**Essex, Beds and Herts Foundation School Individual Placement**

**Health Education East of England - FoundationTraining Programme**

Individual Placement Description - West Hertfordshire Hospitals NHS Trust

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| **Placement** | **F2 General Psychiatry - CATT** |
| **The department** | Psychiatry |
| **Trust & location** | West Hertfordshire Hospitals NHS Trust  Colne House, Watford |
| **The type of work to expect and learning opportunities** | General adult psychiatry within CATT (Crisis and Acute Treatment Team). Part of a team usually visiting patients at their homes. Also includes on call duties as psychiatry liaison to Watford General Hospital A+E and wards.  Learning opportunities: Expect exposure to a wide variety of acute psychiatric presentations. Learn to take a full psychiatric history and perform a comprehensive mental state examination. Become familiar with prescribing psychotropic medication, and with the Mental Health and Mental Capacity Acts. Opportunity to perform electroconvulsive therapy. |
| **Supervisor(s)** | Dr Mariam Omar |
| **Main duties of the placement** | Assessment and monitoring of psychiatric patients. Prescribing. Administrative duties e.g. writing discharge summaries.  On call duties involve liaison to A+E and wards, and covering several inpatient psychiatric units in the region, e.g. for admission of new patients or for prescription of medication for rapid tranquilisation of acutely disturbed patients.  Good support from colleagues and seniors is always available. |
| **Typical working pattern in this placement** | **Normal day** 0900 – 1700  **On call days** 0900 – 2130 (usually once every 1 – 2 weeks)  **Nights** 2100 – 0930  Rota includes approximately 2 sets of weekend days (Saturday and Sunday), 1 set of weekday nights (Monday – Thursday, and 1 weekend of nights (Friday – Sunday). |
| **Employer information** | West Hertfordshire Hospitals NHS Trust provides acute healthcare services to a core catchment population of approximately half a million people living in west Hertfordshire and the surrounding area. The Trust also provides a range of more specialist services to a wider population, serving residents of North London, Bedfordshire, Buckinghamshire and East Hertfordshire. With around 4,300 staff and 350 volunteers at our three hospitals in Watford, St Albans and Hemel Hempstead, we are one of the largest employers locally.  The Trust manages three hospitals:   * [Hemel Hempstead Hospital](http://www.westhertshospitals.nhs.uk/about/our_hospitals.asp) * [St Albans City Hospital](http://www.westhertshospitals.nhs.uk/about/our_hospitals.asp) * [Watford General Hospital](http://www.westhertshospitals.nhs.uk/about/our_hospitals.asp)   **Hemel Hempstead Hospital**  The clinical services offered at Hemel Hempstead include:   * antenatal and community midwifery; * outpatients; * step down beds; * urgent care centre; * medical care, including endoscopy and cardiac lung function testing; * clinical support, including X-ray, CT, MRI, ultrasound and non-urgent pathology.   **St Albans City Hospital**  St Albans is our elective care centre. The clinical services offered include:   * antenatal and community midwifery; * outpatients; * Minor injuries unit; * elective and day surgery; * sexual health; * clinical support, including X-ray, ultrasound, mammography and blood and specimen collection.   **Watford Hospital**  Watford is at the heart of our acute emergency services.  The clinical services offered include:   * women’s and children’s services, including a consultant delivery unit, midwife birthing unit, antenatal and postnatal clinics; * emergency care, including accident and emergency, acute admissions unit ambulatory care unit, acute wards, intensive care unit, and emergency surgery; * planned care, including outpatients and complex surgery; * medical care, including endoscopy, cardiology and chemotherapy; * sexual health; * clinical support, including X-ray, CT, MRI, ultrasound and urgent and non-urgent pathology   Together with our staff, patients, volunteers and health and social care partners, we strive to provide consistently good, safe care in a friendly, listening and informative way, as and when people need and want it and always with dignity and respect. |
| **Travel between sites and/or community placements** | The Trust will reimburse travel expenses for trainees who may be required to travel between hospital sites and/or community placements.  Some visits may not be easily accessible by public transport and therefore having a car would be an advantage. |

It is important to note that this description is a typical example of your placement and may be subject to change.

**Jan 2021**