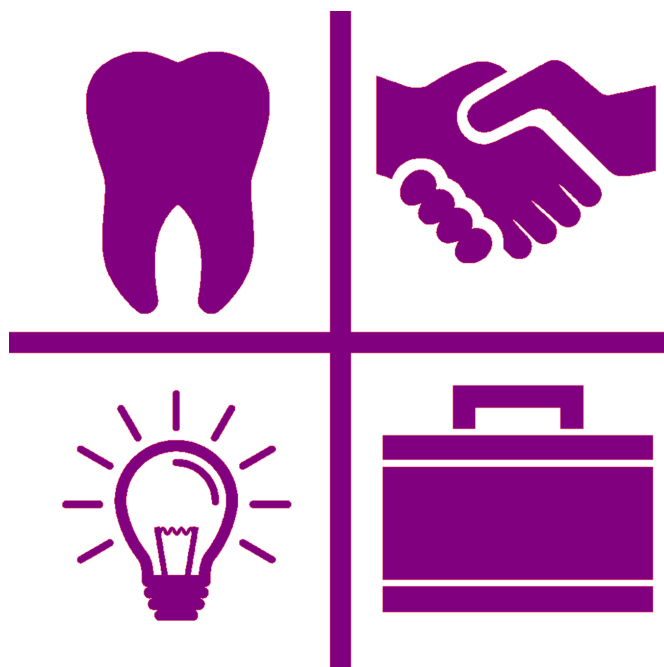


# Peterborough Dental Foundation Training Scheme

Spring Term Programme 2017 - 2018



Developing people  
for health and  
healthcare





# Peterborough Dental Foundation Training Scheme

## Medical and Dental Education

Peterborough City Hospital,  
Dept 401, Edith Cavell Campus,  
Bretton Gate, Peterborough, PE3 9GZ  
☎ 01733 678105

Interim Director of Postgraduate Dentistry

**Maria Ross-Russell**

Postgraduate Dental Tutor

**Mr. Kamlesh Makwana** BDS (Lond) AKC

Postgraduate Centre Manager

**Mrs. Barbara Petrie** BSc(Hons), PGCE

Dental Administrator

**Miss. Anne Rixen**

Regional Advisor Dental Foundation Training

**Dr. Peter Cranfield** PhD, BDS, DIC, DGDP(UK) PgCert

Regional Dental Education Facilitator

**Ms. Liz Hope**

Regional Dental Administrator

**Ms. Pattie Bradshaw**

Training Programme Director  
Peterborough Scheme

**Mr. Uday Patel** BDS LCS RCS, MJDF, Pg Cert Ed,  
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*Programme published by*  
Health Education England—East of England  
2-4 Victoria House, Capital Park,  
Fulbourn, Cambridge. CB21 5XB  
☎ 01223 597768

# Spring Term

## Venues and Subjects



**Friday 26th January**

Endodontics for FDs

*Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital*

**Friday 2nd February**

4 Handed Dentistry

*Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital*

Clinical Audit

*Denis Bracey Room, Learning Centre, Peterborough City Hospital*

**Friday 9th February**

Periodontics

*Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital*

**12th—23 February**

Practice Exchange

**Wednesday 21st February**

Paediatric Dentistry

Careers in the Community Dental Service

You're Hired Finding and Getting the Right Job for You

*Denis Bracey Room, Learning Centre, Peterborough City Hospital*

**Friday 2nd March**

**NO STUDY DAY**

**Friday 9th March**

Occlusion made simple

*Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital*

**Friday 16th March**

Anterior Composites

*Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital*

**Wednesday 21st March**

Crown & Bridge

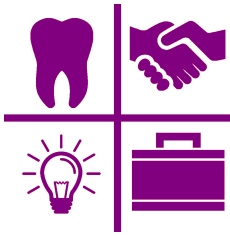
*Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital*

**Friday 23rd March**

Case Based Discussions

Clinical Governance

*Denis Bracey Room, Learning Centre, Peterborough City Hospital*



# Spring Term

## Coursework Deadlines

Audit Presentation	Friday 9th March
Second 12 Foundation Skills Topics Submission	Friday 9th March
Case Presentation Submission	Friday 1st June

## Important Dates

Spring Term Mid Year Practice Visits	2nd—20th January
Wyboston Residential	10th—11th May
BDA Conference	Friday 18th May - Saturday 19th May
Last Study Day	29th June



