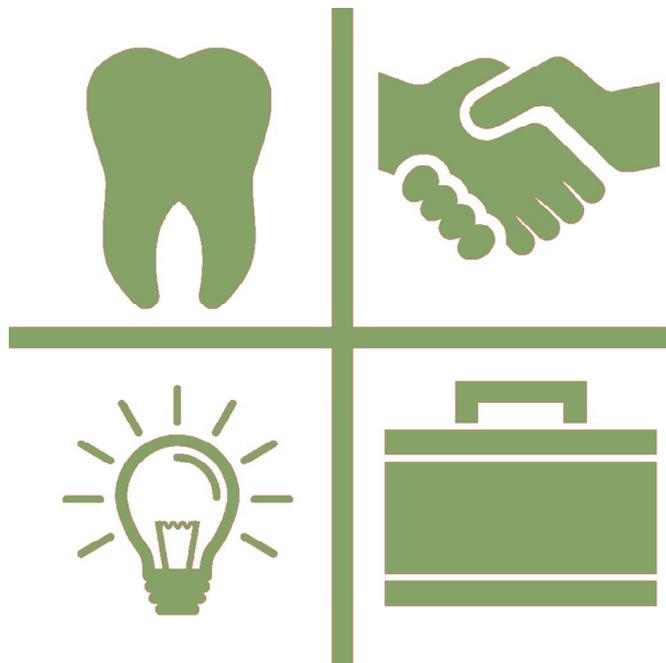


Stevenage Dental Foundation Training Scheme

Summer Term Programme 2018



Developing people
for health and
healthcare

www.hee.nhs.uk

Lister Education Centre





Stevenage Dental Foundation Training Scheme

Lister Education Centre

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Summer Term

Venues and Subjects



Friday 04th May	Clinical Audit Occlusion in General Practice	<i>Lister Education Centre, Stevenage</i>
Thursday 10th May	HEEoE Residential	<i>Wyboston Lakes Hotel, Bedford</i>
Friday 11th May	HEEoE Residential	<i>Wyboston Lakes Hotel, Bedford</i>
Thursday 17th May	Managing the worn dentition	<i>Clinical Skills Room, Basildon</i>
Friday 25th May	Implants in practice Cosmetic and aesthetic dentistry	<i>Lister Education Centre, Stevenage</i>
Friday 01st June	No study day	<i>Practice</i>
Friday 08th June	The business of dentistry Finance (2)	<i>Lister Education Centre, Stevenage</i>
Thursday 14th June	Health and safety	<i>Lister Education Centre, Stevenage</i>

Registration for all study days is 09.00
Business session 09.15-09.30
Study day sessions start promptly at 09.30



Summer Term

Venues and Subjects

Friday 15th June

Case Presentations



Lister Education Centre

Thursday 21st or

Cascade– Personality Preferencing

Friday 22nd June



Learning Centre, Peterborough City Hospital

Friday 29th June

So how do I make a success of my career?



Lister Education Centre



Important Dates and Deadlines Summer 2018

First day Summer Term

Friday 04th May

Clinical Audit presentations

Friday 04th May

HEEoE Residential

Thursday 10th/Friday 11th May

Case presentation submissions

Tuesday 12th June

Final Review of Competency Progression (FRCP)

Friday 22nd June

ES report submission

Last day of term

Friday 29th June

FRCP Panel

Friday 13th July

Friday 04th May

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 Clinical Audit presentations.

Foundation Dentists.

General Dental Practitioners

You will be presenting your clinical audits for assessment using posters, a 500 word abstract and a 10 minute oral presentation.

They will be assessed by other trainees and trainers.

Can you demonstrate a thorough understanding of the principles and process of clinical audit and how this has influenced your own practice?



