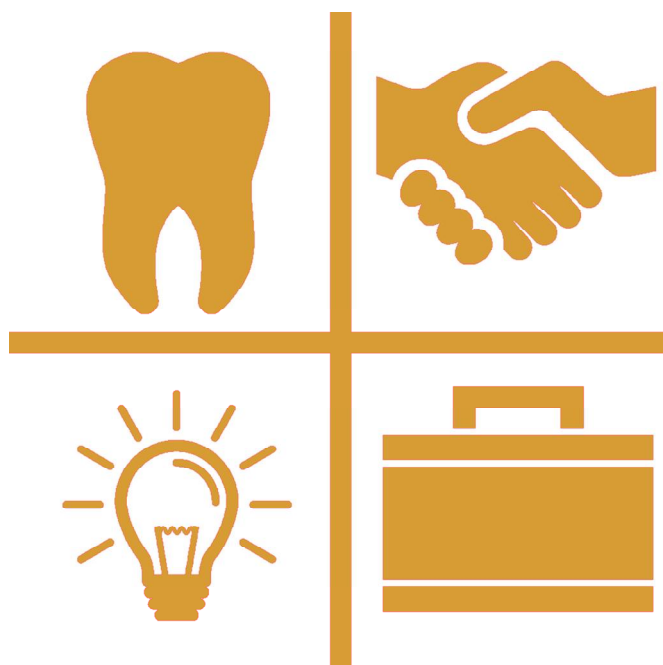


Essex Coast Dental Foundation Training Scheme

Spring Programme 2019-2020



Developing people
for health and
healthcare

www.hee.nhs.uk

Education Centre, Basildon Hospital

Essex Coast Dental Foundation Training Scheme

Education Centre

Basildon Hospital,

Nether Mayne,

Basildon,

Essex SS16 5NL

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Mr. Mansoor Qureshi BDS (U Lond) DGDP(UK)

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Programme published by
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Fulbourn, Cambridge. CB31 5XB
☎ 01223 597768

Spring Term

Venues and Subjects



Friday 24th January

Online Study Day

Details will be released at a later date

Friday 7th February

Milestone 2/Foundation Skills Assessment

ES MEETING B2/B3 1-2pm

ES TO ATTEND ALL DAY

B2/B3,, Education centre, Basildon

Thursday 13th February

Composite layering Techniques

Dental Room, Simulation suite , Basildon

Friday 14th February

Online Study Day

Details will be released at a later date

Friday 21st February

Prosthetics

Dental Room, Simulation suite , Basildon

Friday 28th February

Dental Ethics & Complaints Handling

A3, Education centre,, Basildon

Friday 6th March

Radiography/Orthodontics

A4, Education centre, Basildon

Friday 20th March

Rules & Regulations/
Treatment Planning

A3, Education centre, Basildon

Thursday 26th March

Oral Surgery

Dental Room, Simulation suite , Basildon

Friday 27th March

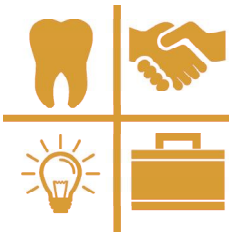
DCT Presentation/Audit/

ES MEETING—A1/B1—9-10am

Case Based Discussions

ES TO ATTEND ALL DAY

A3/A4, Education centre,, Basildon



Spring Term

Venues and Subjects

Important Dates and Deadlines

IRCP	12th February
Milestone 2 - Trainers meeting 1pm-2pm B2/B3	Friday 7th February
Audit Project Completion and Presentation	Friday 27th March
Milestone 3 - Trainers meeting 9am - A3/B1	Friday 3rd July
Second 12 Foundation Skills Topics - submission by email	April

Important Dates for Educational Supervisors

IRCP - Completion of reports	12th February
Milestone 2 - Educational Supervisor meeting 1-2pm	Friday 7th February
Audit Project Completion and Presentation	Friday 27th March
Milestone3 - Educational Supervisors meeting 9-10am	Friday 3rd July
Completed marking of Foundation Skills	May