## Day Session

CPD = 6 Hrs

### 09.30 Endodontics for FDs

**Mr. Shashi Mishra.**  
Specialist Endodontist

*This is a follow up session on the key principles and rationale for endodontic patients for DFTs and a look at Endodontic workflow in General Practice and further review of chemo-mechanical preparation and obturation of the root canal system*

#### Objectives

- *Appreciate the biological rationale underlying root canal treatment and how the treatment process reflects this rationale*
- *Understand the role of instrumentation and decontamination in successful root canal treatment*
- *Understand the difference in efficiency in hand and rotary canal preparation*

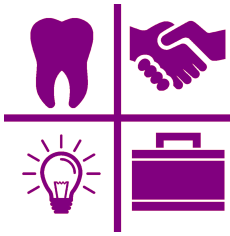
#### Learning outcomes

*At the end of the course it is intended that DFTs will be able to :*

- *Understand the importance of consistent examination, diagnosis and treatment protocols*
- *Understand the importance of efficient endodontic workflow in clinical practice*
- *Be aware of current instruments and materials for chemo-mechanical preparation and then obturation of the root canal system.*

#### Items to bring for this session:

1. Loupes
2. Extracted teeth with access cavities
3. Any cases/Radiographs you wish to discuss



# Friday 2 February

Clinical Skills Laboratory, Learning Centre

## Morning Session

CPD = 3 Hrs

### 09.30 Four Handed Dentistry

#### Preeti Bose

Educational Supervisor & GDP

#### Rachel Welshman

Dental Nurse



*To improve efficiency of working*

*Maintain undisturbed contact and focus on your patient*

*Give your patient the ultimate dental experience*

*Harness good posture for you and your nurse*

*Work with improved vision and less stress*

*Develop nonverbal/verbal communication between dentists and nurse.*

#### Objectives

- *Identify the basic skills of four-handed dentistry*
- *Identify the basic zones of activity*
- *Explain why the concepts of true four-handed dentistry can increase productivity*
- *Identify positive phrases to implement positive attitudes toward change*
- *Understand the most effective ways to deliver dentistry*
- *Understand how the concepts of four handed dentistry and ergonomics can make an improvement in both clinical and business areas of the dental practice*

#### Learning outcomes

- *A deeper understanding of the causes and triggers for both mental and physical stress in dental personnel*
- *Ability to work more efficiently and comfortably improving patient outcome.*
- *Extended duties of the dental nurse to*

# Friday 2 February

Clinical Skills Laboratory, Learning Centre



## Afternoon Session

CPD = 3 Hrs

### 13:30 Clinical Audit Presentations



#### Mr. Uday Patel.

Training Programme Director (TPD)

#### Preeti Bose

Educational Supervisor

*All FDs will have completed their clinical audit in their training practice and this morning will be the presentation day for our group.*

*Every FD must produce a PowerPoint presentation that lasts between 10 minutes. The purpose of undertaking the clinical audit and presentation is for everyone to learn about audits from their own work and also from the work of others. In addition clinical audit is a satisfactory completion requirement for DFT.*

#### Objectives

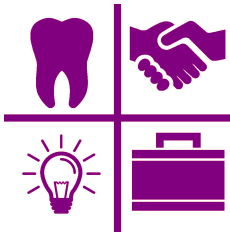
- *Each foundation dentists to complete a clinical audit project in their practice .*

#### Learning outcomes

- *Can show application of the principles of Clinical Audit in Training Practice.*
- *Complete a clinical audit on a topic demonstrating use of this tool to improve the quality of clinical work.*

**Close 16.30**





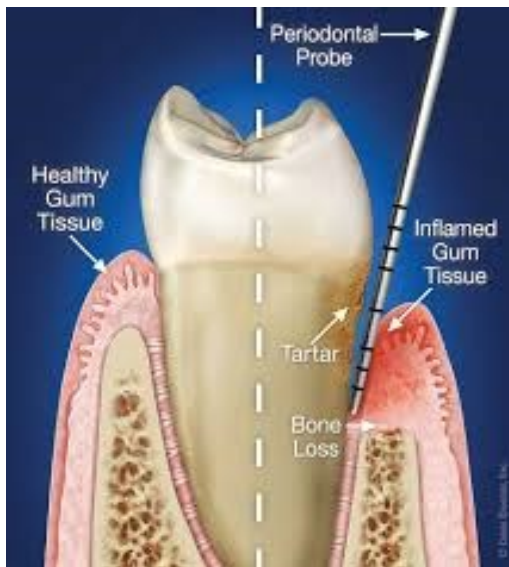
# Friday 9 February

Clinical Skills Laboratory, Learning Centre

## Day Session

CPD = 6 Hrs

09:30 **Periodontics**



**Monica Lee**

Specialist Periodontist

**Raj Wadhvani**

GDP and Educational Supervisor

Periodontal problems are commonly seen in General Practice and to be able to diagnose and treat effectively is important for patients overall oral health this session will look at how periodontal therapy fits into the overall care for our patients.

