

East of England Endocrinology & Diabetes Training Days

Date	Presenters	Topics	Time	Institution
Thursday 23/01/2025	1. Trainee Rep 2. Dexcom 3. Trainee rep 4. Prof Gomez 5. Stelszczyk, Wojceich 6. Mint, Khin Swe (Dr) 7. Dr Bilal Bashir 8. Trainees	1. Welcome 2. Technology Update 3. Lipid simulation cases 4. Simulation cases discussion 5. CGM and CSII Data interpretation 6. Autonomous Cortisol secretion 7. Chylomicronaemia syndromes 8. Feedback and General Discussion	0900-0910 0910-1000 1000-1130 1200-1300 1300-1400 1400-1500 1500-1600 1600-1630	NNUH
Wednesday 12/02/2025	1. Dr Vidya Srinivas 2. Hannah 3. Dr Ehtesham Ahmed	1. Congenital adrenal Hyperplasia 2. Dietary modifications in Gestational Diabetes 3. Updates on Obesity management	1300-1400 1400-1500 1500-1600	1. NNUH 2. Watford 3. External
Thursday 20/02/2025	1. Shafiq Yusuff 2. Prof Mark Gurnell	1. Preoperative preparation of total Thyroidectomy 2. Management of non-secretory pituitary tumours when surgery 'fails'	1300-1400 1400-1500	1. CUH 2. CUH
Tuesday 04/03/2025	1. Erika Damato 2. Tony Coll 3. Prof Mark Evans	1. Medical Management of Thyroid eye disease 2. Diabetes and the foot- a multisystem disorder 3. Diabetes Technology in 2025- an update	1300-1400 1400-1500 1500-1600	1. CUH 2. CUH 3. CUH
Thursday 20/03/2025 (Face to Face)	1. Prof Mark Gurnell 2. Ellie Gurnell 3. Sadia Nasir 4. Lisa Yang 5. Ruth Ronneberger 6. Vicky Stokes	1. Do's & Don'ts of hyponatraemia 2. Advice & Guidance 3. Diabetes Technology in Pregnancy 4. Endocrine approach to menstrual disturbance 5. Endocrine Surveillance after Pituitary surgery 6. Hypercalcaemia in inpatients	0900-1000 1000-1100 1130-1230 1330-1430 1430-1530 1530-1630	CUH
Wednesday 23/04/2025	1. Prof Mark Gurnell 2. Ruth Casey	1. What to do when thyroid function tests don't make sense 2. Approach to a secretory adrenal tumour	1300-1400 1400-1500	CUH
Tuesday 20/05/2025	1. Tony Coll 2. Prof Mark Gurnell 3. Jacopo Scotucci	1. Neuroendocrinology of cachexia 2. Combination medical therapy in Cushing syndrome 3. Hypothalamic obesity	1300-1400 1400-1500 1500-1600	CUH

Wednesday 18/06/2025	1. Sarah Donald 2. Chung Thong Lim 3. Soo-Mi Park	1. Diabetes in Elderly people 2. Endocrine Hypertension 3. Hereditary disorders of calcium metabolism	1300-1400 1400-1500 1500-1600	CUH
Tuesday 22/07/2025	TBC	TBC	1300-1400 1400-1500 1500-1600	
Friday 25/07/2025	Dr Latika Sibal (Face to face)	Advanced Insulin Pump course (Limited for 12 trainees)	08:00 - 16:00	CUH
Wednesday 13/08/2025	1. Ellie Gurnell 2. TBC 3. Htet Htet Aung	1. Transition Diabetes 2. TBC 3. Thyroid Cancer	1300-1400 1400-1500 1500-1600	1. CUH 2. 3. Watford
Thursday 11/09/2025	1. Vicky Stokes 2. Lisa Yang 3. Ruth Ronneberger	1. Interesting cases from the Parathyroid clinic 2. COCPs and HRT - caveats and case discussions 3. Male hypogonadism	1300-1400 1400-1500 1500-1600	1. CUH 2. CUH 3. CUH
Tuesday 14/10/2025	TBC	TBC	1300-1400 1400-1500 1500-1600	TBC
Wednesday 19/11/2025	1. Ellie Gurnell 2. Anna Stears 3. Ruth Casey	1. MODY in pregnancy 2. Syndromes of severe Insulin resistance 3. Malignant Adrenal Tumours	1300-1400 1400-1500 1500-1600	1. CUHFT 2. CUHFT 3. CUHFT
Thursday 18/12/2025	TBC	TBC	1300-1400 1400-1500 1500-1600	TBC

Organizers contact:

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