Term Dates

Spring term	Friday 7th February - Friday 27th March
Summer Term	Friday 1st May - Friday 17th July

Friday 24th January

Online Study Day



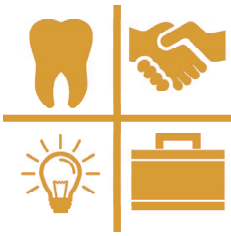
All Day Session

CPD = 5 hrs

During the year there will be five Study Days for you to undertake online learning in the practice. Here is a table of the online learning that you are required to undertake, with links to the learning portals involved.

Online Learning item	Platform	Link
Diversity, Equality and Human Rights	eLFH	http://portal.e-lfh.org.uk/login
Alcohol Identification and Brief Advice	eLFH	http://portal.e-lfh.org.uk/login
Making every contact count (Module 1, KSS Version)	eLFH	http://portal.e-lfh.org.uk/login
Health Promotion and Disease Prevention	eLFH	http://portal.e-lfh.org.uk/login
Safeguarding Children and Young People (1, 2a & 2b)	eLFH	http://portal.e-lfh.org.uk/login
Safeguarding Adults (Level 1 abd 2) eLFH Oct 19 1 hr Oral Cancer	eLFH	http://portal.e-lfh.org.uk/login
Oral Cancer Toolkit	BDA Website	https://www.doctors.net.uk/eClientopen/CRUK/
Mental Capacity and Consent	eLFH	http://portal.e-lfh.org.uk/login
Script 8 Modules	Safeprescriber	www.safeprescriber.org/

An additional form of online learning will be participation in online peer review sessions. You will be sent email invitations to join these at specific times and dates.



Friday 7th February

B2/B3, Education centre, Basildon

Morning Session

9.30am

Milestone Two

CPD = 2.5 hrs

Milestone 2 is a clinical case that demonstrates Molar Endodontic treatment.

The clinical case should include a full examination and a completed Molar Endodontic treatment, with the focus on the steps involved in completing the root canal treatment.

Ideally the Milestone 2 should also include the completed definitive restoration placed on the root filled molar tooth.

Milestone 2 is Peer Assessed through APLAN, being presented with PowerPoint to the members of the Scheme for peer review in a similar way to Milestone 1. MS2 occurs before IRCP

Objectives

- *An improved ability to plan and present to others the provision of treatment for a patient.*
- *Improved delivery of high quality dental care for our patients.*

Learning outcomes

- *Improved understanding of required dental standards*
- *Increased clinical knowledge from feedback and peer review.*
- *An increased ability to reflect upon one's own work*
- *Higher standards of communication skills*

Education Supervisor meeting 1-2pm - lunch provided for Educational Supervisors only
ES's are expected to attend all day

Friday 7th February

B2/B3, Education centre, Basildon



Afternoon Session

CPD = 2.5hrs

2.00pm **Foundation Skills Assessment**

This afternoon is a chance for us to look closely at the Foundation Skills portfolios we have produced during this term and have them carefully assessed by the Educational Supervisors. This process gives validity to our work and is an important part of completing the Training year.

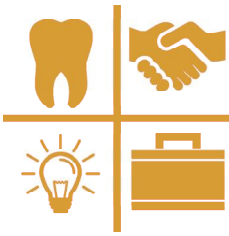
This will be a practical peer review session involving everyone in the process

Objectives

- *A better knowledge of the rules and regulations that encompass general dental practice*
- *An ability to be able to reflect upon standards achieved in a dental practice*

Learning outcomes

- *Increased ability to reflect upon practice procedures*
- *Knowledge and understanding of regulatory and managerial methods used by others in general dental practice.*



Thursday 13th February

Dental Room, Simulation suite, Basildon

All Day Session

CPD = 5 hrs

9.30am Composite layering techniques

Mr. TC Patel and Mr. A Patel
ES and General Dental Practitioners



TC has 30 years experience in the dental profession and has recently been made a Fellow of the FFGDP. His interests are Smile Design Cosmetic Dentistry, implants and orthodontics. He has also held the post of Senior Clinical Assistant in Orthodontics at Southend General Hospital for 25 years. He is also an ES on the Basildon Scheme.

