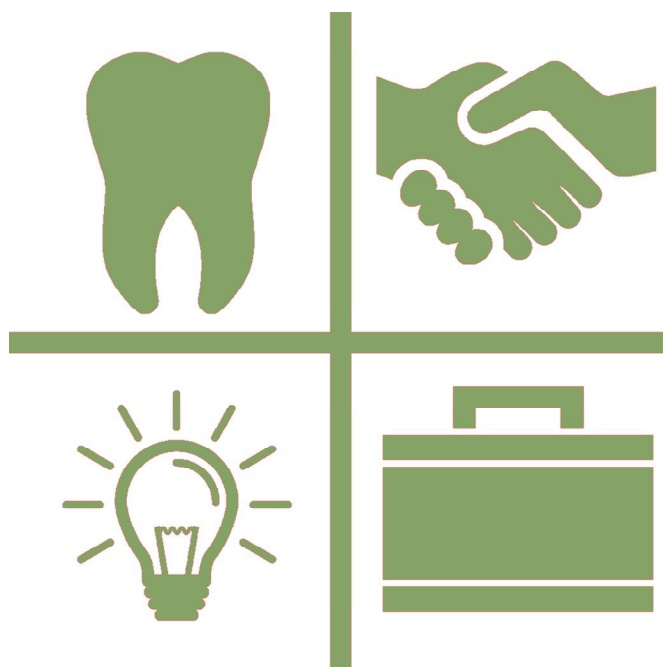


Stevenage Dental Foundation Training Scheme

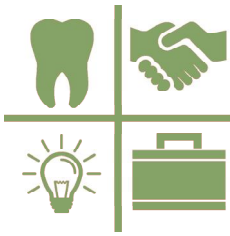
Autumn Term Programme 2018



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Lister Education Centre



Stevenage Dental Foundation Training Scheme

Lister Education Centre

Lister Hospital, Coreys Mill Lane,
Stevenage Herts.

SG1 4AB

☎ 01438 314333

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Friday 07th September

Introduction to Dental Foundation Training

Lister Education Centre, Stevenage

Monday 10th September

Back to Basics

Practice based

Wednesday 12th September Project work in DFT

Human factors and Team building

Novotal Hotel, Stevenage

Thursday 13th September

Building effective relationships in practice

Novotal Hotel, Stevenage

Friday 21st September

Ethics

Clinical record keeping and complaints

Lister Education Centre, Stevenage

Friday 28th September

Clinical Photography

Bedford Medical Institute, Bedford

Friday 05th October

Radiography in practice

Management of the emergency patient

Lister Education Centre, Stevenage

Friday 12th October

Teamwork with your Dental Nurse

Safeguarding

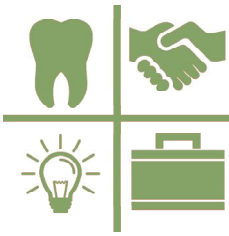
Lister Education Centre, Stevenage

Friday 19th October

Advanced treatment planning/ ESR interviews

Finance

Lister Education Centre, Stevenage



Friday 26th October

Endodontics in Practice



Lister Education Centre, Stevenage

**Thursday/Friday 08th/09th
November**

Communication skills



Bedford/Lister

Friday 16th November

Crowns in Practice



Basildon Clinical Skills Centre, Stevenage

Friday 23rd November

Oral Surgery in Practice



The Learning Centre, Peterborough

Friday 30th November

Medical Emergencies in Practice



Lister Education Centre, Stevenage

Thursday 06th December

Case presentations

Life after DFT



Lister Education Centre, Stevenage

PLEASE NOTE THERE IS NO STUDY DAY ON FRIDAY 02 NOVEMBER. THIS DAY SHOULD BE SPENT IN PRACTICE COLLECTING EVIDENCE FOR YOUR FOUNDATION SKILLS PROJECT

Important Dates and Deadlines

ESR Report submission

Friday 12th October 2018

Foundation skills submission

Friday 23rd November 2018

Mini Case Presentation

Thursday 6th December 2018

Friday 07th September

Lister Education Centre, Stevenage



Morning Session

CPD = 3 Hrs

09.30 Introduction to Dental Foundation Training.

Dr. Elinor Japp.

Training programme Director

Thus morning we will be looking at the nuts and bolts of DFT. How does it work? What does it entail? Why do you have to do it? What is Satisfactory completion? You will have lots of questions.....

You will also get to know the others in your group– you will be working closely together over the year.



Objectives

- *To introduce DFT*
- *To find out about all the members of the group*
- *To understand the day to day requirements and responsibilities of an FD*

Learning outcomes

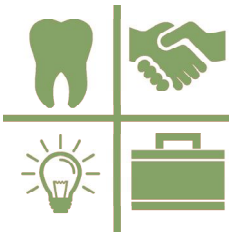
- *A better understanding of what is required during DFT*
- *A better knowledge of the members in the group*
- *How to claim your expenses*

13.00 Lunch

Things to bring

Your laptop

A cheque for £80 made payable to 'East and North Hertfordshire NHS Trust'
or £80 cash



Friday 07th September

Lister Education Centre, Stevenage

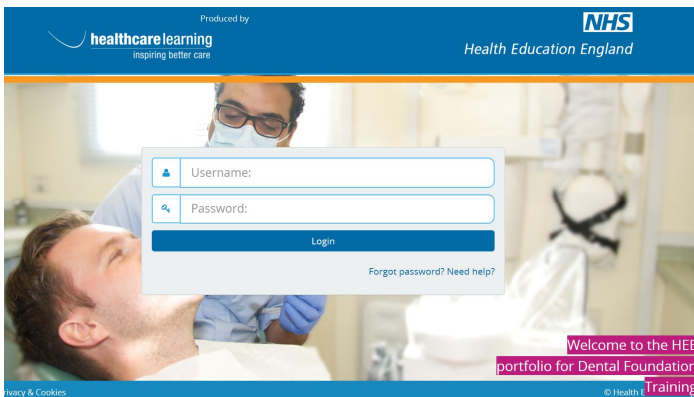
Afternoon Session

CPD = 3 Hrs

14.00 Fun with the electronic portfolio.

Dr Elinor Japp.
Training programme Director

We will be looking at your electronic portfolio. This will be your record of all your achievements, challenges, failures and successes. Maintaining the portfolio is a requirement for satisfactory completion.



