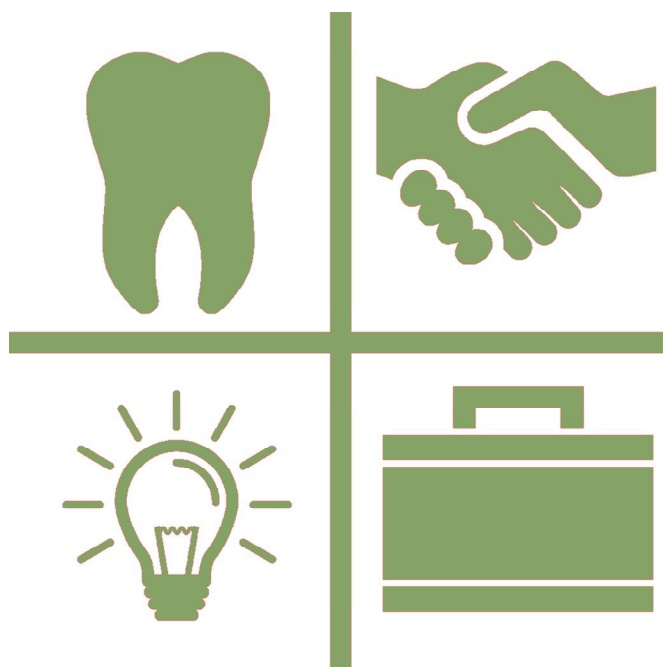


# Stevenage Dental Foundation Training Scheme

Autumn Term Programme 2016 - 2017

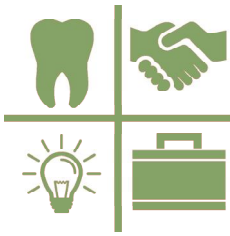


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Lister Education Centre





# Stevenage Dental Foundation Training Scheme

## Lister Education Centre

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Stevenage Herts.

SG1 4AB

☎ 01438 314333

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Stevenage Scheme

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# Autumn Term

## Venues and Subjects



**Friday 2nd September**

Introduction to Dental Foundation Training

*Lister Education Centre, Stevenage*

**Wednesday 07th September** Back to Basics

*Practice based*

**Thursday 08th September** Project work in DFT  
Team building

*Watford Hilton Hotel, Watford*

**Friday 09th September** Building effective relationships in practice

*Watford Hilton Hotel, Watford*

**Friday 16th September** Ethics  
Clinical record keeping and complaints

*Lister Education Centre, Stevenage*

**Friday 23rd September** Clinical Photography

*Bedford Medical Institute, Bedford*

**Friday 30th September** Radiography in practice  
Management of the emergency patient

*Lister Education Centre, Stevenage*

**Friday 07th October** Teamwork with your Dental Nurse  
Safeguarding

*Lister Education Centre, Stevenage*

**Friday 14th October** Endodontics in Practice

*Lister Education Centre, Stevenage*

Registration for all study days is 09.00  
Business session 09.15-09.30  
Study day sessions start promptly at 09.30



# Autumn Term

## Venues and Subjects

**Friday 21st October**

Advanced treatment planning/ ESR interviews

Finance

*Lister Education Centre, Stevenage*

**Friday 04th November**

Crowns in Practice

*Basildon Clinical Skills Centre, Stevenage*

**Friday 11th November**

Communication skills

*British Racing School, Newmarket*

**Friday 18th November**

Oral Surgery in Practice

*The Learning Centre, Peterborough*

**Friday 25th November**

Medical Emergencies in Practice

*Lister Education Centre, Stevenage*

**Friday 2nd December**

Case presentations

Life after DFT

*Lister Education Centre, Stevenage*

Please note there is no Study Day on Friday 28th October. This day should be spent in practice collecting evidence for your Foundation Skills project.

## Important Dates and Deadlines

ESR Report submission

Friday 14th October 2016

Foundation skills submission

Friday 18th November 2016

Mini Case Presentation

Friday 02nd December 2016

# Friday 02nd September

Lister Education Centre, Stevenage



## Morning Session

CPD = 3 Hrs

### 09.30 Introduction to Dental Foundation Training.

#### Dr. Elinor Japp.

Training programme Director

*Thus morning we will be looking at the nuts and bolts of DFT. How does it work? What does it entail? Why do you have to do it? What is Satisfactory completion? You will have lots of questions.....*

*You will also get to know the others in your group– you will be working closely together over the year.*



#### Objectives

- *To introduce DFT*
- *To find out about all the members of the group*
- *To understand the day to day requirements and responsibilities of an FD*

#### Learning outcomes

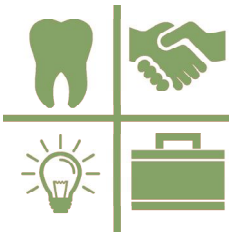
- *A better understanding of what is required during DFT*
- *A better knowledge of the members in the group*
- *How to claim your expenses*

### 13.00 Lunch

#### Things to bring

Your laptop

A cheque for £80 made payable to 'East and North Hertfordshire NHS Trust'  
or £80 cash



# Friday 02nd September

Lister Education Centre, Stevenage

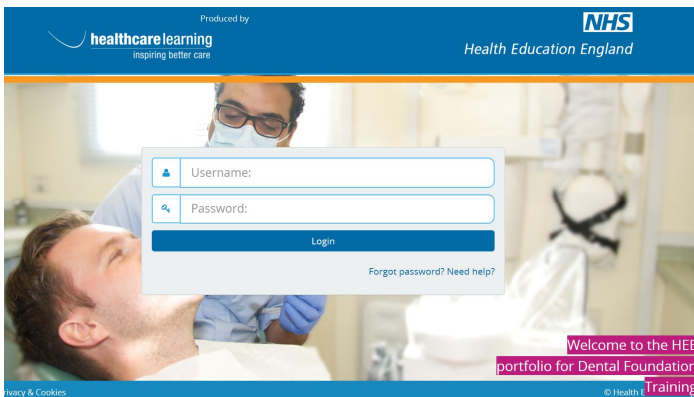
## Afternoon Session

CPD = 3 Hrs

### 14.00 Fun with the electronic portfolio.

**Dr Elinor Japp.**  
Training programme Director

*We will be looking at your electronic portfolio. This will be your record of all your achievements, challenges, failures and successes. Maintaining the portfolio is a requirement for satisfactory completion.*



#### Objectives

- To introduce the portfolio, assessments and logs

#### Learning outcomes

- A basic working knowledge of the portfolio and how to fill it in.