Amit graduated from the University of Leeds in 2013. He has completed the MJDF examinations. Amit works at Brickfields Dental Care as an associate providing NHS and Private treatments and also hold a part time position as a Speciality Doctor in Oral Surgery.



Predictable composite layering techniques on anterior and posterior teeth. Preparation of teeth and the use of composite. Polishing composites and use of sectional matrix systems to achieve a good proximal contact.

Objectives

- *Students should be able to know the uses and limitations of composite materials*
- *Students should be able to implement appropriate layering techniques to achieve excellent aesthetics in the anterior zone*
- *Students should know how to create an ideal posterior contact point to reduce food packing and allow cleaning*

Learning outcomes

- *Uses and limitations of composite materials*
- *How to layer composites excellent aesthetics in the anterior zone*
- *Know the technique to create the ideal posterior contact point*



Friday 14th February

Online Study Day



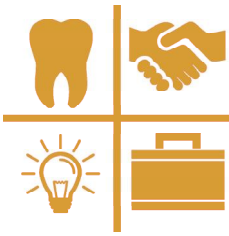
All Day Session

CPD = 5 hrs

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Safeguarding Children and Young People (1, 2a & 2b)	eLFH	http://portal.e-lfh.org.uk/login
Safeguarding Adults (Level 1 abd 2) eLFH Oct 19 1 hr Oral Cancer	eLFH	http://portal.e-lfh.org.uk/login
Oral Cancer Toolkit	BDA Website	https://www.doctors.net.uk/eClientopen/CRUK/
Mental Capacity and Consent	eLFH	http://portal.e-lfh.org.uk/login
Script 8 Modules	Safeprescriber	www.safeprescriber.org/

An additional form of online learning will be participation in online peer review sessions. You will be sent email invitations to join these at specific times and dates.



Friday 21st February

Dental Room, Simulation suite, Basildon

All Day Session

CPD = 5 hrs

9.30am

Prosthodontics– Denture design and pitfalls

Mr. Saifudin Najefi

ES and General Dental Practitioner



Mr. Najefi has been a ES for the past 18 years. He has lectured on certain topics including Wear & Tear for more than seven years. He is an examiner for MJDF, ORE and LDSRCS.

To refresh the memory with regard to denture design. Useful hints and tips. During this session we will also be problem solving. There will also be a hands on—impressions/ bite reg.

Objectives

- *Partial denture design/cobalt/chrome*
- *Impression taking exercise—problems with taking impressions and how to avoid them*
- *Hints and tips and problems solving/risk assessment.*



Learning outcomes

- *To become more confident in diagnosing and treating denture related problems*
- *Learn how to diagnose and treat common problems with complete dentures*
- *Implant supported dentures*

Friday 28th February

A3, Education centre, Basildon



All Day Session

CPD = 5 hrs

9.30am **Dental Ethics and Complaints Handling**

Mr. Nick Lamb

General Dental Practitioner

Mr Lamb is a General Dental Practitioner in Woodbridge and Halesworth. He is a Dental professional Adviser to NHS England and also works for HEEoE. He is Secretary of the National Association of Dental Advisers and has also been a NICE panel member.

