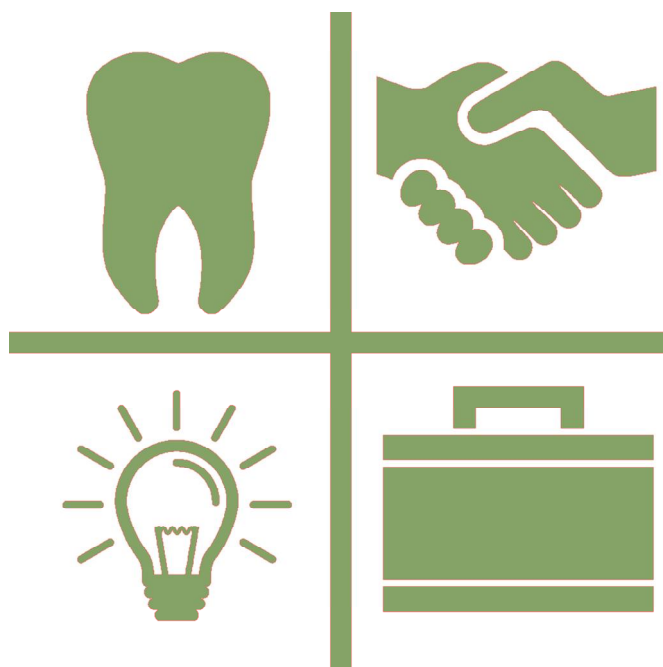
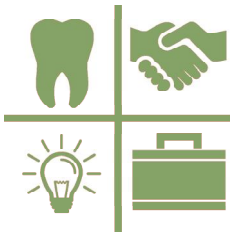


Stevenage Dental Foundation Training Scheme

Spring Term Programme 2018



Developing people
for health and
healthcare



Stevenage Dental Foundation Training Scheme

Lister Education Centre

Lister Hospital, Coreys Mill Lane,
Stevenage Herts.

SG1 4AB

☎ 01438 314333

Director of Postgraduate Dentistry

Dr. Maria Ross-Russell BDS MA DSCD

Postgraduate Dental Tutor

Dr Andrea Ogden BDS MJDF

Postgraduate Centre Manager

Mrs. Michaela Turner-Douglas

Dental Administrator

Mrs Dawn Marshall

Regional Advisor Dental Foundation Training

Dr. Peter Cranfield PhD, BDS, DIC, DGDP(UK) PgCert

Regional Dental Education Facilitator

Ms. Liz Hope

Dental Foundation Training Administrator

Mrs Patti Bradshaw

Training Programme Director
Stevenage Scheme

Elinor Japp BDS MA(Ed) FHEA

1-4 Church Mews,
Wisbech, Cambs. PE13 1HL

☎ Practice: 0800 952 0870 option 2

Home: 01480 436485

Mobile: 07730 532739

💻 elinor.japp@nhs.net

Programme published by
Health Education England—East of England
2-4 Victoria House, Capital Park,
Fulbourn, Cambridge. CB21 5XB
☎ 01223 597768

Spring Term

Venues and Subjects



Friday 02nd February

NHS rules and Regulations

Careers

Lister Education Centre, Stevenage

Friday 09th February

Managing the developing dentition

Perio in practice

Lister Education Centre, Stevenage

Friday 16th February

Endodontics in practice (2)

Lister Education Centre, Stevenage

19 - 24th February

Practice Exchange week

Practice based

Friday 02nd March

Health and Safety in General Dental Practice

Lister Education Centre, Stevenage

Friday 09th March

Dentures in practice

Dental Trauma

Lister Education Centre, Stevenage

Friday 16th March

Bridges and veneers in practice

Basildon Simulation Suite

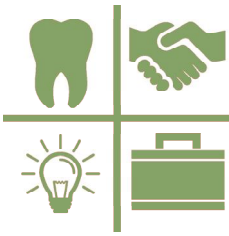
Friday 23rd March

Case presentations– molar endodontics

Joint session with Education Supervisors

Lister Education Centre, Stevenage

Registration for all study days is 09.00
Business session 09.15-09.30
Study day sessions start promptly at 09.30