### Objectives

- *Discuss the diagnosis treatment and management of periodontal disease affecting patients in practice.*

### Learning outcomes

- *Be able to diagnose periodontal conditions and integrate the findings into the patients comprehensive treatment plan*
- *Understand how the periodontal status of the patient will impact on his or her treatment plan.*

**Close 16.30**

# 12—23 February

## Practice Exchange



## 2 sessions

CPD = 3 Hrs each visit

### Practice Exchanges



### FDs & ESs

*As soon as possible, all FDs should involve their own ES and then talk to each other and form groups of three practices. Each FD with their ES will be the host to their Practice at a convenient time of day and date to all concerned.*

*ESs are required to visit one other practice and carry out a Buddy ADEPT for the Host FD.*

*You are advised to allocate two separate days, one when you host visit and another when you visit practices. When hosting, allow the equivalent of 3 hours of your time for this purpose, the rest will be normal clinical hours without the presence of visitors or you may be visiting another practice.*

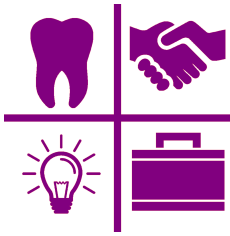
*You will be required to report on the visit you have carried out. Instructions on producing this report will be provided separately to this programme.*

**Full details for practice exchange is provided separate from this programme.**

### Learning outcomes

- *Find out how the practice you visit works differently from yours, and report the differences.*
- *Learn by observing a colleague (FD and their ES) treat their patients. This may be a new technique, style of patient management, communication skill etc.*

1. **Please notify the Dental Administrator of dates prior to the visits.**
2. **All visits to be completed by end February 2018**
3. **Reports must be submitted by Friday 9th March 2018 to the TPD**



# Wednesday 21 February

Denis Bracey Room, Learning Centre

## Afternoon Session

CPD = 4 Hrs

### 13:30 Paediatric Dentistry



#### Julia Hallam-Seagrave.

ES & General Dental Practitioner

*The session will be an interactive exploration of issues regarding paediatric treatment planning.*

#### Objectives

- *There will be a presentation and group discussion on the types of paediatric patients that general practitioners treat in the general practice setting.*

#### Learning outcomes

- *Be able to formulate a treatment plan for paediatric patients*
- *Be able to critically appraise treatment options for paediatric patients*

### 15:30 Careers in the Community Dental Service



#### Kemal Kemal.

ES & General Dental Practitioner

*This part of the afternoon will be devoted to help FDs understand the career possibilities within the Salaried Services.*

#### Objectives

- *To provide information on the various career options open for Foundation Dentists in relation to community dentistry.*

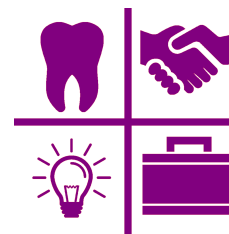
#### Learning outcomes

- *To know about the career options within the Salaried Services*

**Buffet Supper 17:30**

# Wednesday 21 February

Denis Bracey Room, Learning Centre



## Evening Session

CPD = 2 Hrs

18:00

### You're Hired finding and getting the right job for you.....



#### Mr. Jason Stokes

TPD & Dental Tutor Ipswich, &GDP

*This joint FD/Section 63 meeting aims to help delegates to get a foot onto the increasingly slippery job ladder. It will help delegates identify the "right" position – and give them insight into the kind of candidate the employer might be searching for.*

#### Objectives

*This session will:*

- *Provide an overview of the current dental job market.*
- *Examine the changes to the dental job market*
- *Explore the strengths & Weaknesses that each candidate may possess*
- *Assess the strength of job offers & the language used to describe them*
- *Demonstrate strategies to efficiently market yourself*
- *Explore the attributes of an effective team member challenges*

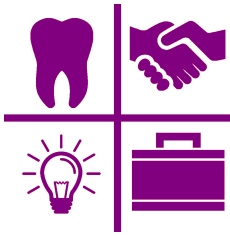
#### Learning outcomes

*On completion of this evening session you will be able to:*

- *Understand the changes to the dental market*
- *Consider your own strengths & weaknesses effectively*
- *Accurately assess the quality of a job offer*
- *Locate job offers before they are advertised conventionally*
- *Apply for the offered roles as effectively as*

Please note:

CPD certificate for this session will be issued on completion of on-line evaluation.



