr Bryan Anglim, Dr Iain Lyons.*

Salaried Doctor: *Dr Jane Hill (Associate Trainer and Training Programme Director for Ipswich VTS)*

Business Manager: *Mr David Parke*

Practice Manager: *Mrs Tracey Squirrell*