  

**East Anglia Foundation School**

**Individual Placement Description**

**Ipswich Hospital NHS Trust**

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| **Placement** | F1 Intensive Care and Anaesthesia |
| **The department** | The Intensive Care Unit is covered by 6 consultants. From 8am till 1pm there are 2 consultants present on the unit. Thereafter one consultant covers until 8am the next day. One consultant works the week and one the weekend to ensure continuity. The CCU is currently staffed for 14 beds and has approximately 900 admissions per year.The Anaesthetic Department is staffed by 30 consultants. Anaesthesia is provided for all major surgical specialities. |
| **The type of work to expect and learning opportunities** | In the CCU the F1 doctor will do a daily assessment of the patients, order and collate investigations and present patients on the ward round. They will become proficient in the identification, assessment and management of acutely ill medical and surgical patients through referral from the ward,.theatre and A&E . They will be able to observe the initial management of sick paediatric patients prior to stabilization and transfer to a definitive tertiary care centre. Practical experience will be gained in* Basic and advanced airway skills,
* Venous and arterial cannulation,
* US guided CVC placement
* Nasogastric tube insertion
* Percutaneous tracheostomy

In anaesthesia, the F1 will be supervised at all times They will learn the theoretical and practical skills required to become an anaesthetist. These will include pre-operative assessment, intraoperative and postoperative care.They will gain experience in * Basic and advanced airway skills
* Fluid and electrolyte therapy
* General and regional anaesthetic techniques

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| **Where the placement is based** | Ipswich Hospital NHS Trust. Critical Care Unit and theatre suites  |
| **Clinical Supervisor(s) for the placement** | Dr Richard Howard-Griffin |
| **Main duties of the placement** | Under consultant supervision:* manage perioperative care for patients undergoing elective and emergency surgery and
* the day to day management of level 2 and 3 patients in critical care
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| **Typical working pattern in this placement** | In a 4 week cycle, 2 will be spent in anaesthesia and 2 in intensive care. *Daily:* In critical care: 08:00 Virtual handover Ward round 11:00 Ward round 17:00 Ward round *Daily* In anaesthesia: Allocated to theatre lists according to  theatre anaesthetic rota*On call requirements:*1 evening (08:00 – 20:00) per CCU week1 weekend in 4 (08:00 – 16:00 hrs Sat/Sun) worked flexibly . |
| **Employer information** | The Ipswich Hospital NHS trust is situated on the edge of Ipswich, County town of Suffolk. It has approximately 550 beds and covers a mixed urban and rural population of 360000 people. The hospital is close to beautiful countryside and the Suffolk Heritage Coast but has easy links to London (just over an hour by train). The hospital has a full range of diagnostic facilities and a well-resourced library and postgraduate centre. |

It is important to note that this description is a typical example of your placement and may be subject to change.