Friday 2 March

## No Day Release Course

Use today is an opportunity for you to work on your portfolio or check out the East of England Intrepid Course Manager to see if there is a course of interest to you.

The screenshot shows the Intrepid Course Manager website. At the top left is the 'Intrepid Course Manager' logo, and at the top right is the 'NHS Health Education East of England' logo. A navigation menu on the left includes 'Home', 'Courses', and 'Previous Page'. Below this is a 'SIGN IN' section with fields for 'Email address:' and 'Password:', a 'sign-in' button, and links for 'Forgotten your password?' and 'Register here'. A disclaimer states: 'Unauthorised access to this system is strictly forbidden. Under the Computer Misuse Act 1990 it is a crime to knowingly access this or any other system or modify its contents without permission.' The main content area features a header: 'This system is designed to allow easy booking and management of Dental Multi-Professional Education' with a 'read more' link. Below this is a photo of people in a classroom. To the right is a 'COURSES BY MONTH' section with a search box and a list of months from March 2016 to February 2017, each with a count of courses. At the bottom left is the 'Hicom' logo, and at the bottom right is a footer with links: 'About Us | Contact Us | FAQs | Terms & Conditions | Cancellation & Refund Policy | Data Protection'. Copyright information reads: 'TXWEB02/2.24a © Hicom Technology 2016'.

# Friday 9 March

Clinical Skills Laboratory, Learning Centre



CPD = 6 Hrs

## 09.30 Occlusion made simple

### FDs will need to bring:

A set of study models of your own personal dental arches cast in White Velmix or Fujirock or any hard die stone—**DENTAL STONE OR PLASTER OF PARIS IS TOO SOFT.**

### You will need to borrow from your Practice:

Millers forceps or locking tweezers

Le Cron carver or large spoon excavator

Lab Coat, wax knife, plaster knife

**PLEASE DO NOT BRING PATIENT STUDY MODELS— THEY MUST BE YOUR OWN TEETH!**

**IF YOU ARRIVE WITHOUT THE ITEMS SPECIFIED YOU MAY NOT BE ABLE TO PARTICIPATE IN THE COURSE**

### Paul Jackson & Saifudin Najefi

GDP

*Mr Najefi has been a ES for the past 18 years. He has lectured on certain topics including Occlusion for more than seven years. He is an examiner for MJDF, ORE and LDSRCS. He is a Clinical Educator at the University of Essex. He is also Director for N.W. Thames division of RCS Eng.*

*Mr Jackson is a Foundation Trainer. He is also a GDC expert witness and has presented on this related topic for over eleven years.*

*To evaluate and analyse the concepts of occlusion. To increase your understanding of the jaw relationships and function.*

*To allow one to identify problems caused by poorly executed treatment.*

*To acquire skills which allow you to recognize and treat TMDS.*

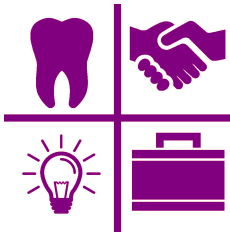
### Objectives

- *To explore the role of occlusion in general practice*
- *To increase your understanding of the jaw relationship - in function*
- *Recognise when alteration in the existing occlusal scheme might be beneficial to case treatment*

### Learning outcomes

- *Better understanding of how occlusion affects treatment planning.*
- *Use of Face bow and Denar semi-adjustable articulator*
- *How to deal with wear cases*
- *To allow one to identify problems by poorly executed treatment*





# Friday 16 March

Clinical Skills Laboratory, Learning Centre

CPD = 6 Hrs

09:30

## Anterior Composites



16:30 Close

### Amiras Chokshi

Educational Supervisor and General Dental Practitioner

*This will be a hands-on session on anterior composite restorations*

*Learn to predictably place composites under rubber dam and learn the theory behind bonding principals, shade taking and achieving accurate aesthetics with the help of natural anatomy.*

#### Objectives

- *Teach the importance of rubber dam and various time saving techniques.*
- *Learn adequate shade taking and theory of bonding and anatomy.*
- *Predictably place anterior and posterior composites.*

