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| **North East London Foundation Trust**  **Individual Placement Description**  **( FY2 Posts x3 Intermediate care / Community Elderly care )** | |
| **Placement** | **FY2** |
| **The Department** | NELFT provides community health services for people living in South West Essex. Intermediate care services are provided at three community hospitals and by community teams at home. The three inpatient units are Brentwood Community Hospital (25 beds) , Mayflower Community Hospital, Billericay (22 beds) and Alistair Farquharson Centre, Thurrock (32 beds) |
| **The type of work expected and learning opportunities** | The Inpatient intermediate care units provide rehabilitative step down care for patients following an acute hospital admission from BTUH as well as BHRUT and other acute trusts and also step up care for community referrals from GPs , A/E and community teams for elderly patients who may have a sub acute deterioration and are not in need of acute care.  The Foundation doctor will be ward based during normal working hours and be expected to assist the Ward doctor with the daily medical care of patients in their unit.  They will be attached to a Consultant who will be their Clinical supervisor. The work will involve clerking new admissions , reviewing ward patients , preparing discharge letters , routine ward tasks , attending consultant ward rounds , MDT meetings and patient case conferences .  They may also have the opportunity to work with the Community Geriatrician Service (CGS), Rapid Response and Integrated care teams.  The Foundation doctors will always be supervised in their work by senior doctors.  The placement will enable the doctor to have a better understanding of intermediate care and community services and their role in supporting frail older people in the community. They will be doing acute medical on call while doing on call. They will have 3 days in community of 2 days in hospital secondary care.  During the placement the doctor will be able to develop the knowledge , skills and attitude to   * Take a history and examine a patient * Identify and synthesize problems * Keep an accurate and relevant medical record * Prescribe safely * Manage time and clinical priorities effectively * Communicate effectively with patients , relatives and colleagues * Use evidence , guidelines and audit to benefit patient care * Act in a professional manner at all times * Work as part of a multidisciplinary team * Be flexible and adaptable in their approach   Additional learning opportunities will include   * Managing patients in a non-acute setting * Delivering community based rehabilitation working as part of a multidisciplinary team * Providing comprehensive geriatric assessment (CGA) for elderly patients in the community * Developing an approach to managing complex and frail elderly patients in the community * Providing teaching for nursing staff and allied health professionals |
| **Where the placement is based** | The placement will be based at one of the following units. In certain circumstances cover at one of the other units may be expected  Post one - Mayflower Community Hospital (MCH) , Blunts Wall Road , Billericay  Post two - Brentwood Community Hospital (BCH) , Crescent Drive , Brentwood  Post three - Alistair Farquharson Centre (AFC) , Long Lane , Thurrock |
| **Typical working pattern** | The typical working pattern will be 0900 to 1700 ( Mon to Fri)  Weekly DMOP teaching BTUH  FY2 study days NELFT |
| **Clinical Supervisors** | Dr Keith Pritchard Consultant Community Geriatrician (AFC)  Dr Obaid Khan Consultant Physician and Geriatrician (BCH)  Dr Punyasiri Ediri Locum Consultant Geriatrician (MCH) |
| **Employer Information** | The employer for this post is North East London NHS Foundation Trust |

It is important to note that this description is a typical example of your placement and may be subject to change.

**Post 1: Trainee timetable - Mayflower Community Hospital, Blunts Wall Rd, Billericay, Essex CM12 9SA**

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| Monday AM | Tuesday AM | Wednesday AM | Thursday AM | Friday AM |
| Ward work | MDT meeting | Ward work | MDT review meeting  Ward work | CGS Consultant led rapid access outpatient clinic  Thurrock Day Hospital  Dr Aggarwal |
| Monday PM | Tuesday PM | Wednesday PM | Thursday PM | Friday PM |
| Consultant ward round Dr Ediri | Ward work | Ward work | 12 noon – 2pm Teaching at BTUH | Ward work |

**Post 2: Trainee timetable - Brentwood Community Hospital, Crescent Drive, Brentwood, Essex CM15 9DR**

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| Monday AM | Tuesday AM | Wednesday AM | Thursday AM | Friday AM |
| Ward work | Consultant ward round / stroke MDT meeting  Dr Wicks (Stroke rehabilitation beds) | Ward work | Consultant ward round Dr Khan | Ward work |
| Monday PM | Tuesday PM | Wednesday PM | Thursday PM | Friday PM |
| Consultant ward round Dr Khan | MDT meeting  (Intermediate care beds) | CGS Care home MDT meeting  Dr Alam  (Thurrock locality) | 12 noon – 2pm Teaching at BTUH | Ward work |

**Post 3: Trainee timetable - Alistair Farquharsan Centre, Long Lane, Grays, Essex RM16 2PX**

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| Monday AM | Tuesday AM | Wednesday AM | Thursday AM | Friday AM |
| Consultant ward round  Dr Pritchard | Consultant ward round  Dr Pritchard | MDT meeting | Ward work | Consultant ward round  Dr Pritchard |
| Monday PM | Tuesday PM | Wednesday PM | Thursday PM | Friday PM |
| CGS Consultant led rapid access outpatient clinic Thurrock Day Hospital  Dr Alam | Ward work | Ward work | 12 noon – 2pm Teaching at BTUH | Ward work |