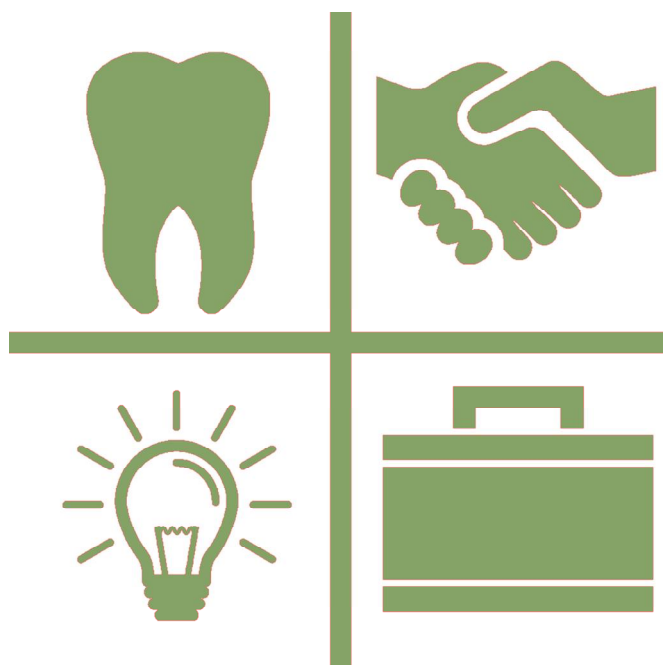


Stevenage Dental Foundation Training Scheme

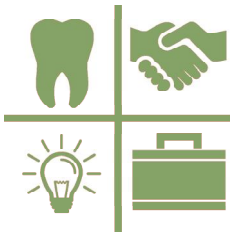
Spring Term Programme 2017



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Lister Education Centre



Stevenage Dental Foundation Training Scheme

Lister Education Centre

Lister Hospital, Coreys Mill Lane,
Stevenage Herts.

SG1 4AB

☎ 01438 314333

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Postgraduate Dental Tutor	TBC
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Dental Administrator	TBC
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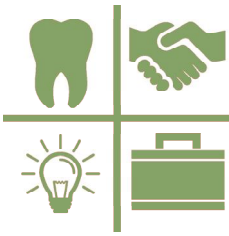
Spring Term

Venues and Subjects



Friday 03rd February	Managing the developing dentition Dental Trauma	<i>Lister Education Centre, Stevenage</i>
Thursday 09th February	Bridges in practice	<i>Basildon Simulation Suite</i>
Friday 10th February	Perio in practice GA.LA and sedation	<i>Lister Education Centre, Stevenage</i>
Friday 17th February	Endodontics in practice (2)	<i>Lister Education Centre, Stevenage</i>
20 - 24th February	Practice Exchange week	<i>Practice based</i>
Friday 03rd March	Health and Safety in General Dental Practice	<i>Lister Education Centre, Stevenage</i>
Friday 10th March	Dentures in practice What we tell our patients	<i>Lister Education Centre, Stevenage</i>
Friday 17th March	Dental materials Joint session with Education Supervisors	<i>Lister Education Centre, Stevenage</i>

Registration for all study days is 09.00
Business session 09.15-09.30
Study day sessions start promptly at 09.30



Spring Term

Venues and Subjects

Important Dates and Deadlines Spring 2017

Mid year visits	January
First day Spring Term	Friday 03rd February
Interim Review of Competency Progression (IRCP)	Friday 03rd February
ES report submission	Friday 03rd February
Exchange Adepts and CbDs	February
Foundation skills submission	Friday 03rd March
Last day of term	Friday 17th March
Local Appointment Event	Thursday 23rd March

Friday 03rd February

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 **Managing the developing dentition.**

Dr. Stephen Denny.

General Dental Practitioner



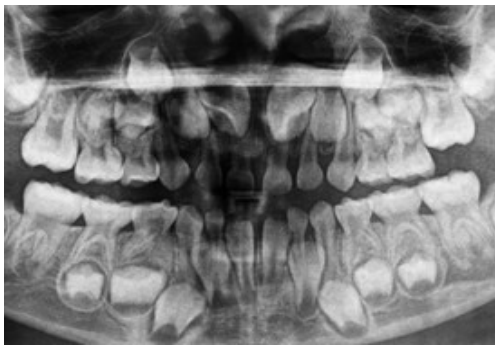
Many practices do not have contracts for orthodontics. However our younger patients need to be monitored during their dental development to assess their needs for orthodontic treatment.