### 15.15 NHS rules and regulations—University Challenge



*The 2006 NHS General Dental Services contract determines how we deliver dentistry and are funded within the NHS. The rules and regulations are complex and it is our responsibility to know them and understand the implications completely.*

*How well do you understand UDAs? What is the 2 month rule? What can you do under the NHS and what is only available privately?. Your patients will expect you to know this. How ready are you?*

#### Objectives

- To gain insight into NHS rules and regulations

#### Learning outcomes

- To fully understand your own level of knowledge of NHS rules and regs
- To understand your responsibilities

# Wednesday 07th September

Practice-based



## Day Session

CPD = 6 Hrs

### 09.30 Back to basics—drill fest

#### Educational Supervisors

*For some of you, the last time you picked up a handpiece and treated a patient may feel like a long time!*

*Even with short breaks from clinical work there is a element of 'desking' and this can cause apprehension and loss of confidence when faced with starting practice.*

*Today is all about regaining your confidence and recognising areas where you may feel you wish to hone your skills further before carrying out procedures on patients.*

*Your trainers will have made models with extracted teeth for you to work on. There will be a series of basic tasks working with amalgam and composite for you to complete. You can discuss these with your ES/trainer and your peers.*

*You will also be placing rubber dams and taking impressions so be prepared to be a patient and a dentist.*

#### Objectives

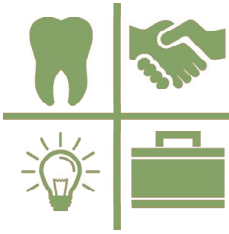
- *To refresh your clinical skills and identify areas for development*
- *To build your confidence before treating patients.*

#### Learning outcomes

- *A better knowledge of your basic skill set – strengths and weakness.*
- *A better understanding of what to look for when looking for a position in a practice..*







# Thursday 08th September

Hilton Hotel Watford

## Residential

09.30

**Watford Hilton Hotel, Watford**  
**Elton Way, Watford Herts, WD25 8HA**  
**01923 235881**

*The residential is a 2 day event for FDs. You will be staying overnight and single room accommodation has been booked for you.*

*You will need to let us know in advance of any specific dietary requirements so that these can be accommodated.*

*You will need to bring casual clothes suitable for a team building activity.*

*The Trainers will be joining us on Thursday evening for a trainer meeting at 6pm and will be staying for dinner. We will all be working together on Friday.*

*The cost of the residential is £80 which you should have paid on the first day of term. This money can be reclaimed in full.*



# Thursday 08th September

Hilton Hotel, Watford



## Morning Session

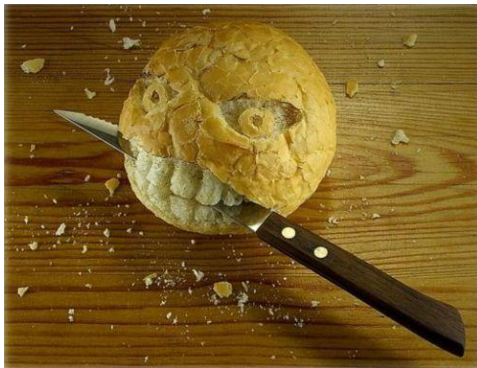
CPD = 3 Hrs

### 09.30 **Project work in the DFT year.**

**Dr. Elinor Japp.**  
Training Programme Director

**Dr. Varsha Patel.**  
General Dental Practitioner

*Throughout the year there are projects to be completed. Today we will be looking at them in detail, so that you can plan your schedule and get the most out of them.*



*Case presentations*

*Foundation skills*

*Reflective practice*

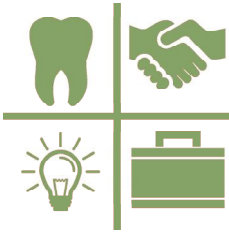
*Clinical Audit*

### **Objectives**

- *To understand the project requirements for DFT.*

### **Learning outcomes**

- *To be able to identify a suitable case presentation and know how to present this at the end of the year.*
- *To understand the requirements for Foundation Skills-how to plan and present*
- *To have a greater understanding of what is meant by reflection and reflective writing*
- *To know the basic principles of clinical audit and be able to design and produce a clinical audit*



# Thursday 08th September

Quasar, Hemel Hempstead

## Afternoon Session

CPD = 3 Hrs

14.00

### Team building



#### Trainers and FDs

*Teamwork is essential to good working relationships and efficient delivery of dentistry. Poor teamwork can lead to conflict and difficulties in professional relationships. This afternoon you will be working as a team.*

*Who will be the leaders and followers?*

*How do you decide roles and the strategy of the team?*

*How does stress and competition affect your decision making skills?*

*You will be competing against your trainers. What are they really like?*

#### Objectives

- *Working together as a team.*
- *Team planning and strategy*

#### Learning outcomes

- *A better knowledge of the members of the group and your trainers*
- *The challenges and opportunities of team working*

#### Venue

Quasar

179, Marlowes

Hemel Hempstead HP1 1BB

Car Parks for sat nav

Marlowes centre HP1 1EA

Water Gardens HP1 1EA

# Friday 09th September

Hilton Hotel, Watford



## Morning Session

CPD = 3 Hrs

### 09.30 **Building Effective Relationships in Practice: Roles and responsibilities.**

#### **Dr. Elinor Japp.**

Training programme Director

*The morning session will focus on aspects of the trainer/ES relationship and how we can work effectively together during the year.*

*What can we and should we expect of trainers and FDs? What can we achieve together? What are your responsibilities to each other? What is the ideal ES and FD?*

*All relationships need commitment and hard work. What happens if things start to go wrong? How can you manage these situations well?*

*During the year there are assessments and tutorials. How can you plan these effectively?*

#### **Objectives**

- *To understand roles, responsibilities and expectations in the ES/FD relationship*
- *To find out about all the members of the group*
- *To understand the day to day requirements and responsibilities of an FD*

