# Foundation Schools East of England



### **Course Details**

The Foundation Schools are a two year run through course, that can be entered into during the second year. Trainees can be placed at all of the Acute Trusts and Mental Health trusts within the East of England region, as well as some of the GP practices. Additionally, there is a bespoke Welcome to the NHS Programme for overseas doctors.

# Rotations

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# **Regional Teaching program**

60 hours taught programme consisting of 30 core hours of simulation, sub-regional teaching and local teaching and\_30 hours trainee choice which is predominantly local with simulation and sub regional available.

# Simulation

We offer all trainees a full day of hi fidelity simulation and a minimum of a half day of supervised VR simulation. Trainees can choose to increase this in their non core 60 hours, and we suggest 3 days of sim training. Non supervised VR simulation is available with booking at trainees discretion.

#### Did you know?

Priority Progammes, aimed at providing additional training opportunities for trainees who wish to go into specific specialties, exist for General Practice, Mental Health, Paediatrics and Pre-Hospital Care

### Exams

PSA exams must be taken if not passed at medical school, as well as ALS. SCRIPT E-learning is available for both prescribing and specifically PSA



# Meet The Team







Dr Helen Barker Deputy for EAFS Dr Helen Johnson Foundation Schools Director

Dr Ritwik Banerjee Deputy for EBH

# Why The East of England?

Prioritisation of your education with our innovative 60 hours taught programme

Ample opportunities for VR and Simulation Supportive and friendly faculty, with further support for those with additional responsibilities

#### Contact us

For more information on the Foundation years in the East of England, please look at our website

https://heeoe.hee.nhs.uk/foundation

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