

Stevenage

Foundation Training Scheme
for
General Dental Practice

Spring Term

5th January — 11th March 2016

Lister Hospital Education Centre



Stevenage Dental Foundation Training Scheme

Lister Education Centre

Lister Hospital, Corey's Mill Lane, Stevenage Herts.

SG1 4AB

☎ 01438 285587

Director of Postgraduate Dentistry (East of England Deanery)

Mr. Alex Baxter BDS MMedSci FDSRCPS (Glasg), FDS (Rst Dent), RCPS

Postgraduate Dental Tutor

Mr Kevin Jones BDS MSc Lond, D.ORTH M.ORTH FDS RCS ENG, FDS RCS Edin

Postgraduate Centre Manager

Mrs. Christine Crick

Dental Administrator

Ms Jackie Billings

Regional Advisor in General Dental Practice

Dr. Peter Cranfield PhD, BDS, DIC, DGDP(UK)

Regional Dental Education Coordinator

Mis Elisabeth Hope

Regional Vocational Training Administrator

Mr Matthew Ansell

Vocational Training Advisor
Welwyn Garden City Scheme

Mrs. Elinor Japp BDS MA(Ed) FHEA

22 London Street, Godmanchester,
Huntingdon, Cambs. PE29 2HU

☎ Practice: 0800 952 0870 option2

Home: 01480 436485

Mobile: 07730 532739

✉ elinor.japp@nhs.net

Programme published by
Postgraduate Dental Education
Health Education England East of England Local Education Training Board
2-4 Victoria House, Capital Park, Fulbourn, Cambridge. CB21 5XB
☎ 01223 884850 ☎ 01223 884849

Spring Term 2016

Venues and Subjects

Friday 05th February	Perio in Practice LA, GA and sedation	LEC
Friday 12th February	Managing the developing dentition Dento alveolar trauma	LEC
Friday 19th February	Practice Exchange Visits	Practice
Friday 26th February	Endodontics	LEC
Friday 04th March	Health and Safety in General Dental Practice	LEC
Friday 11th March	Dentures What we tell our patients	LEC

Please note that study days start at 09.30. unless otherwise advised

Registration is from 09.00 to 09.15.

The Local Appointment event will be on Thursday 17th March 2016. If you are attending with your trainer, please block your appointment book.

Project work and practice exchanges

Venues and Subjects

Foundation Skills

Having completed for the first term, you will be familiar with the format for presentation and the assessment process.

You should have addressed the issues raised by the assessors and be ready to work on the assignments for the spring term.

Use photographic evidence to support your statements wherever possible and cross-reference between the sections. If you are unsure please speak either to your trainer or to the Advisor for further guidance in Foundation Skills portfolio development.

Clinical audit

Submission: Friday, 29th April 2016

Presentation: poster, 500 word abstract and 10 minute oral presentation

You should have decided the subject of clinical audit and discussed this with your trainer.

Key points

1. You are looking at your own work and areas for individual improvement. You may wish to compare your performance to the practice norm but the audit is about how you can improve.
2. Pick a reasonable sample size
3. Decide how you are going to collect your data and make a data capture sheet
4. Analyse your data and identify need for changes and your action plan.
5. Implement your changes
6. Collect data
7. Compare cycles 1 and 2 and identify success– or otherwise– of your action plan
8. Reflect on how this process has changed your practice

Practice exchanges

During this term you will visit two other practices in the scheme. This will enable you to see a variety of working environments and help you decide what you will be looking for when applying for jobs.

You will receive a tutorial from your hosts trainer. You should spend some time watching your host trainee treat a patient. You are not insured to work anywhere other than your training practice, so you cannot nurse or assist in any clinical procedures. It is observation only.

You will write this up as a study day log comparing and contrasting these practices to your own.