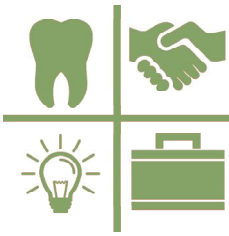
#### **Learning outcomes**

- *A better understanding of what is required during DFT*
- *A better knowledge of the members in the group*
- *How to claim your expenses*



13.00

Lunch



# Friday 09th September

Hilton Hotel, Watford

## Afternoon Session

CPD = 3 Hrs

14.00

### Duty of Candour.



#### Dr. Beejal Patel.

General Dental Practitioner

*We will all be faced with situations which do not work out as we anticipate. We need to be open and honest with our patients. We need to understand our responsibilities towards patients and how to handle these events correctly.*

#### Objectives

- *To introduce the concept of Duty of Candour*

#### Learning outcomes

- *To understand what is meant by Duty of Candour and how to apply this in practice.*

15.00

### Teamwork and the Art of Feedback

#### Dr. Elinor Japp.

Training programme Director

*You will be given a practical task to achieve with your trainer. How well do you work together? What sort of feedback do you give to each other? How do you participate and how are the decisions made?*

#### Objectives

- *To work with your trainer*
- *To experience different types of feedback*

#### Learning outcomes

- *To understand the different types of feedback and their relative merits*
- *To understand how to give and receive effective feedback*



## Morning Session

CPD = 3 Hrs

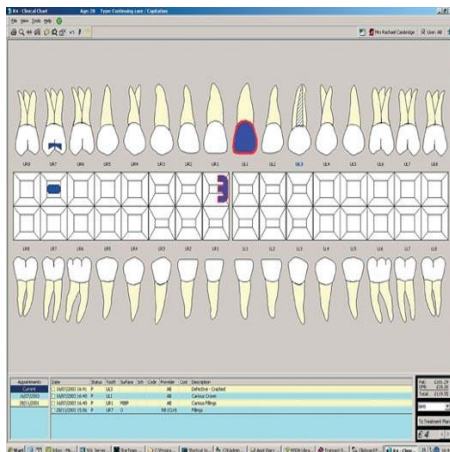
### 09.30 Ethics in Essex

**Mr. Bryan Harvey**  
Dental Defence Union

*What are your ethical and legal responsibilities as a professional person? What are the pitfalls and consequences if things go wrong?*

*How do indemnity companies work? How and when can you ask for support? What actually happens*

*Clinical record keeping is a requirement and a skill. How should this be done properly and why is it so important? How does your current standard match up to the ideal? What is best practice and how can you achieve this?*



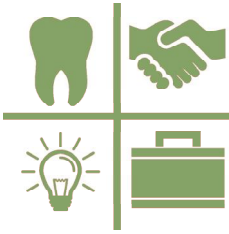
### Objectives

- To explore the medicolegal framework underpinning dental practice
- To discuss ethical behaviour of professional people
- To identify best practice for clinical record keeping

### Learning outcomes

- To gain better understanding of the medicolegal structures and systems
- To realise the responsibilities of being a professional person
- To understand the role of dental indemnity companies
- To understand the requirements for clinical record keeping and be able to critique your current standard

### 13.00 Lunch



# Friday 16th September

Lister Education Centre, Stevenage

## Afternoon Session

CPD = 3 Hrs

14.00

### Managing Complaints

**Mr. Bryan Harvey.**  
Dental Defence Union

*No matter how conscientious we are as practitioners, we will all, at some time in our careers, receive a complaint.*

*Every practice must have a complaints procedure. There are also many other avenues through which a patient can complain or pursue a complaint if they feel the complaint has not been appropriately handled.*

*The way a complaint is dealt with is very important for everyone involved. The quality of complaints handling will significantly influence the outcome for all parties.*

*Complaints are an opportunity to look carefully at our practice and reflect on where our systems failed. They are an opportunity to learn.*

#### Objectives

- *To investigate the common factors leading to dental complaints*
- *To look at complaint management pathways*
- *To discuss the best ways of mitigating and dealing with dental complaints*
- *To be aware of the do's and don'ts when dealing with complaints*

#### Learning outcomes

- *To be better able to recognise and avert potential complaints*
- *To feel confident in the process of managing complaints effectively*
- *To know what support you can and should access when dealing with a complaint*
- *To understand the role of indemnity providers*

# Friday 23rd September

Bedford Medical Institute, Bedford



## Morning Session

CPD = 3 Hrs

### 09.30 Clinical Photography



#### Dr. Peter Cranfield Regional Advisor

*This is a joint study day with the Bedford DFT scheme.*

*Bring along your cameras and a laptop.*

*It is your turn to find out how to record for posterity your patients 'before and after' moments, their problems and your solutions.*

*However capturing the image is only part of the process.*

*What are the principles of good photography and how can you apply them practically?*

*What sort of camera do you have and what might you be able to achieve? What sort of kit is ideal for dental photography?*

*In the practical session you will be able to hone your clinical photography skills and try out a variety of cameras.*



#### Objectives

- *To explain basic photographic principles*
- *To learn how to take clinical photographs*
- *To understand how to use your camera effectively*

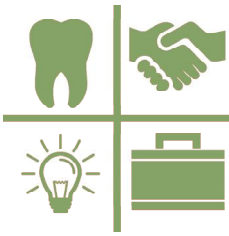
#### Learning outcomes

- *A better understanding of photographic principles and how to apply them*
- *Techniques for improving intraoral photography*
- *Appropriate consent for photography and associated data protection*
- *Improved photographic skills and ability to critique your work*

13.00

Lunch





# Friday 23rd September

Bedford Medical Institute, Bedford

## Afternoon Session

CPD = 3 Hrs

14.00

### Clinical Photography



#### Dr. Peter Cranfield.

Regional Advisor

*Can you believe what you see?*

*Once you have your image, there are tools to manipulate and enhance these in many ways. Processing and preparing an image can turn a shocker into a masterpiece so the skills of photo editing are important to learn.*

*You then need to be able to present your work: to patients, colleagues, for postgraduate education or examinations.*

*In this session you will be developing your presentation skills. You will be using commonly available software to develop a presentation from first principles.*

