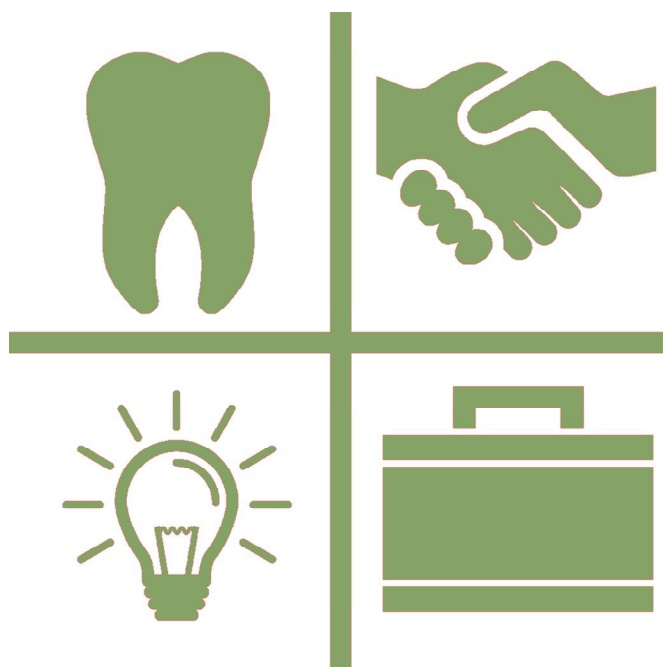


Stevenage Dental Foundation Training Scheme

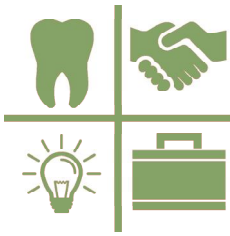
Summer Term Programme 2017



Developing people
for health and
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www.hee.nhs.uk

Lister Education Centre



Stevenage Dental Foundation Training Scheme

Lister Education Centre

Lister Hospital, Coreys Mill Lane,
Stevenage Herts.

SG1 4AB

☎ 01438 314333

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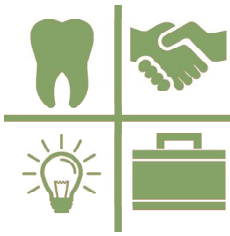
Spring Term

Venues and Subjects



Friday 05th May	Clinical Audit Occlusion in General Practice	<i>Lister Education Centre, Stevenage</i>
Thursday 11th May	HEEoE Residential	<i>Wyboston Lakes Hotel, Bedford</i>
Friday 12th May	HEEoE Residential	<i>Wyboston Lakes Hotel, Bedford</i>
Friday 19th May	Implants in practice Cosmetic and aesthetic dentistry	<i>Lister Education Centre, Stevenage</i>
Thursday 25th - Saturday 27th May	BDA Conference	<i>Manchester Central Convention Centre</i>
Friday 02nd June	No study day	<i>Practice</i>
Thursday 08th May	Managing the worn dentition	<i>Clinical Skills Room, Basildon</i>
Friday 09th June	Cascade– Personality Preferencing	<i>Lister Education Centre, Stevenage</i>

Registration for all study days is 09.00
Business session 09.15-09.30
Study day sessions start promptly at 09.30



Spring Term

Venues and Subjects

Friday 16th June

No Study day



Practice

Friday 23rd June

The business of dentistry

Outreach– Dementia Cafe



Lister Education Centre and Hope Church, Luton

Friday 30th June

Finance (2)

Leadership and Management



Lister Education Centre

Friday 07th July

Case Presentations



Lister Education Centre

Important Dates and Deadlines Summer 2017

First day Summer Term

Friday 05th May

Clinical Audit presentations

Friday 05th May

HEEoE Residential

Thursday 11th/Friday 12th May

BDA Conference

Thursday 25th–
Saturday 27th May

Final Review of Competency Progression (FRCP)

Friday 23rd June

ES report submission

Case presentation submissions

Tuesday 4th July

Last day of term

Friday 07th July

Friday 05th May

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 Clinical Audit presentations.