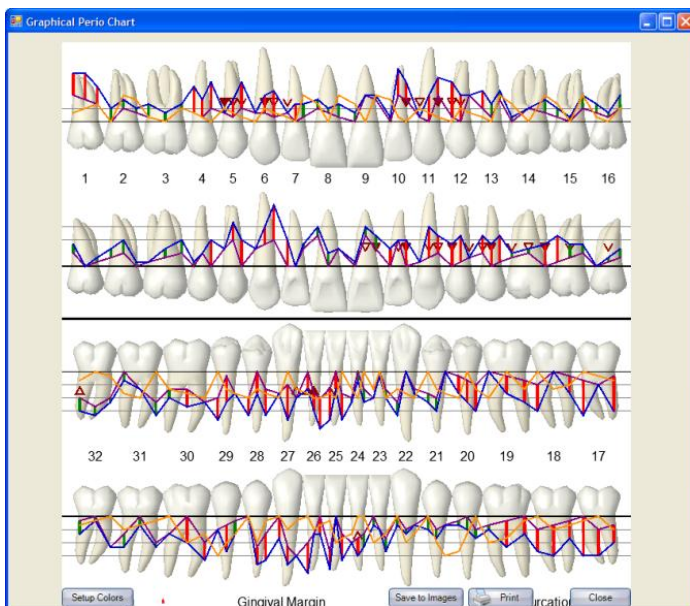
Morning Session

CPD = 3 Hrs

09.30

Perio in Practice

Mr Drhu Shah
Specialist periodontist



With more patients retaining their dentition into old age, assessing and managing periodontal disease is of ever increasing importance.

You have explored how we assess our patients for periodontal disease.
What are the problems? When should we treat and when should we refer?
What are our on going responsibilities for maintenance and monitoring of patients?

Today we will be looking at how you assess risk factors and assess you patients in practice.
What successes have you had and how do you measure this?

How well do you motivate non-compliant patients?
What are the realities of providing high quality periodontal care in general practice.

Learning Outcomes

A better understanding of the how to assess our patients periodontal status

Improved patient education techniques

When to treat and when to refer

Periodontal treatment under NHS regulations

Afternoon Session

CPD = 3 Hrs

14.00

LA, Sedation and General Anaesthetics

Dr Yee Lee

Specialist in Special Care Dentistry

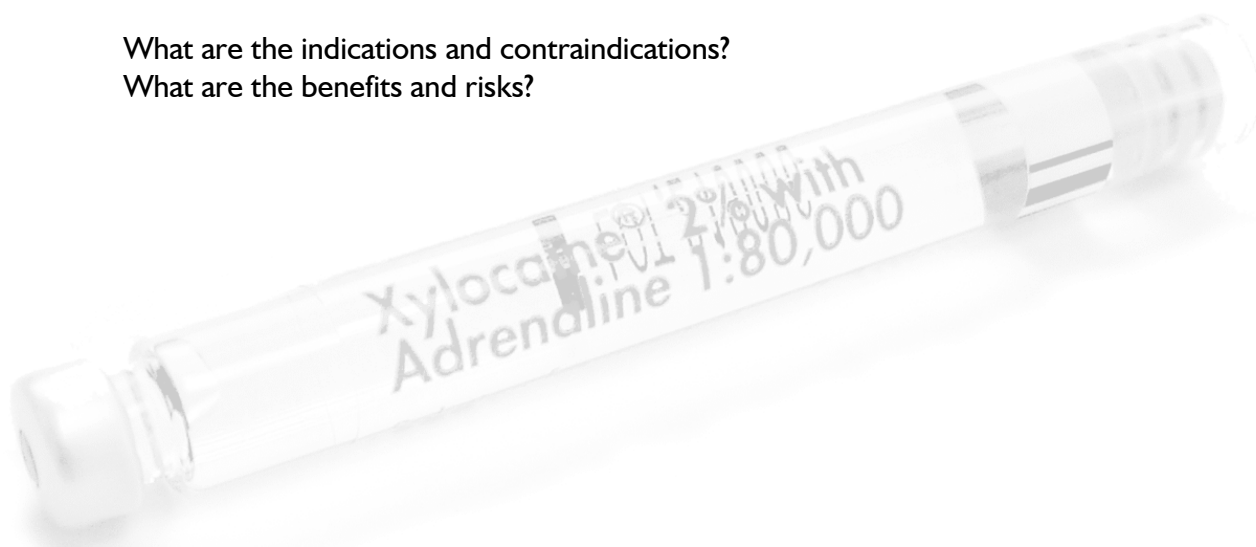
Local anaesthetics are invaluable in clinical dentistry.