#### Objectives

- *To explore basic photo editing techniques*
- *To understand basic presentation principles*
- *To produce a Power point presentation*
- *To present to colleagues*

#### Learning outcomes

- *To understand how to enhance and manipulate clinical photographs using photo editing software*
- *To have greater understanding of how to create effective presentations*

#### Venue

Bedford Medical Institute-near A&E  
Bedford General Hospital  
Amphill Road  
Bedford MK42 9DJ

#### Car Parking

Britannia Car park opposite the hospital  
You will need £12 in pound coins for the parking

Bring your camera and a laptop

# Friday 30th September

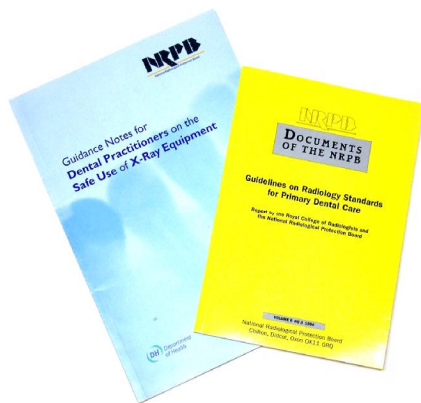
Lister Education Centre, Stevenage



## Morning Session

CPD = 3 Hrs

### 09.30 Radiography in Practice



#### Mr. Jeremy Norris

General Dental Practitioner

*Thousands of radiographs are taken every year in general dental practice. They can be a valuable diagnostic tool but that depends on the quality of the radiograph.*

*How good are your radiographs?*

*How do you audit and critique your own radiographs?*

*What do you need to record in your notes?*

*What are the top practical tips for getting great radiographs every time?*

*What legislation governs our practice and how is this implemented in every day practice?  
What is IRMER and what does a radiation supervisor actually do?*

*What are your CPD requirements as a dental professional?*

#### Objectives

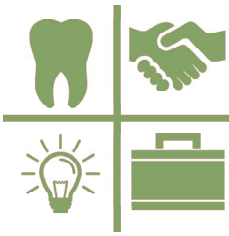
- *To look at the quality of your radiography*
- *To discuss practical methods of taking radiographs and improving quality*
- *To explore the legislative framework and guidance for dental radiography*

#### Learning outcomes

- *Improved ability in practical radiographic techniques*
- *Understanding the importance and relevance of regulations associated with radiographic imaging*
- *A clearer understanding of processing, reporting and storage of radiographs*

13.00

Lunch



# Friday 30th September

Lister Education Centre, Stevenage

## Afternoon Session

CPD = 3 Hrs

14.00

### Managing the acute dental emergency

**Dr. Thomas O'Connor.**

Quality Improvement Fellow. Cambridgeshire Community Services



*Most of the patient you see will be regular attenders at your practice. However, a large number of people are not registered with a general dental practitioner. There are multiple reasons why they may not be able or choose not to access routine care. They may need urgent help.*

*These patients may present in acute pain, with swelling and be systemically ill. On rare occasions the situation may be life threatening. How do you manage this group of patients effectively?*

*What are the challenges? How do you get a good medical history? How do you manage complex medical and drug histories?*

*How good is your pain diagnosis? How do you manage a hot pulp? When do you prescribe antibiotics? When do you refer?*

#### Objectives

- *To identify effective management pathways for patients with an acute dental emergency*
- *To clarify the role and appropriate use of antibiotics and prescribing*
- *To discuss the patient management techniques*
- *To think about the information we give to emergency patients*

#### Learning outcomes

- *Improved pain diagnosis and management of patients*
- *Improved awareness of prescribing protocols and drug interactions*
- *Knowing when and how to refer*



## Morning Session

CPD = 3 Hrs

### 09.30 **Effective team working with your dental nurse**

#### **Dr. Elinor Japp**

Training program Director

*Research shows that the relationship between and FD and their dental nurse will have a significant impact on the learning during DFT. This can be positive or negative, so it is important to lay solid foundations early on in the year.*

*What are your responsibilities towards each other? What is the role of an FD DN and how is this different? How can you optimize your working relationship?*



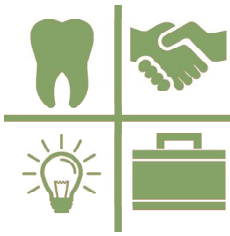
#### **Objectives**

- *To discuss the roles and responsibilities of FDs and DNs*
- *To consider how to build good team working*
- *To explore patient safety issues in dentistry*

#### **Learning outcomes**

- *Understanding of the role of the FD DN*
- *How to create a good working relationship and tackle problems effectively*
- *Understand why errors happen and how to take appropriate action*

**Bring your dental nurse**



# Friday 07th October

Lister Education Centre, Stevenage

## Afternoon Session

CPD = 3 Hrs

14.00

### Safeguarding children and vulnerable adults

**Ms. Rosie Carter.**

Safe CiC



Today we will be looking at how we care for vulnerable groups-child protection issues and safeguarding of vulnerable adults.

In our working lives we regularly see younger patients and have the opportunity to examine them closely. Some will be brought to us with evidence of trauma but what is the difference between accidental and non-accidental injury?

Why is a good history so important and how do we get it?

If we are concerned regarding a child's welfare, what do we do? Who do we call? What responsibilities do we have? What are the signs and how can we spot them?

Some of our older patients may attend with carers and require help with understanding treatment or giving consent.