The aim is to discuss Ethics in dentistry and how complaints arise and the risks they cause and how to have an effective complaints handling

process

FDs will need to bring: Examples of any complaints you have had through the year or have been involved with. This will need to include the complaint paperwork and the clinical records associated with the complaint. If you have not had a complaint then please bring 2 sets of dental records. GDC standards booklet

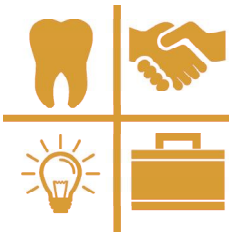
Objectives

The Speaker will

- *demonstrate the up to date standards that apply to all dental professionals*
- *demonstrate how to implement the new GDC ethical guidance (Standards) in everyday working lives*
- *Demonstrate how complaints arise and how to effectively manage them should they arise*

Learning outcomes

- *Describe the ethical standards for dental registrants as set by the GDC*
- *Implement the GDC standards and relate these to complaints management*
- *Formulate strategies of effectively manage complaints*



Friday 6th March

A4, Education centre, Basildon

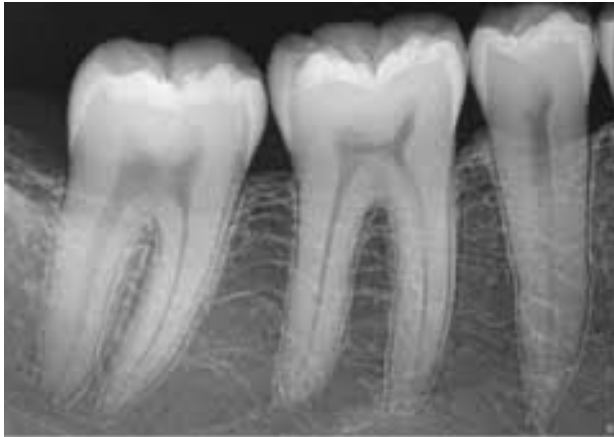
All Day Session

CPD = 5 hrs

9.30am **Radiography and Orthodontics**

Mr. Stephen Denny

ES & General Dental Practitioner



An overview of radiography in practice and pathology we might encounter in general practice.

A recap into dental development. How, when and what to refer. Assessment of some cases. What orthodontics can be done by the GDP and what courses are available.

Radiology Objectives

- *Radiological interpretation—Can You Do It?*
- *Understanding normal radiographic anatomy*
- *Overview of rules and regulations in practice governing ionizing radiation*

Radiology Learning outcomes

- *Have an insight into their own interpretative radiographic skills*
- *Be familiar with normal anatomy*
- *Able to identify and rectify radiographic faults*

Orthodontic Objectives

- *Tooth development and eruption dates*
- *Types of orthodontic treatment*
- *How, when and what to refer*
- *Simple orthodontics and courses aimed at the GDP*

Orthodontic Learning outcomes

- *Understand normal patterns of tooth eruption*
- *Identify malocclusions and understand the protocols and indications for orthodontic referrals*
- *Have an insight in how they can develop their own orthodontic skills*



Friday 20th March

A3, Education centre, Basildon



All day Session

CPD = 5 hrs

9.30am Rules and Regulations



Mr. Ali Chohan and Mr. Jin Vaghela

ES and General Dental Practitioners

Rules and regulations of the nGDS contract will be discussed and presented as an interactive session.

Objectives

- *Lecturers will define the rules and regulations of the contract*
- *The course will discuss common difficult scenarios*

Learning outcomes

- *Describe the rules and regulations of the nGDS contract*
- *Recognise the challenges faced as an NHS dentist*

2.00pm Treatment Planning

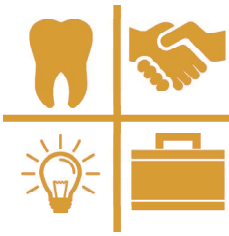
Ali and Jin will talk about treatment planning under the NHS. Being full time NHS dentists they fully appreciate the challenges of NHS general practice

Objectives

- *Define the steps involved in treatment planning*
- *List the essential requirements to comply with the NHS*
- *Discuss cases in groups to practice treatment planning*

Learning outcomes

- *To be able to list the steps for treatment planning*
- *Identify the common challenges in treatment planning*
- *Implement NHS Rules in terms of treatment planning*



Thursday 26th March

Dental Room, Simulation suite, Basildon

All Day Session

9.30am

Oral Surgery

CPD = 5 Hrs

Mr Kandasamy Ganesan

Consultant Oral Surgeon

To improve knowledge of assessment of patients for minor oral surgery. To learn techniques for treating suitable cases in practice.