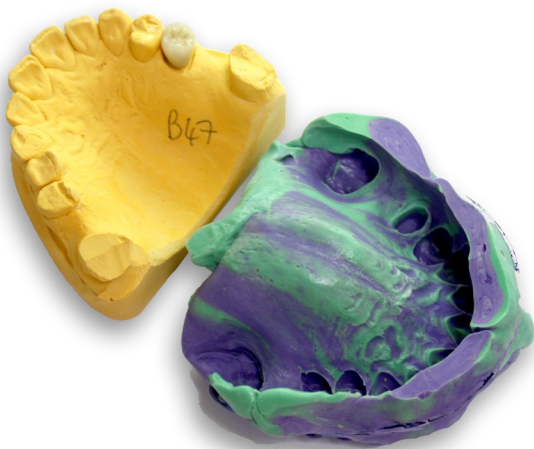
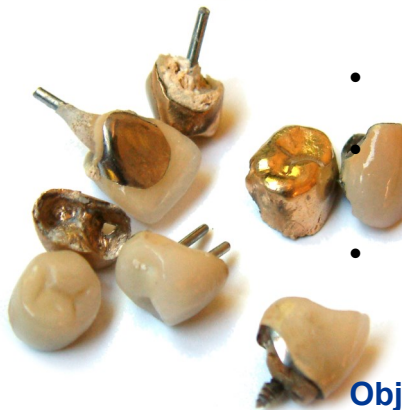
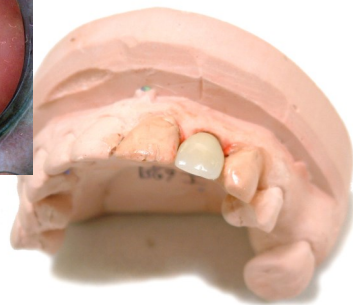
#### Learning outcomes

- *The FDs will be able to improve clinical skills that are required for high quality anterior composites.*
- *Ability to be consistent in placing rubber dam.*



CPD = 6 Hrs

## 09:30 Hands on Restorative Dentistry.



### Mr. Khalid Malik.

Consultant—Restorative Dentistry

Today's hands-on session will cover the following areas :

- reviewing the appropriate indications for full veneer crowns
- understanding the effects of crown preparation of vital teeth
- Understanding the principles of resistance and retention of indirect restorations
- demonstrating and practice the preparation of teeth to receive full coverage crowns
- reviewing the requirements for and purpose of provisional crowns
- demonstrating and practice techniques for making reliable provisional crowns
- understanding how to assess the quality of full veneer crown preparations

### Objectives

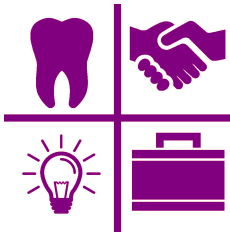
- To provide Foundation Dentists the opportunity to practice Clinical Skills in relation to advanced restorative procedures.

### Learning outcomes

- You will be able to evaluate and prepare teeth requiring advanced restorative treatments.
- By the end of the session delegates should have a better understanding of the fundamentals of restorative dentistry.
- You will know more about how to restore teeth to form, function and appearance using appropriate indirect restorations.

16:30 Close





# Friday 23 March

Denis Bracey Room, Learning Centre

## Morning Session

CPD = 3 Hrs

09:30

### Your case based discussions



#### Selected Educational Supervisors

*This session will involve discussion of real cases from your practice looking at the overall treatment plan and management of your case.*

*Please bring along two of your patient cases that you have completed one which is a complex case and another that would be interesting for discussion and exploring views and opinions within a group format.*



#### Objectives

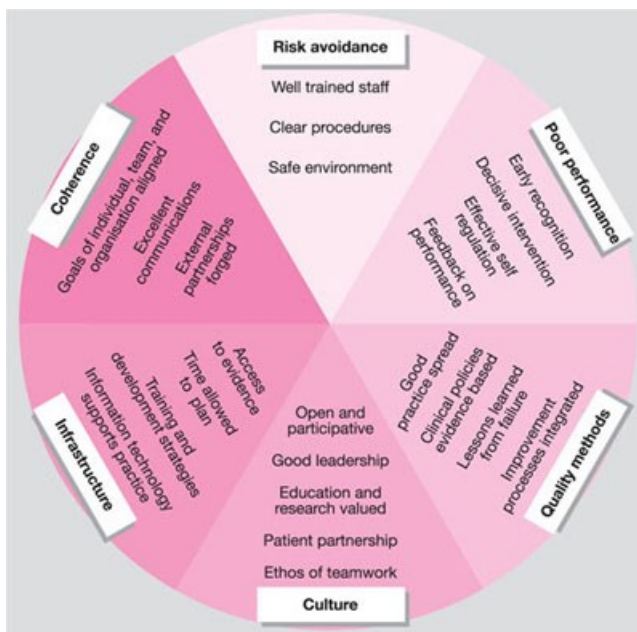
- Discussion of treatment plans and management of complex and interesting cases.

