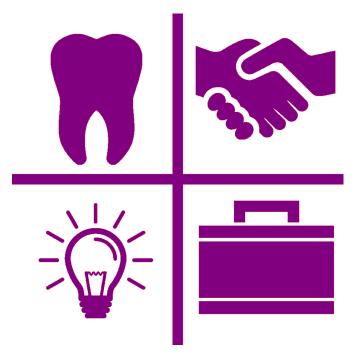


Peterborough Dental Foundation Training Scheme

Spring Term Programme 2016 - 2017





Learning Centre, Peterborough City Hospital

www.hee.nhs.uk



Medical and Dental Education

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Venues and Subjects



Friday 27th January	Clinical Audit Presentations
-	Tooth Wear and Periodontal Disease Management Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital
Friday 3rd February	Hands-on Endodontics
	Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital
Wednesday 8th February	Hands on Restorative Dentistry
	Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital
	You're Hired finding and getting the right job for you Denis Bracey Room, Learning Centre, Peterborough City Hospital
Friday 10th February	BDA Careers Day
•	America Square, London
13th—17th February	Practice Exchange
Friday 24th February	Paediatric Dentistry
	Careers in the Community Dental Service
	Orthodontic Treatment Referrals Room 1, Learning Centre, Peterborough City Hospital
Friday 3rd March	Four Handed Dentistry
	Recording the occlusion using a facebow and functional articulator.
•	Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital
Friday 10th March	Prevention of Back Problems for Dentists Denis Bracey Room, Learning Centre, Peterborough City Hospital
	Prosthetic Considerations
	Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital
Friday 17th March	Anterior Composites
	Foundation Skills Assessment Denis Bracey Room, Learning Centre, Peterborough City Hospital



Spring Term

Coursework Deadlines

Audit Presentation	Friday 27th January
Second 12 Foundation Skills Topics Submission	Friday 3rd March
Case Presentation Submission	Friday 19th May
Important Dates	
Spring Term Mid Year Practice Visits	2nd—20th January
Wyboston Residential	11th—12th May
BDA Conference	Thursday 25th May - Saturday 27th May
Last Study Day	7th July

Friday 27 January

Clinical Skills Laboratory, Learning Centre

Morning Session

CPD = 3 Hrs

09.30 Clinical Audit Presentations



Mr. Uday Patel.

Training Programme Director (TPD)

Preeti Bose

Educational Supervisor

All FDs will have completed their clinical audit in their training practice and this morning will be the presentation day for our group.

Every FD must produce a PowerPoint presentation that lasts between 10-12 minutes. The purpose of undertaking the clinical audit and presentation is for everyone to learn about audits from their own work and also from the work of others. In addition clinical audit is a satisfactory completion requirement for DFT.

Objectives

• Each foundation dentists to complete a clinical audit project in their practice .

Learning outcomes

- Can show application of the principles of Clinical Audit in Training Practice.
- Complete a clinical audit on a topic demonstrating use of this tool to improve the quality of clinical work.

12.30 Lunch



Friday 27 January

Clinical Skills Laboratory, Learning Centre

Afternoon Session

CPD = 3 Hrs

14:00 Tooth Wear and Periodontal Disease

Paula Reid.

Gsk

This will be a session talking about the various options for managing tooth wear and periodontal gum disease.

Objectives

• To cover the full range of products available to help manage tooth wear and help control periodontal gum disease.

- To know about the aetiology of tooth wear, know about the risks and patient management.
- To be aware of signs and symptoms of periodontal gum disease, describe the aetiology and be able to identify and manage periodontal disease for general practice.





Friday 3 February

Clinical Skills Laboratory, Learning Centre



Day Session

CPD = 6 Hrs

09.30 Endodontics for FDs



This is a follow up session on the key principles and rationale for endodontic patients for DFTs and a look at Endodontic workflow in General Practice and further review of chemomechanical preparation and obturation of the root canal system

Objectives

- Appreciate the biological rationale underlying root canal treatment and how the treatment process reflects this rationale
- Understand the role of instrumentation and decontamination in successful root canal treatment
- Understand the difference in efficiency in hand and rotary canal preparation

Learning outcomes

At the end of the course it is intended that DFTs will be able to :

- Understand the importance of consistent examination, diagnosis and treatment protocols
- Understand the importance of efficient endodontic workflow in clinical practice
- Be aware of current instruments and materials for chemo-mechanical preparation and then obturation of the root canal system.