Spring Term

Venues and Subjects

Important Dates and Deadlines Spring 2018

Mid year visits	January
First day Spring Term	Friday 02nd February
ES IRCP report submission	Friday 02nd February
Interim Review of Competency Progression (IRCP)	Monday 26th February
Exchange Adepts and CbDs	February/March
Case presentation submission	Wednesday 07th March
Foundation skills submission	Friday 09th March
Last day of term	Friday 23rd March

Project work Spring 2018

Case presentation—molar endodontics	Friday 23rd March
Foundation Skills	Friday 09th March

Friday 02nd February

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 NHS rules and Regulations.

Dr. Tom Norfolk.

Dental Practice Adviser NHS England



You have been working within the NHS rules and regulations for several months now. Dentists always argue that there is room for interpretation which can justify their actions, but how true is this? What is your knowledge level and should it be better?

You are on the NHS Performers list and if your activity is 'unusual', you may find yourself under investigation. What would this mean? What sanctions do NHS England have and what does being on the Performer's list really mean?



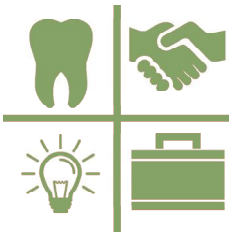
Today you will have the actual rules and regulations clarified. You will gain an understanding of the role of NHS England, Performer List requirements, breach of Performer List contract

Objectives

- *To explore the details of NHS rules and regulations and how they apply to your work*
- *To understand the working of NHS England and Performer List regulations*
- *To understand breaches of contract*
- *To improve your knowledge of the NHS regulatory system and decrease the chance of GDC referral*

Learning outcomes

- *A better understanding of NHS rules and regulations*
- *Correct application of NHS regulations when providing patients with treatment options*
- *An understanding of the role and workings of NHS England*



Friday 02nd February

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00

Careers. Where next?

Dr Elinor Japp.
TPD

So where next after DFT? DCT? Practice?

In the competitive world of dentistry how are you going to stand out?

What are your personal aspirations and priorities for the next few years?

There are so many questions to be asked of yourself when thinking about embarking on your career.

This session will help you look at your own strength, weaknesses and what you have to offer as a young dentist. Where do you want to be in 5 or 10 years time and how might you achieve your true potential?



Objectives

- *To begin to plan your career*
- *To think about career planning and strategy*
- *To understand your own personal and professional aspirations*
- *To explore the potential work arenas and opportunities*

Learning outcomes

- *A clearer understanding of your personal priorities, strengths and weaknesses*
- *Greater insight into the variety of jobs and work contexts within dentistry*
- *Knowledge of how to construct a career plan*



Friday 09th February

Lister Education Centre, Stevenage



Morning Session

CPD = 3.5 Hrs

09.30 **Managing the developing dentition.**

Dr. Stephen Denny.

General Dental Practitioner



Many practices do not have contracts for orthodontics. However our younger patients need to be monitored during their dental development to assess their needs for orthodontic treatment.

When should you refer?

What should you refer?

*What treatment is available under the NHS?
And what is the IOTN?*

Today you will learn more about the developing dentition, how to assess it and when referral is appropriate.