Foundation Dentists.

General Dental Practitioners

You will be presenting your clinical audits for assessment using posters, a 500 word abstract and a 10 minute oral presentation.

They will be assessed by other trainees and trainers.

Can you demonstrate a thorough understanding of the principles and process of clinical audit and how this has influenced your own practice?

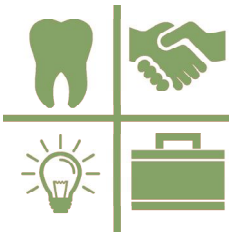


Objectives

- *To demonstrate a thorough understanding of the principles and practice of clinical audit*
- *To produce a professional poster*
- *To give an oral presentation discussing how you carried out your audit , the results and changes implemented*
- *To gain ideas for future audits*

Learning outcomes

- *A better understanding of clinical audit*
- *The challenges and opportunities of poster presentations*
- *How to identify problems, critique your own work and implement successful change*
- *Improved ability to critically appraise clinical audits*



Friday 05th May

Lister Education Centre, Stevenage

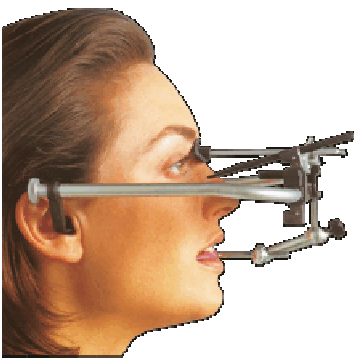
Afternoon Session

CPD = 3 Hrs

14.00 Understanding Occlusion.

Dr. Nimesh Patel

General Dental Practitioner



What is occlusion? Why is there so much controversy over it and what does it matter anyway?

How do you assess an occlusion? What is CO and CR ? What is group function and canine guidance –how do you check this?

How do you record occlusion?

In this session you will explore the principles of occlusion and their relevance to restorative dentistry.

You will have the opportunity to revisit the use of facebows and discuss the clinical/laboratory interface required to work successfully with your technician

Objectives

To learn the relevance and importance of occlusion

To discuss the principles of occlusion and how these apply to treatment planning and outcomes

To learn about different types of splints, their role and indications

Learning outcomes

- *A better understanding of the basic principles of occlusion and how this relates to simple and complex restorative treatment plans*
- *How to carry out an effective occlusal examination and analysis*
- *Improved communication with your dental technician*

Thursday 11th May

Wyboston Lakes Hotel



Welcome to Wyboston Lakes

Great North Road, Wyboston, Beds MK44 3AL

This is a residential course for the Bedford, Peterborough and Stevenage Dental Foundation Training Schemes.

Registration is from 09.00-09.15

Twin room accommodation has been arranged at Wyboston Lakes for the evening of Thursday 11th May 2017.

Travelling to Wyboston

Please leave sufficient time to allow a prompt start.

There are variable speed limits on the A1. Please observe these carefully so as to avoid penalties.

There is plenty of free car parking space at the venue.

You will need smart casual clothes for the day sessions and sportswear which you are happy to get muddy and /or dirty.

Distance to from M25/A1

interchange to Venue:

39 Miles

60 Minutes





Thursday 11th May

Wyboston Lakes Hotel

Day Session

CPD = 6 Hrs

09.30 Life after Dental Foundation Training



Dental Defence Union Medical Money Management Hempsons Humphrey and Co

You will be working in two groups with members from each scheme. There will be a variety of talks from our specialist speakers

09.30	Introduction from DDU
09.45	Session One
10.45	Break
11.15	Session Two
13.15	Lunch
14.15	Session Three
15.15	Session Four
16.00	Close

Objectives

- To explore the dento-legal and ethical dilemmas faced in general dental practice
- To discuss business finance-looking at selecting, buying and running a successful practice
- To look at associate contracts and employment law-how to get help and advice
- To look at how to manage your finances, assets and investments as an associate

Learning Outcomes

- To have a greater understanding of the ethical challenges faced by associates
- To appreciate the financial structures underpinning successful dental practice
- Better knowledge of the relevance and application of employment law in relation to an associate position
- To be better able to evaluate your own financial position, financial management and aspirations.

