

# Prepare for your FRCS (Orth) examinations with Orthopaedic Research UK



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## The FRCS (Orth) lower limb revision course

1—2 September 2017

Venue: Queen Elizabeth Hospital,  
Woolwich, London

Course convenor: Mr Sunil Bajaj,  
Consultant Orthopaedic Surgeon,  
Lewisham and Greenwich NHS Trust



### Educational aims and objectives

This two day course is suitable for candidates appearing for the FRCS (Orth) examinations.

The first day consists entirely of lectures, and the second day will consist of vivas in the morning and clinicals in the afternoon, whereby you will be examining both adult and paediatric patients.

The course will cover both lower limb and paediatric orthopaedics. Lectures will highlight the salient features in every topic and will enable candidates to enrich their answers with the right “buzz words”.

There will be interactive discussions, clinical case presentations that emphasize the tips and tricks of correct examination techniques, and a mock exam consisting of viva and short and intermediate cases in real exam style. Instant feedback will be provided to candidates at the end of each session.

Candidates will have ample opportunities throughout the course to put questions to our faculty, comprising of consultants (lower limb and paediatric orthopaedic surgeons) and senior trainees (who have recently cleared the exams and are impatient to share their exam secrets).

### Registration fees

Lectures with vivas and clinicals: £350

Lectures only: £150

We only have 18 spaces available for the full course, so please ensure you book early to avoid disappointment.

Registration with ORUK is essential before registering online for our educational events. It also brings other benefits, which include applying for research funding.

Registration with ORUK is free and open to all, join online here: **[www.oruk.org/register](http://www.oruk.org/register)**

## Hand surgery FRCS (Orth) revision course

14—15 September 2017

Venue: Chandos House, London

Course convenor: Mr Ramon Tahmassebi,  
Consultant Orthopaedic Surgeon,  
King’s College Hospital London



### Educational aims and objectives

This course is designed to impart the knowledge and skills required to pass the hand surgery section of the FRCS Orth exam. This will include a comprehensive lecture programme covering the core components and key topics of the exam. Mock clinical exams with invited patients will provide an opportunity to refine examination skills under the guidance of experienced hand surgeons. The viva component will prepare delegates for exam conditions with an opportunity for teaching and feedback.

By the end of the course, delegates will be familiar with:

- Key elements of functional anatomy
- Degenerative conditions of the hand and wrist
- Carpal instability including SLAC and SNAC
- Contemporary management of scaphoid and distal radius fractures
- Key papers in hand surgery
- Common radiological abnormalities seen on x-ray, CT and MRI
- Management of soft tissue injuries
- Peripheral nerve injury and entrapment

### Registration fees

Lectures with vivas and clinicals: £350

Lectures only: £250

We only have 21 spaces available for the full course, so please ensure you book early to avoid disappointment.

Registration with ORUK is essential before registering online for our educational events. It also brings other benefits, which include applying for research funding.

Registration with ORUK is free and open to all, join online here: **[www.oruk.org/register](http://www.oruk.org/register)**

### What delegates say about this course

*“A lot of information and teaching packed into the course with bonus clinical cases”*

*“Highly recommended”*

*“Great clinical lecturers”*

## London basic science FRCS (Orth) revision course

28—29 September 2017  
Venue: 15 Hatfields, London

Course convenors: Mr Sebastian Dawson-Bowling,  
Consultant Orthopaedic Surgeon,  
Barts Health NHS Trust  
Mr Ben Ollivere, Associate Clinical Professor, Nottingham  
University Hospitals NHS Trust



### Educational aims and objectives

This course is aimed at those preparing for the FRCS (Orth) or equivalent examination. The course programme has been developed over the past 10 years to ensure the whole syllabus is covered from a basic science and pathophysiology perspective. The series of lectures and interactive sessions run over two days will cover all aspects of tribology, biomechanics, pathophysiology, statistics and microbiology required for both the written and oral examination. The course includes a heavy emphasis in viva practice and the candidates can expect over 6 hours of viva practice from the experienced faculty with personalised feedback.

### Registration fees

Lectures with vivas and  
clinicals: £350

Lectures only: £250

We only have 24 spaces  
available for the course, so  
please ensure you book early  
to avoid disappointment.

Registration with ORUK is  
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online for our educational  
events. It also brings other  
benefits, which include  
applying for research  
funding.

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### What delegates say about this course

*“Excellent speakers, excellent viva examiners”*

*“Great prep for FRCS”*

*“Great insight into exam”*

## Paediatric orthopaedic FRCS (Orth) revision course

6—7 October 2017  
Venues: The Gordon Museum  
and Evelina London Children’s  
Hospital, London

Course convenor: Mr Michail Kokkinakis,  
Consultant Paediatric Orthopaedic Surgeon,  
Evelina London Children’s Hospital



### Educational aims and objectives

This two day paediatric orthopaedic revision course is designed for candidates taking the FRCS (Orth) examination, section 2 (vivas and clinicals) and is entirely hands-on/interactive.

The first day consists of vivas and spotter sessions involving spot diagnoses made on clinical images and radiographs; the second day is devoted to taking histories and examining paediatric patients. There are plenty of opportunities to test your paediatric orthopaedic knowledge, practise your exam technique, and clarify

### Registration fees

Course fee: £350

We only have 18 spaces  
available on this course, so  
please ensure you book early  
to avoid disappointment.

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funding.

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online here: **[www.oruk.org/register](http://www.oruk.org/register)**

### What delegates say about this course

*“Overall excellent course. I wouldn’t hesitate to recommend this to course to colleagues at this stage prior to the exam”*

*“Would highly recommend”*

*“Excellent cases in both viva and clinical, nice to see these before the actual exam”*

*“Brilliant material/faculty”*

*“Clinical cases are excellent. I can modify my approach to long and short cases”*