Objectives

- Refresh the knowledge of basic surgical principles-Assessment of patients (medically, clinically, radiographically) for minor oral surgical procedures and also to manage the complications
- Hands on practice will improve the confidence about the minor oral surgical procedures
- Hands on training for basic surgical principles including flap design and suturing

Learning outcomes

- Refresh the knowledge of basic surgical principles-Assessment of patients (medically, clinically, radiographically) for minor oral surgical procedures and also to manage the complications
- Hands on practice will improve the confidence about the minor oral surgical procedures
- Hands on training for basic surgical principles including flap design and suturing

Friday 27th March

A3/A4, Education centre, Basildon



Morning Session

CPD = 2.5 hrs

9.30am DC Presentation

One of last years FDs will be coming to talk to you about the process of application to Core Training and what to expect from the job. You will be able to ask questions about the experience to help you decide if this is the right path for you.

11.00am Audit Presentations



Educational Supervisors

A ten minute presentation of your audit to the rest of the group is required this morning . The Educational Supervisors present will be marking the finished product and a prize will be awarded for the highest scoring.

Please bring your PowerPoint presentation on a U.S.B. No presentations on Macs keynote please.

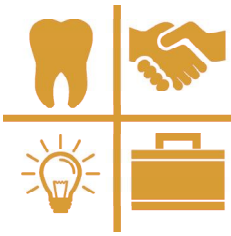
Objectives

- *To discuss your audit with your fellow FDs thereby demonstrating an understanding of the audit.*
- *Further your experience of presenting*

Learning outcomes

- *To understand the value of audit and its importance in clinical governance by observing the wide variety of topics presented*

Education Supervisor meeting 9am-10am
Room A1/B1 - lunch provided for
Educational Supervisors only
ES's are expected to attend all day



Friday 27th March

A3/A4, Education centre, Basildon

Afternoon Session

CPD = 2.5 hrs

2.00pm

Case Based Discussions

Please bring with you anonymised case notes together with charting, radiographs and models (if available)



Education Supervisors please bring one or two of your own cases of interest to discuss.

Educational Supervisors

This afternoon you will present 3 cases to the Educational Supervisors in small groups. They will be marked as Case Based Discussions and you can upload one of these onto your portfolio as an assessment.

You will also have the opportunity to see (and mark!) cases presented by the ESs which can be very interesting and valuable.

Objectives

- *To discuss your cases with fellow FDs and ESs and critically appraise your clinical and treatment planning*
- *To view the work of others and explore treatment planning for various scenarios*

Learning outcomes

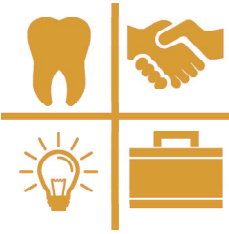
- *To appreciate the complexities of treatment planning and care delivery as carried out by individuals of differing experience and qualification.*