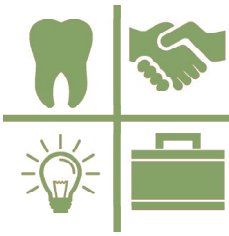


Objectives

- *To look at orthodontic assessment and clinical record keeping*
- *To explore orthodontic treatment options within the NHS*
- *To look at the variety of orthodontic systems now available*

Learning outcomes

- *A better understanding of the developing dentition*
- *How IOTN is used and is useful*
- *When to refer*
- *Appropriate referral pathways*
- *In practice orthodontic systems*



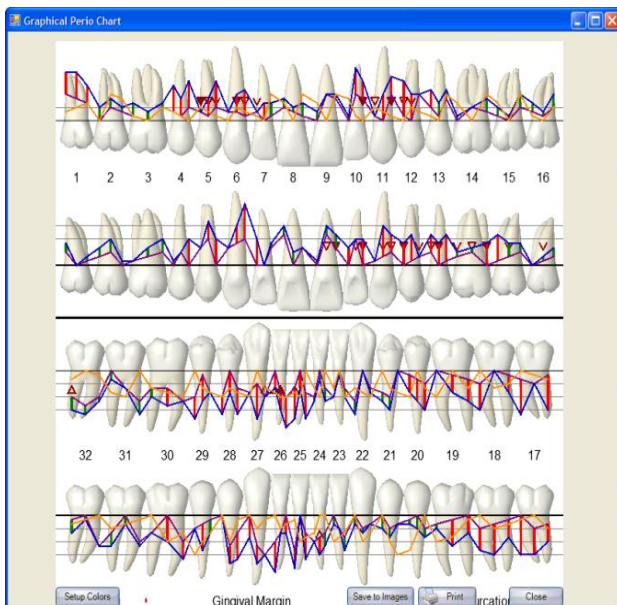
Friday 09th February

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00 **Perio in practice.**



Dr. Richard Horwitz.

Specialist periodontist

With more patients retaining their dentition into old age, assessing and managing periodontal disease is of ever increasing importance. Correct assessment is fundamental to good treatment planning and optimising outcomes.

You will explore how we assess our patients for periodontal disease.

What are the problems? When should we treat and when should we refer?

What are our on going responsibilities for maintenance and monitoring of patients?

Today we will be looking at how you assess risk factors and assess you patients in practice.

What successes have you had and how do you measure this?

How well do you motivate non-compliant patients? What are their responsibilities and how well do you explain these?

What are the realities of providing high quality periodontal care in general practice.

Objectives

- *To explore periodontal assessment techniques, management and record keeping*

Learning outcomes

- *A better understanding of periodontal assessments and guidelines*
- *Improved clinical assessment*
- *Improved patient education techniques*
- *When to treat and when to refer*
- *Periodontal treatment under NHS regulations*

Friday 16th February

Lister Education Centre, Stevenage



Day Session

CPD = 6 Hrs

09.30 Endodontics in Practice

Dr. Shashi Mishra
Specialist Endodontist



You will all have undertaken endodontic treatments in practice with varying levels of enthusiasm, success and frustration. Preparing and obturating teeth does not always proceed as the textbook suggests, so what factors influence our practice? How can we obtain the best result?

In the second of our hands-on endo days you will have the opportunity to discuss your own cases and the challenges you have encountered.

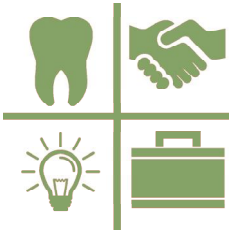
You will be able to further refine your clinical skills with another hands on session.

Objectives

- *To learn about rotary preparation of teeth*
- *To discuss obturation techniques*
- *To discuss your challenging endodontic cases*
- *To practice rotary preparation and obturation on extracted teeth*

Learning outcomes

- *To gain better understanding of the medicolegal structures and systems*
- *To realise the responsibilities of being a professional person*
- *To understand the role of dental indemnity companies*
- *To understand the requirements for clinical record keeping and be able to critique your*



Monday 19th to Friday 23rd February

Practice Exchange Visits

CPD = 6 Hrs

You need to arrange to visit TWO training practices within the scheme.

You will spend one session ie am or pm in each practice.

You can visit two practices on one day or split your visits over two days. You can only have two sessions out of your own practice.

During the visit you will be expected to

Have a tour of the surgery– this can be given by your host FD or another member of the practice team

Observe your host FD treating a patient and assess them using the Adept. Give them feedback and score the adept on the portfolio.

