



## Effectiveness, Decision Making and Communication

3 CPD accredited.

## Introduction

This programme will address many of the issues faced by trainees around self management to ensure efficiency and effectiveness by working through the 4 quadrants of time management. Specifically, this interactive and engaging course will help to improve communication skills by applying a model of breaking bad news whilst recognising the barriers and solutions of the key elements of effective communication. The process of decision making and involvement of the multi-disciplinary team will be discussed including observation of group dynamics.

## Course Structure

- 2.5-hour live webinar
- Date: Tuesday 11th February 2025 timings: 10:00am 12:30
- Please use the Eventbrite link to book your place on this course

https://www.eventbrite.co.uk/e/effectiveness-decision-making-and-communication-live-webinar-tickets-959291465597

## **Course Objectives**

- To understand the importance of improving effectiveness and managing our time effectively
- To review the process of decision making and involvement of the MDT, recognising group dynamics
- To understand the key elements of communication, discussing the barriers and solutions
- To practise breaking bad news, having worked through a basic model