



DRE-EM Training Program FAQ

What DRE-EM stands for?

Defined Route of Entry into Emergency Medicine

What is the duration of the DRE-EM training program?

The DRE-EM training program typically lasts for 2 years at the level of ST3 for a full time trainee.

What are the prerequisites for applying to the program?

Applicants must have completed a medical degree and two years of foundation training or equivalent. There are three pathways to enter into the programme.

- a) Previous Surgical Core Training experience or
- b) Completion of the equivalent of Core Surgical Training or
- c) Previous experience of a minimum of two years in ACCS specialties, out of which at least a year in emergency medicine. Please see the person specification on the website below:

<https://www.yorksandhumberdeanery.nhs.uk/recruitment/national-recruitment/national-defined-route-entry-emergency-medicine-dre-em>

How do I apply to the DRE-EM training program?

Applications can be submitted through the Application Portal by the deadline specified on the program's website above.

What rotations are included in the training program?

In the **Year IN (in the Emergency Department)**, you may be rotated through EM adult and PEM (3 to 6 months).

In the **Year OUT (on ACCS specialties)**, you will be catching up on the ACCS competences, i.e. Anaesthesia, ICM and Internal Medicine.

The rotations may be organised at the convenience of local Trust.

How is the training structured?

The DRE-EM trainees join the ST3 Regional Training Days when they are in EM and PEM. When they are catching up on the ACCS programme, they are expected to attend the relevant ACCS specialty training programme.

Are there opportunities for specialisation within the training program?



Yes, trainees can pursue subspecialties such as paediatric emergency medicine, toxicology, and ultrasound as a Higher Specialty Trainee.

On which pathway the training is completed – CCT or CESR- Combined Pathway (CESR-CP)?

Following the exit from the EU, the GMC no longer awards CESR (CP). All trainees awarded outcome 6 from a GMC-approved training programme will receive a CCT, which includes those entering ST3 DRE-EM level.

Where will I be training?

Depending on the region where recruited, Trainees will rotate through multiple affiliated hospitals, including District General Hospitals and tertiary care centres within the deanery, to gain diverse clinical experience.

What kind of support is available for trainees during their rotations?

Each trainee is assigned an Educational Supervisor for the whole of DRE-EM programme covering both years. They will also be assigned a Clinical Supervisor when they are in each subspecialty (PEM, An, IM, ICM).

The program also offers local wellness resources, and peer support groups.

How is training progression assessed?

Trainee performance/ progression is assessed at the ARCP (Annual Record of Competence Progression) on an annual basis, i.e, at the end of year 1 and year 2.

Is there any guidance on how to prepare for ARCPs?

Yes, please refer to the [DRE-EM training handbook](#).

What does the training entail?

A variety of modalities of training is available. It includes Simulation training for adults and paediatrics, lectures both face to face and virtual, practical workshops, exam preparatory courses etc.

How is the training progression evidenced?

It is mandatory that the Trainee will sign up with the Royal College of EM portfolio, Kaizen. The trainee will have to request for Workplace Based Assessments (WPBA) from the trainers in the ED and stored in the Kaizen portfolio. The WPBA will be required to link by the trainee with the Specialty Learning Outcomes (SLO 1 to 12) of the EM Curriculum 2021. Each trainee will be guided and demonstrated how to use the portfolio during their induction at the start of the year in Aug. The details can be found in the [DRE-EM training handbook](#).

Which Curriculum to follow in DRE-EM programme?



In the year IN, the Trainee is expected to follow the Intermediate (ST3) Curriculum. In the year OUT, the Trainee is expected to follow the ACCS 1 & 2 Curriculum.

Is my previous experience counted towards training?

If you have rotations done before entering into the training programme, please discuss with the local Training Programme Director or Head of School. It can only be counted if the trainee has achieved all the ARCP requirements in that rotation. If the experience has been gained outside the UK, it is highly recommended to repeat the placements in the UK in those specialties.

What are the exam requirements?

If you have not completed the MRCEM components of the exam, you will be expected to pass all components within the two years of starting the rotation to progress to ST4.

Are trainees required to participate in research?

While research is not mandatory, it is highly encouraged. The program offers support in the form of research mentors, funding opportunities etc.

What academic resources are available to trainees?

Trainees have access to a medical library, online databases, simulation labs, and a variety of educational workshops, seminars and deanery websites such as Bridge or PGVLE.

They also hold Regional Training Days for ST3/DRE-EM and ACCS training. There are also practical procedure days and simulation days for you to attend.

Can I apply for Inter Deanery Transfer in the DRE-EM programme?

Yes, you can. There is a national IDT application process twice a year through which you can apply. Acceptance in a programme in a new deanery will depend on the availability of a post.

How can I contact the program administration for more information?

For further inquiries, you can contact the Dr Athar Yasin, the Training Program Director in the EoE Deanery (atharyasin@nhs.net). There is also a School Co-ordinator in EoE, Miss Reona Cruz (rcc59@cam.ac.uk), who may be contacted within office hours.

Can I be trained as a Less Than Full Time (LTFT) Trainee?

Yes, you can be trained as an LTFT trainee. It is advised that you do the year OUT (An, ICM and IM) as a full time trainee because of challenges in getting placements in those specialties.