#### Learning outcomes

- Become aware of multiple options available when treating the more complex of our cases.
- Improvement in treatment planning for our patients.

11:00

### Clinical Governance for General Dental Practice



#### Selected Educational Supervisors

*You will be given a Clinical Governance topic to present to the rest of the group. This will be a 10 minute PowerPoint presentation to share how one part of Clinical Governance is undertaken in your practice.*

#### Objectives

- Each FD to present a topic on Clinical Governance

#### Learning outcomes

- Appreciate the importance and significance of Clinical Governance in the Practice.
- Understand Quality Assurance procedures that are implemented in practice.

# Friday 23 March

Denis Bracey Room, Learning Centre



## Afternoon Session

CPD = 3 Hrs

### 13:43 **Review of Second Term and Planning for Satisfactory Completion**



#### All Educational Supervisors

*There will be discussion on a review of the first two terms in practice so that preparation can be made for the final term and completion.*

#### Objectives

- Discussion on practice training matters.

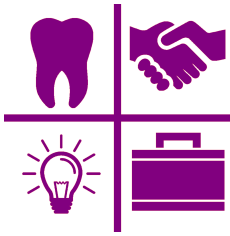
#### Learning outcomes

- To reflect on the delivery of training so far and the outcomes achieved.
- To produce a training plan for the final months ahead.

Preparation for this session will be provided beforehand.

16:30 **Close for FDs**

16:30 **ES Meeting**



# PML Evidence

## Sessional Content for e-Portfolio

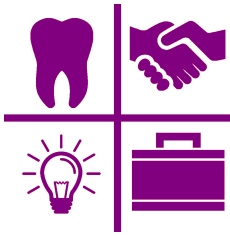
	Endodontics for FDS	4 Handed Dentistry	Clinical Audit	Periodontics	Practice Exchange	Paediatric Dentistry
<b>Professionalism</b>						
Appraisal					✓	
Clinical audit and peer review			✓	✓	✓	
Confidentiality					✓	
Ethical behaviour				✓	✓	✓
Critical evaluation	✓		✓	✓	✓	✓
Decision making	✓	✓	✓	✓	✓	
GDC Scope of Practice	✓	✓	✓	✓	✓	✓
Whistleblowing					✓	
Management of difficult patients					✓	✓
Patient safety		✓			✓	✓
Self-awareness	✓	✓	✓	✓	✓	✓
<b>Professionalism and Management</b>						
Basic Life Support training					✓	
Consent			✓	✓	✓	✓
Equality & Diversity					✓	
GDC Standards	✓	✓	✓	✓	✓	✓
NHS complaints procedure				✓	✓	
Referring patients	✓		✓	✓	✓	✓
<b>Management</b>						
COSHH regulations					✓	
Dental equipment selection, care and maintenance		✓		✓	✓	
Data Protection			✓	✓	✓	✓
Employment contracts/associate agreements for dentists					✓	
Employment Law basics					✓	
Finance					✓	
Health & Safety requirements in dentistry					✓	
Infection control procedures		✓			✓	✓
NHS prescribing			✓	✓	✓	✓
NHS Rules & Regulations in Dentistry					✓	✓
Prescribing, directing, taking, processing and interpreting radiographs					✓	
Range and scope of NHS dental care				✓	✓	✓
Record keeping			✓	✓	✓	✓
Use of emergency drugs					✓	
Information Governance			✓		✓	
Safeguarding Children and Adults					✓	✓
<b>Leadership</b>						
Facilitating learning in others		✓			✓	✓
Quality management and improvement			✓	✓	✓	✓
Role model		✓			✓	✓
Teamwork		✓		✓	✓	✓