#### Objectives

- To identify effective management pathways for patients with an acute dental emergency
- To clarify the role and appropriate use of antibiotics and prescribing
- To discuss the patient management techniques
- To think about the information we give to emergency patients

#### Learning outcomes

- Improved understanding of child protection and SOVA issues
- Increased awareness of signs of child abuse: what to look for and how to record your findings
- Knowing when and how to refer
- Knowledge of action pathways and protocols to follow in the event of abuse
- A better understanding of the Mental Capacity Act and its application in practice



## Day Session

CPD = 6 Hrs

### 09.30 Endodontics in practice

**Dr. Shashi Mishra**  
Specialist Endodontist



*This is the first of two hands-on sessions looking at root canal therapy. Endodontic treatment particularly in molar teeth can be very challenging.*

*How do we assess which teeth are likely to be successfully treated and what can we do to make the procedure easier for ourselves and the patient?*

*What should we attempt and when should we refer?*

*Bring examples of cases where you have experienced difficulties.*

*We shall go back to the basics and focus on the preparation and obturation of canals using blocks and extracted teeth.*

#### Objectives

- *To discuss the challenges of endodontics in practice and how to overcome these*
- *To develop your hand filing skills*
- *To explore patient safety issues in dentistry*

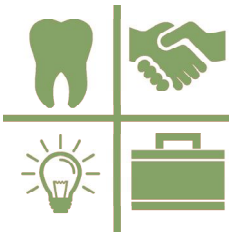
#### Learning outcomes

- *An improved understanding of endodontic principles*
- *A better understanding of how to assess tooth prognosis and suitability for rct*
- *Improved endodontic technique*

#### Things to bring

Extracted teeth set up in plaster or crown putty. At least one single rooted, one premolar and two molar teeth

An example of one or more of your rct cases with radiographs



## Early Stage Review Reports and Interviews

### Preparation



*With the introduction of Satisfactory Completion for Dental Foundation Training there are various points throughout the year where your progress is formally documented.*

*The first point is the Early Stage Review. This is to identify any issues with the practice, the ES/FD relationship, clinical or pastoral concerns.*

*You will have a 20 minute 1:1 interview with the TPD on Friday 21st October. This is your opportunity to share any concerns you may have at this early stage in the year.. Experience shows that problems identified and managed early*

*The discussion with the TPD is confidential and information may only be shared with the consent of the FD.*

#### **Requirements for ESR**

- Your portfolio must be complete
- All DOPs and assessments completed
- Logs– tutorials, study days, reflections, clinical activity and experience completed
- Learning needs identified
- Documents uploaded
- Reports from the FD and ES All information is shared and available to be seen on the portfolio.

**Deadline for report completion: 14/10/2016**

#### **Objectives**

- To discuss your placement
- To evaluate and review your progress
- To identify areas for development
- To ensure a good work-life balance
- To address any concerns you may have

# Friday 21st October

Lister Education Centre, Stevenage



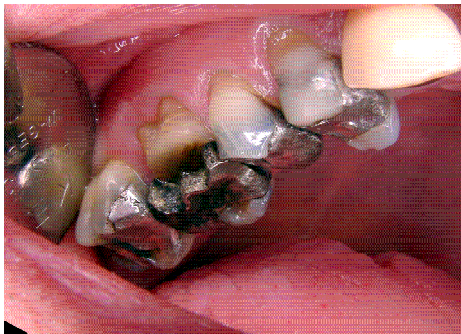
## Morning Session

CPD = 3 Hrs

### 09.30 Treatment planning and ESR Interviews

#### Trainers

Stevenage Scheme



*When our patients seek our advice, we devise treatment plans. These can be very simple or highly complex. So how do we tackle the difficult ones? What do we need to consider? What processes and pathways lead to our conclusions and how do we justify and evidence these?*

*Today you will be working with trainers looking at treatment plans they have carried out. You will be able to discuss the 'hows' and 'whys' of their case management and the success, or otherwise, of the outcomes.*

#### Objectives

- *To explore the principles and practicalities of successful treatment planning*
- *To treatment plan some complex cases*
- *To identify factors affecting treatment planning decisions*
- *To understand the importance of record keeping and consent for treatment planning*

#### Learning outcomes

- *A broader understanding of holistic treatment planning*
- *Better ability to explain treatment plans to patients*
- *Increased confidence in offering a variety of treatment options to patients*

#### ESR Interviews

During the morning session you will have a 1:1 interview with the TPD to discuss your progress to date and any issues you would like to raise.





# Friday 04th November

Basildon Simulation Centre, Basildon



## Morning Session

CPD = 3 Hrs

09.30

### Crowns in general dental practice

**Dr. Glen Taylor**

General Dental Practitioner



*You will have had different amounts of clinical experience both in assessing teeth for crowns and carrying out preparations. How good are your crown preparations?*

*What factors will you need to consider if you are thinking about prescribing a crown?*

*Crown preparation is destructive so how do you decide when to crown? What are the options? How do you decide what type of crown should to use? How do you justify your decision? What are the practical, time and financial implications of your decision and how to you discuss this with the patient?*

*You will think about how to prepare teeth and the stages required in crown production.*

*How do preps need to be modified for different types of crown?*

*What impression materials and techniques give the best results.?*

*How do you temporise successfully?*

*What problems will you encounter and how can you prevent them or manage them?*

Venue  
Basildon Simulation Suite  
Basildon Hospital  
Nethermayne  
SS16 5NL

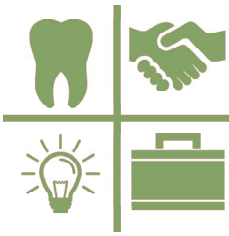
Parking in the multistorey

#### Things to bring

The crown burs you use

Extracted teeth

A study model of one of your own or your Ess crown preps



# Friday 04th November

Lister Education Centre, Stevenage

## Afternoon Session

CPD = 3 Hrs

14.00

### Crowns in general dental practice

**Dr. Glen Taylor**

General Dental Practitioner

*This afternoon you will be looking at more complex post crown preparations.*

*What are the indications, contraindications and alternatives?*

*What are the challenges? How do you prepare a post hole and what systems are available?*

*When should you use a direct or indirect post?*

*What are the risks and benefits? What do you need to discuss with your patient?*

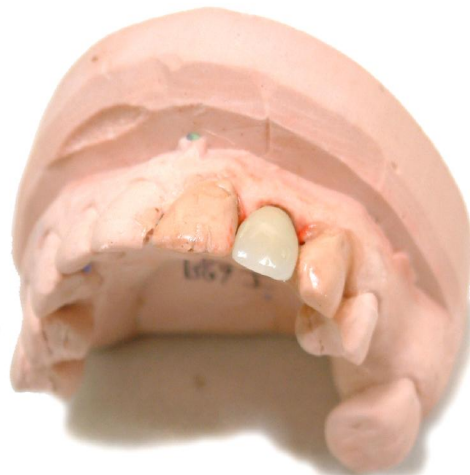


#### Objectives

- *To explore the indications and contra indications for crowns*
- *To understand the rationale of crown prescription*
- *To think about your communication with the technician*
- *To practice some crown preps and evaluate your work*

#### Learning outcomes

- *Better clinical decision making and justification for treatment plans involving crowns*
- *Greater knowledge of types of crowns, impression taking and temporisation techniques*
- *Improved ability to critique your work*
- *Improved quality of communication with your lab and technician*
- *Better treatment options for, and communication with, your patient*



# Monday 07th to Friday 11th November



## Day Session

CPD = 6 Hrs

### 09.30 Communication skills

#### Cascade Theatre Company

- This week is a series of one day presentations by the Cascade Company. This involves all of the seven DFT Schemes in Health Education East of England.
- On each day two or three members of each Scheme will be present at Newmarket.
- You will have the chance to meet and interact with members of the other Schemes in a small group setting.