Objectives

- To introduce the portfolio, assessments and logs

Learning outcomes

- A basic working knowledge of the portfolio and how to fill it in.

15.15 NHS rules and regulations—University Challenge



The 2006 NHS General Dental Services contract determines how we deliver dentistry and are funded within the NHS. The rules and regulations are complex and it is our responsibility to know them and understand the implications completely.

How well do you understand UDAs? What is the 2 month rule? What can you do under the NHS and what is only available privately?. Your patients will expect you to know this. How ready are you?

Objectives

- To gain insight into NHS rules and regulations

Learning outcomes

- To fully understand your own level of knowledge of NHS rules and regs
- To understand your responsibilities

Monday 10th September

Practice-based



Day Session

CPD = 6 Hrs

09.30 Back to basics—drill fest

Educational Supervisors

For some of you, the last time you picked up a handpiece and treated a patient may feel like a long time!

Even with short breaks from clinical work there is a element of 'deskillng' and this can cause apprehension and loss of confidence when faced with starting practice.

Today is all about regaining your confidence and recognising areas where you may feel you wish to hone your skills further before carrying out procedures on patients.

Your trainers will have made models with extracted teeth for you to work on. There will be a series of basic tasks working with amalgam and composite for you to complete. You can discuss these with your ES/trainer and your peers.

You will also be placing rubber dams and taking impressions so be prepared to be a patient and a dentist.

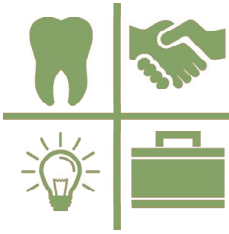
Objectives

- *To refresh your clinical skills and identify areas for development*
- *To build your confidence before treating patients.*

Learning outcomes

- *A better knowledge of your basic skill set – strengths and weakness.*
- *A better understanding of what to look for when looking for a position in a practice..*





Wednesday 12th September

Novotel Stevenage

Residential

09.30

Novotel, Stevenage
Knebworth Park, Stevenage SG1 2 AX
0207 660 0687

The residential is a 2 day event for FDs. You will be staying overnight and single room accommodation has been booked for you.

You will need to let us know in advance of any specific dietary requirements so that these can be accommodated.

The Trainers will be joining us on Thursday evening for a trainer meeting at 6pm and will be staying for dinner. We will all be working together on Friday.

The cost of the residential is £80 which you should have paid on the first day of term. This money can be reclaimed in full.



Wednesday 12th September

Novotel, Stevenage



Morning Session

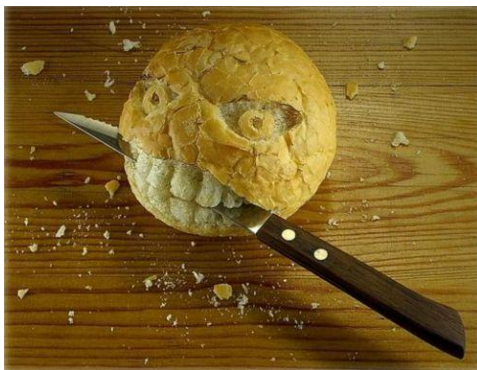
CPD = 3 Hrs

09.30 Project work in the DFT year.

Dr. Elinor Japp.
Training Programme Director

Dr. Hiran Patel.
General Dental Practitioner

Throughout the year there are projects to be completed. Today we will be looking at them in detail, so that you can plan your schedule and get the most out of them.



Case presentations

Foundation skills

Reflective practice

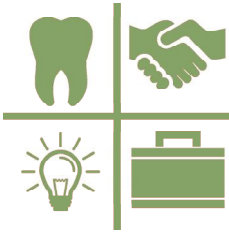
Clinical Audit

Objectives

- *To understand the project requirements for DFT.*

Learning outcomes

- *To be able to identify a suitable case presentation and know how to present this at the end of the year.*
- *To understand the requirements for Foundation Skills-how to plan and present*
- *To have a greater understanding of what is meant by reflection and reflective writing*
- *To know the basic principles of clinical audit and be able to design and produce a clinical audit*



Wednesday 12th September

Novotel, Stevenage

Afternoon Session

CPD = Hrs

14.00 Human factors and teamwork

Dr Elinor Japp



No one sets out to have a bad day or do harm to patients. So why do errors happen? Why do patients suffer and why do dentists do 'bad' dentistry?

How do we analyse situations and never events? What can we learn from them?

What is the role of the wider team in delivering care to patients?

Objectives

- *To explore difficult situations in practice.*
- *To think about factors that contribute to errors*
- *To learn more about teamwork*

Learning outcomes

- *Be aware of factors contributing to performance*
- *Understand the importance of teamwork*
- *Be able to recognize stressful situations and have strategies to manage self and others*
- *Greater confidence in managing difficult situations*

Dinner: 7 for 7.30pm

Thursday 13th September

Novotel, Stevenage



Morning Session

CPD = 3 Hrs

09.30 **Building Effective Relationships in Practice: Achieving high performance teams**

Dr. Elinor Japp.

Training programme Director

The morning session will focus on aspects of the trainer/ES relationship and how we can work effectively together during the year.

What can we and should we expect of trainers and FDs? What can we achieve together? What are your responsibilities to each other? What is the ideal ES and FD?

All relationships need commitment and hard work. What happens if things start to go wrong? How can you manage these situations well?

During the year there are assessments and tutorials. How can you plan these effectively?

