

Recommended FOAM

Free Open Access Medical Education
for ACCS Trainees

I have just completed the ACCS programme in Norwich. The following resources have kept me informed, entertained (really), up to date and even inspired with a minimum of effort.

Podcasts



EMCRIT is devoted to bring the best evidence-based care from the fields of critical care, resuscitation, and trauma and translate it for bedside use in the Emergency Department. Every two weeks we post a full ~20-minute podcast.



Canada's most listened to emergency medicine podcast. In each podcast 2 or more experts in a particular emergency medicine topic join Dr. Helman in a round-table, case-based discussion on key practice changing clinical emergency medicine topics, which are then carefully edited to maximize your learning.



**RESUSCITATIONIST'S
AWESOME GUIDE
TO EVERYTHING**

RAGE is an audio podcast created by a team of emergency physicians, intensivists and retrievalists that brings an irreverent and educational 'real world' perspective to current research, core topics and controversies in critical care.

**HEFT
EMCAST**

Brought to you from the Heart of England Foundation Trust's Emergency Department. A website and podcast dedicated to development and maintenance of excellent clinical Emergency Medicine practice, centred upon evidence based medicine with particular focus upon resuscitation based topics.

The College of
Emergency Medicine



CPD Approved Podcasts

Blogs

A blog on anaesthesia, intensive care and emergency medicine. In-hospital and outside. Written by two Scandinavian senior anaesthetic registrars.

SCANCRIT.COM



Excellent Blog written by a collaboration of UK Emergency Physicians.



Resus.ME is about staying up to date in all aspects of life-saving medicine, from acute medicine and paediatrics, to emergency and critical care medicine, and even pre-hospital care.

The aim of this website is to provide distilled acute medicine education for physicians working at the front door. Written by Al Green, Acute Physician at Norfolk and Norwich. Found at: <http://acutemedicineeducation.wordpress.com>



AcuteMedicineEducation.com

Websites



UNIVERSITY of MARYLAND
EMERGENCY MEDICINE

Emergency ECG Video of the Week

Emergency Physician and ECG enthusiast, [Dr. Amal Mattu](#) presents free emergency ECG videos every week to help you become an expert in ECG interpretation & take better care of your patients.



Critical Care Reviews

The site offers many resources, including a journal watch facility, weekly newsletter, the largest structured collection of accessible critical care review articles on the internet, links to major studies and guidelines, as well as links to free vodcasts, podcasts, and a vast array of societies, groups and websites. Continuing Professional Development articles are provided,

We are Australasian critical care physicians and nurses exploring the changing world of eLearning, emergency medicine, critical care and toxicology through clinical cases, fictionalized anecdotes and medical satire.



I found the 'Own the Airway' page invaluable when preparing for CT2. <http://lifeinthefastlane.com/own-the-airway/>
The Critical Care Drug Manual is also very useful. <http://lifeinthefastlane.com/book/critical-care-drugs/>