**East of England Regional Meeting Programme**

1st March 2024

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| 9:00 - 9:20 | Coffee and registration |
| 9:20 - 9:30 | Welcome address by organiser  Mr Varij Mathur |
| 9:30 - 10:00 | Physiotherapy in facial palsy  Mrs Marie Matanle, Senior Physiotherapist, St Andrew’s Plastic Surgery Unit |
| 10:00 - 10:45 | Facial reanimation  Ms Kalliroi Tzafetta, Consultant Plastic Surgeon, St Andrew’s Plastic Surgery Unit |
| 10:45 - 11:30 | A College update from the President of the Royal College of Ophthalmologists  Prof Ben Burton, President RCOphth |
| 11:30 – 11:45 | Coffee break |
| 11:45 - 12:15 | Tales of the Unexpected  Prof Geoffrey Rose |
| 12:15 - 12:45 | Interesting Orbital & Lacrimal Cases  TBC |
| 12:45 - 13:15 | Lacrimal Paradox and DCR  Prof Geoffrey Rose |
| 13:15 - 14:00 | Lunch |
| 14:00 - 15:00 | Consultant Meeting |
| 15:00 - 16:00 | How to be emotionally intelligent  Dr Manoj Krishna, Founder of Human Wisdom Project and Happier Me |
| 16:00-16:15 | Closing remarks |

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