Objectives

- *To understand roles, responsibilities and expectations in the ES/FD relationship*
- *To find out about all the members of the group*
- *To understand the day to day requirements and responsibilities of an FD*

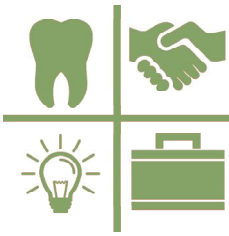
Learning outcomes

- *A better understanding of what is required during DFT*
- *A better knowledge of the members in the group*



13.00

Lunch



Thursday 13th September

Novotel, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00 **GDPR and data protection.**



Dr. Beejal Patel.

General Dental Practitioner

What is GDPR? What does it mean to us and our everyday working lives?

Objectives

- *To introduce GDPR*

Learning outcomes

- *To understand GDPR and your responsibilities for data management.*

15.00 **Teamwork and the Art of Feedback**

Dr. Elinor Japp.

Training programme Director

You will be given a practical task to achieve with your trainer. How well do you work together? What sort of feedback do you give to each other? How do you participate and how are the decisions made?

Objectives

- *To work with your trainer*
- *To experience different types of feedback*

Learning outcomes

- *To understand the different types of feedback and their relative merits*
- *To understand how to give and receive effective feedback*



Morning Session

CPD = 3 Hrs

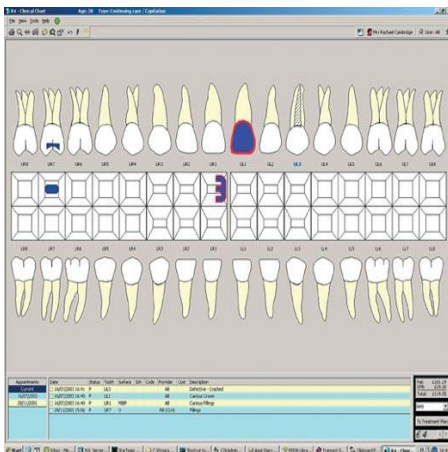
09.30 Ethics in Essex

Mr. Bryan Harvey
Dental Defence Union

What are your ethical and legal responsibilities as a professional person? What are the pitfalls and consequences if things go wrong?

How do indemnity companies work? How and when can you ask for support? What actually happens

Clinical record keeping is a requirement and a skill. How should this be done properly and why is it so important? How does your current standard match up to the ideal? What is best practice and how can you achieve this?



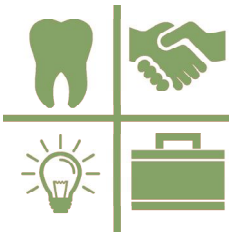
Objectives

- To explore the medicolegal framework underpinning dental practice
- To discuss ethical behaviour of professional people
- To identify best practice for clinical record keeping

Learning outcomes

- To gain better understanding of the medicolegal structures and systems
- To realise the responsibilities of being a professional person
- To understand the role of dental indemnity companies
- To understand the requirements for clinical record keeping and be able to critique your current standard

13.00 Lunch



Friday 21st September

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00

Managing Complaints

Mr. Bryan Harvey.
Dental Defence Union

No matter how conscientious we are as practitioners, we will all, at some time in our careers, receive a complaint.

Every practice must have a complaints procedure. There are also many other avenues through which a patient can complain or pursue a complaint if they feel the complaint has not been appropriately handled.

The way a complaint is dealt with is very important for everyone involved. The quality of complaints handling will significantly influence the outcome for all parties.

Complaints are an opportunity to look carefully at our practice and reflect on where our systems failed. They are an opportunity to learn.

Objectives

- *To investigate the common factors leading to dental complaints*
- *To look at complaint management pathways*
- *To discuss the best ways of mitigating and dealing with dental complaints*
- *To be aware of the do's and don'ts when dealing with complaints*

Learning outcomes

- *To be better able to recognise and avert potential complaints*
- *To feel confident in the process of managing complaints effectively*
- *To know what support you can and should access when dealing with a complaint*
- *To understand the role of indemnity providers*



Morning Session

CPD = 3 Hrs

09.30 Clinical Photography



Dr. Peter Cranfield Regional Advisor

This is a joint study day with the Bedford DFT scheme.

Bring along your cameras and a laptop.

It is your turn to find out how to record for posterity your patients 'before and after' moments, their problems and your solutions.

However capturing the image is only part of the process.

What are the principles of good photography and how can you apply them practically?

What sort of camera do you have and what might you be able to achieve? What sort of kit is ideal for dental photography?

In the practical session you will be able to hone your clinical photography skills and try out a variety of cameras.



Objectives

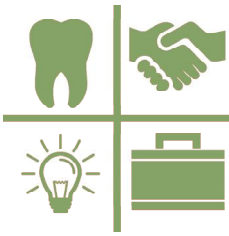
- *To explain basic photographic principles*
- *To learn how to take clinical photographs*
- *To understand how to use your camera effectively*

Learning outcomes

- *A better understanding of photographic principles and how to apply them*
- *Techniques for improving intraoral photography*
- *Appropriate consent for photography and associated data protection*
- *Improved photographic skills and ability to critique your work*

13.00

Lunch



Friday 28th September

Bedford Medical Institute

Afternoon Session

CPD = 3 Hrs

14.00

Clinical Photography



Dr. Peter Cranfield.

Regional Advisor

Can you believe what you see?

Once you have your image, there are tools to manipulate and enhance these in many ways. Processing and preparing an image can turn a shocker into a masterpiece so the skills of photo editing are important to learn.

You then need to be able to present your work: to patients, colleagues, for postgraduate education or examinations.

In this session you will be developing your presentation skills. You will be using commonly available software to develop a presentation from first principles.