When should you refer?

What should you refer?

*What treatment is available under the NHS?
And what is the IOTN?*

Today you will learn more about the developing dentition, how to assess it and when referral is appropriate.

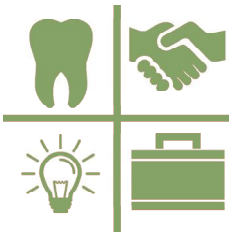


Objectives

- *To look at orthodontic assessment and clinical record keeping*
- *To explore orthodontic treatment options within the NHS*
- *To look at the variety of orthodontic systems now available*

Learning outcomes

- *A better understanding of the developing dentition*
- *How IOTN is used and is useful*
- *When to refer*
- *Appropriate referral pathways*
- *In practice orthodontic systems*



Friday 03rd February

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00 **Dento-alveolar Trauma.**

Drs Anne Manley and Philippa Warner.
Dentists in Special Care Dentistry



In your career you will encounter patients who have suffered dento-alveolar trauma to varying degrees. The effects of this can be devastating to the patient.

Initial management will have directly affect the short and long term outcomes for the patient.

How do you assess the patient?

What guidelines are available ?

How can you provide the best care for your patient? What should you do?

How do you assess the prognosis?

What do you need to tell the patient?

Objectives

- *To learn how to assess and manage dento alveolar trauma effectively*

Learning outcomes

- *A clear understanding of the different types of trauma and how they should be managed*
- *Greater confidence in patient management*
- *Knowledge of current guidelines and their application*
- *Knowledge of potential outcomes and better patient communication*

Thursday 09th February

Basildon Simulation Centre, Basildon



Morning Session

CPD = 3 Hrs

09.30 Bridges in general dental practice

Dr. Glen Taylor

General Dental Practitioner



What are the indications and contraindications for bridges?

What types are there? And what should you use, when and where?

What do you need to consider when preparing anterior and posterior bridges?

What burs do you use and what are the different types for?

How do you temporise?

Objectives

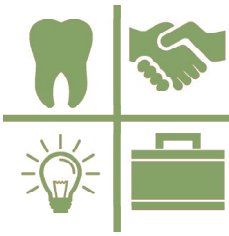
- *To explore the indications and contra indications for bridges*
- *To understand the rationale of bridge prescription*
- *To think about your communication with the technician*
- *To practice some bridge preps and evaluate your work*

Learning Outcomes

- *A better understanding of treatment planning, assessment of the dentition and indications and contraindications for the provision of bridges.*
- *A wider appreciation of the types of bridges available and their uses*
- *Improved clinical technique and confidence in bridge preparation and temporisation*
- *A greater knowledge of dental materials and their applications to advanced restorative cases*

Venue
Basildon Simulation Suite
Basildon Hospital
Nethermayne
SS16 5NL

Parking in the multistorey



Thursday 09th February

Basildon Simulation Centre, Basildon

Afternoon Session

CPD = 3 Hrs

14.00

Veneers in general dental practice

Dr. Glen Taylor

General Dental Practitioner



What do you want to know about veneers? How many have you seen and how successful have they been? What are the problems and what are the indications and contraindications for their use?

In this session you will be learning more about veneers and how to get the optimal aesthetic results.

You will be able to practise your preparations and improve your clinical skills.

This practical session will be accompanied by an Q&A-everything and anything you want to know about veneers– this is your chance!

