

School of Medicine

East of England

Core & Higher Specialty Programme Details

The School of Medicine offers a 3 year IMT (Internal Medicine Training) Programme and 29 Higher Specialty Programmes throughout 18 Trusts

Exams

IMT—during the 3 years you will complete all part of MRCP including PACES. Free Mock PACES exams are available throughout the region and there is a generous contribution to attend a PassPACES course

For the specialties there are regional exam preparation courses available

Opportunities

There are opportunities for :-

- Academic training available at Addenbrookes and Norwich
- Support for OOPR
- Overseas placements with our partner Global Health Fellowships between within certain specialty training levels

Rotations

IMT

There are approximately 130 rotations. Trainees in IM1 and IM2 will either stay in the same hospital or if attached to Addenbrooke's or Norfolk & Norwich will have rotations that are easily commutable from one another. The IM3 rotations are yet to be finalised but we intend to adhere to the principle that, where possible, the trainee will do their IMT3 year in a Trust that they have worked in for their IM1 and IMT2 years

Higher Specialty Programmes

The rotations of Specialty Registrars appointed to programmes in the East of England Deanery are organised by the relevant specialty training programme directors. In almost all cases these programmes will involve rotational appointments, but the specialty programmes vary.



Meet The Team



Fraz Mir—Head of School

Human Factor/ Procedural Skills

Along with the regular training days, IMT trainees also have access to funded simulation, procedural and human factor days. There are also further opportunities for simulation courses for the remaining specialty trainees



Regional Teaching Day Programmes

The IMT teaching programme offers four regional training days per year, including induction and a QI day. Higher Specialty Programmes' regional training days vary, with GIM offering monthly teaching across the region and other specialties offering annual, bi-annual or other combinations

Why The East of England?

Support for flexible careers

Thorough curriculum coverage through regional training

Hospital environments from urban to rural

Contact us

https://heeoee.hee.nhs.uk/_medicine

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Internal/Core Medicine

Frequently asked questions

Teaching & Study Leave

How is the regional teaching program structured?

4 regional teaching days a year. A simulation and procedural skills courses in the first 2 years. Regional PACES and MRCP Part 1 teaching and £1000 pounds per year per trainee for commercial MRCP courses

How many days of study leave do I get?

Up to 30 days

What opportunities are there for simulation training in the region?

Procedural courses in the first year. Human factors courses during the first 2 years

Training Programme

How many years is the training program?

2-3 years (depending on your future choice of Specialty).

[Click here for more information.](#)

Is the training run through or decoupled?

Decoupled - after 2-3 years of IMT training you have to reapply for Higher Specialist Training (exception is Academic Training)

Which units in the East of England can I be trained in?

All East of England Trusts support Internal Medicine training

Are there more localized Sub-rotations to avoid long commutes?

Yes. About half of the rotations rotate around the 2 teaching hospitals (Cambridge and Norwich) with the other half being entirely contained within the same Trust

What induction program is there into training in the region?

Local and Regional Induction

How is recruitment organized?

Nationally although we do 3-4 local interviews days per year so trainees in our region usually get interviewed in Cambridge.

Opportunities

What Sub-specialty / fellowship training opportunities are there in the region?

IMT is a "core" program for before you start to specialise beyond that. Re-application during IMT 2 or 3 is required for that.

What research opportunities are there in the region?

We have a large and active ACF programme recruited separately to national IMT recruitment in Cambridge and Norwich. Successful candidates still need to be deemed appointable in national IMT recruitment.

Do you support Out Of Program Research (OOPR)?

OOPRs cannot be taken in the first or last years of the programme so usually cannot be taken in the IM1 and IM2 years. However, it is possible on occasion for exceptions to be made.

What are the top 3 reasons for training in the East of England:

1. High quality teaching delivered from international centres of excellence
2. Regional mock MRCP Part 1 and PACES teaching and financial support (£1000 pounds per year for trainees to attend commercial PACES courses)
3. Easily commutable and self-contained rotations

Exams

What exams will I have to sit during my training?

MRCP part 1, part 2 and PACES

Is there any exam preparation organised in the region?

yes regional Part 1 and PACES courses and £1000 pounds per year per trainee for commercial MRCP courses

Where can I go for more information?

The HEE east of England Medicine page

<https://heeo.e.hee.nhs.uk/medicine>

Lots of information on the HEE EoE CMT website regarding our training days, rotations, ARCP preparation, LTFT training, study leave, professional support and well-being amongst other things. The TPDs, Jasmine Patel (Jasmine.Patel@ipswichhospital.nhs.uk) and Colin Mason (colin.mason1@addenbrookes.nhs.uk) are always happy to be contacted by potential applicants – no query too small!).