Objectives

- *To explore basic photo editing techniques*
- *To understand basic presentation principles*
- *To produce a Power point presentation*
- *To present to colleagues*

Learning outcomes

- *To understand how to enhance and manipulate clinical photographs using photo editing software*
- *To have greater understanding of how to create effective presentations*



Venue

Bedford Medical Institute
Bedford General Hospital
Amphill Road
Bedford MK42 9DJ

Parking is in Britannia Road car park opposite the hospital. You will need £12 in one pound coins to pay for your parking.. The Medical Institute is situated close to A&E

Friday 05th October

Lister Education Centre, Stevenage

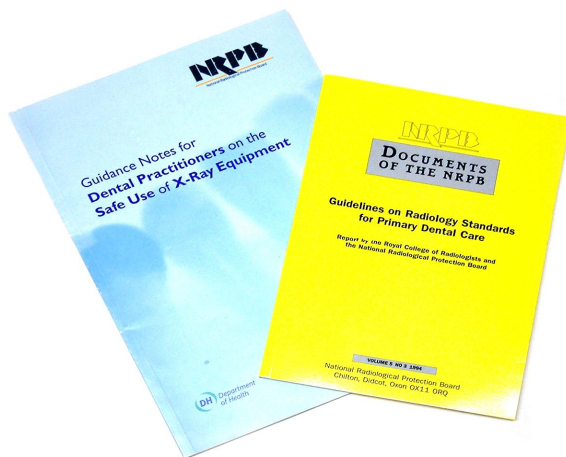


09.30 Radiography in Practice

Dr. Jeremy Norris

General Dental Practitioner and ES

Thousands of radiographs are taken every year in general dental practice. They can be a valuable diagnostic tool but that depends on the quality of the radiograph.



How good are your radiographs?

How do you audit and critique your own radiographs?

What do you need to record in your notes?

What are the top practical tips for getting great radiographs every time?

*What legislation governs our practice and how is this implemented in every day practice?
What is IRMER and what does a radiation supervisor actually do?*

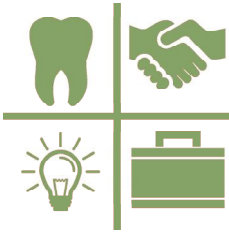
What are your CPD requirements as a dental professional?

Objectives

- *To look at the quality of your radiography*
- *To discuss practical methods of taking radiographs and improving quality*
- *To explore the legislative framework and guidance for dental radiography*

Learning outcomes

- *Improved ability in practical radiographic techniques*
- *Understanding the importance and relevance of regulations associated with radiographic imaging*
- *A clearer understanding of processing, reporting and storage of radiographs*



Friday 05th October

Lister Education Centre, Stevenage

14.00

Managing the acute dental emergency

Dr. Fred Fernando.

General dental practitioner and ES



Most of the patient you see will be regular attenders at your practice. However, a large number of people are not registered with a general dental practitioner. There are multiple reasons why they may not be able or choose not to access routine care. They may need urgent help.

These patients may present in acute pain, with swelling and be systemically ill. On rare occasions the situation may be life threatening. How do you manage this group of patients effectively?

What are the challenges? How do you get a good medical history? How do you manage complex medical and drug histories?

How good is your pain diagnosis? How do you manage a hot pulp? When do you prescribe antibiotics? When do you refer?

Objectives

- *To identify effective management pathways for patients with an acute dental emergency*
- *To clarify the role and appropriate use of antibiotics and prescribing*
- *To discuss the patient management techniques*
- *To think about the information we give to emergency patients*

Learning outcomes

- *Improved pain diagnosis and management of patients*
- *Improved awareness of prescribing protocols and drug interactions*
- *Knowing when and how to refer*



Morning Session

CPD = 3 Hrs

09.30 **Effective team working with your dental nurse**

Dr. Elinor Japp

Training program Director

Research shows that the relationship between and FD and their dental nurse will have a significant impact on the learning during DFT. This can be positive or negative, so it is important to lay solid foundations early on in the year.

What are your responsibilities towards each other? What is the role of an FD DN and how is this different? How can you optimize your working relationship?



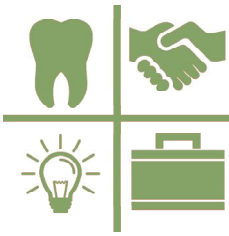
Objectives

- *To discuss the roles and responsibilities of FDs and DNs*
- *To consider how to build good team working*
- *To explore patient safety issues in dentistry*

Learning outcomes

- *Understanding of the role of the FD DN*
- *How to create a good working relationship and tackle problems effectively*
- *Understand why errors happen and how to take appropriate action*

Bring your dental nurse



Friday 12th October

Lister Education Centre, Stevenage

Afternoon Session

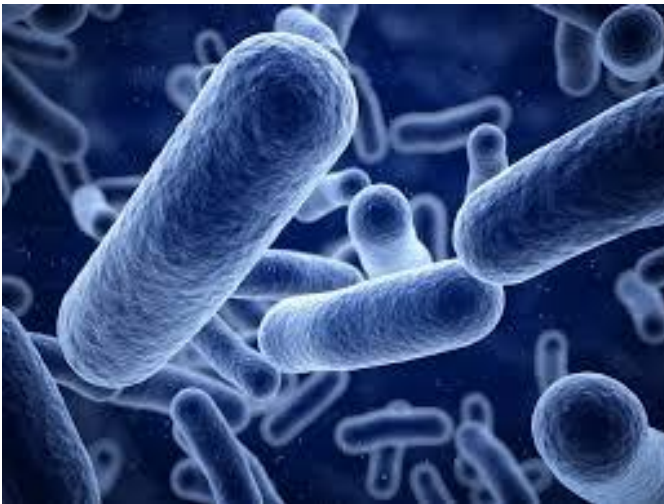
CPD = 3 Hrs

14.00

Cross infection control in dental practice

Ms. Angie Heilmann

Regional Advisor for Workforce Development



In this session you will be thinking about cross infection control and decontamination procedures. What are the rules and regulations? How do you know if your practice is compliant? What are the potential outcomes if appropriate procedures are not followed? What steps do you need to take to ensure patient and staff safety?

