



Anglia Ruskin
University

Postgraduate Medical Institute
Short Course Programme

Simulation Courses

EAST

Eastern Airway Skills Training

EAST is a one-day course aimed at anaesthetic trainees and speciality doctors in anaesthesia - also suitable for consultants wishing to refresh their skills and knowledge. It encompasses all areas of airway management with an emphasis on small group workshops and interactive lectures. The number of places is limited to 16 to allow plenty of time for practical skills.

Workshop sessions:

- Fiberoptics - mechanics and practical techniques
- The surgical airway - cricothyroidotomy, percutaneous tracheostomy
- Failed intubation - failed intubation drills and scenarios using simulation
- Supraglottic devices - iLMA, LMA and other devices

Lecture/discussion sessions:

- Airway assessment and management of the expected difficult airway
- Difficult Airway Society guidelines
- Management of awake fiberoptic intubation
- Extubation issues

We have support from several companies providing a range of fiberoptic scopes, videolaryngoscopes and other airway equipment for use during the course.

The EAST course is facilitated by consultant anaesthetists from Mid Essex Hospital Services, NHS Trust and Southend University Hospital, NHS Foundation Trust.

Location

Postgraduate Medical Institute
Anglia Ruskin University, Bishop Hall Lane,
Chelmsford, Essex, CM1 1SQ

Delegate Registration

HEEOE Anaesthetic/ICM ST3/4 trainees are fully funded to attend EAST. A limited number of places are available.

Please contact tracey.cadenhead@qehkl.nhs.uk for more details.

All other doctors: £120. To book please visit the Anglia Ruskin Online Store at store.anglia.ac.uk (go to Postgraduate Medical Institute Conferences & Events under Conferences and Events).

Nurses/ODPs: £120. Funded places may be available via your trust. Please contact pmievents@anglia.ac.uk for more details.

The EAST course assumes basic airway skills and so anaesthetists should have a minimum of three months anaesthetic experience before attending the course.

Further information

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EAST is approved by the Royal College of Anaesthetists for five CPD credits.



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anglia.ac.uk/EASTcourse