Thursday 11th May

Wyboston Lakes Hotel



Evening Session

Bedford, Peterborough and St. Evenage Dentathlon



Whilst we prize intelligence, manual dexterity, communication skills and perfectionism in our profession, there are occasions when brawn and not brain are important.

To balance the intellectual rigours of the residential, the schemes will have the opportunity to demonstrate their physical prowess by competing against one another in a variety of sporting events.

These events will provide an opportunity for all FDs to participate.

Each scheme will present an opening haka. This does require teamwork and preparation and your TPD can advise you further.

Rules of combat

No cheating. No bad language. No fighting..

The decision of the referee is final.

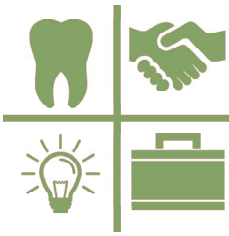
Suitable clothing must be worn. Please bring sportswear, trainers and thin gloves (optional but advised). You should be prepared for this to get dirty.

Failure to do this will result in a points penalty for your team.

If you have any medical conditions which would prevent you from participating, please mention these to your advisor PRIOR to the residential. All information will be strictly confidential.

In the event of bad weather, we will be having indoor events exploring the worlds of dentistry, the banal and beyond.....

The winning team will be presented with the coveted Super Seven Cup.



Friday 12th May

Wyboston Lakes Hotel

Day Session

CPD = 6Hrs

09.30 Interview Skills



Mrs. Alison Miles– Jenkins

Chief Executive, Leading Light Learning

How do you get an interview?

What are the top tips and tricks in writing a CV and cover letter?

What will distinguish you from the other applicants and get you through to interview?

How do you prepare for interview?

What are the 'dos and don't's' at interview?

How are you going to maximise your chances of getting your ideal job?

Objectives

- *To improve your skills in getting interviews and understanding how to perform well at the interview.*
- *To improve your employability and job prospects*

Learning Outcomes

- *Improved understanding of how to construct your CV and covering letter*
- *A clear understanding of the interview process*
- *Better knowledge of the opportunities and pitfalls of interviews*
- *Better communication and presentation skills at interview*



Morning Session

CPD = 4Hrs

09.00 Implants in Practice



Dr. Minesh Patel Implant Specialist

With advances in implantology, increased availability of implants and good success rates, they are becoming increasingly popular as a treatment option for patients.

What type of implants are there? How do you recognise cases where implants are an option and when they are not appropriate. How do you discuss implants with patients? Who do you refer to and what are the costs?

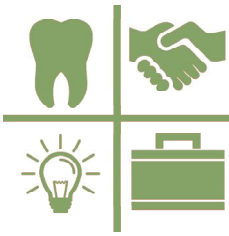
What information do patients expect from you to make informed choices about their treatment?

Objectives

- *To learn about different implant systems*
- *To experience placing an implant*
- *To discuss indications and contraindications*
- *To understand how to integrate implant options into treatment planning options*

Learning outcomes

- *Improved communication skills when discussing implant options with patients*
- *Deeper understanding of the use of implants and improved treatment planning and options*
- *To understand the reasons for implant failure and how to discuss this with patients*
- *Successful management and maintenance of implants and improved patient education*



Friday 19th May

Lister Education Centre, Stevenage

Afternoon session

CPD = 3 Hrs

14.00 **Cosmetic and Aesthetic dentistry**

Mr. Amir Patel and Mr Paaras Dhanani
General Dental practitioners

Teeth

English Teeth, English Teeth!
Shining in the sun
A part of British heritage
Aye, each and every one.
English Teeth, Happy Teeth!
Always having fun
Clamping down on bits of fish
And sausages half done.
English Teeth! HEROES' Teeth!
Hear them click! and clack!
Let's sing a song of praise to them -
Three Cheers for the Brown Grey and Black.