*Communication is one of our most important tools in general dental practice. We need to know what our patients want, feel, believe, wish for and fear. We need to be able to tell them about our plans, our hopes, our skills and our procedures. Good communication skills can change practising life beyond recognition. Today through the use of drama, Cascade will help us to improve these skills.*

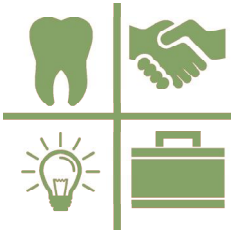
#### Objectives

- *To raise awareness of the importance of communication skills*
- *To look at clinician patient interactions*
- *To identify successful strategies to improve communication*

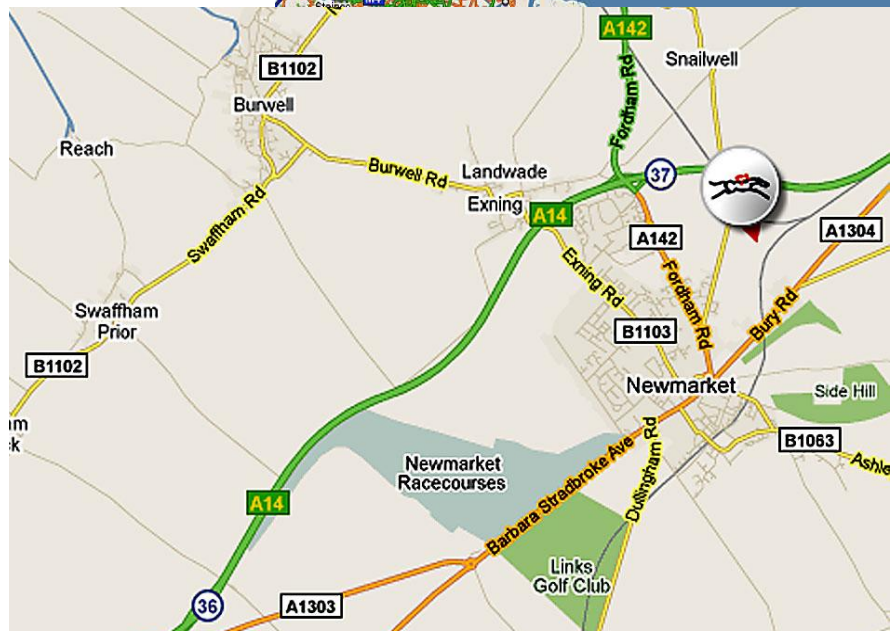
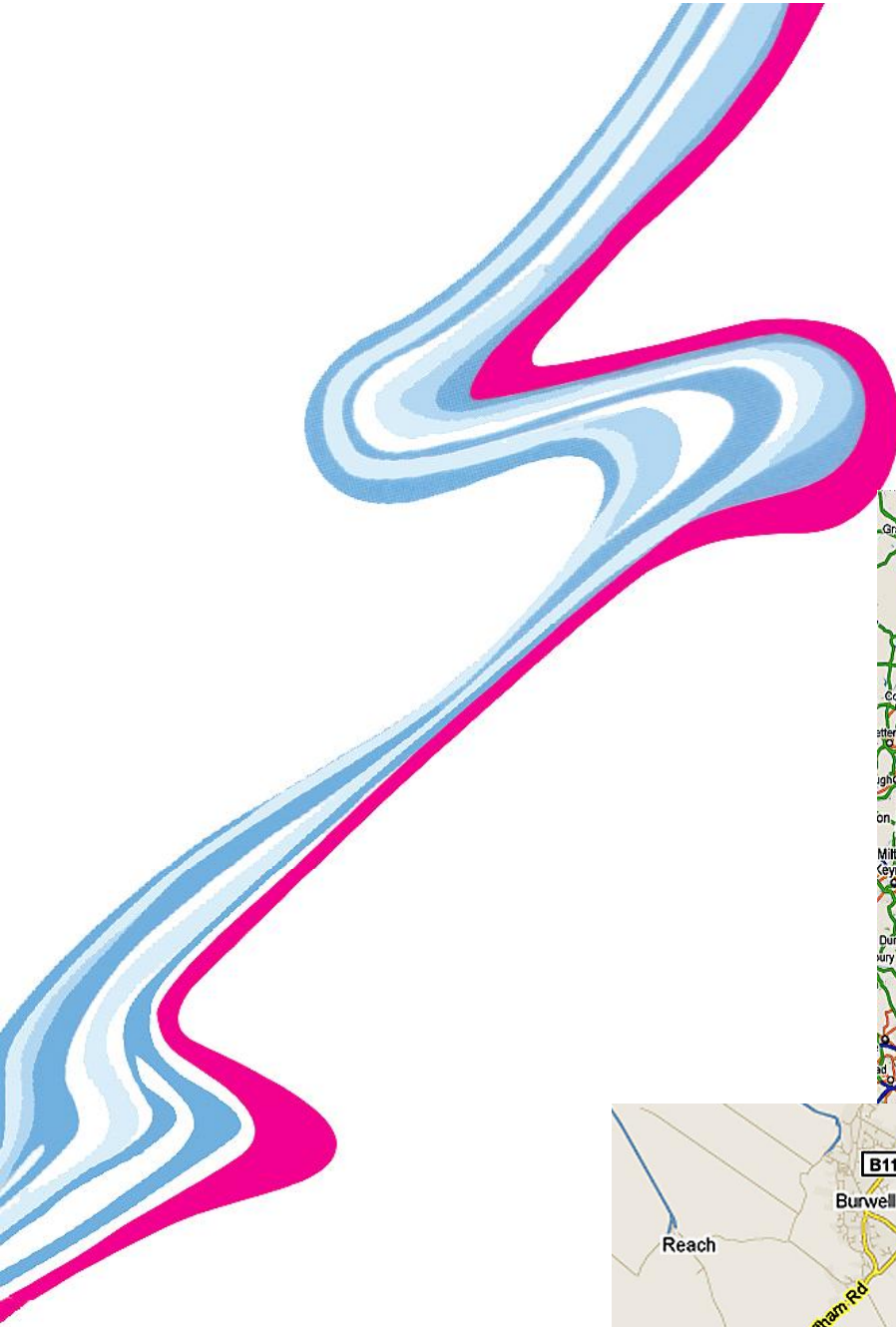
#### Learning Outcomes