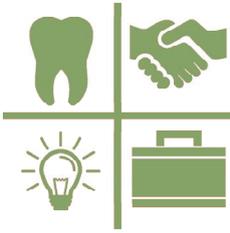
Objectives

- *To demonstrate a thorough understanding of the principles and practice of clinical audit*
- *To produce a professional poster*
- *To give an oral presentation discussing how you carried out your audit , the results and changes implemented*
- *To gain ideas for future audits*

Learning outcomes

- *A better understanding of clinical audit*
- *The challenges and opportunities of poster presentations*
- *How to identify problems, critique your own work and implement successful change*
- *Improved ability to critically appraise clinical audits*

GDC domains:C



Friday 04th May

Lister Education Centre, Stevenage

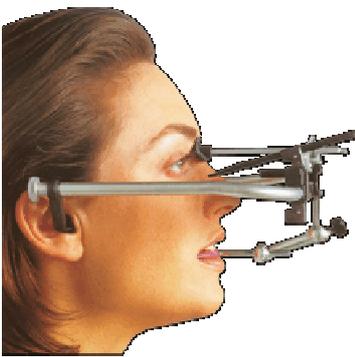
Afternoon Session

CPD = 3 Hrs

14.00 Understanding Occlusion.

Dr. Nimesh Patel

General Dental Practitioner



What is occlusion? Why is there so much controversy over it and what does it matter anyway?

How do you assess an occlusion? What is CO and CR ? What is group function and canine guidance –how do you check this?

How do you record occlusion?

In this session you will explore the principles of occlusion and their relevance to restorative dentistry.

You will have the opportunity to revisit the use of facebows and discuss the clinical/laboratory interface required to work successfully with your technician

Objectives

- *To learn the relevance and importance of occlusion*
- *To discuss the principles of occlusion and how these apply to treatment planning and outcomes*
- *To learn about different types of splints, their role and indications*

Learning outcomes

A better understanding of the basic principles of occlusion

How to carry out an occlusal analysis

Improved communication with your technician

GDC domains: B,C

Thursday 10th May

Wyboston Lakes Hotel



Welcome to Wyboston Lakes

Great North Road, Wyboston, Beds MK44 3AL

This is a residential course for the Bedford, Peterborough and Stevenage Dental Foundation Training Schemes.

Registration is from 09.00-09.15

Twin room accommodation has been arranged at Wyboston Lakes for the evening of Thursday 11th May 2017.

You will need smart casual clothes for the day sessions and evening.

You will need sportswear which you are happy to get muddy and /or dirty.

This residential will be focusing on two main areas:

-The transition from DFT to life in practice

-Mental health and dental phobias



Thursday 10th May

Wyboston Lakes Hotel

Travelling to Wyboston

Please leave sufficient time to allow a prompt start.

There will be traffic. You will be travelling a peak time.

There are variable speed limits on the A1. Please observe these carefully so as to avoid penalties.

There is plenty of free car parking space at the venue.

Distance to from M25/A1 interchange to Venue:

39 Miles



Thursday 10th May

Wyboston Lakes Hotel



Day Session

CPD = 6 Hrs

09.30 Life after Dental Foundation Training



Dental Defence Union
Medical Money Management
Hempsons
Humphrey and Co

You will be working in two groups with members from each scheme. There will be a variety of talks from our specialist speakers

09.30	Introduction from DDU
09.45	Session One
10.45	Break
11.15	Session Two
13.15	Lunch
14.15	Session Three
15.15	Session Four
16.00	Close

Objectives

- *To explore the dento-legal and ethical dilemmas faced in general dental practice*
- *To discuss business finance-looking at selecting, buying and running a successful practice*
- *To look at associate contracts and employment law-how to get help and advice*
- *To look at how to manage your finances, assets and investments as an associate*

Learning Outcomes

- *To have a greater understanding of the ethical challenges faced by associates*
- *To appreciate the financial structures underpinning successful dental practice*
- *Better knowledge of the relevance and application of employment law in relation to an associate position*
- *To be better able to evaluate your own financial position, financial management and aspirations.*

GDC domains: B,D



Thursday 10th May

Wyboston Lakes Hotel

Evening Session

Bedford, Peterborough and St. Evenage Dentathlon



Whilst we prize intelligence, manual dexterity, communication skills and perfectionism in our profession, there are occasions when brawn and not brain are important.

To balance the intellectual rigours of the residential, the schemes will have the opportunity to demonstrate their physical prowess by competing against one another in a variety of sporting events.