Have a joint tutorial with the ES

You will need to check with the ES that the date and time are convenient for them.

There can be no more than 2 FDs visiting any one practice.

You will need to write up a reflection of c1000 words comparing and contrasting the practices you have visited

Objectives

- *To visit other dental practices*
- *To compare and contrast different working environments*
- *To observe a peer treating a patient*
- *To perform an Adept on a fellow FD*
- *To realise the challenges of assessment within the workplace*

Learning outcomes

- *To be aware of the differences between dental practices*
- *To know what sort of working environment you would like to work in after DFT*
- *To improve your observational, feedback and assessment skills*

Friday 02nd March

Lister Education Centre, Stevenage



Day Session

CPD = 6 Hrs

09.30 Health and Safety in General Dental Practice

Mrs Jane Bonehill
Director DenMed UK



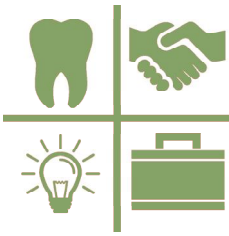
Employers are required to protect the health and safety of people while at work and others who may be affected by the undertakings. Thousands of accidents and cases of ill health happen in workplaces every year, some are reported to the enforcing authorities, however, many go unreported. A fundamental aspect of health and safety is to take measures aimed at preventing accidents and protecting people. Employers and employees need to work together in order to achieve good health and safety standards. Employers must inform, instruct and train their staff on all aspects relating to safe working practices in order to achieve acceptable standards. Good health and safety standards make good business

Objectives

- *To explore concepts of health and safety in general dental practice.*
- *To think how we need to apply H&S on a daily basis*
- *To understand how H&S regulations impact on our working lives*

Learning outcomes

- *Understand the principles of occupational health and safety and apply this knowledge in the workplace.*
- *State and understand the scope of legal and moral responsibilities whilst at work.*
- *Understand the principles of accident prevention and the need to report accidents including near misses*
- *Understand the importance of risk assessment and the practical actions to improve health and safety*
- *Be aware of the hazards and risks associated with the workplace, work equipment, work activities, fire, display screen equipment and hazardous substances*
- *Determine reasonable methods to control risks associated with all aspects of the working environment*



Project Work

Outreach Project– Community Engagement



We live very privileged lives as professional people. However there are many less fortunate people and we have a responsibility towards all members of our society.

As part of the DFT year you will have the opportunity to design projects and deliver interventions to help improve the lives of others.

You should be working within your groups to decide which groups you would like to help, your aims and how you will achieve these and measure the impact of your efforts.

Exchange ADEPTs and Cbds

During the term you will be visited in your practice by another Educational Supervisor. They will observe an Adept and you will do a case based discussion together. They will provide feedback and mark your performance on the portfolio.

The aim of this exchange is to ensure moderation amongst the ES group and for you to have the opportunity to be assessed by at least 3 different assessors during the year. This should give you confidence that you are being assessed fairly and consistently in relation to your peers within DFT.



Morning Session

CPD = 3 Hrs

09.30 Dentures

Drs. Kalpesh Katechia and Rhishi Patel
General dental practitioner and ES

Do you enjoy making dentures?

How successful have you been so far?

How easy has it been to meet patient expectations?

What problems are you having with partials and/or full dentures?

How do you design the perfect denture?

What strategies can you use to minimise and overcome common problems in all stages of denture construction?

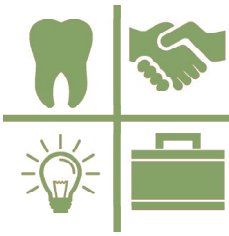


Objectives

- *To discuss the challenges in making successful dentures*
- *To think about how to improve your techniques and patient outcomes*

Learning Outcomes

- *An improved understanding of common problems in denture construction and how to avoid or minimise them*
- *Strategies for optimising the efficiency of denture production*
- *Improved abilities in denture design*
- *How to increase patient satisfaction with your efforts!*



Friday 09th February

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00 **Dento-alveolar Trauma.**

Drs Anne Manley and Philippa Warner.
Dentists in Special Care Dentistry



In your career you will encounter patients who have suffered dento-alveolar trauma to varying degrees. The effects of this can be devastating to the patient.