Objectives

- To provide an overview of the decontamination process
- To consider the importance of good cross infection control
- To explore the regulations and how compliance is achieved
- To consider the potential outcomes for patient and staff of poor cross infection control

Learning outcomes

- To be able to explain and demonstrate the principles of good cross infection control
- To understand the regulations and compliance requirements
- To appreciate the role of the dental nurse and wider team



Bring your dental nurse

Friday 19th October

Lister Education Centre, Stevenage



Early Stage Review Reports and Interviews

Preparation



With the introduction of Satisfactory Completion for Dental Foundation Training there are various points throughout the year where your progress is formally documented.

The first point is the Early Stage Review. This is to identify any issues with the practice, the ES/FD relationship, clinical or pastoral concerns.

You will have a 20 minute 1:1 interview with the TPD on Friday 13th October. This is your opportunity to share any concerns you may have at this early stage in the year.. Experience shows that problems identified and managed early have much better outcomes.

The discussion with the TPD is confidential and information may only be shared with the consent of the FD.

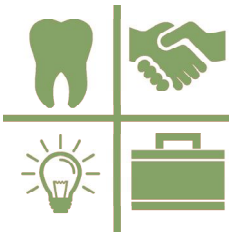
Requirements for ESR

- Your portfolio must be complete
- All DOPs and assessments completed
- Logs– tutorials, study days, reflections, clinical activity and experience completed
- Learning needs identified
- Documents uploaded
- Reports from the FD and ES—All information is shared and available to be seen on the portfolio.

Deadline for report completion: 12/10/2018

Objectives

- To discuss your placement
- To evaluate and review your progress
- To identify areas for development
- To ensure a good work-life balance
- To address any concerns you may have



Friday 19th October

Lister Education Centre, Stevenage

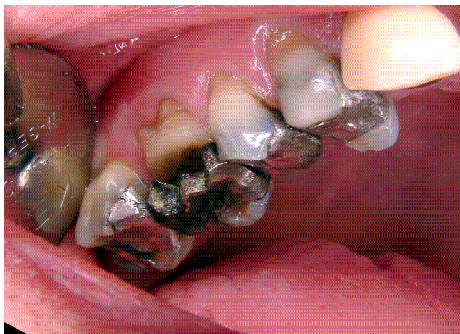
Morning Session

CPD = 3 Hrs

09.30 Treatment planning and ESR Interviews

Educational Supervisors

Stevenage Scheme



When our patients seek our advice, we devise treatment plans. These can be very simple or highly complex. So how do we tackle the difficult ones? What do we need to consider? What processes and pathways lead to our conclusions and how do we justify and evidence these?

Today you will be working with trainers looking at treatment plans they have carried out. You will be able to discuss the 'hows' and 'whys' of their case management and the success, or otherwise, of the outcomes.

Objectives

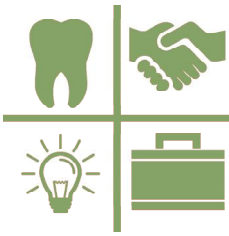
- *To explore the principles and practicalities of successful treatment planning*
- *To treatment plan some complex cases*
- *To identify factors affecting treatment planning decisions*
- *To understand the importance of record keeping and consent for treatment planning*

Learning outcomes

- *A broader understanding of holistic treatment planning*
- *Better ability to explain treatment plans to patients*
- *Increased confidence in offering a variety of treatment options to patients*

ESR Interviews

During the morning session you will have a 1:1 interview with the TPD to discuss your progress to date and any issues you would like to raise.



Friday 26th October

Lister Education Centre, Stevenage

Day Session

CPD = 6 Hrs

09.30 Endodontics in practice

Dr. Shashi Mishra
Specialist Endodontist



This is the first of two hands-on sessions looking at root canal therapy. Endodontic treatment particularly in molar teeth can be very challenging.

How do we assess which teeth are likely to be successfully treated and what can we do to make the procedure easier for ourselves and the patient?

What should we attempt and when should we refer?

Bring examples of cases where you have experienced difficulties.

We shall go back to the basics and focus on the preparation and obturation of canals using blocks and extracted teeth.

Objectives

- *To discuss the challenges of endodontics in practice and how to overcome these*
- *To develop your hand filing skills*
- *To explore patient safety issues in dentistry*

Learning outcomes

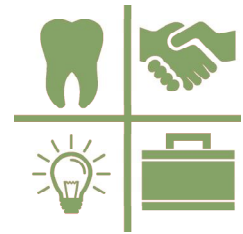
- *An improved understanding of endodontic principles*
- *A better understanding of how to assess tooth prognosis and suitability for rct*
- *Improved endodontic technique*

Things to bring

Extracted teeth set up in plaster or crown putty. At least one single rooted, one premolar and two molar teeth

An example of one or more of your rct cases with radiographs

Thursday 08th or Friday 09th November



Day Session

CPD = 6 Hrs

09.30 Communication skills

Cascade Theatre Company

- On these two days, you will be working with FDs from the Bedford and Peterborough schemes
- You will have the chance to meet and interact with members of the other Schemes in a small group setting.
- Be prepared for an active and interactive day

Communication is one of our most important tools in general dental practice. We need to know what our patients want, feel, believe, wish for and fear. We need to be able to tell them about our plans, our hopes, our skills and our procedures. Good communication skills can change practising life beyond recognition. Today through the use of drama, Cascade will help us to improve these skills.