- 1. Loupes
- 2. Extracted teeth with access cavities
- 3. Any cases/Radiographs you wish to discuss



Wednesday 8 February

Clinical Skills Laboratory, Learning Centre

Day Session

CPD = 6 Hrs

10:00 Hands on Restorative Dentistry.



Mr. Khalid Malik.

Consultant—Restorative Dentistry

Today's hands-on session will cover the following areas :

- reviewing the appropriate indications for full veneer crowns
- understanding the effects of crown preparation of vital teeth
- Understanding the principles of resistance and retention of indirect restorations
- demonstrating and practice the preparation of teeth to receive full coverage crowns
- reviewing the requirements for and purpose of provisional crowns
 - demonstrating and practice techniques for making reliable provisional crowns
- understanding how to assess the quality of full veneer crown preparations

Objectives

• To provide Foundation Dentists the opportunity to practice Clinical Skills in relation to advanced restorative procedures.

- You will be able to evaluate and prepare teeth requiring advanced restorative treatments.
- By the end of the session delegates should have a better understanding of the fundamentals of restorative dentistry.
- You will know more about how to restore teeth to form, function and appearance using appropriate indirect restorations.



Wednesday 8 February

Denis Bracey Room, Learning Centre



Evening Session

CPD = 2 Hrs

18:00 You're Hired finding and getting the right job for you.....

Mr. Jason Stokes TPD & Dental Tutor Ipswich, &GDP

This joint FD/Section 63 meeting aims to help delegates to get a foot onto the increasingly slippery job ladder. It will help delegates identify the "right" position – and give them insight into the kind of candidate the employer might be searching for.

Objectives

This session will:

- Provide an overview of the current dental job market.
- Examine the changes to the dental job market
- Explore the strengths & Weaknesses that each candidate may possess
- Assess the strength of job offers & the language used to describe them
- Demonstrate strategies to efficiently market yourself
- Explore the attributes of an effective team member challenges

Learning outcomes

On completion of this evening session you will be able to:

- Understand the changes to the dental market
- Consider your own strengths & weaknesses
 effectively
- Accurately assess the quality of a job offer
- Locate job offers before they are advertised conventionally
- Apply for the offered roles as effectively as possible
- Understand the attributes that a good long term team member should possess

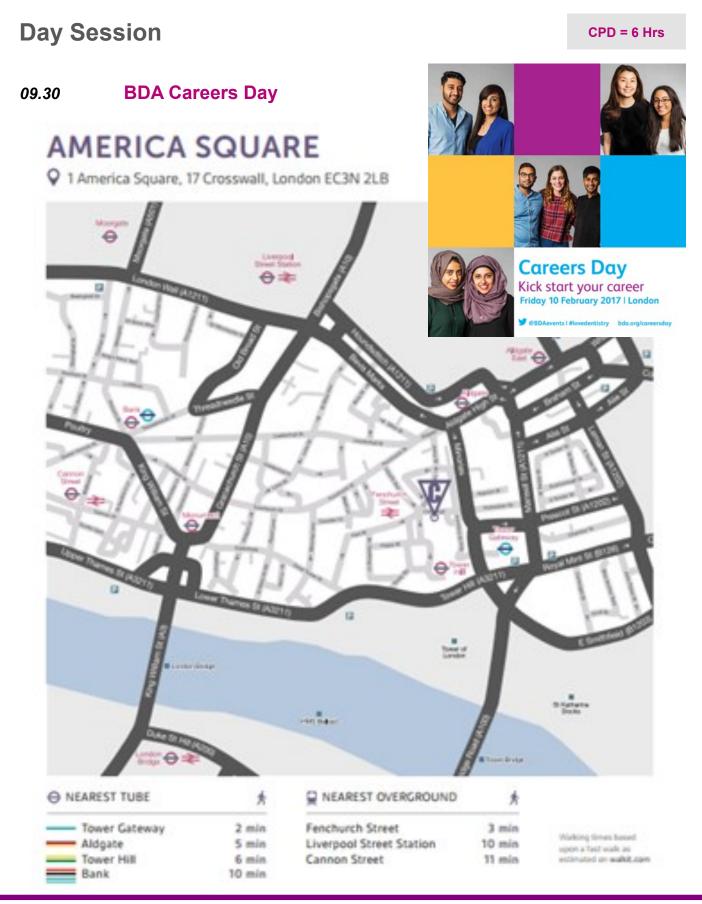
Please note:

CPD certificate for this session will be issued on completion of on-line evaluation.