Objectives

- *To learn about the variety of veneer preparations*
- *To understand the rationale of veneer prescription*
- *To think about your communication with the technician*
- *To practice some veneer preps and evaluate your work*

Learning Outcomes

- *A better understanding of the indications for and uses of veneers*
- *A greater understanding of the types of materials available for veneers*
- *Broadened range of treatment options for patients*
- *Improved knowledge of and proficiency in clinical preparations of veneers*

Things to bring

4 extracted teeth set up in putty or plaster which you can prepare for a posterior and an anterior bridge

4 anterior teeth set up in putty or plaster which can be prepared for veneers

The temporary crown material you use in practice

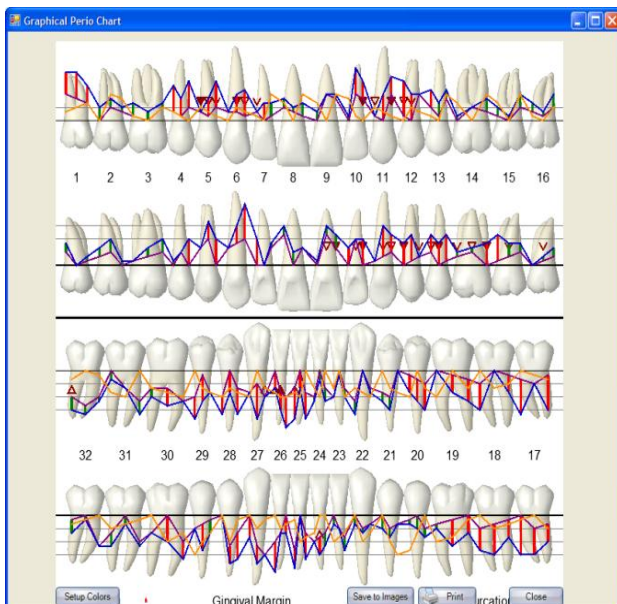
The crown burs you use in practice



Morning Session

CPD = 3 Hrs

09.30 Perio in practice.



Dr. Drhu Shah.

General Dental Practitioner and periodontist

With more patients retaining their dentition into old age, assessing and managing periodontal disease is of ever increasing importance. Correct assessment is fundamental to good treatment planning and optimising outcomes.

You will explore how we assess our patients for periodontal disease.

What are the problems? When should we treat and when should we refer?

What are our on going responsibilities for maintenance and monitoring of patients?

Today we will be looking at how you assess risk factors and assess you patients in practice.

What successes have you had and how do you measure this?

How well do you motivate non-compliant patients? What are their responsibilities and how well do you explain these?

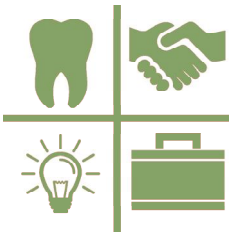
What are the realities of providing high quality periodontal care in general practice.

Objectives

- *To explore periodontal assessment techniques, management and record keeping*

Learning outcomes

- *A better understanding of periodontal assessments and guidelines*
- *Improved clinical assessment*
- *Improved patient education techniques*
- *When to treat and when to refer*
- *Periodontal treatment under NHS regulations*



Friday 10th February

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00

LA, GA and sedation

Dr. Yee Lee.

Special Care Dentist

Local anaesthetics are invaluable in clinical dentistry.

What is in them, how and why do they work? Which LA do you use and why? What do you do when your patient will not go numb?

For some patients, the prospect of dentistry results in severe anxiety. How do you manage this and when is it appropriate to refer for sedation or general anaesthesia? What are your referral pathways?

What are the indications and contraindications?

What are the benefits and risks?

Objectives

- *To discuss different forms of anaesthesia and sedation used for dental treatment, their indications and contraindications*

Learning Outcomes

- *Improved understanding of the use and effectiveness of local anaesthetic techniques*
- *A broader appreciation of behavioural, psychological and interpersonal strategies for the relief of anxiety*
- *A clear understanding of referral protocols and pathways*
- *Better knowledge of the benefits, limitations and risks of using general anaesthesia and sedation*
- *Knowledge of the technical requirements for commonly used sedation techniques*
- *Knowledge of post sedation care and minimising unwanted effects of the treatment*

Friday 17th February

Lister Education Centre, Stevenage



Day Session

CPD = 6 Hrs

09.30 Endodontics in Practice

Dr. Shashi Mishra
Specialist Endodontist



You will all have undertaken endodontic treatments in practice with varying levels of enthusiasm, success and frustration. Preparing and obturating teeth does not always proceed as the textbook suggests, so what factors influence our practice? How can we obtain the best result?