These events will provide an opportunity for all FDs to participate.

Each scheme will present an opening haka. This does require teamwork and preparation and your TPD can advise you further.

Rules of combat

No cheating. No bad language. No fighting..

The decision of the referee is final.

Suitable clothing must be worn. Please bring sportswear, trainers and thin gloves (optional but advised). You should be prepared for this to get dirty.

Failure to do this will result in a points penalty for your team.

If you have any medical conditions which would prevent you from participating, please mention these to your advisor PRIOR to the residential. All information will be strictly confidential.

In the event of bad weather, we will be having indoor events exploring the worlds of dentistry, the banal and beyond.....

The winning team will be presented with the coveted Super Seven Cup.



Morning Group A / Afternoon Group B

CPD = 6Hrs

09.30 Mental Health First Aid Lite

Mrs. Ceri Whybrow
Mental Health Trainer



Mental health issues are becoming more prevalent.

There is prejudice and stigma associated with it.

Illness is indiscriminate and affects both our patients and our profession. How can we recognise symptoms? What should we do and how can we best support our patients and colleagues?

This introductory course is designed to explore the current issues surrounding mental health, to raise your awareness and improve your ability to support those in need.

Learning aims and Objectives

- Gain a wider understanding for themselves and others, of some issues surrounding mental health
- Gain a greater understanding of how and why positive and negative mental health affect business
- Work more effectively with people experiencing mental health problems

Learning Outcomes

- By the end of the course participants will be able to:
- Identify the discrimination surrounding mental health problems
- Define mental health and some mental health problems
- Relate to people experiences
- Help support people with mental health problems
- Begin developing a business case for promoting positive mental health in the workplace
- Look after their own mental health better

GDC domains: A,B,D



Friday 11th May

Wyboston Lakes Hotel

Morning Group B / Afternoon Group A

CPD = 6Hrs

09.30 **Dental Phobia**



Mrs. Margaret Jordan

Psychotherapist

Lots of our patients say they are nervous, anxious or even phobic. What do these terms really mean?

What strategies can you employ to help these patients and improve outcomes? When should you refer and what services are available to support the patients.?

In this session you will explore the physiological and psychological changes which underpin these states. You will see demonstrations of techniques and be able to try some simple calming techniques on each other..

Objectives

- *To understand the differences between nervous ,anxious and phobic patients*
- *To explore the physiological and psychological basis underpinning behaviours*
- *To learn about different therapies, external support available and referral*
- *To witness and practice some basic calming techniques*

Learning Outcomes

- *To have a greater understanding of anxious and phobic patients*
- *To be able to describe some practical strategies to help phobic patients*
- *Knowledge of the referral pathways*
- *An appreciation of the treatment and support available from psychological services*

GDC domains: A,B,D

Thursday 17th May

Clinical Skills Room, Basildon



Day Session

CPD = 6Hrs

09.30 **Managing the worn dentition**

Dr. Ali Chohan

Dr. Jinesh Vaghela

General Dental Practitioners



With an ageing population who are keeping their dentition, you will be required to undertake the management of worn and broken down dentitions. What challenges does this pose?

This hands on session will be exploring and discussing treatment planning and advanced clinical techniques required for the management of the worn dentition.

You will need to think about cases of your own which you have found particularly challenging and be willing to share your ideas and frustrations with the group and the speakers.

How do you treatment plan complex wear cases?

What are the options and how do you discuss these with patients?

What level of skill and experience do you need to tackle big cases?

When should you try and when should you refer?

What are your responsibilities under the NHS?

How do you manage the NHS/private interface?

What skills and knowledge do you need to develop during the remainder of your DFT year?



Thursday 17th May

Clinical Skills Room, Basildon

Day Session

14.00 **Managing the worn dentition**

When would you use direct or indirect restorations ?

What materials would you use and how would you prepare the teeth?

What is the best impression material to use and what are the tips and tricks to get the best results?

How will you temporise any preparations?

What information will your technician require? How can you communicate this effectively?