PML Evidence

Sessional Content for e-Portfolio



	Milestone Two	Composites	Prosthetics	Dental Ethics & Complaints Handling	Radiography	Orthodontics	Rules & Regulations	Treatment Planning
Professionalism								
Appraisal	✓	✓		✓	✓	✓		✓
Clinical audit and peer review	✓	✓		✓	✓	✓		✓
Confidentiality	✓	✓		✓	✓	✓	✓	✓
Ethical behaviour	✓	✓		✓	✓	✓	✓	✓
Critical evaluation	✓	✓	✓	✓	✓	✓		✓
Decision making	✓	✓	✓	✓	✓	✓		✓
GDC Scope of Practice	✓	✓		✓		✓	✓	✓
Whistleblowing	✓			✓			✓	
Management of difficult patients		✓		✓		✓		✓
Patient safety	✓	✓		✓	✓	✓	✓	
Self-awareness	✓	✓		✓	✓	✓	✓	✓
Professionalism and Management								
Basic Life Support training								
Consent	✓	✓		✓	✓		✓	
Equality & Diversity				✓			✓	
GDC Standards	✓	✓		✓			✓	
NHS complaints procedure	✓	✓		✓			✓	
Referring patients		✓		✓	✓		✓	
Management								
COSHH regulations								
Dental equipment selection, care and maintenance		✓			✓			
Data Protection				✓	✓			
Employment contracts/associate agreements for dentists								
Employment Law basics								
Finance								
Health & Safety requirements in dentistry		✓			✓			
Infection control procedures		✓						
NHS prescribing				✓			✓	
NHS Rules & Regulations in Dentistry				✓			✓	
Prescribing, directing, taking, processing and interpreting radiographs					✓			✓
Range and scope of NHS dental care			✓	✓		✓	✓	✓
Record keeping		✓		✓			✓	✓
Use of emergency drugs					✓			
Information Governance	✓			✓			✓	
Safeguarding Children and Adults								
Leadership								
Facilitating learning in others				✓				
Quality management and improvement	✓	✓	✓	✓			✓	
Role model	✓			✓			✓	
Teamwork	✓			✓			✓	



PML Evidence

Sessional Content for e-Portfolio

	Case Based Discussions	Audit	Oral Surgery
	✓	✓	
	✓	✓	
✓	✓	✓	✓
✓	✓	✓	✓
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✓	✓	✓	✓

Speakers

Spring Term 2019-2020



Mr Tushar Patel

Brickfields Dental Care
10 Brickfields Road
South Woodham Ferrers, Essex CM3 5XB
☎ 0844 576 9911



Mr Amit Patel

Brickfields Dental Care
10 Brickfields Road
South Woodham Ferrers, Essex CM3 5XB
☎ 0844 576 9911



Mr. Saifudin Najefi

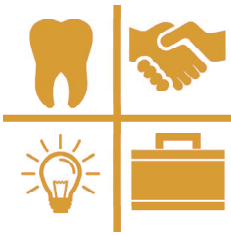
Homesteads Dental Care Centre
273 Southend Road, Stanford-le-Hope
Essex SS17 8HD
☎ 01375 675710



Mr Nick Lamb

Island House Dental Surgery
2 Station Road
Woodbridge
Surrey IP12 4AU
☎ 01394 388008





Speakers

Spring Term 2019-2020



Mr Stephen Denny

The Benfleet Clinic

174 High Road

Benfleet

Essex SS7 5LD

☎ 01268 755357



Mr Mohammed Chohan

Cobbins Brook Dental Practice

28 Honey Lane

Waltham Abbey

Essex EN9 3BY

☎ 01992 711199



Mr Jinesh Vighela

Cobbins Brook Dental Practice

28 Honey Lane

Waltham Abbey

Essex EN9 3BY

☎ 01992 711199



Mr. Kandasamy Ganesan

Consultant OMFS

Southend Hospital

☎ 01702 385349

Calendar 2019-2020



2020

Spring Term

Friday 24th January

Online Study Day

Details to be released at a later date

Friday 7th February **First Day of Spring Term**

Milestone Two

ES present all day from 9.00am

ES meeting - B2/B3 - 1-2pm

Friday 14th February

Online Study Day

Details to be released at a later date

Friday 27th March **Last Day of Spring Term**

Audit Presentation/Case Based

Discussions

ES to attend all day from 9.00am

ES meeting - A1/B1 - 9.00am

Summer Term

Friday 1st May **First Day of Summer Term**

Online Study Day

Details to be released at a later date

Friday 29th May

BDA, London

Friday 12th June

Online Study Day

Details to be released at a later date

Friday 26th June

Community Outreach Day

Friday 3rd July

Milestone 3

ES present all day from 9.00am

ES meeting - A3/B1 - 9am-10am

Friday 10th/17th July **Last Day of Summer Term**

Leicester

Date to be confirmed