In the second of our hands-on endo days you will have the opportunity to discuss your own cases and the challenges you have encountered.

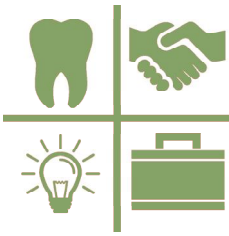
You will be able to further refine your clinical skills with another hands on session.

Objectives

- *To learn about rotary preparation of teeth*
- *To discuss obturation techniques*
- *To discuss your challenging endodontic cases*
- *To practice rotary preparation and obturation on extracted teeth*

Learning outcomes

- *To gain better understanding of the medicolegal structures and systems*
- *To realise the responsibilities of being a professional person*
- *To understand the role of dental indemnity companies*
- *To understand the requirements for clinical record keeping and be able to critique your*



Monday 20th to Friday 24th February

Practice Exchange Visits

CPD = 6 Hrs

You need to arrange to visit TWO training practices within the scheme.

You will spend one session ie am or pm in each practice.

You can visit two practices on one day or split your visits over two days. You can only have two sessions out of your own practice.

During the visit you will be expected to

Have a tour of the surgery– this can be given by your host FD or another member of the practice team

Observe your host FD treating a patient and assess them using the Adept. Give them feedback and score the adept on the portfolio.

Have a joint tutorial with the ES

You will need to check with the ES that the date and time are convenient for them.

There can be no more than 2 FDs visiting any one practice.

You will need to write up a reflection of c1000 words comparing and contrasting the practices you have visited

Objectives

- *To visit other dental practices*
- *To compare and contrast different working environments*
- *To observe a peer treating a patient*
- *To perform an Adept on a fellow FD*
- *To realise the challenges of assessment within the workplace*

Learning outcomes

- *To be aware of the differences between dental practices*
- *To know what sort of working environment you would like to work in after DFT*
- *To improve your observational, feedback and assessment skills*

Friday 03rd March

Lister Education Centre, Stevenage



Day Session

CPD = 6 Hrs

09.30 Health and Safety in General Dental Practice

Mrs Jane Bonehill
Director DenMed UK



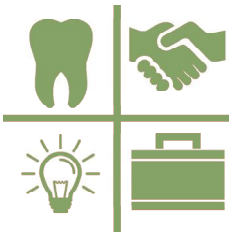
Employers are required to protect the health and safety of people while at work and others who may be affected by the undertakings. Thousands of accidents and cases of ill health happen in workplaces every year, some are reported to the enforcing authorities, however, many go unreported. A fundamental aspect of health and safety is to take measures aimed at preventing accidents and protecting people. Employers and employees need to work together in order to achieve good health and safety standards. Employers must inform, instruct and train their staff on all aspects relating to safe working practices in order to achieve acceptable standards. Good health and safety standards make good business

Objectives

- *To explore concepts of health and safety in general dental practice.*
- *To think how we need to apply H&S on a daily basis*
- *To understand how H&S regulations impact on our working lives*

Learning outcomes

- *Understand the principles of occupational health and safety and apply this knowledge in the workplace.*
- *State and understand the scope of legal and moral responsibilities whilst at work.*
- *Understand the principles of accident prevention and the need to report accidents including near misses*
- *Understand the importance of risk assessment and the practical actions to improve health and safety*
- *Be aware of the hazards and risks associated with the workplace, work equipment, work activities, fire, display screen equipment and hazardous substances*
- *Determine reasonable methods to control risks associated with all aspects of the working environment*



Outreach Project– Community Engagement



We live very privileged lives as professional people. However there are many less fortunate people and we have a responsibility towards all members of our society.

As part of the DFT year you will have the opportunity to design projects and deliver interventions to help improve the lives of others.

You should be working within your groups to decide which groups you would like to help, your aims and how you will achieve these and measure the impact of your efforts.

Exchange ADEPTs and Cbds

During the term you will be visited in your practice by another Educational Supervisor. They will observe an Adept and you will do a case based discussion together. They will provide feedback and mark your performance on the portfolio.