What discussions do you need to have with the patient and how do you gain valid consent?

What clinical records do you need to keep?



Objectives

- *To explore and discuss the challenges of advanced and complex treatment planning*
- *To discuss the NHS regulations and responsibilities in mixed treatment planning*
- *Opportunities to improve your hands on skills*
- *Improved technical ability in preparation of inlays and onlays*
- *How to increase patient satisfaction with your efforts!*

Learning Outcomes

- *Greater understanding of and improved quality of complex treatment*
- *Understanding failure in complex cases and how to manage this*
- *Insight into your current abilities and your development needs*
- *Improved management of patient expectations*
- *Better communication with patients and technicians*

GDC domains: A,C,D



Morning Session

CPD = 4Hrs

09.00 Implants in Practice



Dr. Minesh Patel

With advances in implantology, increased availability of implants and good success rates, they are becoming increasingly popular as a treatment option for patients.

What type of implants are there? How do you recognise cases where implants are an option and when they are not appropriate. How do you discuss implants with patients? Who do you refer to and what are the costs?

What information do patients expect from you to make informed choices about their treatment?

Implant Specialist

Objectives

- *To learn about different implant systems*
- *To experience placing an implant*
- *To discuss indications and contraindications*
- *To understand how to integrate implant options into treatment planning options*

Learning outcomes

- *Improved communication skills when discussing implant options with patients*
- *Deeper understanding of the use of implants and improved treatment planning and options*
- *To understand the reasons for implant failure and how to discuss this with patients*
- *Successful management and maintenance of implants and improved patient education*



Friday 25th May

Lister Education Centre, Stevenage

Afternoon session

CPD = 3 Hrs

14.00 **Cosmetic and Aesthetic dentistry**

Mr. Amir Patel

General Dental practitioner and ES

Teeth

English Teeth, English Teeth!
Shining in the sun
A part of British heritage
Aye, each and every one.
English Teeth, Happy Teeth!
Always having fun
Clamping down on bits of fish
And sausages half done.
English Teeth! HEROES' Teeth!
Hear them click! and clack!
Let's sing a song of praise to them -
Three Cheers for the Brown Grey and Black.



Spike Milligan

Historically, the UK population has not been perceived as having good oral health. However, this is changing. With advances in aesthetic and cosmetic options, patient awareness and expectations are growing.. How confident and competent are you in dealing with aesthetic demands of patients? What is the difference between aesthetic and cosmetic dentistry?

What are the principles underpinning good aesthetic results? What is smile design and how do you do it? How can you optimise your results?

This interactive session will give you the opportunity to explore these concepts and realise how to apply basic principles to improve your current practice. trainers

Objectives

- *To explore the differences between aesthetic and cosmetic dentistry*
- *To think about treatment planning options*
- *To learn about smile design*
- *To discuss aesthetic and cosmetic procedures and techniques*
- *To discuss patient expectations and their management*

Learning outcomes

- *To be aware of the differences between cosmetic and aesthetic dentistry*
- *To know your obligations under the NHS regulations*
- *To understand the principles of smile design*
- *More comprehensive treatment planning and options for patients*

GDC domains: A,C,D

Friday 08th June

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 The Business of Dentistry

Mr. Hardeep Matharu

Mrs Pom Matharu

General Dental Practitioner and Practice Manager



To run a successful practice, you need to understand the business of dentistry.

What are the practical everyday issues and how are these managed?

What laws, rules, regulations and governance apply? How can you ensure your compliance?

What does a practice manager actually do?

What are the benefits and opportunities that arise from being your own boss?

You will gain an insider perspective into running and growing a successful dental practice.

Objectives

- *To learn about the practicalities of running a successful practice*
- *To learn about the regulatory framework for dental practices and ,the role of CQC*
- *To understand financial principles required to run the practice*
- *To consider the business and professional interface and challenges*

Learning Outcomes

- *A better understanding of administrative structures and processes within a dental practice*
- *Insight into the business challenges and opportunities*
- *Greater knowledge of regulations applying to dental practices*

GDC domains: B, D



Friday 08th June

Lister Education Centre, Stevenage

Morning Session

CPD = 3 Hrs

14.00 **Finance**

Mr Bim Fazackerley

Specialist Dental Accountant—Taylor Roberts



As associates in practice you will gain self employed status with the advantages and complexities that this entails. HMRC have a keen interest in dentists and it is likely that at some stage in your career they will want to investigate you closely.

