

## **Booking Open**

### **SuppoRTT Communications Skills**

**15<sup>th</sup> March**  
**27<sup>th</sup> March**  
**09:30 – 16:30**

#### **About the Course:**

The Primary Care School have commissioned two, one day communication skills courses, aimed at GP Post Graduate Doctors in Training (PG DiTs) currently accessing Supported Return to Training (SuppoRTT). The course will provide delegates the opportunity to boost their confidence in consultation and communication skills in advance of their return to clinical practice.

The sessions will be interactive with trained communication skills providers and actors and run virtually over Zoom.

You will have chance to practice your consultation skills, get tips and feedback, meet with other returning PG DiTs as well as GP SuppoRTT Champions.

#### **Topics will include:**

- Empathy
- Breaking bad news,
- conflict
- confidence

#### **Booking:**

Each course has 18 spaces available and can be attended as part of your KIT days for those on parental leave.

Places will be primarily offered to those accessing SuppoRTT. Any remaining places will be offered more widely.

The course is free to attend and will be relaxed, interactive and aimed at getting returning doctors back into the swing of consulting.

To book your place on the **15<sup>th</sup> March** please complete this booking form:

<https://healtheducationyh.onlinesurveys.ac.uk/communication-and-consultation-skills-15th-march-2023>

To book your place on **27<sup>th</sup> March**, please complete this booking form:

<https://healtheducationyh.onlinesurveys.ac.uk/communication-and-consultation-skills-27th-march-2023>

## **Booking Open**

### **An Introduction to Safety through SuppoRTT**

**8<sup>th</sup> March**

**10:00 – 16:00**

**Southend Hospital**

#### **About the Course:**

This one day course organised by colleagues at Southend Hospital and Delivered by Nicole Trask, SuppoRTT champion, provides postgraduate Doctors in Training (PG DiTs) the opportunity to network and develop links with other recently returned doctors.

#### **Topics will include:**

- Returning to work - formal guidance and lessons from personal experience
- Simulation – real life emergency scenarios presented in a safe environment, emphasising the importance of teamwork and communication, technical and non-technical skills. The prime intention is relevant and targeted accelerated learning within that safe environment.
- Resilience and wellbeing workshops

#### **Booking:**

If you would like to attend this course please email the Medical Education Centre on [mse.medical.education.suhft@nhs.net](mailto:mse.medical.education.suhft@nhs.net), using the subject heading: FAO Katie Palmer: Place requested on 'An Introduction to Safety through SuppoRTT'

## Booking Open

### Consultation Skills and Developing Resilience Masterclass

**14<sup>th</sup> March**

**3<sup>rd</sup> April**

**\*Exact timings to be confirmed\***

#### About the Course:

These sessions are aimed at GP doctors in training currently on, planning to return from or recently returned from periods of extended absence/accessing Supported Return to Training but should they not be filled, will be offered to doctors outside of these groups.

These virtual sessions will focus on clinical aspects of communication and consultation skills but will be flexible and bespoke to the needs of the group on the day. They will also provide an opportunity to support you in developing your resilience and an opportunity to meet and interact with your peers across the region. The sessions will be run by an experienced communication skills coach and trained actor and you will have chance to put your skills into practice on the day.

#### Booking:

There are 15 places available on each workshop.

If you would like to attend either of these sessions, please complete the relevant booking forms below.

To book your place on the **14<sup>th</sup> March** please complete this booking form:

<https://healtheducationyh.onlinesurveys.ac.uk/consultation-skills-and-developing-resilience-14th-march>

To book your place on **3<sup>rd</sup> April**, please complete this booking form:

<https://healtheducationyh.onlinesurveys.ac.uk/consultation-skills-and-developing-resilience-3rd-april>