What is in them, how and why do they work? Which LA do you use and why? What do you do when your patient will not go numb?

For some patients, the prospect of dentistry results in severe anxiety. How do you manage this and when is it appropriate to refer for sedation or general anaesthesia? What are your referral pathways?

What are the indications and contraindications?

What are the benefits and risks?



Learning Outcomes

Improved understanding of the use and effectiveness of local anaesthetic techniques

A broader appreciation of behavioural, psychological and interpersonal strategies for the relief of fear and anxiety

A clear understanding of referral protocols and pathways

Better knowledge of the benefits, limitations and risks of using general anaesthesia and sedation

Knowledge of the technical requirements for commonly used sedation techniques

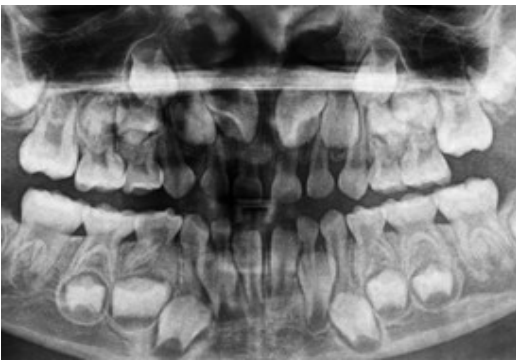
Knowledge of post sedation care and minimising unwanted effects of the treatment

Morning Session

CPD = 3 Hrs

09.00 Managing the developing dentition

Mr. Stephen Denny
General Dental Practitioner



Many practices do not have contracts for orthodontics. However our younger patients need to be monitored during their dental development to assess their needs for orthodontic treatment.

When should you refer? What should you refer? What treatment is available under the NHS? And what is the IOTN?

Today you will learn more about the developing dentition, how to assess it and when referral is appropriate.

Learning outcomes

A better understanding of the developing dentition

How IOTN is used and is useful

When to refer

Appropriate referral pathways

In practice orthodontic systems



Afternoon Session

CPD = 3Hrs

14.00 Dento-alveolar Trauma

Mrs Anne Manley
Mrs Philippa Walker



In your career you will encounter patients who have suffered dento-alveolar trauma to varying degrees. The effects of this can be devastating to the patient.

Initial management will have directly affect the short and long term outcomes for the patient.

How do you assess the patient?

What guidelines are available ?

How can you provide the best care for your patient? What should you do?

How do you assess the prognosis?

What do you need to tell the patient?

Learning outcomes

A clear understanding of the different types of trauma and how they should be managed

Greater confidence in patient management

Knowledge of current guidelines and their application

Knowledge of potential outcomes and better patient communication

Day Session

CPD = 6 Hrs

09.30 Endodontics (2)



Mr. Shashi Mishra
Specialist Endodontic Practitioner

You will all have undertaken endodontic treatments in practice with varying levels of enthusiasm, success and frustration. Preparing and obturating teeth does not always proceed as the textbook suggests, so what factors influence our practice? How can we obtain the best result?

In the second of our hands-on endo days you will have the opportunity to discuss your own cases and the challenges you have encountered.

You will be able to further refine your clinical skills with another hands on session.

