

School of Emergency Medicine East of England

Course Details

Emergency Medicine is a six year run-through course, with placements across 16 trusts including the Trauma Centre at Addenbrookes

Exams

During your course you will sit all parts of the FRCEM, completing the primary and intermediate by the end of ST 3, and the final critical appraisal, QUP, SAQ and OSCE by ST6. There are regional exam prep courses that cover all parts of the exam

Research

There are opportunities for

- Both PHEM and PEM fellowship/ subspecialties
- Academic training available at Addenbrookes
- Support for OOPR
- And overseas placements with our partner Global Health Fellowships between ST3 and 4.

Rotations

Trainees will be assigned to one of several sub-rotations, allowing for a varied experience without excessive commutes:

Eastern Sector (In no particular order):
Norwich, Kings Lynn, Great Yarmouth, Ipswich and Compulsory Major Trauma Centre placement for six months.

Northern Sector (In no particular order):
Peterborough, Cambridge, Bury St Edmunds, Stevenage, Bedford and Compulsory Major Trauma Centre placement for six months.

Southern Sector (In no particular order):
Watford, Luton, Bedford, Stevenage and Compulsory Major Trauma Centre placement for six months.

Essex Sector (In no particular order):
Harlow, Chelmsford, Southend, Basildon and Compulsory Major Trauma Centre placement for six months.

Meet The Team



Nam Tong
Head of School

Simulation

Along with the regular training days, trainees also have access to funded access to ACCS simulation days for all ST1s, as well as further simulation courses at ST3-6 and during Monthly regional training for HSTs.



Regional Teaching program

The teaching program is structured in the form of monthly regional training days for each level, with additional region based training provided. The first of these training days is set aside for an induction.



Why The East of England?

Support for flexible careers

Thorough curriculum coverage through regional training

Wide range of hospital environments from urban to Rural

Contact us

If a career in Emergency Medicine interests you we would love to hear from you!

Developing people
for health and
healthcare
www.hee.nhs.uk


THE NHS
CONSTITUTION
the NHS belongs to us all

Emergency Medicine

Frequently asked questions

Teaching & Study Leave

How is the regional teaching program structured?

Monthly regional training days for each level. Additional region based training provided.

How many days of study leave do I get? 30

What opportunities are there for simulation training in the region? Funded placement on ACCS simulation day for all ACCS ST1. ST3-6 simulation courses also provided. Simulation included within monthly regional training for HSTs.

What are the top 3 reasons for training in the East of England:

1. Support for flexible careers
2. Thorough curriculum coverage through regional training
3. Wide range of hospital environments from urban to rural

Training Programme

How many years is the training program? 6 years

Which units in the East of England can I be trained in? 16 Trusts, including 1 Major Trauma Centre (Addenbrookes)

Is the training run through or decoupled? Run through

How is recruitment organized? National through London for ACCS, Yorks & Humber for ST3/DRE-EM/HST

Are there more localized Sub-rotations to avoid long commutes?

East - Norwich, Ipswich, Great Yarmouth, King's Lynn;
Essex - Southend, Colchester, Chelmsford, Basildon, Harlow;
South - Watford, Luton, Stevenage;
North - Bury St Edmunds, Peterborough, Bedford

What induction program is there into training in the region?

First regular regional training day set aside for induction

Opportunities

What Sub-specialty / fellowship training opportunities are there in the region?

Pre-Hospital Emergency Medicine (PHEM)
PEM

What research opportunities are there in the region?

Academic training is available based in Addenbrookes

Do you support Out Of Program Research (OOPR)?

We do support OOPR opportunities

Is there scope for work overseas during my training?

East of England partners Global Health Fellowships placements to rural South Africa for one year between ST3 and ST4

Where can I go for more information?

https://heeo.e.hee.nhs.uk/emergency_medicine

Exams

What exams will I have to sit during my training?

FRCEM all parts - primary and intermediate by end of ST3, final critical appraisal, QIP, SAQ and OSCE by ST6.

Is there any exam preparation organised in the region?

All parts of the exam are covered by regional exam prep courses.

If Medicine was a car industry, which car would represent Emergency Medicine and why?

Land Rover Defender. It's a classy reliable workhorse that stands out without needing to look flashy. Goes anywhere, copes with all different situations including extreme battlefield, lots of grunt but still cruises nicely at speed.