The aim of this exchange is to ensure moderation amongst the ES group and for you to have the opportunity to be assessed by at least 3 different assessors during the year. This should give you confidence that you are being assessed fairly and consistently in relation to your peers within DFT.



Morning Session

CPD = 3 Hrs

09.30

Dentures

Dr. Kevin Chau

Specialist Prosthodontist

Do you enjoy making dentures?

How successful have you been so far?

How easy has it been to meet patient expectations?

What problems are you having with partials and/or full dentures?

How do you design the perfect denture?

What strategies can you use to minimise and overcome common problems in all stages of denture construction?

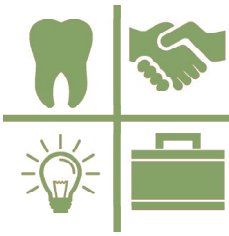


Objectives

- *To discuss the challenges in making successful dentures*
- *To think about how to improve your techniques and patient outcomes*

Learning Outcomes

- *An improved understanding of common problems in denture construction and how to avoid or minimise them*
- *Strategies for optimising the efficiency of denture production*
- *Improved abilities in denture design*
- *How to increase patient satisfaction with your efforts!*



Friday 10th March

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00 **What we tell our patients**

Dr. Elinor Japp.
Training Programm Director



In this session we will be discussing what we really say to patients. There is a lot of dental folklore which we are taught and pass on through the generations– will dentures really bed in like a new pair of shoes?'

Where is our evidence base?

We will be listening to recordings of patient interactions and thinking about the messages, how they are delivered and what we actually say to patients. How do we come across?

How do you greet your patient and take a new patient history?

What pre extraction warnings do you give– how do you explain a surgical extraction, what are your practice post extraction instructions?

What do you tell patients regarding new crowns or dentures?

We will share what we do in practice and try to improve our communication with our patients.



Objectives

- *To think about the information we give to patients*
- *To look at the evidence base for our advice*

Learning Outcomes

- *To give higher quality evidence based advice to our patients*

Friday 17th March

Lister Education Centre, Stevenage



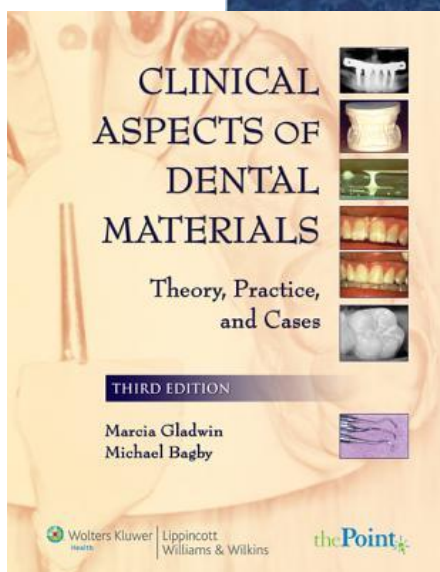
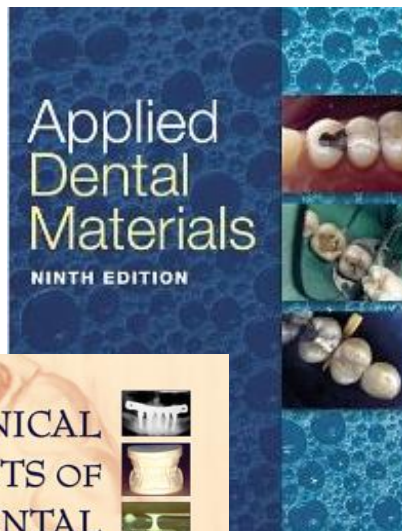
Morning Session

CPD = 3 Hrs

09.30 Dental Materials in practice

Dr. Anneke Whelan

General Dental Practitioner



With the bewildering array of dental materials on offer, how do you choose the best ones?

What are the indications for using different materials?

Why does the choice of materials vary so widely between practices?

How are you going to decide what to use?

With the power of advertising and salesmanship, how can you use evidence based theory to inform your real life choices and decisions in practice?

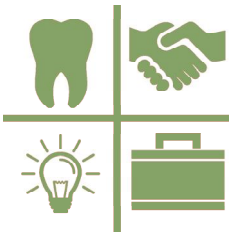
In this session you will have the opportunity to explore the science of dental materials in relation to your clinical experiences. .