Spike Milligan

Historically, the UK population has not been perceived as having good oral health. However, this is changing. With advances in aesthetic and cosmetic options, patient awareness and expectations are growing.. How confident and competent are you in dealing with aesthetic demands of patients? What is the difference between aesthetic and cosmetic dentistry?

What are the principles underpinning good aesthetic results? What is smile design and how do you do it? How can you optimise your results?

This interactive session will give you the opportunity to explore these concepts and realise how to apply basic principles to improve your current practice. trainers

Objectives

- *To explore the differences between aesthetic and cosmetic dentistry*
- *To think about treatment planning options*
- *To learn about smile design*
- *To discuss aesthetic and cosmetic procedures and techniques*
- *To discuss patient expectations and their management*

Learning outcomes

- *To be aware of the differences between cosmetic and aesthetic dentistry*
- *To know your obligations under the NHS regulations*
- *To understand the principles of smile design*
- *More comprehensive treatment planning and options for patients*

Thursday 25th to Saturday 27th May

BDA Conference, Central Convention Centre, Manchester



This national event is a chance for you to attend lectures and seminars: visit the trade show and familiarise yourselves with the latest developments in dentistry.

With an uncertain and unclear future for the profession and pilots being rolled out, there will be opportunities to hear about the future of your profession from the policy makers and politicians.

You will be required to complete 10 hours of verifiable CPD. You will need to go through the programme before attending, discuss and agree with your ES your learning plan.

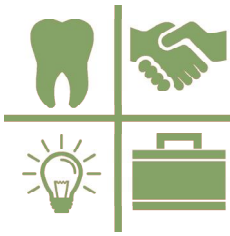
On arrival you will receive a pass which is scanned for verifiable CPD events. Please note that attending the exhibition and talking to reps does not qualify as CPD although this is a very valuable exercise.

You will receive a certificate from the BDA confirming your hours of attendance. This must be uploaded on to your portfolio.

Details of the full programme are available online at:

<https://www.bda.org/conference/Pages/Home.aspx>





**Thursday 25th to
Saturday 27th May**

BDA Conference, Central Convention Centre, Manchester

Accommodation, Travel and Social Events

Accommodation

You have been booked into twin rooms at the:

*Premier Inn Manchester City Centre
(Portland Street)*

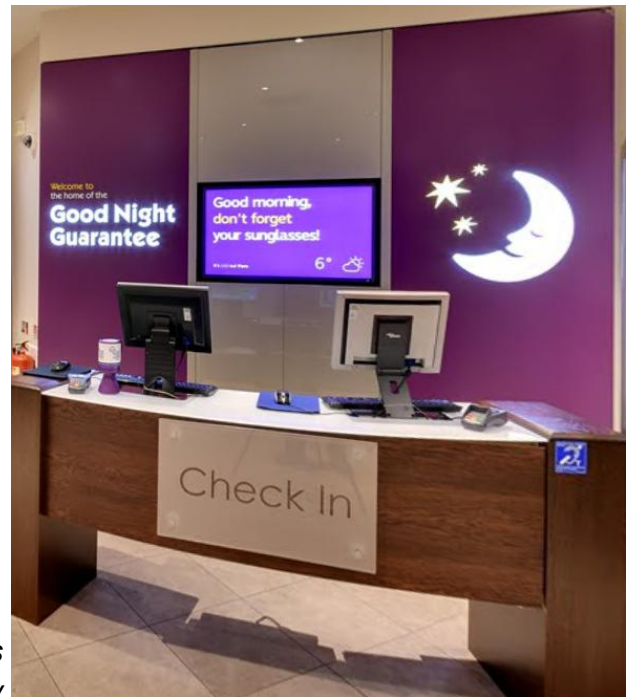
*The Circus, 112-114 Portland Street
Manchester M1 4WB*

Booking ref AFTR587760

*You are entitled to claim subsistence of up to £45 over
the 3 days on your FP84 so keep any receipts.*

Travel

*There are good train links to Manchester and it is
advisable to book a seat in advance to save money
and ensure you will not standing the entire way. There
is excellent public transport in the city and limited car
parking , so driving up is not advisable.*



Social Events

*There are a variety of social events and you will need to consult the programme and book yourselves
into the events you wish to attend.*

*The FD Ball on the Friday night is at the Principle Hotel from 19.30-00.00. This needs to be booked in
advance.*

You are representing your profession and it is important that standards are maintained at all events.



