**Essex, Beds and Herts Foundation School**

**Luton & Dunstable University Hospital – individual placement description and training opportunities**

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| **Placement** | F1, Psychiatry (4-month placement) |
| **Departmental training opportunities** | This placement offers a comprehensive understanding of the working of Mental Health services as a Multi-Disciplinary Team involving input from the Consultant Psychiatrist and supported by the Trained Psychiatric Nurses, Social Workers as well as Occupational Therapists and Clinical Psychologists. Coral Ward hosts a mixture of trainees at any one time, including Specialist and Core Trainees in Psychiatry as well as GP Trainees. The F1 Trainee will be able to participate and observe the working of an Inpatient Unit involving Acute Psychiatric admissions, assessment, investigations, developing Care Plan and management. This placement gives exposure to safe prescribing and risk assessment for the management of Mental Health problems.The overall educational objectives of the placement in Psychiatry are to provide the trainee with the knowledge, skills and attitudes to be able to:* Take a history and examine a patient’s mental state
* Identify and synthesise mental health problems
* Prescribe safely according to BNF guidelines
* Keep an accurate and relevant medical record
* Manage time and clinical priorities effectively
* Communicate effectively with patients, carers and colleagues
* Use evidence, guidelines and audit to benefit patient care
* Act in a professional manner at all times
* Cope with ethical and legal issues which occur during the management of patients with mental health problems
* Educate patients and carers effectively
* Become life-long learners and teachers
* Identify and Manage risk effectively
* Develop an understanding about the Mental Health Act as well as the principles of ECT

**Educational Activities**:A Psychiatric Training Session is led on the ward by Consultant / Specialist Registrar for 1 hour every week |
| **Generic training opportunities** | F1s are expected to attend 70% of the weekly F1 teaching programme and required to undertake an ALS course. F1s will have the opportunity to attend an in-house simulation session, encouraged to attend the weekly Grand Round lectures, departmental teaching, Swartz Rounds and Clinical Governance sessions.At your induction meeting with your named clinical supervisor you will have the opportunity to review and discuss the outcomes that can be achieved in each placement. |
| **Location** | Coral Ward –Inpatient Unit, Off Calnwood Road, Luton LU4 0FB |
| **Supervisor(s)** | All Foundation Trainees are allocated an Educational Supervisor for the training year and a named clinical supervisor for each 4-month placement.  |
| **Main duties of the placement and type of work to expect** | Clerking admissions to the in- patient Unit involving a comprehensive history including:* Medical History
* Psychiatric History
* Forensic History
* Drug and Alcohol History
* Diagnostic Formulation
* Mental Status Examination
* Risk Assessment
* Investigations including Blood Tests, ECG, Physical Examination
* Relevant Psychological formulation and Comprehensive care plan development

The F1 trainee will also:* Liaise with necessary agencies, including GPs
* Complete day to day medical jobs on the ward
* Participate in Consultant led Ward Rounds
* Complete part 1 and Part 2 Discharge Summaries
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