It is imperative that you comply with all relevant regulations and make accurate and honest tax returns. But there are so many rules, so how can you be a tax expert?

Golden Rule ; Leave it to the real experts -get a good dental specialist accountant

What records do you need to keep?

What evidence do you need to give your accountant? What allowances are available? How do you budget for your tax payments?

How much tax should you pay?

Objectives

- *To understand how tax works for the self employed associate*
- *To consider your personal financial position and how this can be managed best*
- *To understand what you can claim and how to keep records for HMRC*

Learning Outcomes

- *A better understanding of tax implications for the self-employed*
- *How to budget and manage your finances*
- *How to keep records for HMRC and file tax returns*

GDC domains: B, D



Day Session

CPD = 6Hrs

09.30 Health and Safety in General Dental Practice

Mrs Jane Bonehill
Director DenMed UK



Employers are required to protect the health and safety of people while at work and others who may be affected by the undertakings. Thousands of accidents and cases of ill health happen in workplaces every year, some are reported to the enforcing authorities, however, many go unreported. A fundamental aspect of health and safety is to take measures aimed at preventing accidents and protecting people. Employers and employees need to work together in order to achieve good health and safety standards. Employers must inform, instruct and train their staff on all aspects relating to safe working practices in order to achieve acceptable standards. Good health and safety standards make good business sense.

Objectives

- *To explore concepts of health and safety in general dental practice.*
- *To think how we need to apply H&S on a daily basis*
- *To understand how H&S regulations impact on our working lives*

Learning outcomes

- *Understand the principles of occupational health and safety and apply this knowledge in the workplace.*
- *State and understand the scope of legal and moral responsibilities whilst at work.*
- *Understand the principles of accident prevention and the need to report accidents including near misses*
- *Understand the importance of risk assessment and the practical actions to improve health and safety*
- *Be aware of the hazards and risks associated with the workplace, work equipment, work activities, fire, display screen equipment and hazardous substances*
- *Determine reasonable methods to control risks associated with all aspects of the working environment*

GDC domains: B,C, D



Friday 15th June

Lister Education Centre, Stevenage

Day Session

CPD = 6Hrs

09.30 Case Presentations

Most importantly this is a day to celebrate your progress and achievements throughout the year.

Today you will be presenting your case for assessment by trainers and your peers. This will be a 10-15 minute powerpoint presentation followed by questions and answers and will not exceed 30 minutes in total.

This is your chance to demonstrate how you managed a case involving several disciplines from initial diagnosis to completion.

It will be your opportunity to present formally to a wider audience, displaying your presentational skills, your ability to discuss your case with peers and your depth of understanding of more complex clinical issues.

This is a formal assessment and you will be marked against ten criteria, be awarded a percentage mark and receive feedback on your case.