Initial management will have directly affect the short and long term outcomes for the patient.

How do you assess the patient?

What guidelines are available ?

How can you provide the best care for your patient? What should you do?

How do you assess the prognosis?

What do you need to tell the patient?

Objectives

- *To learn how to assess and manage dento alveolar trauma effectively*

Learning outcomes

- *A clear understanding of the different types of trauma and how they should be managed*
- *Greater confidence in patient management*
- *Knowledge of current guidelines and their application*
- *Knowledge of potential outcomes and better patient communication*

Friday 16th March

Basildon Simulation Centre, Basildon



Morning Session

CPD = 3 Hrs

09.30 Bridges in general dental practice

Drs Ali Chohan and Jinesh Vaghela

General Dental Practitioners



What are the indications and contraindications for bridges?

What types are there? And what should you use, when and where?

What do you need to consider when preparing anterior and posterior bridges?

What burs do you use and what are the different types for?

How do you temporise?

Objectives

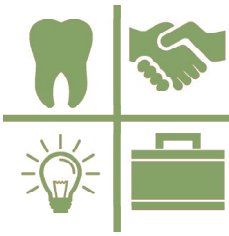
- *To explore the indications and contra indications for bridges*
- *To understand the rationale of bridge prescription*
- *To think about your communication with the technician*
- *To practice some bridge preps and evaluate your work*

Learning Outcomes

- *A better understanding of treatment planning, assessment of the dentition and indications and contraindications for the provision of bridges.*
- *A wider appreciation of the types of bridges available and their uses*
- *Improved clinical technique and confidence in bridge preparation and temporisation*
- *A greater knowledge of dental materials and their applications to advanced restorative cases*

Venue
Basildon Simulation Suite
Basildon Hospital
Nethermayne
SS16 5NL

Parking in the multistorey



Friday 16th March

Basildon Simulation Centre, Basildon

Afternoon Session

CPD = 3 Hrs

14.00

Veneers in general dental practice

Drs. Ali Chohan and Jinesh Vaghela
General Dental Practitioners



What do you want to know about veneers? How many have you seen and how successful have they been? What are the problems and what are the indications and contraindications for their use?

In this session you will be learning more about veneers and how to get the optimal aesthetic results.

You will be able to practise your preparations and improve your clinical skills.

This practical session will be accompanied by an Q&A-everything and anything you want to know about veneers– this is your chance!

Objectives

- *To learn about the variety of veneer preparations*
- *To understand the rationale of veneer prescription*
- *To think about your communication with the technician*
- *To practice some veneer preps and evaluate your work*

Learning Outcomes

- *A better understanding of the indications for and uses of veneers*
- *A greater understanding of the types of materials available for veneers*
- *Broadened range of treatment options for patients*
- *Improved knowledge of and proficiency in clinical preparations of veneers*

Things to bring

4 extracted teeth set up in putty or plaster which you can prepare for a posterior and an anterior bridge

4 anterior teeth set up in putty or plaster which can be prepared for veneers

The temporary crown material you use in practice

The crown burs you use in practice



Morning Session

CPD = 3 Hrs

09.30

Case presentations Molar endodontics-aspiring to greatness



'I realise how far I have come with molar endo. When I see it on my day list, I no longer feel suicidal, just merely dejected' FD reflection

In this session you will be presenting your molar endo case for peer review and feedback.

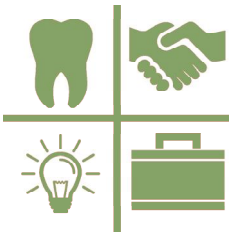
Molar endo is one of the most technically challenging and traditionally least favourite occupations in dentistry. However you need to be able to offer this option to patients being confident that you have the skills to provide excellent outcomes.