Thursday 08th June

Clinical Skills Room, Basildon



Day Session

CPD = 6Hrs

09.30 **Managing the worn dentition**

Dr. Ali Chohan

Dr. Jinesh Vaghela

General Dental Practitioners



With an ageing population who are keeping their dentition, you will be required to undertake the management of worn and broken down dentitions. What challenges does this pose?

This hands on session will be exploring and discussing treatment planning and advanced clinical techniques required for the management of the worn dentition.

You will need to think about cases of your own which you have found particularly challenging and be willing to share your ideas and frustrations with the group and the speakers.

How do you treatment plan complex wear cases?

What are the options and how do you discuss these with patients?

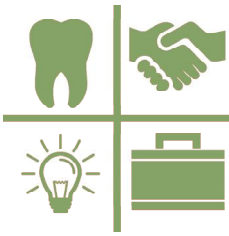
What level of skill and experience do you need to tackle big cases?

When should you try and when should you refer?

What are your responsibilities under the NHS?

How do you manage the NHS/private interface?

What skills and knowledge do you need to develop during the remainder of your DFT year?



Thursday 08th June

Clinical Skills Room, Basildon

Day Session

14.00 **Managing the worn dentition**

When would you use direct or indirect restorations ?

What materials would you use and how would you prepare the teeth?

What is the best impression material to use and what are the tips and tricks to get the best results?

How will you temporise any preparations?

What information will your technician require? How can you communicate this effectively?

What discussions do you need to have with the patient and how do you gain valid consent?

What clinical records do you need to keep?



Objectives

- *To explore and discuss the challenges of advanced and complex treatment planning*
- *To discuss the NHS regulations and responsibilities in mixed treatment planning*
- *Opportunities to improve your hands on skills*
- *Improved technical ability in preparation of inlays and onlays*
- *How to increase patient satisfaction with your efforts!*

Learning Outcomes

- *Greater understanding of and improved quality of complex treatment*
- *Understanding failure in complex cases and how to manage this*
- *Insight into your current abilities and your development needs*
- *Improved management of patient expectations*
- *Better communication with patients and technicians*