Friday 10 February

America Square, London



Friday 10 February

America Square, London



09:30 - 09:35 INTRODUCTI	ON AND WELCOME (Albert Leun	g, Acting Head of CPD, UCL I	astman Dental Institute)
	PERSONAL SUCCESS: PURPOS ional Speaker, Behavioural Char		
10:30 - 11:00 MY CAREER I	DEVELOPMENT PATH (Milad She	adrooh, GDP, Hampshire)	
11:00 - 11:30 MORNING	REFRESHMENTS AND EXHIBIT	ION TIME	
11:30 - 12:30 MORNING	PARALLEL SESSIONS		
Room 1: Ludgate	Room 2: Aldgate	Room 3: Fleet	Room 4: Walbrook
Getting the job (Janine Brooks)	Specialist pathways (James Ban, Edmund Bailey,	Balancing NHS and private practice	Working in the CDS (Charlotte Waite)
	Anshu Sood & Priya Thakra)		Communication with children and parents – paediatric dentistry (Paul Ashley)
12:30 – 13:45 LUNCH ANI	D EXHIBITION TIME		
13:45 - 14:45 AFTERNOO	N PARALLEL SESSIONS		
Room 1: Ludgate	Room 2: Aldgate	Room 3: Fleet	Room 4: Walbrook
Getting the job (Repeat)	Specialist pathways (Repeat)	Working abroad (Karina Patel)	A portfolio career (Sami Stagnell, Johanna
		Volunteering (Janine Brooks)	Bryant & Thomas O'Connor)
14:45 – 15:15 REFRESHM	ENTS AND EXHIBITION TIME		
15:15 - 15:45 FINAL PAR/	ALLEL SESSIONS		
Room 1: Ludgate	Room 2: Aldgate	Room 3: Fleet	Room 4: Walbrook
CPD PDPs – plan to succeed (Janine Brooks)	The only way is ethics (Thomas O'Connor)	Working for a corporate (Andy White)	Financing a course
16:00 - 16:30 AFTERNOO	N PLENARY SESSION	8.4	
Room 1: Ludgate			



13—17 February

Practice Exchange

2 sessions

CPD = 3 Hrs each visit

Practice Exchanges



- 1. Please notify the Dental Administrator of dates prior to the visits.
- 2. All visits to be completed by end February 2017
- 3. Reports must be submitted by Friday 3rd March 2017 to the TPD

Host FD	Visiting FDs
1	2 & 3
2	1&3
3	1 & 2

FDs & ESs

As soon as possible, all FDs should involve their own ES and then talk to each other and form groups of three. Each FD with their ES will be the host to their Practice at a convenient time of day and date to all concerned.

ESs are required to visit one other practice and carry out a Buddy ADEPT for the Host FD.

You are advised to allocate three separate days, one when you as the FD host and another two when you visit. When hosting, allow the equivalent of 3—5 hours of your time for this purpose, the rest will be normal clinical hours without the presence of visitors.

When visiting, factors such as the travel time required should be taken into consideration. I would therefore suggest visiting FDs who are going to be present for half a day may be best advised not to return to their own practice to treat patients if time does not allow. In summary, visits take place over three separate days. Host FDs continue to treat patients, whilst visiting FDs require travel considerations.

You will be required to report on the visit you have carried out. Instructions on producing this report will be provided separately to this programme.

- Find out how the practice you visit works differently from yours, and report the differences.
- Learn by observing a colleague (FD and their ES) treat their patients. This may be a new technique, style of patient management, communication skill etc.

Friday 24 February

Room 1, Learning Centre



Morning Session

CPD = 3 Hrs

09.30 Paediatric Dentistry



Julia Hallam-Seagrave.

ES & General Dental Practitioner

The session will be an interactive exploration of issues regarding paediatric treatment planning.

Objectives

• There will be a presentation and group discussion on the types of paediatric patients that general practitiones treat in the general practice setting.

Learning outcomes

- Be able to formulate a treatment plan for paediatric patients
- Be able to critically appraise treatment options for paediatric patients

11.15 Careers in the Community Dental Service

Maria Ross-Russell.