Learning Objectives

- *To discuss factors affecting selection of materials*
- *To look at the economics of dental materials and treatment planning*
- *To discuss the materials used in your practice and share your experiences*

Learning Outcomes

- *A deeper understanding of how evidence based materials science can inform our practice*
- *The importance of critically appraising 'evidence'*
- *A clearer understanding of rationale and the uses of different materials*
- *An improved ability to select optimal materials*



Friday 17th March

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00

Career Opportunities –Where next?

Education Supervisors



In this session the ES will be sharing their personal career experiences. There is a lot to be learned from history, it has a habit of repeating itself.

You will have the opportunity to look at a range of career options and learn about the pathways you may wish to explore to realise your dreams!

You will also learn about the options outside clinical dentistry and in the broader arena of the dental profession.

Learning Objectives

- *To discuss your career options*
- *To look at the range of careers within dentistry*
- *To explore career pathways*
-

Learning Outcomes

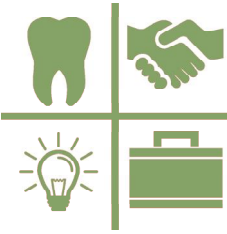
- *A better understanding of career options and pathways*
- *A clearer understanding of your personal ambitions*
- *An understanding of how to start plan-*

PML Evidence

Sessional Content for e-Portfolio



	Orthodontics	Dental Trauma	Bridges	Veneers	Perio	Anaesthesia	Endodontics	Health and Safety	Dentures	Communication	Dental materials
Professionalism											
Appraisal											
Clinical audit and peer review											
Confidentiality	✓									✓	
Ethical behaviour	✓		✓	✓	✓	✓	✓	✓		✓	
Critical evaluation	✓	✓	✓	✓	✓		✓				✓
Decision making		✓	✓	✓	✓						
GDC Scope of Practice	✓										
Whistleblowing								✓			
Management of difficult patients										✓	
Patient safety		✓				✓		✓		✓	
Self-awareness								✓			
Professionalism and Management											
Basic Life Support training											
Consent	✓	✓	✓	✓	✓	✓	✓			✓	
Equality & Diversity										✓	
GDC Standards								✓		✓	
NHS complaints procedure										✓	
Referring patients	✓	✓	✓	✓	✓	✓	✓			✓	
Management											
COSHH regulations								✓			✓
Dental equipment selection, care and maintenance			✓			✓	✓		✓		✓
Data Protection											
Employment contracts/associate agreements for dentists											
Employment Law basics											
Finance											✓
Health & Safety requirements in dentistry							✓	✓		✓	✓
Infection control procedures					✓		✓	✓	✓	✓	
NHS prescribing					✓					✓	
NHS Rules & Regulations in Dentistry		✓	✓	✓	✓				✓	✓	✓
Prescribing, directing, taking, processing and interpreting radiographs		✓			✓					✓	
Range and scope of NHS dental care	✓	✓	✓		✓		✓			✓	✓
Record keeping	✓	✓	✓	✓	✓	✓	✓		✓		✓
Use of emergency drugs						✓					
Information Governance								✓			
Safeguarding Children and Adults		✓				✓		✓			
Leadership											
Facilitating learning in others								✓		✓	
Quality management and improvement								✓		✓	
Role model								✓		✓	
Teamwork						✓		✓		✓	



PML Evidence

Sessional Content for e-Portfolio

Jobs and careers

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

Calendar 2017



2017

January

Practice Mid Year Visits - dates and time to be arranged.

Friday 3rd Feb **First Day of Spring Term**

Monday 20th-Friday 24th Feb

Practice Exchange week

Friday 17th March **Last day of Spring Term**

ESs at Lister from 1.30pm.

Thursday 23rd March

Local Appointment Event

Friday 5th May **First Day of Summer Term**

Clinical Audit presentations

Thursday 12th and Friday 13th May

HEEoE Residential

Thursday 25th to Saturday 27th May

British Dental Association Conference, Manchester

Friday 7th July **Last Day of Summer Term**

ESs present all day from 09.30am.