- *Greater self awareness*
- *Improved strategies for communicating with vulnerable or difficult groups*
- *Improved conflict resolution*
- *Improved patient communication*

**Cascade**  
THEATRE IN EDUCATION FOR CORNWALL



# British Racing School, Newmarket, Suffolk CB8 7NU



# Friday 18th November

Learning Centre, Peterborough City Hospital



## Morning Session

CPD = 3 Hrs

09.30

### Oral Surgery



#### Wg Cdr Andy Gibbons

Consultant Oral and Maxillofacial Surgeon

*Today you will be thinking about minor oral surgery procedures you can carry out in practice.*

*What makes extractions difficult? How can you identify potential problems and plan to meet unexpected outcomes?*

*What instruments do you use and why?*

*How do you do a surgical extraction? When should you attempt this and when should you refer?*

*You will be working on pig's heads to simulate surgical extractions.*



#### Objectives

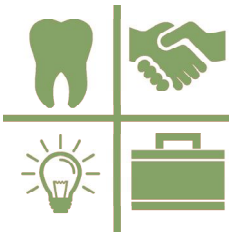
- *To practice raising flaps and surgical removal of teeth*
- *To practice different types of suturing technique*
- *To identify factors affecting treatment planning decisions*
- *To understand the importance of record keeping and consent for treatment planning*

#### Learning outcomes

- *Improved assessment of simple and complex exodontia procedures*
- *Strategies to deal with common complications during exodontia*
- *Increased confidence in surgical extractions*

Venue  
The Learning Centre  
Peterborough City Hospital  
PE3 9 GZ

Things to bring  
Sutures, needle holders, suture scissors.  
Surgical burs you use in practice.



# Friday 18th November

Learning Centre, Peterborough City Hospital

## Afternoon Session

CPD = 3 Hrs

14.00

### Management of facial pain and TMJ disorders

**Wg Cdr Andy Gibbons**

Consultant Oral and Maxillofacial Surgeon

*Many of the patients we see who complain of facial pain will have a dental origin for their complaint. However, we will encounter patients with TMJD, facial pain of non dental origin or atypical facial pain.*



*What is differential diagnosis? How can you manage these patients as effectively as possible. What is the role of the GDP and when should you refer?*

*What causes snoring? Does it matter? Why do some people get so upset about it? What can you do to help?*

#### Objectives

- *To discuss the aetiology and management of TMJD and facial pain*
- *To understand the role of splint therapy*
- *To discuss the management of snoring*
- *To gain insight into a dental career in a military setting*

#### Learning outcomes

- *Improved diagnostic skills for TMJD and facial pain*
- *Understanding the role of the GDP in management of TMJD, facial pain and snoring*
- *To know how and when to refer patients*
- *Knowledge of career opportunities within the military*

Foundation skills submission

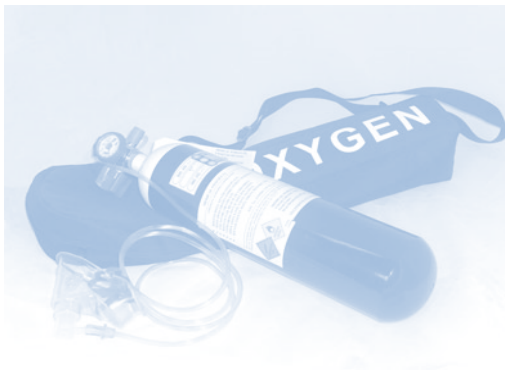


## Morning Session

CPD = 4 Hrs

### 08.45 **Emergencies in general dental practice: Emergency drugs and Basic life support**

#### **A to E training Solutions**



*You will experience medical emergencies during your career. As a professional person, you will be expected and need to know how to manage these situations effectively. However, they are relatively rare so there is significant deskilling and our skills must be regularly reviewed and updated.*

*It is expected that you will carry out BLS and medical emergency training within your practice during the DFT year **in addition** to this training.*

*This session will look at*

- *The types of medical emergencies most frequently encountered in practice*
- *The use of emergency drugs and your practice arrangements*
- *Basic life support*

#### **Objectives**

- *To be up to date with the management of medical emergencies in dental practice*
- *To be competent in BLS*
- *To know how to administer emergency drugs correctly*
- *To understand the role of team working in managing medical emergencies*
- *To understand the importance of record keeping and handover to paramedics*

#### **Learning outcomes**

- *To know current CPR guidelines and be able to perform effective BLS*
- *To know when and how to use emergency drugs correctly*
- *To work effectively as a team in managing medical emergencies*





# Friday 25th November

Lister Education Centre, Stevenage

## Afternoon Session

CPD = 3 Hrs

14.00

### Emergencies in general dental practice: Practical scenarios

#### A to E Training Solutions

*This afternoon we will be putting into practice the work that we completed in the morning session.*

*You will be presented with medical emergency scenarios and be expected to manage the patient and the team to obtain a satisfactory outcome.*

#### Objectives

- *Demonstrate the ability to assess a medical emergency and clear decision making pathways*
- *Demonstrate competency in BLS and managing a medical emergency*
- *Demonstrate effective leadership in a stressful situation*
- *Demonstrate good communication skills*