GDC domains: C

Thursday 21st June Group A

The Learning Centre, Peterborough City Hospital



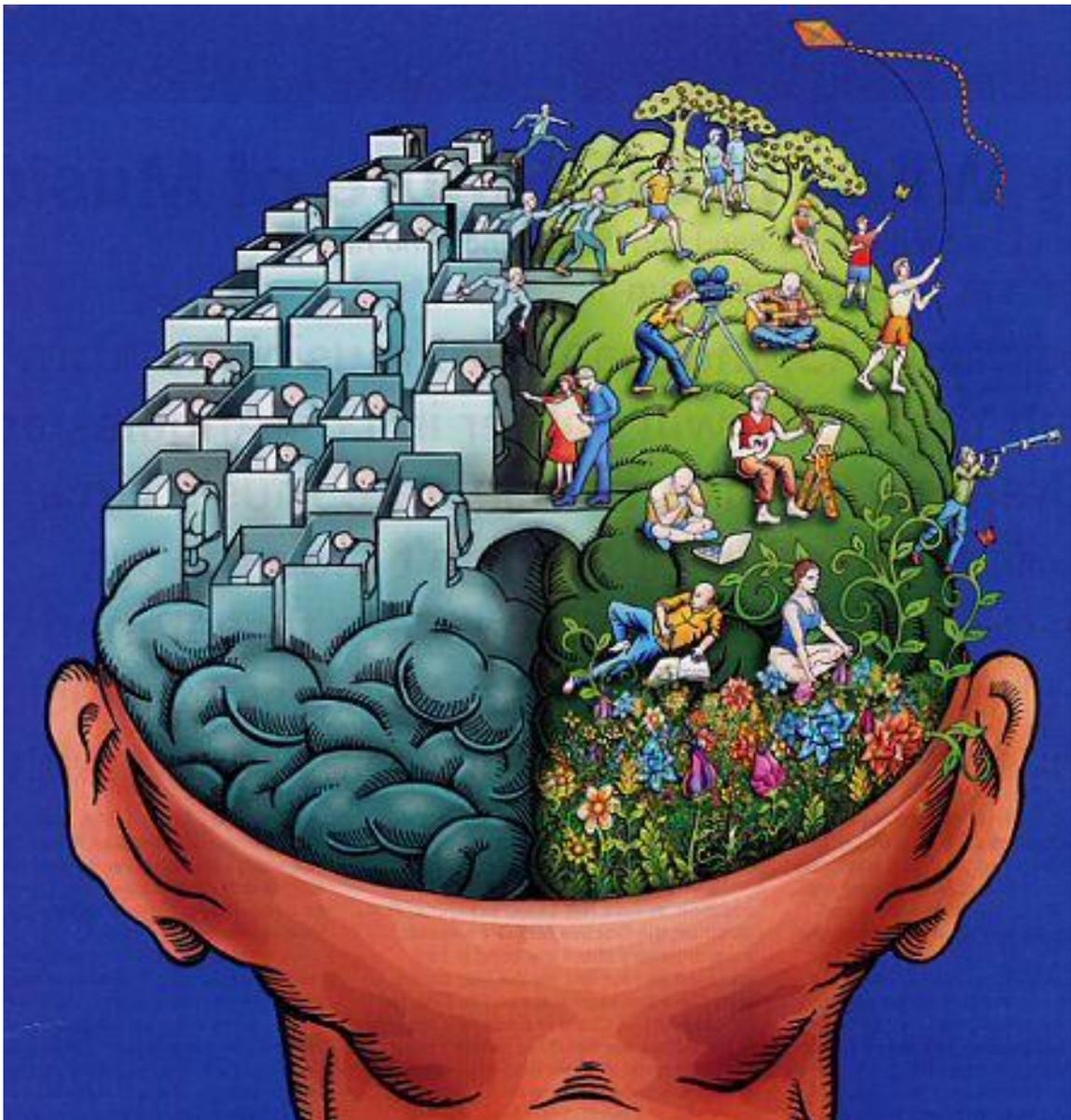
All day session

CPD = 6Hrs

Cascade

EDUCATIONAL THEATRE FOR EVERYONE

KIT and CAROL





Friday 22nd June Group B

The Learning Centre, Peterborough City Hospital

Afternoon Session

CPD = 3 Hrs

14.00 Personality Preferencing

PERSONALITY TYPES

Does it ever seem that even though you're speaking in English with someone, it feels like you're talking a different language? They just don't get what you are saying and you just don't get them. Either they talk too much, too little, too vaguely or too black and white. Their reasoning doesn't seem to make sense or they just don't seem to take people into consideration. And don't talk to me about the ones who leave things to the last minute or those who have made up their mind before you have even had a chance to think about it!

Using a thoroughly researched and substantiated model of personality we will explore the similarities and differences between us and ways to maximise our interactions with others. In essence we'll learn to speak their language.

Well, none of this is random. There is a lot of solid science (and practical experience) behind why interactions go wrong - or right.