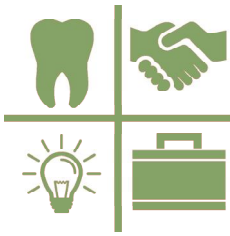
Objectives

- *To raise awareness of the importance of communication skills*
- *To look at clinician patient interactions*
- *To identify successful strategies to improve communication*

Learning Outcomes

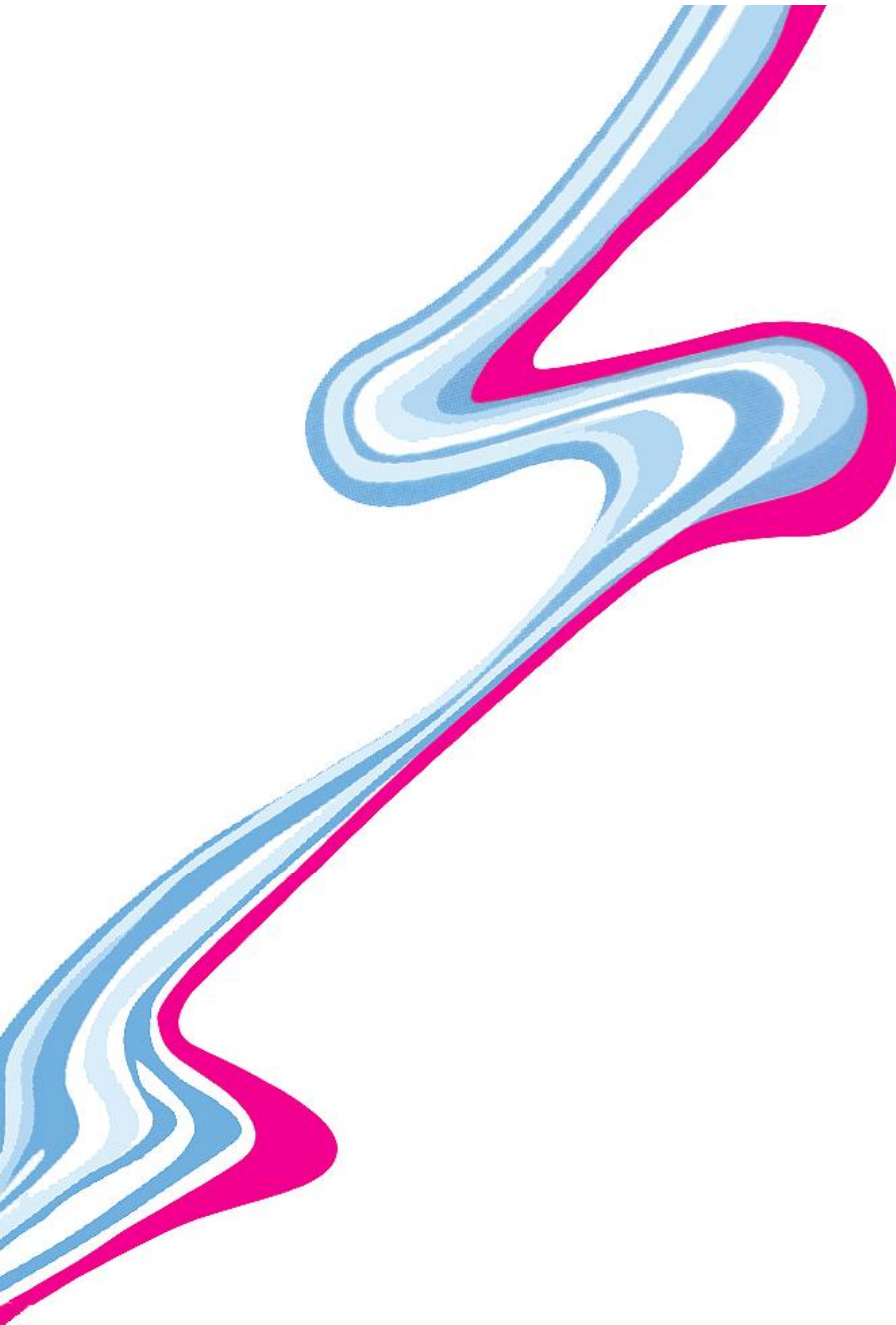
- *Greater self awareness*
- *Improved strategies for communicating with vulnerable or difficult groups*
- *Improved conflict resolution*
- *Improved patient communication*

Cascade
THEATRE IN EDUCATION FOR CORNWALL



Thursday
Friday

King's House, Bedford
Lister Education Centre



Half the scheme will attend on Thursday and half on Friday.

Check you know which day you are attending and manage your appointments in practice accordingly.

The Thursday group will travel to Bedford.



King's House Conference Centre
245 Ampthill Road
Bedford MK42 9AZ

There is ample free parking on site

The Friday group will meet at the Lister as usual.

Friday 16th November

Basildon Simulation Centre, Basildon



Morning Session

CPD = 3 Hrs

09.30 Crowns in general dental practice

Dr. Glen Taylor

General Dental Practitioner



You will have had different amounts of clinical experience both in assessing teeth for crowns and carrying out preparations. How good are your crown preparations?

What factors will you need to consider if you are thinking about prescribing a crown?

Crown preparation is destructive so how do you decide when to crown? What are the options? How do you decide what type of crown should to use? How do you justify your decision? What are the practical, time and financial implications of your decision and how to you discuss this with the patient?

You will think about how to prepare teeth and the stages required in crown production.

How do preps need to be modified for different types of crown?

What impression materials and techniques give the best results.?

How do you temporise successfully?

What problems will you encounter and how can you prevent them or manage them?

Venue
Basildon Simulation Suite
Basildon Hospital
Nethermayne
SS16 5NL

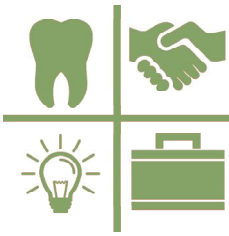
Parking in the multistorey

Things to bring

The crown burs you use

Extracted teeth

A study model of one of your own or your Ess crown preps



Friday 16th November

Basildon Simulation Centre, Basildon

Afternoon Session

CPD = 3 Hrs

14.00

Crowns in general dental practice

Dr. Glen Taylor

General Dental Practitioner

This afternoon you will be looking at more complex post crown preparations.