Friday 09th June

Lister Education Centre, Stevenage



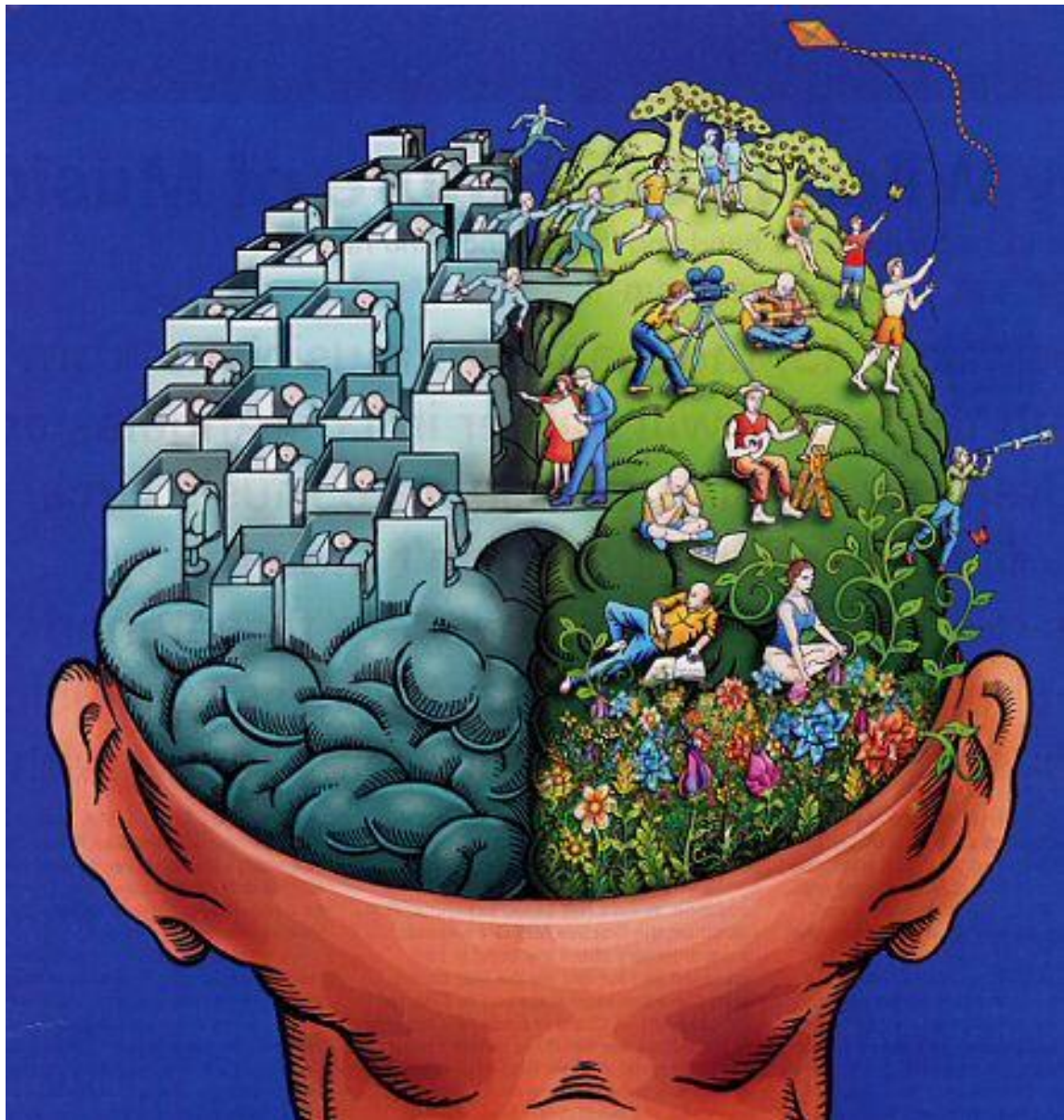
All day session

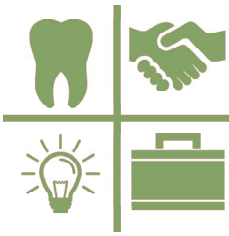
CPD = 6Hrs

Cascade

EDUCATIONAL THEATRE FOR EVERYONE

KIT and CAROL





Friday 09th June

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00 Personality Preferencing

PERSONALITY TYPES

Does it ever seem that even though you're speaking in English with someone, it feels like you're talking a different language? They just don't get what you are saying and you just don't get them. Either they talk too much, too little, too vaguely or too black and white. Their reasoning doesn't seem to make sense or they just don't seem to take people into consideration. And don't talk to me about the ones who leave things to the last minute or those who have made up their mind before you have even had a chance to think about it!

Using a thoroughly researched and substantiated model of personality we will explore the similarities and differences between us and ways to maximise our interactions with others. In essence we'll learn to speak their language.

Well, none of this is random. There is a lot of solid science (and practical experience) behind why interactions go wrong - or right.

All this is done with our usual degree of interaction, sketches, solid information and fun. During this workshop we will give you the tools to:

- * *communicate even more efficiently*
- * *understand how others think and feel*
- * *be more aware of how people make decisions*
- * *motivate someone*
- * *stay energised*

Benefits to you

- * *insight into others*
- * *less stress*
- * *better communication*
- * *fewer conflicts*
- * *fewer complaints*
- * *more influence*

Learning Objectives

- *To understand different personality types including your own*
- *To realise how your personality may influence you interactions with others*
- *To recognize the importance and implications of managing different sorts of people*
- *To explore your communication skills*

Learning Outcomes

- *Greater self awareness*
- *Improved communication with patients and the dental team*
- *Strategies to manage different types of patients more effectively*

Friday 23rd June

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 The Business of Dentistry

Mr. Hardeep Matharu

Mrs Pom Matharu

General Dental Practitioner and Practice Manager



To run a successful practice, you need to understand the business of dentistry.