# PML Evidence

## Sessional Content for e-Portfolio



	Careers in the Community Dental Service	You're Hired Finding and Getting the Right Job for You	Occlusion made simple	Anterior Composites	Crown & Bridge
<b>Professionalism</b>					
Appraisal					✓
Clinical audit and peer review					✓
Confidentiality		✓			
Ethical behaviour	✓	✓	✓	✓	✓
Critical evaluation	✓		✓	✓	✓
Decision making		✓	✓	✓	✓
GDC Scope of Practice	✓		✓	✓	✓
Whistleblowing					
Management of difficult patients	✓				✓
Patient safety	✓		✓	✓	✓
Self-awareness	✓	✓	✓	✓	✓
<b>Professionalism and Management</b>					
Basic Life Support training					
Consent	✓		✓	✓	✓
Equality & Diversity		✓			
GDC Standards	✓	✓	✓	✓	✓
NHS complaints procedure					
Referring patients	✓		✓	✓	✓
<b>Management</b>					
COSHH regulations					
Dental equipment selection, care and maintenance			✓	✓	✓
Data Protection	✓		✓	✓	
Employment contracts/associate agreements for dentists		✓			
Employment Law basics		✓			
Finance					
Health & Safety requirements in dentistry					
Infection control procedures	✓				
NHS prescribing	✓				✓
NHS Rules & Regulations in Dentistry	✓		✓	✓	✓
Prescribing, directing, taking, processing and interpreting radiographs					✓
Range and scope of NHS dental care	✓				✓
Record keeping	✓				✓
Use of emergency drugs					
Information Governance		✓			
Safeguarding Children and Adults	✓				
<b>Leadership</b>					
Facilitating learning in others	✓				
Quality management and improvement	✓		✓	✓	✓
Role model	✓	✓			
Teamwork	✓	✓	✓	✓	✓



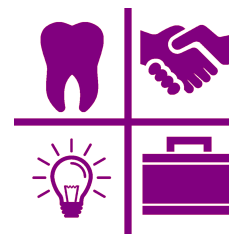
# PML Evidence

## Sessional Content for e-Portfolio

	Clinical Governance	Case Based Discussions
<b>Professionalism</b>		
Appraisal	✓	✓
Clinical audit and peer review	✓	✓
Confidentiality	✓	✓
Ethical behaviour	✓	✓
Critical evaluation	✓	✓
Decision making	✓	✓
GDC Scope of Practice	✓	✓
Whistleblowing	✓	✓
Management of difficult patients	✓	✓
Patient safety	✓	✓
Self-awareness	✓	✓
<b>Professionalism and Management</b>		
Basic Life Support training	✓	✓
Consent	✓	✓
Equality & Diversity <input type="checkbox"/>	✓	✓
GDC Standards	✓	✓
NHS complaints procedure	✓	✓
Referring patients	✓	✓
<b>Management</b>		
COSHH regulations	✓	✓
Dental equipment selection, care and maintenance	✓	✓
Data Protection	✓	✓
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Information Governance	✓	✓
Safeguarding Children and Adults	✓	✓
<b>Leadership</b>		
Facilitating learning in others	✓	✓
Quality management and improvement	✓	✓
Role model	✓	✓
Teamwork	✓	✓