ES & General Dental Practitioner

This part of the afternoon will be devoted to help FDs understand the career possibilities within the Salaried Services.

Objectives

• To provide information on the various career options open for Foundation Dentists in relation to community dentistry.

Learning outcomes

• To know about the career options within the Salaried Services





Friday 24 February

Room 1, Learning Centre

Afternoon Session

CPD = 3 Hrs

13.30 Orthodontic Treatment Referrals



Mr Mark Bainbridge. Consultant Orthodontist

Consultant Orthodontist

The session will cover basic examination and diagnosis of the orthodontic patient, how to recognise when referral to an Orthodontic Specialist is warranted, the difference between Specialist Orthodontic Practice and the Hospital Orthodontic Service and the cases suitable to be referred to each, and an introduction to the Orthodontic Indices to ensure appropriate referral and concise transfer of information.

Objectives

- How to assess an orthodontic patient in a logical, systematic manner
- Illustrate the use of orthodontic indices to assist the transfer of information
- Examples of cases treated in Specialist Practices and Hospital Departments.

- Recognise patients requiring orthodontic referral.
- Accurately assess and record the most important aspects of a malocclusion concisely
- Differentiate cases requiring referral to Specialist Practice and Hospital.

Friday 3 March

Clinical Skills Laboratory, Learning Centre

CPD = 4.5 Hrs

Morning Session

09.30 Four Handed Dentistry



Preeti Bose

Educational Supervisor & GDP

Rachel Welshman

To improve efficiency of working

Maintain undisturbed contact and focus on your patient

Give your patient the ultimate dental experience

Harness good posture for you and your nurse Work with improved vision and less stress

Develop nonverbal/verbal communication between dentists and nurse.

Objectives

- Identify the basic skills of four-handed dentistry
- Identify the basic zones of activity
- Explain why the concepts of true four-handed dentistry can increase productivity
- Identify positive phrases to implement positive attitudes toward change
- Understand the most effective ways to deliver dentistry
- Understand how the concepts of four handed dentistry and ergonomics can make an improvement in both clinical and business areas of the dental practice

- A deeper understanding of the causes and triggers for both mental and physical stress in dental personnel
- Ability to work more efficiently and comfortably improving patient outcome.
- Extended duties of the dental nurse to improve job satisfaction and reducing tensions in the surgery environment.



Friday 3 March

Clinical Skills Laboratory, Learning Centre

Afternoon Session

CPD = 1.5 Hrs

15:00 Recording the occlusion using a facebow and functional articulator

Robert Horseman

Educational Supervisor & GDP

To understand when the recording of the occlusion using a facebow is required and why we need it.

Learning outcomes

 Learn how to record the occlusion using a facebow, and how to translate that record to a functional articulator.



Friday 10 March

Denis Bracey Room, Learning Centre



Morning Session

CPD = 3 Hrs

Prevention of Back Problems for Dentists 09.30



Mr Craig Hendy. Clinical Specialist Physiotherapist

It is not uncommon for Dentists to suffer muscular-skeletal problems particularly back issues.

This morning will be very much about how to prevent these issues occurring in the first place.

This session will be provided by a physiotherapist from Peterborough City Hospital.

Objectives

To demonstrate and instruct on numerous exercises suitable for dentists.

Learning outcomes

The FD will know about the different forms of exercises that can help prevent back problems for the future.





Friday 10 March

Clinical Skills Laboratory, Learning Centre

Afternoon Session

CPD = 3 Hrs

13.00 Prosthetic Considerations



Mr. Kevin Chau.

General Dental Practitioner and University Lecturer

Prosthetic work in general practice can prove very difficult for some people. The range of denture problems that may be encountered is enormous, and much patience and skill is demanded. There is no doubt that experience does help enormously, but nevertheless, there are many techniques that can be used in practice that are rarely discussed within Dental School. Rebuildina and refurbishing of existing dentures is sometimes the only way forward for some patients, yet the techniques to do this need good learned. Likewise. to be communication with the dental Technician is an essential part of the process.

Objectives

 The session aims to cover some of the common prosthetic difficulties covered in practice.

- You will be able to gather relevant information and formulate a diagnosis, prognosis and treatment plan for patients requiring removable prosthodontic treatment.
- You will be able to evaluate residual ridges and abutment teeth to support and retain removable prosthodontic appliance.