What are the practical everyday issues and how are these managed?

What laws, rules, regulations and governance apply? How can you ensure your compliance?

What does a practice manager actually do?

What are the benefits and opportunities that arise from being your own boss?

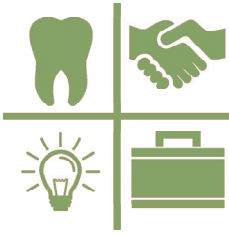
You will gain an insider perspective into running and growing a successful dental practice.

Objectives

- *To learn about the practicalities of running a successful practice*
- *To learn about the regulatory framework for dental practices and the role of CQC*
- *To understand financial principles required to run the practice*
- *To consider the business and professional interface and challenges*

Learning Outcomes

- *A better understanding of administrative structures and processes within a dental practice*
- *Insight into the business challenges and opportunities*
- *Greater knowledge of regulations applying to dental practices*



Friday 23rd June

Hope Church, Luton

Afternoon Session

CPD = 3 Hrs

14.00

Outreach Project– Working with dementia Foundation Dentists



Today you will be presenting at the Dementia Café in Luton. This has been set up by the Alzheimer's Society to provide a safe and friendly environment for dementia sufferers and their carers to meet.

This will be the culmination of the project work you have been doing in relation to understanding the impact of dementia in society and the importance of this in relation to oral health and dental care for sufferers.

In this session you will be doing 3 short presentations and providing a Q and A session.

You will have the opportunity to meet the patients and their carers in an informal environment and learn more at first hand how dementia can affect individuals and those around them

Objectives

- *To learn about dementia*
- *To provide information about oral health and dental services for dementia patients and their carers*
- *To learn how to create and deliver an effective team presentation*

Learning Outcomes

- *A better understanding of dementia and the impact on sufferers and carers*
- *Improved management of dementia patients in your practice*
- *What is required to deliver a presentation in an outside venue*
- *The challenges of presenting and how these can be addressed*



Friday 23rd June

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 **Finance**

Mrs. Katie Hobson

Specialist Dental Accountant



As associates in practice you will gain self employed status with the advantages and complexities that this entails. HMRC have a keen interest in dentists and it is likely that at some stage in your career they will want to investigate you closely.

It is imperative that you comply with all relevant regulations and make accurate and honest tax returns. But there are so many rules, so how can you be a tax expert?

Golden Rule ; Leave it to the real experts -get a good dental specialist accountant

What records do you need to keep?

What evidence do you need to give your accountant? What allowances are available? How do you budget for your tax payments?

How much tax should you pay?

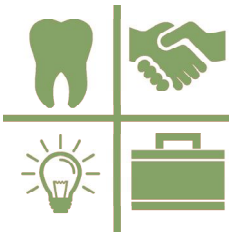
Objectives

- *To understand how tax works for the self employed associate*
- *To consider your personal financial position and how this can be managed best*
- *To understand what you can claim and how to keep records for HMRC*

Learning Outcomes

- *A better understanding of tax implications for the self-employed*
- *How to budget and manage your finances*
- *How to keep records for HMRC and file tax returns*





Friday 23rd June

Hope Church, Luton

Afternoon Session

CPD = 3 Hrs

14.00 Leadership and Management

Foundation Dentists

Leadership is a hot topic in the health service.

What is a leader– why are some people good at leading and others not? Are there born leaders or are there skills to be learned?

What happens when there is no leadership?

Are you a leader? Does everyone need to be a leader?



We will be exploring through a series of activities organised by yourselves aspects of leadership and where you currently see yourselves.

As a healthcare professional you will need to lead . How can you do this well?

