**East Anglia Foundation School**

**Individual Placement Description**

**Peterborough and Stamford Hospitals NHS Foundation Trust**

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| **Placement** | F2 Rheumatology |
| **The department** | Department of Rheumatology, Peterborough and Stamford Hospitals NHS Foundation TrustBased at Peterborough City Care Centre  |
| **The type of work to expect and learning opportunities** | All F2 doctors during rheumatology post would be mainly outpatient based and also have duties to help supervise rheumatology day unit, as well as review of ward referrals from other specialities at the PCH. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to:* Take a comprehensive history and examine a patient, (detailed general as well musculoskeletal examination)
* Identify and synthesise problems
* Prescribe safely
* Joint and soft tissue injections
* Understanding of autoimmune rheumatological conditions, use of relevant investigation tools and their interpretation.
* Use of disease activity scores such as DAS-28, BASDI, PsARC and BVAS.
* Understanding of conventional DMARDS and also newer biological immunosuppressive agents, prescribing, counselling and monitoring of the disease and the drug.
* Keep an accurate and relevant medical record
* Manage time and clinical priorities effectively
* Communicate effectively with patients, relatives and colleagues
* Use evidence, guidelines and audit to benefit patient care
* Act in a professional manner at all times
* Cope with ethical and legal issues which occur during the management of patients with general medical problems
* Educate patients effectively
* Become life-long learners and teachers
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| **Where the placement is based** | City Care Centre, Peterborough |
| **Clinical Supervisor(s) for the placement** | Dr S Dahiya |
| **Main duties of the placement** | 5-6 six supervised out patient clinics per week, including new and follow up patientsTo provide ALS cover to rheumatology day unit Ward referrals Regular participation in Audit and departmental teaching  |
| **Typical working pattern in this placement** | Typical working pattern in this post e.g. ward rounds, clinics, theatre sessionsDaily/weekly/monthly (if applicable)

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|  | Morning | Afternoon |
| Mon | Clinic | Clinic |
| Tues | Admin | Clinic |
| Weds | Teaching/ audit  | Stamford clinic |
| Thurs | Clinic | ward ref/teaching  |
| Fri | Clinic | Audit/ admin |
| Sat/Sun | no weekend duties |

*On call requirements:* No on call commitments  |
| **Employer information** | The employer for this post is Peterborough & Stamford Hospitals NHS Foundation Trust. The post will be based in the Peterborough City Care Centre, Thorpe Road, Peterborough.Peterborough City Hospital comprises an Emergency Care Centre, Woman & Child Unit, a diagnostic and treatment centre, inpatient (611 beds), cancer services and an educational and training centre. The Trust provides acute hospital care for a population of approximately 350,000. |

It is important to note that this description is a typical example of your placement and may be subject to change.