**East Anglia Foundation School**

**Individual Placement Description**

**Bedford Hospital NHS Trust**

All information to be completed by the Foundation School.

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| **Placement** | FY1 Psychiatry |
| **The department** | The Department has 2 consultants, 2 middlegrades, 1 Specialist Registrar (ST5) and 2 FY1s. |
| **The type of work to expect and learning opportunities** | Both FY1 Doctors in the Department work from 9-5pm only in a patient setting. Trainees will also have some responsibility for care of patients admitted to the in-patient ward always under the supervision of a consultant or senior psychiatrist.  The overall educational objectives of the FY1 placement are to provide the trainee with the knowledge, skills and attitudes to be able to   * Take a history and examine a patient * Identify and synthesise problems * Prescribe safely * Keep an accurate and relevant documentation (including producing police statements) * Manage time and clinical priorities effectively responding to clinical need and national quality indicators * Communicate effectively with patients, relatives and colleagues * Use evidence, guidelines and audit to benefit patient care * Act in a professional manner at all times * Cope with ethical and legal issues which occur during the management of patients with general medical, surgical or psychiatric problems * Educate patients effectively * Become life-long learners and teachers. * Develop practical skills associated with ED working * Work as part of a multidisciplinary team |
| **Where the placement is based** | Bedford Hospital Weller Wing  Keats In-Patient Unit |
| **Clinical Supervisor(s) for the placement** | Dr Jitendra Nayar |
| **Main duties of the placement** | The FY1 doctor is responsible with other staff for the immediate care of patients presenting with acute illness and injury, and to provide succinct yet complete documentation. The FY1 doctor is responsible with other staff for the immediate care of patients presenting with acute mental health problems, and to provide succinct yet complete documentation. They are expected to see patients in the assessment unit, mainly clerking the patient and to present cases to their seniors, having formulated a working diagnosis and initial management plan. They will sometimes be exposed to ECT cases. All their work will be under the supervision of a middle grade/specialist registrar or Consultant. They will be encouraged to read up about cases and presentations they have not encountered before, and to perform practical procedures including assessing consent, capacity and obtain knowledge in the Mental Health Act. They are expected to attend the structured teaching programmes provided by the department, which will involve preparing at least one presentation during their 4 months. |
| **Typical working pattern in this placement** | The FY1 works from 9am – 5pm with no oncall commitments.  They are being facilitated to attend their Foundation training programme and essentially freed up from clinical commitments. |
| **Employer information** | The employer for this post is South Essex Partnership University NHS Foundation Trust (SEPT).  The post will be based in Bedford Hospital Weller Wing. The Trust serves a population of about 1.2million and has about 100 consultants. The Trust has all the multi-disciplinary professionals and all the specialities such as Child psychiatry, Learning Disability and Forensic Services. |