Objectives

- *To learn about organising a team training event*
- *To discuss leadership and management*
- *To learn about your leadership potential*

Learning Outcomes

- *The challenges of organising training*
- *Basic principles of leadership and management*
- *Greater insight into your own leadership skills and development needs.*

Friday 23rd June

Lister Education Centre, Stevenage



Day Session

CPD = 6Hrs

09.30 Case Presentations

Most importantly this is a day to celebrate your progress and achievements throughout the year.

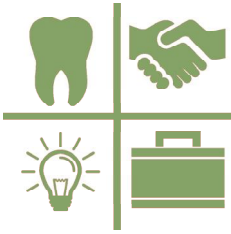
Today you will be presenting your case for assessment by trainers and your peers. This will be a 10-15 minute powerpoint presentation followed by questions and answers and will not exceed 30 minutes in total.

This is your chance to demonstrate how you managed a case involving several disciplines from initial diagnosis to completion.

It will be your opportunity to present formally to a wider audience, displaying your presentational skills, your ability to discuss your case with peers and your depth of understanding of more complex clinical issues.

This is a formal assessment and you will be marked against ten criteria, be awarded a percentage mark and receive feedback on your case.





Friday 23rd June

Lister Education Centre, Stevenage

And this is the end and just the beginning.....



PML Evidence

Sessional Content for e-Portfolio



	Clinical Audit	Occlusion	Transition from DFT	Interviews	Implants	Smile design	The worn dentition	Personalities	Business	Outreach	Finance
Professionalism											
Appraisal	✓										
Clinical audit and peer review	✓										
Confidentiality			✓						✓		
Ethical behaviour			✓	✓	✓	✓	✓	✓	✓	✓	
Critical evaluation	✓		✓	✓	✓	✓	✓		✓		✓
Decision making			✓	✓	✓	✓	✓		✓	✓	
GDC Scope of Practice			✓		✓	✓	✓				
Whistleblowing			✓			✓					
Management of difficult patients					✓	✓		✓	✓	✓	
Patient safety					✓	✓			✓	✓	
Self-awareness			✓	✓		✓	✓	✓			✓
Professionalism and Management											
Basic Life Support training											
Consent		✓	✓		✓	✓	✓				✓
Equality & Diversity			✓	✓							✓
GDC Standards			✓			✓	✓		✓	✓	
NHS complaints procedure			✓						✓		
Referring patients		✓	✓		✓	✓	✓		✓	✓	
Management											
COSHH regulations									✓		✓
Dental equipment selection, care and maintenance					✓	✓	✓		✓		✓
Data Protection			✓						✓		
Employment contracts/associate agreements for dentists			✓						✓		
Employment Law basics			✓						✓		
Finance			✓						✓		✓
Health & Safety requirements in dentistry									✓		✓
Infection control procedures					✓				✓		
NHS prescribing					✓						
NHS Rules & Regulations in Dentistry		✓	✓		✓	✓			✓		✓
Prescribing, directing, taking, processing and interpreting radiographs		✓			✓	✓					
Range and scope of NHS dental care		✓	✓		✓	✓	✓		✓		✓
Record keeping		✓	✓		✓	✓	✓		✓		✓
Use of emergency drugs											
Information Governance			✓						✓		
Safeguarding Children and Adults											✓
Leadership											
Facilitating learning in others								✓	✓	✓	
Quality management and improvement									✓		
Role model				✓				✓	✓		
Teamwork					✓				✓	✓	

Calendar 2017



2017

January

Practice Mid Year Visits - dates and time to be arranged.

Friday 3rd Feb First Day of Spring Term

Monday 20th-Friday 24th Feb

Friday 17th March Last day of Spring Term

Thursday 23rd March

Practice Exchange week

ESs at Lister from 1.30pm.

Local Appointment Event

Friday 5th May First Day of Summer Term

Thursday 11th and Friday 12th May

Thursday 25th to Saturday 27th May

Clinical Audit presentations

HEEoE Residential

British Dental Association Conference, Manchester

Friday 7th July Last Day of Summer Term

Friday 14th July FRCP

ESs present all day from 09.30am.