#### Learning outcomes

- *The ability to assess and manage medical emergencies effectively*
- *How and when to call for support*
- *Knowledge of emergency drugs: the location within your practice, the correct dosage and administration*
- *The importance of teamwork and your level of leadership skills*
- *The importance of accurate record keeping and ability to hand over to paramedics*
- *Insight into your current capabilities and Identify areas for future development*
- *An ability to critique your practice emergency procedures*

# Friday 02nd December

Lister Education Centre, Stevenage



## Morning Session

CPD = 4 Hrs

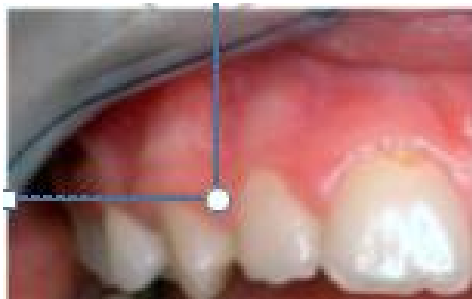
### 09.00 Mini Case Presentations:

#### FDs



*You will be expected to present your work in a variety of ways to different audiences throughout your career. For some of you this will be easy, but for others it will new and be anxiety provoking. The best place to start is with your friends and colleagues.*

*Today you will have the chance to present an interesting case that you have been working on this term. It does not necessarily have to be complete but should demonstrate an variety of disciplines. It should be in powerpoint format. You will be assessed by your peers and some ESS*

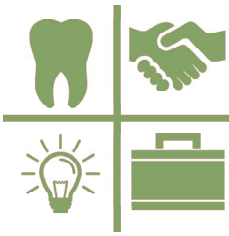


#### Objectives

- *To deliver a case presentation to an audience*
- *To assess your own work and that of your peers*
- *To learn how to give and receive constructive feedback*

#### Learning outcomes

- *Identifying areas to improve your presentation and presentation skills*
- *To know the expected standards for the final DFT case presentation*
- *Improved ability in giving and receiving effective feedback*



# Friday 02nd December

Lister Education Centre, Stevenage

## Afternoon Session

CPD = 2 Hrs

14.00

### The biggest challenge of my professional career

#### Education Supervisors



*All our Educational Supervisors are motivated, successful professional people. How have they got there? Has it all been straightforward plain sailing? What have been the opportunities they have taken and challenges they have had to overcome. This afternoon the ESs will be sharing some of the most pivotal points and challenges of their careers. What can you learn from their experiences? What are the characteristics of successful people? What do you need to aspire to? What is life like after DFT?*

#### Objectives

- *To learn about challenges that occur during professional careers*
- *To explore characteristics that underpin successful professional people*
- *To see different career pathways*
- *To think about work life balance*

#### Learning outcomes

- *Greater understanding of the realities of professional life*
- *Broader knowledge of potential career pathways*
- *The concepts of resilience and how to manage professional challenges effectively*

# PML Evidence

## Sessional Content for e-Portfolio



	Introduction to DFT	Fun with epdp	NHS regulations	Back to basics	Project work	Team building	ESS and FDS	Standards	Ethics in Essex	Clinical photos	Radiography
<b>Professionalism</b>											
Appraisal		✓		✓							
Clinical audit and peer review	✓			✓	✓		✓			✓	✓
Confidentiality	✓	✓			✓		✓	✓	✓		
Ethical behaviour	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Critical evaluation	✓	✓		✓	✓		✓	✓	✓	✓	✓
Decision making	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice	✓		✓						✓		✓
Whistleblowing	✓		✓				✓	✓	✓		
Management of difficult patients											
Patient safety	✓		✓	✓			✓	✓	✓		
Self-awareness	✓	✓	✓	✓	✓		✓				
<b>Professionalism and Management</b>											
Basic Life Support training											
Consent			✓						✓	✓	
Equality & Diversity	✓										
GDC Standards	✓	✓	✓				✓	✓			
NHS complaints procedure			✓					✓	✓		
Referring patients			✓	✓					✓		
<b>Management</b>											
COSHH regulations											
Dental equipment selection, care and maintenance				✓						✓	✓
Data Protection					✓		✓		✓	✓	✓
Employment contracts/associate agreements for dentists											
Employment Law basics											
Finance			✓								
Health & Safety requirements in dentistry				✓							✓
Infection control procedures				✓							
NHS prescribing			✓								
NHS Rules & Regulations in Dentistry			✓	✓					✓		
Prescribing, directing, taking, processing and interpreting radiographs				✓							✓
Range and scope of NHS dental care			✓	✓					✓		
Record keeping	✓	✓	✓	✓				✓	✓	✓	✓
Use of emergency drugs											
Information Governance	✓		✓		✓			✓	✓	✓	✓
Safeguarding Children and Adults											
<b>Leadership</b>											
Facilitating learning in others	✓		✓	✓							
Quality management and improvement			✓	✓	✓						✓
Role model	✓		✓	✓		✓					
Teamwork	✓		✓	✓	✓	✓					



# Calendar 2016 -2017



## 2016

**Friday 2nd September** **First Day of Autumn Term**

**Wednesday 7th September**

**Thursday 8th September**

**Friday 09th September**

**Friday 07th October**

**Fridays 28th October**

**Monday 7th to Friday 11th November**

**Friday 2nd December** **Last Day of Autumn Term**

Study Day at Lister Education Centre.

Back to basics day

Residential—Watford Hilton Hotel

Residential—Watford Hilton Hotel

Study Day with FDs' own dental nurses

No Study Day - FDs work in practice.

Study Day at British School of Racing, Newmarket. Some members of Foundation Training group present each day.

ESs present at Lister from 1.30pm.

## 2017

**5th to 28th January**

Practice Mid Year Visits - dates and time to be arranged.

**Friday 3rd Feb** **First Day of Spring Term**

**Monday 20th-Friday 24th Feb**

**Friday 17th March** **Last day of Spring Term**

Practice Exchange week

ESs at Lister from 1.30pm.

**Friday 5th May** **First Day of Summer Term**

**Thursday 25th to Saturday 27th May**

**Friday 7th July** **Last Day of Summer Term**

Clinical Audit presentations

British Dental Association Conference, Manchester

ESs present all day from 09.30am.