# Speakers

Spring Term 2017—2018



## Mr. Shashi Mishra,

Beechcroft, Gipsy Lane

Knebworth, SG3 6DJ

☎ 01438 813766

Shashi Mishra



## Preeti Bose & Rachel Welshman

Antwerp House Dental Practice, 36 Brookfields,

Cambridge, CB1 3NQ

☎ 01223 247690

Preeti Bose



## Monica Lee

Antwerp House Dental Practice, 36 Brookfields,

Cambridge, CB1 3NQ

☎ 01223 247690

Monica Lee



## Raj Wadhvani

Antwerp House Dental Practice, 36 Brookfields,

Cambridge, CB1 3NQ

☎ 01223 247690

Raj Wadhvani



## Julia Hallam-Seagrave

Peterborough Dental Access Centre,,

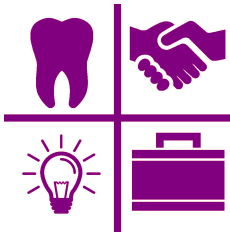
5 Midgate, Peterborough, PE1 1TN

☎ 01733 295854

Julia Hallam-Seagrave







# Speakers

Spring Term 2017—2018



Kemal Can Kemal

## **Kemal Can Kemal**

CCS NHS Trust Dental Service

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Jason stokes

## **Mr. Jason Stokes**

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## **Paul Jackson**

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Amiras Chokshi

## **Amiras Chokshi**

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Khalid Malik

## **Mr. Khalid Malik,**

Department of Restorative Dentistry,

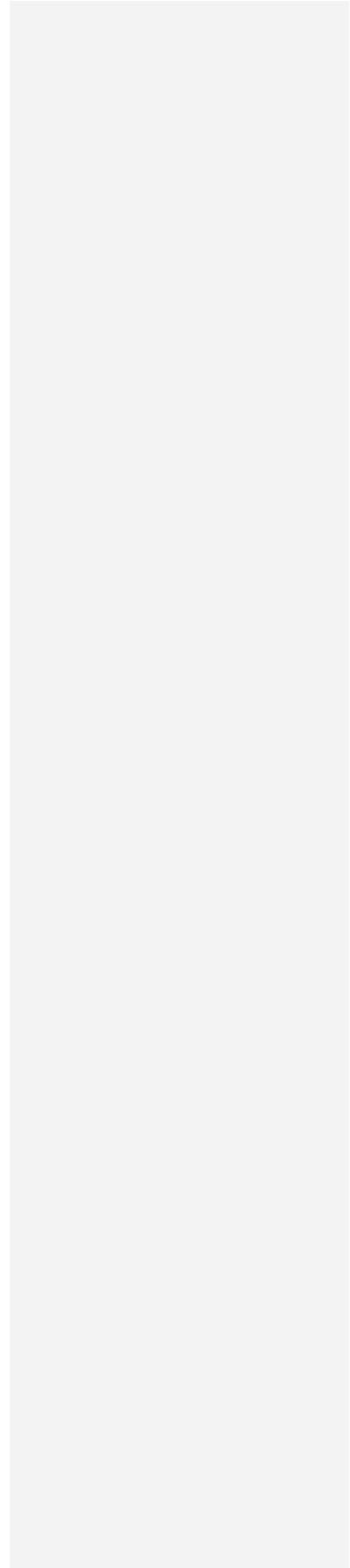
Peterborough City Hospital

Bretton Gate, Peterborough, PE3 9GZ

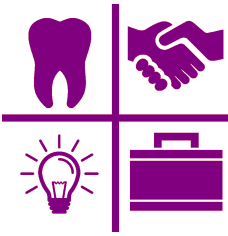
☎ 01733 674000

# Notes

Spring Term 2017—2018

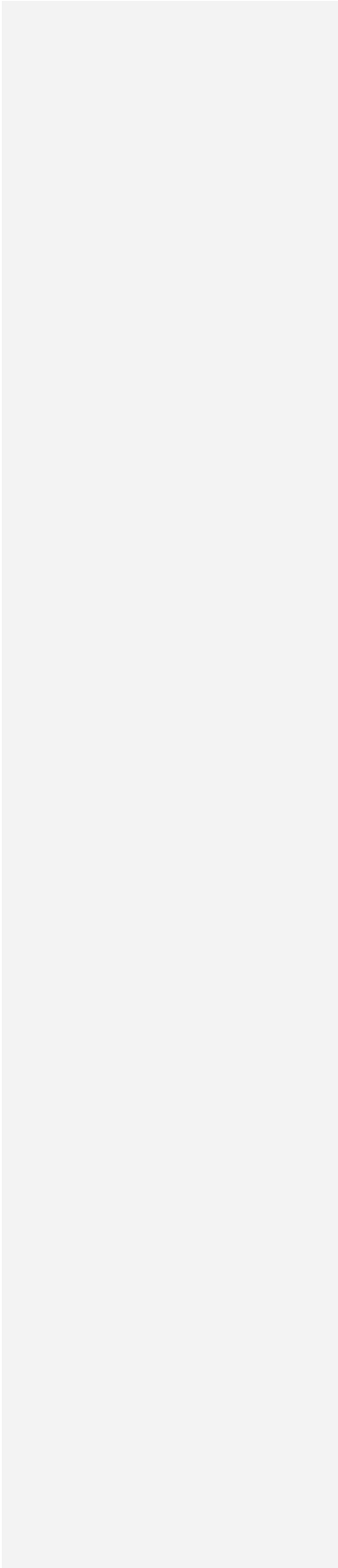






# Notes

Autumn Term 2016 - 2017



# Calendar 2018



## 2018

**2 to 20 January**

**Friday 26 January First Day of Spring Term**

**Friday 23 March Last day of Spring Term**

**Friday 27 April First Day of Summer Term**

**Thursday 10—Friday 11 May**

**Friday 18—Saturday 19 May (Optional)**

**21 or 22 June**

**Friday 29th June Last Day of Summer Term**

Practice Mid Year Visits

ESs at Peterborough City Hospital from 13:45.

Bedford, Peterborough & Stevenage Joint Residential, Wyboston

British Dental Association Conference, Manchester

Bedford, Peterborough & Stevenage Joint Study Day (split into 2 groups)

ESs present from 13:45.