Friday 17 March

Clinical Skills Laboratory, Learning Centre



Morning Session

CPD = 3 Hrs

09:30

Anterior Composites



Amiras Chokshi

Educational Supervisor and General Dental Practioner

Shivam Patel

General Dental Practitioner

This will be a hands-on session on anterior composite restorations further details will be provided nearer to the time.

Objectives

- Science of composites basic theory and relevance to real life situations Colour and Shade taking how to predictable take an accurate shade Rubber Dam why use it
- Bonding bonding procedure Instruments which instruments to use Natural Layer techniques - stages involved in constructing the tooth using putty index Anatomy - key features
- Finishing and Polishing stages involved

Learning outcomes

• The FDs will be able to improve clinical skills that are required for high quality anterior composites.



Friday 17 March

Denis Bracey Room, Learning Centre

Afternoon Session

CPD = 3 Hrs

14.00 Foundation Assessment.



All Educational Supervisors

This is a chance for us to look closely at the foundation skills portfolios we have produced during this term and have them carefully assessed by the ESs. This process gives validity to our work and is an important part of demonstrating satisfactory completion of the Training year.

This will be a practical peer review session involving everyone in the process.

Objectives

• To provide feedback on the Foundation Skills Project work completed by the FDs with a view to improvements.

Learning outcomes

 Satisfactory completion of Foundation skills project demonstrating competencies in a variety of professionalism, management and leadership elements of the curriculum.

All Educational Supervisors

There will be discussion on a review of the first 6 months in practice so that preparation can be made for the final 6 months.

Objectives

• Exercises to discuss FDs progress.

Learning outcomes

- To reflect on the delivery of training so far and the outcomes achieved.
- To produce a training plan for the months ahead.

Review of Second Term.

PML Evidence

Sessional	Content	for	e-Portfolio
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	Clinical Audit Presentations	Tooth Wear and Periodontal Disease	Endodontics for FDs	Hands on Restorative Dentistry	You're Hired	BDA Careers Day
Professionalism						
Appraisal					✓	✓
Clinical audit and peer review	√					
Confidentiality						
Ethical behaviour				✓	✓	✓
Critical evaluation	✓			✓		
Decision making	√			✓		
GDC Scope of Practice					✓	✓
Whistleblowing						
Management of difficult patients						
Patient safety	✓					
Self-awareness	√					
Professionalism and Management						
Basic Life Support training						
Consent				√		
Equality & Diversity					~	 ✓
GDC Standards	✓			√		
NHS complaints procedure	•			•		
Referring patients				✓		
Management				•		
COSHH regulations						
				✓		
Dental equipment selection, care and maintenance Data Protection	✓			•		
	•				~	
Employment contracts/associate agreements for dentists Employment Law basics					•	
					· ~	•
Finance					•	•
Health & Safety requirements in dentistry						
Infection control procedures	✓	✓				
NHS prescribing	•	•				
NHS Rules & Regulations in Dentistry	✓					
Prescribing, directing, taking, processing and interpreting radiographs	•					
Range and scope of NHS dental care	✓					
Record keeping	v					
Use of emergency drugs Information Governance	✓					
	v					
Safeguarding Children and Adults						
Leadership						
Facilitating learning in others	✓					
Quality management and improvement	v					
Role model						
Teamwork						



PML Evidence

Sessional Content for e-Portfolio

	Practice Exchange	Paediatric Dentistry	Careers in the Community Dental Service	Orthodontic Treatment Referrals	Four Handed	Recording the Occlusion
Professionalism						
Appraisal						
Clinical audit and peer review						
Confidentiality						
Ethical behaviour	√				\checkmark	
Critical evaluation	√			✓		✓
Decision making	√			✓	\checkmark	✓
GDC Scope of Practice	√	✓	✓	✓		
Whistleblowing						
Management of difficult patients		✓	✓		\checkmark	
Patient safety		✓	✓		\checkmark	
Self-awareness	√			✓	\checkmark	
Professionalism and Management						
Basic Life Support training						
Consent				\checkmark	✓	
Equality & Diversity						
GDC Standards	√			✓		
NHS complaints procedure						
Referring patients	√	✓	\checkmark	✓		
Management						
COSHH regulations						
Dental equipment selection, care and maintenance	√				\checkmark	✓
Data Protection						
Employment contracts/associate agreements for dentists			√			
Employment Law basics			✓			
Finance						
Health & Safety requirements in dentistry	√				✓	
Infection control procedures	√				\checkmark	
NHS prescribing						
NHS Rules & Regulations in Dentistry	√					
Prescribing, directing, taking, processing and interpreting radiographs						
Range and scope of NHS dental care						
Record keeping	\checkmark			\checkmark	\checkmark	\checkmark
Use of emergency drugs						
Information Governance	√					
Safeguarding Children and Adults		~	~	√		
Leadership						
Facilitating learning in others	√				✓	
Quality management and improvement	\checkmark				\checkmark	
Role model	~				✓	
Teamwork	·	~	~	~	· ·	✓
	•		·			