What are the indications, contraindications and alternatives?

What are the challenges? How do you prepare a post hole and what systems are available?

When should you use a direct or indirect post?

What are the risks and benefits? What do you need to discuss with your patient?

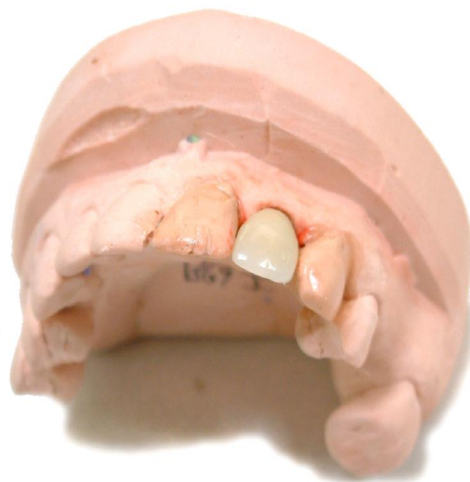


Objectives

- *To explore the indications and contra indications for crowns*
- *To understand the rationale of crown prescription*
- *To think about your communication with the technician*
- *To practice some crown preps and evaluate your work*

Learning outcomes

- *Better clinical decision making and justification for treatment plans involving crowns*
- *Greater knowledge of types of crowns, impression taking and temporisation techniques*
- *Improved ability to critique your work*
- *Improved quality of communication with your lab and technician*
- *Better treatment options for, and communication with, your patient*



Case presentation submission



Morning Session

CPD = 3 Hrs

09.30

Oral Surgery



Wg Cdr Andy Gibbons

Consultant Oral and Maxillofacial Surgeon

Today you will be thinking about minor oral surgery procedures you can carry out in practice.

What makes extractions difficult? How can you identify potential problems and plan to meet unexpected outcomes?

What instruments do you use and why?

How do you do a surgical extraction? When should you attempt this and when should you refer?

You will be working on pig's heads to simulate surgical extractions.



Objectives

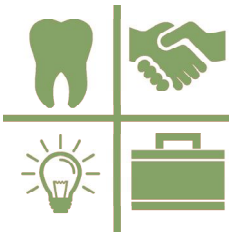
- *To practice raising flaps and surgical removal of teeth*
- *To practice different types of suturing technique*
- *To identify factors affecting treatment planning decisions*
- *To understand the importance of record keeping and consent for treatment planning*

Learning outcomes

- *Improved assessment of simple and complex exodontia procedures*
- *Strategies to deal with common complications during exodontia*
- *Increased confidence in surgical extractions*

Venue
The Learning Centre
Peterborough City Hospital
PE3 9 GZ

Things to bring
Sutures, needle holders, suture scissors.
Surgical burs you use in practice.



Friday 23rd November

Learning Centre, Peterborough City Hospital

Afternoon Session

CPD = 3 Hrs

14.00

Management of facial pain and TMJ disorders

Wg Cdr Andy Gibbons

Consultant Oral and Maxillofacial Surgeon

Many of the patients we see who complain of facial pain will have a dental origin for their complaint. However, we will encounter patients with TMJD, facial pain of non dental origin or atypical facial pain.



What is differential diagnosis? How can you manage these patients as effectively as possible. What is the role of the GDP and when should you refer?

What causes snoring? Does it matter? Why do some people get so upset about it? What can you do to help?

Objectives

- *To discuss the aetiology and management of TMJD and facial pain*
- *To understand the role of splint therapy*
- *To discuss the management of snoring*
- *To gain insight into a dental career in a military setting*

Learning outcomes

- *Improved diagnostic skills for TMJD and facial pain*
- *Understanding the role of the GDP in management of TMJD, facial pain and snoring*
- *To know how and when to refer patients*
- *Knowledge of career opportunities within the military*

Foundation skills submission

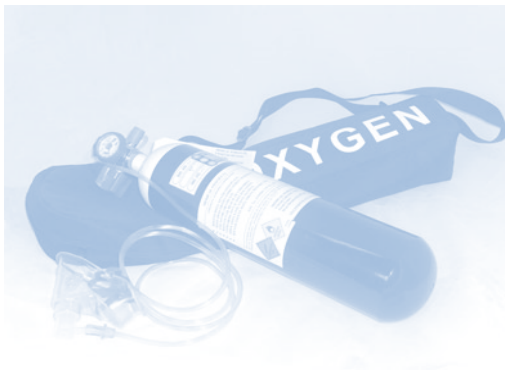


Morning Session

CPD = 4 Hrs

08.45 **Emergencies in general dental practice: Emergency drugs and Basic life support**

A to E training Solutions



You will experience medical emergencies during your career. As a professional person, you will be expected and need to know how to manage these situations effectively. However, they are relatively rare so there is significant deskilling and our skills must be regularly reviewed and updated.

*It is expected that you will carry out BLS and medical emergency training within your practice during the DFT year **in addition** to this training.*

This session will look at

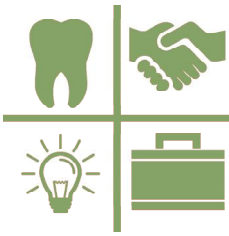
- *The types of medical emergencies most frequently encountered in practice*
- *The use of emergency drugs and your practice arrangements*
- *Basic life support*

Objectives

- *To be up to date with the management of medical emergencies in dental practice*
- *To be competent in BLS*
- *To know how to administer emergency drugs correctly*
- *To understand the role of team working in managing medical emergencies*
- *To understand the importance of record keeping and handover to paramedics*

Learning outcomes

- *To know current CPR guidelines and be able to perform effective BLS*
- *To know when and how to use emergency drugs correctly*
- *To work effectively as a team in managing medical emergencies*



Friday 30th November

Lister Education Centre, Stevenage

Afternoon Session

CPD = 3 Hrs

14.00

Emergencies in general dental practice: Practical scenarios

A to E Training Solutions

This afternoon we will be putting into practice the work that we completed in the morning session.