Objectives

- *To present your molar endo case*
- *To receive peer review and feedback on your work and presentation skills*

Learning Outcomes

- *Improved ability to critically appraise your own work and that of others*
- *Understanding the quality of your outcomes and areas for development*
- *Better presentation skills and greater confidence in public speaking*



Friday 23rd March

Lister Education Centre, Stevenage

Afternoon Session

CP

14.00

The most important thing I have learned in DFT

FDS and ES



Each ES/FD pair will give a short presentation on the most useful thing they have learned to date in the DFT year. This can be within any domain– clinical, professional, leadership and management.

Why is this important to you and what positive effect has it had on your working and practice life?

This session is aimed at sharing our experiences and best practice. You will be looking at how you can optimise the rest of your learning in DFT.

Objectives

- *To share best practice*
- *Peer review*

Learning Outcomes

- *Ideas to change and improve your performance individually and as a practice team*
- *Understand opportunities for change*

All ES to attend from 14.00 to 17.00

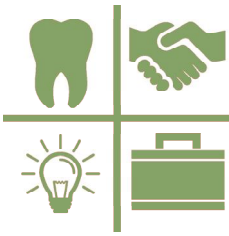
ES meeting 15.30-17.00

PML Evidence

Sessional Content for e-Portfolio



	NHS regulations	Orthodontics Careers	Perio	Endodontics	Health and Safety	Dentures	Dental Trauma	Bridges & veneers	Case presentations	Peer review
Professionalism										
Appraisal										✓
Clinical audit and peer review										✓
Confidentiality		✓								
Ethical behaviour	✓	✓	✓	✓	✓			✓		
Critical evaluation	✓	✓	✓	✓			✓	✓	✓	✓
Decision making	✓		✓				✓	✓	✓	
GDC Scope of Practice	✓	✓								
Whistleblowing	✓				✓					
Management of difficult patients						✓				
Patient safety					✓		✓			
Self-awareness		✓			✓				✓	✓
Professionalism and Management										
Basic Life Support training										
Consent	✓	✓	✓	✓			✓	✓		
Equality & Diversity										
GDC Standards	✓				✓					
NHS complaints procedure	✓									
Referring patients	✓	✓	✓	✓			✓	✓		
Management										
COSHH regulations					✓					
Dental equipment selection, care and maintenance				✓		✓		✓		
Data Protection	✓									
Employment contracts/associate agreements for dentists		✓								
Employment Law basics										
Finance		✓								
Health & Safety requirements in dentistry				✓	✓					
Infection control procedures			✓	✓	✓	✓				
NHS prescribing			✓							
NHS Rules & Regulations in Dentistry			✓			✓	✓	✓	✓	✓
Prescribing, directing, taking, processing and interpreting radiographs			✓			✓	✓	✓	✓	
Range and scope of NHS dental care	✓	✓	✓	✓		✓	✓	✓		
Record keeping	✓	✓	✓	✓		✓	✓	✓	✓	
Use of emergency drugs										
Information Governance					✓					
Safeguarding Children and Adults					✓		✓			
Leadership										
Facilitating learning in others		✓			✓					✓
Quality management and improvement					✓					✓
Role model		✓			✓					✓
Teamwork		✓			✓					✓



Calendar 2018

2018

January

Practice Mid Year Visits - dates and time to be arranged.

Friday 02nd Feb **First Day of Spring Term**

Monday 19th-Friday 23rd Feb

Practice Exchange week

Friday 23rd March **Last day of Spring Term**

ESs at Lister from 1.45pm.

Friday 4th May **First Day of Summer Term**

Clinical Audit presentations

Thursday 10th and Friday 11th May

HEEoE Residential

Friday 18th May

British Dental Association Show

Friday 15th June

Final Case presentations

Friday 29th June **Last Day of Summer Term**