All this is done with our usual degree of interaction, sketches, solid information and fun. During this workshop we will give you the tools to:

- * *communicate even more efficiently*
- * *understand how others think and feel*
- * *be more aware of how people make decisions*
- * *motivate someone*
- * *stay energised*

Benefits to you

- * *insight into others*
- * *less stress*
- * *better communication*
- * *fewer conflicts*
- * *fewer complaints*
- * *more influence*

Learning Objectives

- *To understand different personality types including your own*
- *To realise how your personality may influence your interactions with others*
- *To recognize the importance and implications of managing different sorts of people*
- *To explore your communication skills*

Learning Outcomes

- *Greater self awareness*
- *Improved communication with patients and the dental team*
- *Strategies to manage different types of patients more effectively*

GDC domains: A,B

Friday 29th June

Lister Education Centre, Stevenage



All day session

CPD = 6Hrs

09.30 **So how so I make a success of my career?**

Dr Andrew Wilson
General dental Practitioner



As young, 'inexperienced' dentists, leaving DFT is daunting. Today is all about inspiring you to realise your true value and worth as a professional person. How do you pitch yourself? What are the challenges and opportunities? What should you look out for? How can you start your career in the most positive way and build foundations for your future success?

Aims and objectives

To learn to value their skills as clinicians and how to demonstrate that value to their patients.

To learn techniques to build rapport and show that they appreciate each patient.

To create their own methods to explain different treatments, including:

- How to present treatment options.
- How to discuss treatments in a patient focused manner.
- How and when to explain risks of treatment and how to manage patient expectations.

To learn techniques to make their days easier while improving the quality of care that they provide to their patients.



Learning Outcomes

Improved communication with patients

Practical tips for starting out in practice in a positive and ethical way

Improved time management skills and greater efficiency

Greater confidence when discussing treatment plans and associated costs, risks and benefits

GDC domains: A,B, D

And this is the end and just the beginning.....



PML Evidence

Sessional Content for e-Portfolio



	Clinical Audit	Occlusion	Transition from DFT	Mental health	The worn dentition	Implants	Smile design	Business	Finance
Professionalism									
Appraisal	✓								
Clinical audit and peer review	✓								
Confidentiality			✓	✓				✓	
Ethical behaviour			✓	✓	✓	✓	✓	✓	✓
Critical evaluation	✓		✓	✓	✓	✓	✓	✓	
Decision making			✓	✓	✓	✓	✓	✓	
GDC Scope of Practice			✓		✓	✓	✓		
Whistleblowing			✓				✓		
Management of difficult patients				✓		✓	✓	✓	
Patient safety				✓		✓	✓	✓	
Self-awareness			✓	✓	✓		✓		
Professionalism and Management									
Basic Life Support training									
Consent		✓	✓	✓	✓	✓	✓		
Equality & Diversity			✓	✓					
GDC Standards			✓		✓		✓	✓	
NHS complaints procedure			✓					✓	
Referring patients	✓		✓	✓	✓	✓	✓	✓	
Management									
COSHH regulations									✓
Dental equipment selection, care and maintenance					✓	✓	✓	✓	
Data Protection		✓	✓					✓	
Employment contracts/associate agreements for dentists		✓						✓	
Employment Law basics		✓						✓	✓
Finance		✓						✓	✓
Health & Safety requirements in dentistry								✓	
Infection control procedures						✓		✓	
NHS prescribing						✓			
NHS Rules & Regulations in Dentistry	✓	✓				✓	✓	✓	
Prescribing, directing, taking, processing and interpreting radiographs	✓					✓	✓		
Range and scope of NHS dental care	✓	✓			✓	✓	✓	✓	
Record keeping	✓	✓			✓	✓	✓	✓	
Use of emergency drugs									
Information Governance			✓					✓	
Safeguarding Children and Adults				✓					
Leadership									
Facilitating learning in others									✓
Quality management and improvement									✓
Role model									✓
Teamwork				✓		✓		✓	
GDC Domains									
A				✓	✓	✓	✓		
B	✓	✓	✓	✓				✓	✓
C	✓		✓		✓	✓	✓		
D			✓	✓	✓	✓	✓		✓