You will be presented with medical emergency scenarios and be expected to manage the patient and the team to obtain a satisfactory outcome.

Objectives

- *Demonstrate the ability to assess a medical emergency and clear decision making pathways*
- *Demonstrate competency in BLS and managing a medical emergency*
- *Demonstrate effective leadership in a stressful situation*
- *Demonstrate good communication skills*

Learning outcomes

- *The ability to assess and manage medical emergencies effectively*
- *How and when to call for support*
- *Knowledge of emergency drugs: the location within your practice, the correct dosage and administration*
- *The importance of teamwork and your level of leadership skills*
- *The importance of accurate record keeping and ability to hand over to paramedics*
- *Insight into your current capabilities and Identify areas for future development*
- *An ability to critique your practice emergency procedures*

Thursday 06th December

Lister Education Centre, Stevenage



Morning Session

CPD = 4 Hrs

09.00 Mini Case Presentations:

FDs



You will be expected to present your work in a variety of ways to different audiences throughout your career. For some of you this will be easy, but for others it will be new and be anxiety provoking. The best place to start is with your friends and colleagues.

Today you will have the chance to present a case that you have been working on this term. It should be either a dental emergency patient, dental trauma or an advanced treatment planning case.

You should prepare a powerpoint to support a 10 minute oral presentation

You will be assessed by your peers and some ESSs

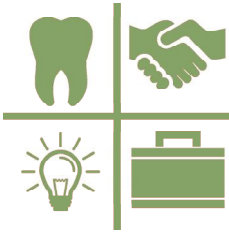


Objectives

- *To deliver a case presentation to an audience*
- *To assess your own work and that of your peers*
- *To learn how to give and receive constructive feedback*

Learning outcomes

- *Identifying areas to improve your presentation and presentation skills*
- *To know the expected standards for the final DFT case presentation*
- *Improved ability in giving and receiving effective feedback*



Thursday 06th December

Lister Education Centre, Stevenage

Afternoon Session

CPD = 2 Hrs

14.00

The biggest challenge of my professional career

Education Supervisors



All our Educational Supervisors are motivated, successful professional people. How have they got there? Has it all been straightforward plain sailing? What have been the opportunities they have taken and challenges they have had to overcome. This afternoon the ESs will be sharing some of the most pivotal points and challenges of their careers. What can you learn from their experiences? What are the characteristics of successful people? What do you need to aspire to? What is life like after DFT?

Objectives

- *To learn about challenges that occur during professional careers*
- *To explore characteristics that underpin successful professional people*
- *To see different career pathways*
- *To think about work life balance*

Learning outcomes

- *Greater understanding of the realities of professional life*
- *Broader knowledge of potential career pathways*
- *The concepts of resilience and how to manage professional challenges effectively*

PML Evidence

Sessional Content for e-Portfolio



	Introduction to DFT	Fun with epdp	NHS regulations	Back to basics	Project work	Communication	GDPR and feedback	Ess and FDS	Ethics in Essex	Clinical photos	Radiography
Professionalism											
Appraisal		✓		✓							
Clinical audit and peer review	✓			✓	✓		✓			✓	✓
Confidentiality	✓	✓			✓		✓	✓	✓		
Ethical behaviour	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Critical evaluation	✓	✓		✓	✓		✓		✓	✓	✓
Decision making	✓	✓		✓	✓	✓	✓	✓	✓	✓	
GDC Scope of Practice	✓		✓						✓		
Whistleblowing	✓		✓				✓	✓	✓		
Management of difficult patients						✓					
Patient safety	✓		✓	✓			✓	✓	✓		
Self-awareness	✓	✓	✓	✓	✓		✓				
Professionalism and Management											
Basic Life Support training											
Consent			✓			✓	✓	✓	✓	✓	
Equality & Diversity	✓										
GDC Standards	✓	✓	✓			✓	✓	✓			
NHS complaints procedure			✓			✓			✓		
Referring patients			✓	✓					✓		
Management											
COSHH regulations											
Dental equipment selection, care and maintenance				✓							✓
Data Protection					✓		✓	✓	✓	✓	✓
Employment contracts/associate agreements for dentists											
Employment Law basics											
Finance			✓								
Health & Safety requirements in dentistry				✓							
Infection control procedures				✓							
NHS prescribing			✓								
NHS Rules & Regulations in Dentistry			✓	✓					✓		
Prescribing, directing, taking, processing and interpreting radiographs				✓							✓
Range and scope of NHS dental care			✓	✓					✓		
Record keeping	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓
Use of emergency drugs											
Information Governance	✓		✓		✓				✓	✓	
Safeguarding Children and Adults											
Leadership											
Facilitating learning in others	✓		✓	✓							
Quality management and improvement			✓	✓	✓						
Role model	✓		✓	✓		✓					
Teamwork	✓		✓	✓	✓	✓					

Calendar 2018 -2019



2018

Friday 07th September First Day of Autumn Term	Study Day at Lister Education Centre.
Wednesday 12th September	Residential—Novotel Stevenage
Thursday 13th September	Residential—Novotel Stevenage
Friday 05th October	Study Day with FDs' dental nurses
Fridays 19th October	Early Stage Review (ESR)
Thursday 06th December Last Day of Autumn Term	ESs present at Lister from 1.30pm.

2019-Provisional dates– subject to confirmation

03rd to 25th January	Practice Mid Year Visits - dates and time to be arranged.
Friday 08th Feb First Day of Spring Term	
Monday 18th-Friday 22nd Feb	Practice Exchange week
Monday 25th Feb	IRCP
Friday 22nd Mar Last day of Spring Term	ESs at Lister from 1.30pm.
Friday 03rd May First Day of Summer Term	Clinical Audit presentations
Thursday 09th to Friday 10th May	HEE Residential
Friday 28th June Last Day of Summer Term	