16.30 Close



Learning outcomes

Developing a critical appraisal of our own clinical techniques and outcomes

Have a better understanding of endodontic techniques

Increasing awareness of endodontic problems, risks and their management in practice

Day Session

CPD = 6 Hrs

09.30 Health and Safety in General Dental Practice

Mrs Jane Bonehill
Director of DenMed
DenMed UK

Employers are required to protect the health and safety of people while at work and others who may be affected by the undertakings. Thousands of accidents and cases of ill health happen in workplaces every year, some are reported to the enforcing authorities, however, many go unreported. A fundamental aspect of health and safety is to take measures aimed at preventing accidents and protecting people. Employers and employees need to work together in order to achieve good health and safety standards. Employers must inform, instruct and train their staff on all aspects relating to safe working practices in order to achieve acceptable standards. Good health and safety standards make good business sense.

16.30 Close



Learning Outcomes

Understand the principles of occupational health and safety and apply this knowledge in the workplace.

State and understand the scope of legal and moral responsibilities whilst at work.

Understand the principles of accident prevention and the need to report accidents including near misses

Understand the importance of risk assessment and the practical actions to improve health and safety

Be aware of the hazards and risks associated with the workplace, work equipment, work activities, fire, display screen equipment and hazardous substances

Determine reasonable methods to control risks associated with all aspects of the working environment

Morning Session

CPD = 3 Hrs

09.30 Dentures in practice

Dr Kevin Chau
Specialist Prosthodontist



Do you enjoy making dentures?
How successful have you been so far?
How easy has it been to meet patient expectations?

What problems are you having with partials and/or full dentures?
How do you design the perfect denture?

This session will provide you with the opportunity to discuss the realities of providing dentures in practice.

What strategies can you use to minimise and overcome common problems in all stages of denture construction?



Learning outcomes

An improved understanding of common problems in denture construction and how to avoid or minimise them
Strategies for optimising the efficiency of denture production
Improved abilities in denture design

Afternoon Session

CPD = 3 Hrs

14.00 What do we tell our patients?

Elinor Japp
TPD



In this session we will be discussing what we really say to patients. There is a lot of dental folklore which we are taught and pass on through the generations– will dentures really 'bed in like a new pair of shoes?'

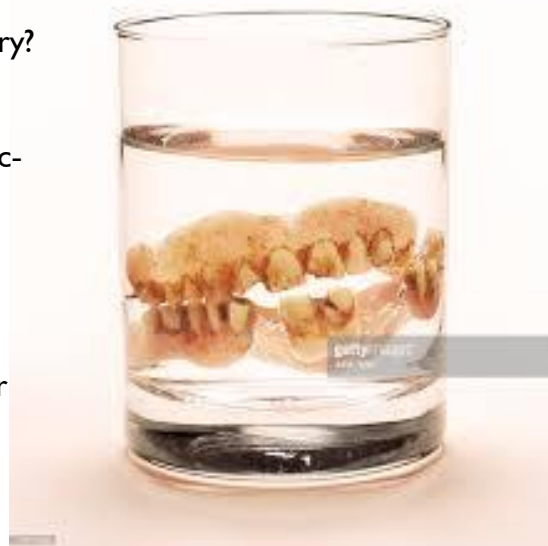
We will be listening to recordings of patient interactions and thinking about the messages, how they are delivered and what we actually say to patients. How do we come across?

How do you greet your patient and take a new patient history?

What pre extraction warnings do you give– how do you explain a surgical extraction, what are your practice post extraction instructions?

What do you tell patients regarding new crowns or dentures?

We will share what we do in practice and try to improve our communication with our patients.



Learning Outcomes

Improved patient communication and interactions

Greater self awareness of our own communication skills

Top tips on how to communicate effectively in various different situations

Best practice advice

Important dates for the summer term

Date	Event	Venue
29th April	Clinical Audit presentations	LEC
12/13th May	Residential	Wyboston Lakes Bedford
26/27/28th May	BDA Conference	Manchester
01st July	Director's Visit	LEC
08th July	Case presentations	LEC