PML Evidence



Professionalism Appraisal Confidentiality Confidentiality Ethical behaviour V Cindidentiality V V V Ethical behaviour V V V V Decision making V		Prevention of Back Problems for	Prosthetic Considerations	Anterior Composites	Foundation Assessment
Clinical audit and peer review / Confidentiality / Ethical behaviour / / Confider evaluation / / Decision making / / / GDC Scope of Practice / / / Whistlebiowing / / / Management of difficult patients / / / Patient safety / / / / Self-awareness / / / / Professionalism and Management / / / / Eduality & Diversity / / / / / Costandards / / / / / / NHS complaits procedure / / / / / / Employment selection, care and maintenance / / / / / / Employment Law basics / / / / / / / Employment Law basics / / / /	Professionalism				
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Critical evaluation / / / / / / / / / / / / / / / / / / /					\checkmark
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Speakers

Autumn Term 2016 - 2017

Paula Reid

GSK, 980 Great West Road, Brentford, Middlesex, TW8 9GS ☎ 07747 020193

Mr. Shashi Mishra,

Beechcroft, Gipsy Lane Knebworth, SG3 6DJ 201438 813766

Mr. Khalid Malik,

Department of Restorative Dentistry, Peterborough City Hospital Bretton Gate, Peterborough, PE3 9GZ 201733 674000

Mr. Jason Stokes

The Cathedral Street Dental Practice 10-12 Cathedral Street, Norwich, NR1 1LX 201603 628963

British Dental Association,

64 Wimpole Street, London. W1M 8AL ☎ 020 7935 0875

Julia Hallam-Seagrave

Peterborough Dental Access Centre,, 5 Midgate, Peterborough, PE1 1TN 295854

Maria Ross-Russell

CCS NHS Trust Dental Service Brookfields Dental Clinic, Seymour Street, Cambridge, CB1 3DQ 201223 723093











Julia Hallam-Seagrave

Maria Ross-Russell



Peterborough Dental Foundation Training Scheme – Spring Term 2016 – 2017

Speakers

Autumn Term 2016 - 2017

Mark Bainbridge

Peterborough City Hospital, Edith Cavell Campus Bretton Gate, Bretton, Peterborough, PE3 9GZ 1733 67000

Preeti Bose & Rachel Welshman

Antwerp House Dental Practice, 36 Brookfields, Cambridge, CB1 3NQ 1223 247690

Robert Horseman

10 Station Road, St Ives, Huntingdon, PE27 5BH ☎ 01480 469100

Craig Hendy

Peterborough City Hospital, Edith Cavell Campus Bretton Gate, Bretton, Peterborough, PE3 9GZ 1733 67000

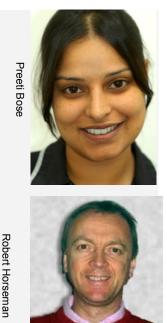
Kevin Chau

Ashwell Dental Surgery, 44 High Street, Ashwell Herts. 2 01462 742353

Amiras Chokshi

Littleport Dental Surgery, 11 Granby Road Littleport, Ely, CB6 1NE 2 01353 863005





Kevin Chau



Amiras Chokshi





Notes

Autumn Term 2016 - 2017

Calendar 2017



2017

4th to 28th January Friday 29th January First Day of Spring Term Friday 11th March Last day of Spring Term

Friday 29th April First Day of Summer Term Thursday 26th to Saturday 28th May

Friday 8th July Last Day of Summer Term

Practice Mid Year Visits

ESs at Peterborough City Hospital from 13:45.

British Dental Association Conference, Manchester ESs present from 13:45.